



SPECIAL TOPIC REPORT III - 2024

COMMUNITY ADDICTION SERVICES ASSESSMENT

TRAINING & TECHNICAL ASSISTANCE SERVICES AND
SUPPLY REDUCTION INITIATIVES



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Indiana State Epidemiological Outcomes Workgroup (SEOW)

The Indiana State Epidemiological Outcomes Workgroup (SEOW) is a grant-supported collaborative of addiction, mental health, and behavioral health experts from state agencies and the public and private sectors whose mission is to:

- 1) Analyze substance use, mental health, and behavioral health data and identify public health trends.
- 2) Provide evidence-based recommendations for addressing problematic public health trends.
- 3) Deliver data-informed suggestions for establishing statewide prevention priorities.

Additional SEOW Reports and the SEOW Data Dashboards can be accessed at:

[SEOW Reports](#) | [SEOW Data Dashboard](#)

SEOW Special Topic Reports

SEOW Special Topic Reports (STR) aims to identify and provide current information and policy recommendations for emerging issues related to substance use/misuse and mental and behavioral health in Indiana. STRs are intended for strategic planning by addiction practitioners, researchers, community stakeholders and coalitions, state agencies, and local and state elected officials.

The objective of this STR is to:

- 1) Provide a basic overview and ecological assessment of statewide training and technical assistance services and supply reduction initiatives.
- 2) Identify geographic service distribution gaps and program evaluation needs for the Training & Technical Assistance and Supply Reduction Domains within the Indiana Addiction Services System (IASS).
- 3) Provide recommendations on how to address identified Training & Technical Assistance Services and Supply Reduction Initiatives deficits.
- 4) Provide recommendations on how to strategically enhance and expand prevention workforce development efforts through the optimization of the IASS.

Assessing the geographic availability of training & technical assistance services and supply reduction initiatives for Indiana communities is critically important with regard to evaluating the functionality of the IASS and identifying service gaps that can initiate or exacerbate problematic mental and/or behavioral health trends. Within the scope of the SEOW, examining the training & technical assistance services and supply reduction initiatives Domains specifically serve to distinguish the capacity of the IASS to stabilize homes and

communities experiencing mental and behavioral health challenges, which in turn, addresses key risk and protective factors that are foundational components of substance misuse prevention theories and interventions. These factors include issues such as community disorganization and low community attachment, family conflict and management, parental attitudes towards substance misuse, and a belief in the moral order (Hawkins, Catalano, & Miller, 1992).

This STR also describes the Community Addiction Services Assessment (CASA) model which is the framework utilized by the SEOW to evaluate the IASS. The goal of the SEOW is to implement the CASA every three years to capture changes in the system and to make recommendations for addressing service system deficits, improving service system capacities, and for expanding the IASS workforce.

Introduction

In September of 2022, the Indiana Behavioral Health Commission released their final report on the current state of the Indiana Behavioral Health Care System and issued recommendations for improvement. As part of the report, the commission specifically suggested:

- 1) Utilizing the nationwide 988 crisis line as a mechanism for developing a statewide crisis response system.
- 2) Transitioning the Indiana system of Community Mental Health Centers to the federally supported Certified Community Behavioral Health Clinic (CCBHC) model.
- 3) Increasing public health services and interventions in criminal justice settings and establishing a Medicaid waiver to allow for federal reimbursement for services provided to incarcerated individuals.

The commission also made specific recommendations for improving the recruitment, retention, and quality of the behavioral health workforce such as reducing barriers to licensing and providing tuition reimbursement programs. The report additionally addressed a number of miscellaneous recommendations such as the need to further explore the availability of youth services and discussed potential funding options for proposed systematic changes (Indiana Behavioral Health Commission, 2022). The full Behavioral Health Commission Report can be accessed at INBHC Report.

