# Cleaning and Sanitation Process

1. Make solutions daily, using warm water, and label containers with date and indicate use (e.g. blood contamination, general sanitizing use).
2. Test the concentration of solutions to assure they will be effective.

<table>
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| Tables, food preparation surfaces, toys, cots, and items you spray | Spraying | 1 tablespoon of bleach to 1 gallon of warm water | Wash the areas or items with warm water and soap before sanitizing.  
- Spray bleach solution until surface is wet and glossy.  
- Let solution stand for 2 minutes.  
- Allow to air dry or wipe with clean disposable towel after 2 minutes |
| Diaper changing surfaces, toilets, and other surfaces with extremely little blood contamination | Spraying | ¼ cup of chlorine bleach to 1 gallon of water  
Or  
1 tablespoon of chlorine bleach to 1 quart of water | Spray bleach solution on surfaces until wet and glossy.  
- Let solution stand for 2 minutes.  
Allow to air dry or wipe with clean disposable towel after 2 minutes. |
| Areas saturated with blood or blood products | Spraying | 1 tablespoon of household bleach to 1 gallon of water  
1 tablespoon of chlorine bleach to 1 gallon of water  
1 tablespoon of chlorine bleach to 1 quart of water | Proper gloving procedures should be followed with cleaning areas where blood is present.  
- Spray bleach solution on surfaces until wet and glossy.  
- Let solution stand for 2 minutes.  
Allow to air dry or wipe with clean disposable towel after 2 minutes. |
| Toys, dishes, silverware, bottles | Dipping methods | 1. ½ teaspoon of household bleach to 1 gallon of water  
2. Soak object for 60 seconds (one minute)  
3. Allow to air dry | Wash the areas or items with warm water and soap before sanitizing. A three compartment sink is suggested. Water should 170 °F. |
| Toys, dishes, silverware, bottles, nipples | Automatic Dishwasher | 1. use on hot cycle  
2. use drying cycle or allow to air dry | Dishwasher should be able to have a water temperature of 155 degrees or higher. A commercial dishwasher should be considered for facilities that care for many children. |