SEIZURES
Intellectually and Developmentally Disabled Fatal Four

Definition — Seizures occur due to abnormal electrical activity in the brain. There are two types of seizures: focal (partial) and generalized seizures.

Why are individuals with Intellectual and Developmental Disabilities at a high risk?
  • Individuals have an underlying brain dysfunction

Signs & Symptoms
  • Symptoms vary according to the individual.
    Some individuals may stare while others make shake violently.

How to Respond to a Seizure
  • Do not leave the individual alone
  • Do not restrain the individual
  • Move objects away to prevent injury
  • Place padding under individual’s head/arms/legs

Preventative Action Steps
  • Manage stress
  • Take prescribed seizure medication
  • Maintaining a healthy weight
  • Keep record of seizure activity
  • Exercise regularly

This information is for general guidance of best practices and is not intended to replace professional advice of a healthcare professional; dictate the care of a particular individual; or set a standard of care. Nor is this a complete list of measures a provider should take when delivering services.