County Addiction Services Assessment

To build on the Indiana Behavioral Health Commission Report and to identify specific geographic regions with high addiction service needs and low addiction service resources, the Indiana SEOW developed a Assessment CASA to supplement existing workforce and service system

enhancement efforts. The CASA was created to serve as an ecological framework for state agencies, policy makers, and ground level practitioners to coordinate, evaluate, and enhance the accessibility and efficiency of the IASS. The IASS can be defined as the statewide network of addiction resources, services, and programs used to assess, prevent, treat, manage, and/or reduce substance misuse and the associated public health consequences. The CASA is grounded in the Substance Abuse and Mental Health Services Administration's Strategic Prevention Framework (SPF). The SPF is a data-driven methodology for addressing macro substance misuse problems that utilizes components of socio-ecological modeling to assess existing community resources, evaluate public policies, and to implement interventions to address service system deficits. The framework is based on seven steps for assessing and enhancing addiction service capacities which include:

- (1) Assessment
- (2) Capacity
- (3) Planning
- (4) Implementation
- (5) Evaluation
- (6) Cultural Competence
- (7) Sustainability

SAMHSA, 2019

In adapting and applying the SPF to the IASS, the SEOW hopes to create an evaluation tool that is flexible, dynamic, rigorous, and compatible/ communicable with both high-level research and within local community discussions.

The 1st iteration of the CASA was designed to assess statewide addiction service systems related to the Institute of Medicine's Continuum of Care, the Strategic Prevention Framework, and the U.S. Department of Health and Human Services' Overdose Prevention Strategy (USHDHHS, 2023; SAMHSA, 2019). To evaluate the IASS, nine Addiction Service Domains were selected for inclusion in the initial implementation of the CASA tool. The selected domains consist of:

- 1) Assessment Services
- 2) Prevention Services
- 3) Treatment Services
- 4) Harm Reduction Services
- 5) Recovery Services
- 6) Crisis Services
- 7) Training & Technical Assistance Services
- 8) Supply Reduction Initiatives
- 9) Special Populations and Services

Training Services and Technical Assistance Services

The 2024 CASA Training & Technical Assistance Services Domain comprises four service categories that consist of all the training and technical assistance resources, services, and programs listed in the state and nationally. The selected categories include:

- 1) State Agencies
- 2) Local Training & Technical Assistance Resources
- 3) Statewide Coalitions
- 4) National Training & Technical Assistance Resources

State Agencies

Indiana Department of Health

Harm Reduction Program

Harm reduction programs are designed to be specific to community needs. Harm reduction is frequently associated with substance use; however, additional examples of harm reduction include wearing a seatbelt while driving or riding in a moving vehicle, condom use during sexual activity, wearing sunscreen, and taking pre-exposure prophylaxis (PrEP).

Harm reduction resources are broad and varied as the individuals and communities these programs serve. Harm reduction programs for substance use and misuse are generally categorized as:

- a. Community Clean- ups
- b. Community Sharps Disposal
- c. Community Education
- d. Drug Take Back Events
- e. Non- Syringe Harm Reduction Programs
- f. Syringe Service Programs *Legally allowable under state law in certain circumstances*

[Health: HIV/STI/Viral Hepatitis: Harm Reduction \(in.gov\)](#)

Harm Reduction Program Guidance

[Syringe Service Program Legislation \(IC 16-41 - 7.5\)](#)

[Syringe Service Program Infographic](#)

[IDOH HRP Supply Infographic](#)

Division of Trauma and Injury Prevention

The Trauma and Injury Prevention Division works to develop, implement and provide oversight of a statewide comprehensive trauma care system that prevents injuries, saves lives and improves the care and outcomes of trauma patients in Indiana.

Injury Prevention

Injury prevention and public education programs begin with the collection and analysis of population and patient data from a wide variety of sources to describe the status of injury morbidity, mortality and distribution throughout the state. Injury epidemiology is concerned with the evaluation of the frequency, rates and pattern of injury events in a population and is obtained by analyzing data from sources such as death records, hospital discharge databases and data from emergency management systems. In 2011, the IDOH Trauma and Injury Prevention Division shifted focus from injury prevention programming to the collection and analysis of injury data (epidemiology) and recognized best practices in the injury field, which we can push out to those around the state conducting impressive and far-reaching injury prevention programming. The IDHS and other Indiana state agencies also conduct injury prevention/education activities. More information can be found at:

