To: Staff of Area Agencies on Aging, waiver providers and Adult Protective Services  
From: Sarah Renner, director, Division of Aging  
Re: COVID-19 Resources for older adults and their families  
Date: April 2, 2020

The Division of Aging would like to provide the following COVID-19 resources from the Centers for Disease Control and Prevention and Purdue University for older adults and their families. The last resource provides a listing of pharmacy drive-thru and delivery services.

Please select the educational resource(s) most appropriate for your client and/or caregiver and provide them with a hard copy. Review key points and assist as necessary with the following:

1. Using everyday preventive actions to protect themselves and others from getting the infection
2. Knowing the symptoms and warning signs, and who to call if they get sick – their medical provider, and if unavailable, the local health department (provide phone number)
3. Planning ahead to ensure adequate food
4. Planning ahead to ensure an adequate medication supply
5. Preparation of an emergency contact list

Resources

- Get Your Home Ready – CDC
- If You Are Sick With COVID-19 – CDC
- How to Protect Yourself – CDC
- Get Ready for COVID-19: For People Who Are At Higher Risk – CDC
- Indiana Pharmacy Social Distancing Options – Purdue University