



Michael R. Pence, Governor
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Division of Aging Update
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Ready, Steady, Balance: Prevent Falls in 2016

Falls Prevention Awareness Day is scheduled for the first day of fall. This year it will be held September 22, 2016. It's never too early to begin planning activities and events for your falls prevention program. Visit [National Council on Aging \(NCOA\)](http://www.ncoa.org) for ideas, tools and resources to help make your celebration a success!



Indiana No Wrong Door Plan Update Sessions

The Indiana Family and Social Services Administration is hosting three regional stakeholder meetings and one virtual session in August 2016 to share key components of the final No Wrong Door (NWD) planning grant.

NWD will improve consumers' experiences in learning about and accessing long term services and supports in the state. This is a great opportunity to learn about proposed steps to implement the NWD system and share your thoughts on the plan before its final submission to the federal Administration on Community Living.

Visit <https://goo.gl/l19OX2> to register for one of the following four opportunities to hear about the NWD plan and share your views:

Date	Location	Address	Time
8/22/2016	Allen County Public Library - Meeting Room C	900 Library Plaza, Fort Wayne, IN 46802	1:30 pm - 3:30 pm EDT
8/24/2016	SWIRCA & More Activity Center	16 W Virginia St., Evansville, IN 47710	12:30 pm - 2:30 pm CDT
8/25/2016	CICOA Aging & In-Home Solutions	4755 Kingsway Drive, #200, Indianapolis, IN 46205	9:00 am - 11:00 am EDT
8/23/2016	Webinar	https://goo.gl/By5Qyd	12:00 pm - 1:00 pm EDT



NADTC Innovations in Accessible Mobility Grant Opportunity

The National Aging and Disability Transportation Center (NADTC) recently announced a new grant opportunity intended to support program innovations that increase accessible transportation options for older adults and people with disabilities living in the community and maximize the utilization of Section 5310 and other federal funding investments. Local and regional private nonprofit or government organizations are eligible to apply for this funding opportunity. Grants of up to \$50,000 each will be awarded to as many as six communities for a twelve month period. Applications are due by **Friday, August 26, 2016**. View the announcement [here](#).

Suicide Prevention among Older Adults Webinar – September 20th

In recognition of Suicide Prevention Awareness Month, a National Council on Aging webinar on Tuesday, September 20 from 3-4:30 p.m. EST will describe the prevalence of and risk factors for suicide among older adults, discuss how suicide is being addressed at the federal level, and share behavioral health resources. It will feature PEARLS, a national evidence-based program for the treatment of depression. Attendees will learn more about the risk factors for suicide among older adults, new behavioral health resources and how evidence-based programs can treat depression. To register, visit:

https://www.ncoa.org/event/suicide-prevention-among-older-adults/?utm_source=CHAEnews&utm_medium=newsletter&utm_campaign=CHAEnews

Can a Scratch and Sniff Test Predict Cognitive Decline?

Two studies released at an international Alzheimer's meeting earlier this week suggest doctors may eventually be able to screen people for this form of dementia by testing patients' ability to identify familiar odors, like smoke, coffee and raspberry. In both studies, people in their 60s and older took a standard odor detection test. And in both cases, those who did poorly on the test were more likely to already have — or go on to develop — problems with memory and thinking. Good news, right?

However, these screening tests for Alzheimer's are of limited value, cautions Dr. Maria Carrillo, chief science officer of the Alzheimer's Association, because there is still no drug that can slow or halt the disease. Read more at: <http://www.npr.org/sections/health-shots/2016/07/26/487391863/a-sniff-test-for-alzheimers-checks-for-the-ability-to-identify-odors>