<https://www.in.gov/health/trauma-system/injury-prevention/>

Falls Prevention Data and Programs

a. [Health: Trauma System/Injury Prevention: Falls Prevention](#)

Motor Vehicle Injury Prevention Data and Programs

a. [Health: Trauma System/Injury Prevention: Motor Vehicle Injury Prevention](#)

Recreational and Home Injury Prevention Data and Programs

a. [Health: Trauma System/Injury Prevention: Recreational and Home Injury Prevention](#)

Suicide Prevention Data and Programs

a. [Health: Trauma System/Injury Prevention: Suicide Prevention](#)

Violence Prevention Data and Programs

a. [Health: Trauma System/Injury Prevention: Violence Prevention](#)

b. [Child Abuse Research & Reports - Prevent Child Abuse Indiana \(pcain.org\)](#)

Reports and Data Documents

a. [Health: Trauma System/Injury Prevention: Reports](#)

Trauma Centers

Key highlights of trauma and injury prevention for the state of Indiana are:

a. Injury is the leading cause of death for Hoosiers under the age of 45 and the fifth leading cause of death for Hoosiers of all ages.

b. Problems posed by injury are most acute in our rural areas.

c. A major way that states address the problem of trauma is through the design, implementation, and oversight of a statewide trauma system. The IDOH has that statutory responsibility in Indiana.

d. Indiana has in place several elements of a statewide trauma system, but we don't yet have what can honestly be described as a "system." Other challenges with our current approach to trauma include:

e. There is a significant shortage of EMS providers, particularly in rural areas, and an insufficient number of trauma centers. Additionally, at the state level, the components of the trauma system are often spread across different state agencies, leading to potential inefficiencies and coordination challenges.

f. See the [Trauma White Paper](#) for more information about the trauma system in Indiana.

g. Indiana relies upon the [American College of Surgeons — Committee on Trauma](#) (ACS-COT) to verify trauma centers. Currently, there are 22 adult verified trauma centers, 5 pediatric verified trauma centers in Indiana.

Level I

Trauma centers, providing the highest level of surgical care, are located in Indianapolis at Eskenazi Health, IU Health Methodist Hospital, Riley Hospital for Children at IU Health, and Ascension St. Vincent Hospital.

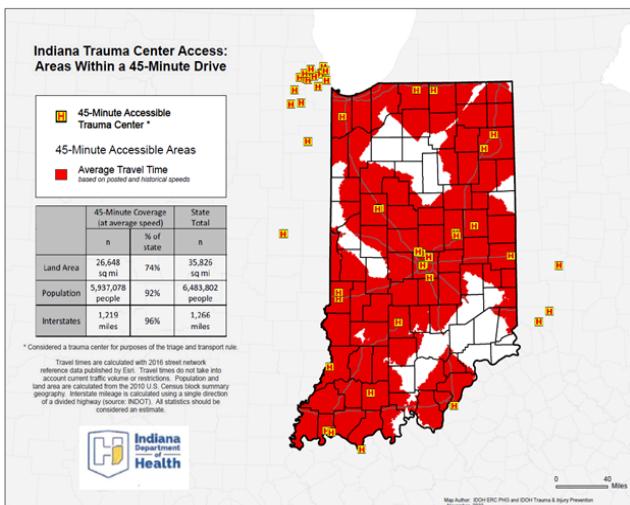
Level II

Trauma centers, offering comprehensive trauma care, include Deaconess Hospital and Ascension St. Vincent - Evansville in Evansville, Lutheran Hospital of Indiana and Parkview Regional Medical Center in Ft. Wayne, and Memorial Hospital of South Bend in South Bend.

Level III

Trauma centers, providing prompt assessment, resuscitation, surgery, and stabilization, are located in Anderson (Ascension St. Vincent Regional Hospital, Community Hospital - Anderson), Bloomington (IU Health Bloomington), Crown Point (Franciscan Health - Crown Point), Elkhart (Elkhart General Hospital), Jasper (Memorial Hospital and Health Care Center), Lafayette (Franciscan Health - Lafayette East, IU Health - Arnett Hospital), Muncie (IU Health - Ball Memorial Hospital), Richmond (Reid Health), Terre Haute (Terre Haute Regional Hospital - Terre Haute Union Hospital), and Vincennes (Good Samaritan Hospital).

Source: [Indiana Trauma Center Access: Areas Within a 45 Minute Drive](#)



Overdose Prevention

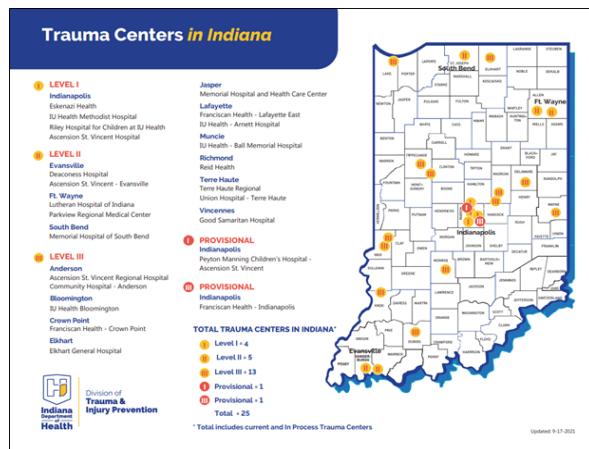
Drug overdose is an evolving public health crisis. In 2022, an estimated 54.6 million Americans needed substance use disorder treatment, but only 13.1 million people with a substance use disorder in the past year received treatment. Reducing the use of illegal drugs, the misuse of prescription opioids and other medications, and drug overdoses and deaths has been a longstanding challenge.

Drug overdoses dramatically increased over the last two decades, with deaths increasing more than 500% between 1999 and 2022. Deaths involving multiple drugs (i.e., polysubstance overdose deaths) also increased. Evidence shows that people who have had at least one overdose are more likely to have another. Drug overdoses impact families, communities, workplaces, and the economy. Please, see the links below for more information:

- [Health: Overdose Prevention: Resources for the Public \(in.gov\)](#)
- [Overdose Prevention | Overdose Prevention | CDC](#)

Trauma Centers in Indiana

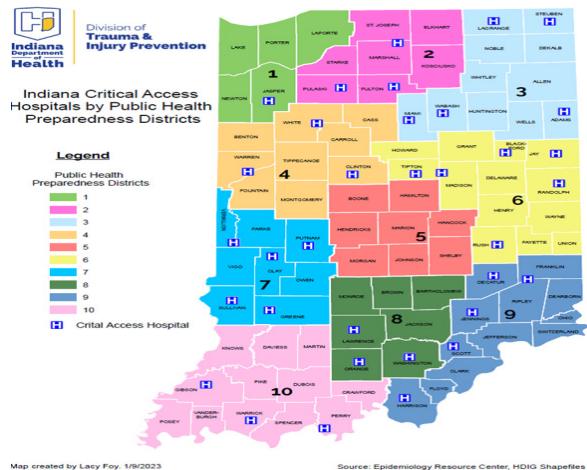
Source: [Trauma Hospitals in Indiana \(ihaconnect.org\)](#)



Vincennes (Good Samaritan Hospital).

Indiana has a total of 25 trauma centers: 4 Level I, 5 Level II, 13 Level III, 1 Provisional Level I, and 2 Provisional Level III centers. The map illustrates the geographic distribution of these centers, with many located in major metropolitan areas, ensuring widespread access to trauma care.

Source: [Critical Access Hospitals in Indiana](#)



Source: Epidemiology Resource Center, HDIG Shapefiles

Tobacco Prevention and Cessation – IDOH

The Indiana Tobacco Prevention and Cessation programs aims to create a state where all Hoosiers are free from tobacco addiction and exposure. The mission is predicated on achieving health equity by eliminating the associated diseases of tobacco-based products and economic burdens associated with as such. The Indiana Tobacco Prevention and Cessation is guided by values of transparency, diversity and inclusion, partnership and collaboration, and empathy. As part of the Indiana Department of Health, the tobacco control plan adheres to the agency's values of health equity, communication, innovation, and integrity.

Protecting Youth and Young Adults

The Indiana Youth Tobacco Survey (YTS) gathers data on tobacco and tobacco-related products usage among students in grades 6-12. The survey also looks to explore social media influence, tobacco law enforcement, school curriculum, and secondhand smoke exposure. Participating schools receive a \$500 stipend and can request a school-level report to understand student needs better, with the option to survey the entire student body for more comprehensive insights.

The 2022 Indiana Youth Tobacco Survey (YTS) highlighted noteworthy e-cigarette habits among high schoolers, where 40% reported frequent use. Responding to the 2012 surge in vaping, the Vape-Free Indiana Initiative was launched after the 2018 YTS. Indiana continues to struggle with tobacco challenges, including a high adult smoking rate of 16.2%. For additional information, please email YouthTobaccoSurvey@health.in.gov.

Helping Hoosiers Quit

Quit Now Indiana is a vital resource dedicated to helping Hoosiers from ages 13 and on, quit smoking and any nicotine addiction. Quit Now is offered as a free service, aimed to enhance the health of Indiana residents. Furthermore, Quit Now Indiana partners with local healthcare providers and employers to connect patients and employees with services, allots seamless integration with existing electronic health records and workplace cessation programs.

Smokefree Air

- a. Indiana's smoke free ordinances.
[i. Indiana's Smoke-Free Communities PDF.](#)
- b. This map illustrates the counties and cities with smoke-free ordinances.
[i. Smoke-Free Communities Map.](#)
- c. List of all Indiana school districts with tobacco-free campuses.
[i. Indiana Tobacco-Free School Districts.](#)

- d. List of Tobacco-Free Educational Institutions

- [i. Tobacco-Free Higher-Education Institutions.](#)

- e. List of Indiana's hospitals and health care systems with tobacco free campuses.

- [i. Indiana Tobacco-Free Hospitals .](#)

- f. List of Indiana's tobacco-free mental health and substance use treatment facilities.

- [i. Indiana Tobacco-Free Mental Health and Substance Use Treatment Facilities PDF.](#)

- g. Smokefree Housing

- [i. Smoke-Free Housing](#)

Partnerships

- a. Local Community-Based Partners

- [i. Health: Tobacco Prevention & Cessation: Community Programs \(in.gov\).](#)

- b. Statewide Partners

- [i. American Lung Association in Indiana \(AL\)](#)

The American Lung Association (ALA) focuses on partnering with Tobacco Prevention and Cessation (TPC) initiatives to promote smoke-free policies in both public and private market housing. The American Lung Association also provides support for coalition building and communication efforts to combat secondhand smoke exposure in Indiana.

- [ii. Health Ed Pros \(HEP\)](#)

Health Ed Pros (HEP) supports the Tobacco Prevention and Cessation (TPC) through the Breathe Program, the healthy steps tobacco-free education program. The Breathe Program educates on secondhand and thirdhand smoke risks, exposure reduction strategies, tobacco's financial impact, and quitting resources.

- [iii. Indiana Black Expo \(IBE\)](#)

The Indiana Black Expo (IBE) coalition concentrates on four key areas in tobacco control within the African American community: preventing youth initiation of tobacco use, aiding tobacco users in quitting, protecting Hoosiers from secondhand smoke, and sustaining tobacco control infrastructure. IBE's efforts extend through county chapters, event sponsorships, youth programs, and statewide coalitions.

- [iv. Indiana Latino Institute \(ILI\)](#)

The Indiana Latino Institute (ILI) prioritizes tobacco control in the Latino/Hispanic community across Indiana through four main objectives: preventing youth from using tobacco-based products, aiding tobacco users in quitting, protecting Hoosiers from secondhand smoke, and supporting the control of tobacco infrastructure. ILI's efforts are tailored to

target specific counties in Indiana with significant Latino/Hispanic populations, ensuring focused outreach and support.

v. Indy Pride, Inc.

Indy Pride aims to enhance tobacco prevention and cessation efforts through their event planning and network connections. Grant initiative focus on boosting committee engagement and capacity within the LGBT community to tackle tobacco use and improve overall health. The Indy Pride organization works to collaborates with local coalition coordinators to expand smoke-free Pride events across Indiana. Please, see the helpline, 1-800-QUIT-NOW.

Health System Change Partnerships

IU Fairbanks School of Public Health Center for Policy Indiana University's Richard M. Fairbanks School of Public Health Center for Health Policy (CHP) conducts research to inform decision-making in the state. CHP focuses on evaluation and performance of policy issues such as population health, substance misuse, mental health services, and public health systems. CHP leads the evaluation of the Health Systems Change Partnership activities, using a mixed-methods approach to assess leadership support, data collection for tracking, and sustainability of tobacco cessation practices.

Franciscan Health – Lafayette

Franciscan Health of Lafayette is a faith-based nonprofit healthcare system operating in Indiana and Illinois. The grant supports staff education in evidence-based practices, standardizes patient interventions, increases referrals for tobacco cessation support after treatment, and improves integration of electronic health records (EHR) These initiatives aim to enhance patient outcomes and care quality across their facilities.

Community Health Network

Community Health Network is a not-for-profit health system comprising of over 200 locations across central Indiana. Community Health Network's initiative involves strategic development to encourage widespread adoption of evidence-based treatments, educating providers, offering employee cessation programs, and establishing uniformity in workflows within EMR/EHR systems.

Rethink Tobacco Indiana

Rethink Tobacco Indiana, previously known as Bringing Indiana Along, has been a Tobacco Prevention Cessation grantee since 2008. The statewide technical assistance initiatives aim to reduce tobacco and nicotine use among

individuals with mental health conditions and substance use disorders. Services include Technical Assistance, Policy Development, Education, Specialized Training, and Resources. INAAP/Clinical Efforts Against Secondhand Smoke (CEASE) Pediatric Program

The Indiana Chapter of the American Academy of Pediatrics (INAAP) is a statewide nonprofit organization dedicated to promoting the health and welfare of Hoosier children. Representing over 900 pediatricians and nurse practitioners across Indiana, INAAP serves as a primary resource on children's health and pediatric practice issues.

Covering Kids and Families in Indiana

Covering Kids & Families of Indiana (CKF) is a statewide nonprofit dedicated to ensuring accessible and equitable healthcare coverage and care for all Hoosiers. CKF employs Indiana Department of Insurance Certified CFK Navigators who assist with outreach and enrollment for the Indiana Health Coverage Programs (IHCP).

Indiana Rural Health Association

The Indiana Rural Health Association (IRHA) is a nonprofit organization dedicated to improving the health of rural Indiana residents. The mission is predicated on enhancing rural population health through leadership, education, advocacy, collaboration, and resource development. Since 2010, IRHA has partnered with the Indiana Department of Health/Tobacco Prevention and Cessation, offering technical assistance, training, quality improvement, and evaluation support.

Tobacco Free Recovery

Listed organizations that are committed to reduce tobacco-related disparities among Hoosiers.

- 1) American Cancer Society
- 2) American Lung Association
- 3) Anthem
- 4) Aspire Indiana Health
- 5) Behavioral Health Services Community Health Network
- 6) Cancer Support Community Central Indiana
- 7) CareSource
- 8) Centerstone
- 9) Indiana University Health Methodist
- 10) Indiana Cancer Consortium
- 11) Indiana Criminal Justice Institute
- 12) Indiana Department of Correction
- 13) Indiana Family and Social Services Administration
- 14) Indiana State Department of Health
- 15) Indiana University Simon Cancer Center
- 16) Managed Health Services
- 17) MDwise
- 18) Mental Health America of Indiana

- 19) National Alliance on Mental Illness Indiana
- 20) National Council for Behavioral Health/CDC's
- 21) National Behavioral Health Network (NBHN)
- 22) Pfizer Inc.
- 23) Purdue University
- 24) Rethink Tobacco Indiana
- 25) Richard M. Fairbanks Foundation
- 26) Smoking Cessation Leadership Center/Center of
- 27) Excellence for Tobacco-Free Recovery
- 28) Substance Abuse and Mental Health Services
- 29) Administration (SAMHSA)
- 30) The OCL Group
- 31) Get Involved

Grant Applications

[Health: Tobacco Prevention & Cessation: Grant Opportunities \(in.gov\)](#)

Facts & Data

Smoking Among Youth

- [1\) Indiana Youth Smoking PDF.](#)
- [2\) Indiana Youth and E-Cigarettes.](#)
- [3\) Appeal of Cigars to Youth PDF.](#)
- [4\) Youth Exposure to Secondhand Smoke PDF.](#)

Other Tobacco Products

- [1\) Electronic Cigarettes PDF.](#)

Smoking Among Adults and Adult Cessation

- [1\) Adult Tobacco Use PDF.](#)
- [2\) Adverse Childhood Experiences \(ACEs\) and Adult Smoking PDF.](#)
- [3\) Menthol Fact Sheet PDF.](#)

Smoking and Other Health Coalitions

- [1\) Smoking, COVID and Respiratory Infections PDF.](#)

Secondhand Smoke

- [1\) Tobacco-free Policies for School Districts and University/College Campuses PDF.](#)
- [2\) Smoke-free Multi-Unit Housing PDF.](#)

Priority and Special Populations

- [1\) Pregnancy and Smoking PDF.](#)
- [2\) Indiana African Americans and Smoking PDF.](#)
- [3\) Indiana Latinos and Smoking PDF.](#)
- [4\) LGBT Community and Tobacco Use PDF.](#)
- [5\) Mental Health and Substance Use Disorders PDF.](#)

Rethink Tobacco Indiana

Rethink Tobacco Indiana, previously known as Bringing Indiana Along, is a statewide effort to raise awareness about tobacco use within the behavioral health community and to assist treatment centers in implementing evidence-based tobacco interventions. Smoking, a leading cause of preventable disease and death in the U.S., significantly affects those with mental health conditions.

The Rethink Tobacco Indiana program aligns with the 2025 Indiana Tobacco Control Strategic Plan by aiming to reduce secondhand smoke exposure, lower adult smoking rates, and maintain the infrastructure needed to decrease tobacco use across the state.

25% of U.S. adults have a mental illness or substance abuse problems, while consuming nearly 40% of all cigarettes. Individuals in this group have a reduced life expectancy of about 25 years, primarily due to tobacco-related diseases. Additionally, smoking affects psychiatric treatment, often requiring higher medication doses to reach therapeutic levels in smokers, which can lead to increased neuroleptic side effects.

Resources

Resources for Tobacco Users

a. Quit Now Indiana offers free, confidential, telephone-based counseling to help Hoosiers quit tobacco products, including e-cigarettes. Quit Now Indiana is available seven days a week, in over 170 languages, with trained coaches readily available to provide personalized solutions for each caller. For support, please call 1-800-QUIT-NOW (800-784-8669).

Resources for Providers

Rethink Tobacco Indiana offers training and technical assistance for community mental health centers, addiction treatment centers, and transitional housing programs. Please, see the resources below or contact, for further support in your efforts.

National Behavioral Health Network for Tobacco & Cancer Control

- a. [Front Page - #BHtheChange](#)

Substance Abuse & Mental Health Services Administration

- a. [Alcohol, Tobacco, and Other Drugs | SAMHSA](#)

UCSF Smoking Cessation Leadership Center

- a. [Behavioral Health | Smoking Cessation Leadership Center \(ucsf.edu\)](#)

National Council for Mental Wellbeing

[a. Tobacco - National Council for Mental Wellbeing \(thenationalcouncil.org\).](http://thenationalcouncil.org)

Treating Tobacco Use & Dependence: 2008 Update – Clinical Practice Guideline

[a. Treating Tobacco Use and Dependence: 2008 Update | Agency for Healthcare Research and Quality \(ahrq.gov\).](http://www.ahrq.gov)

Coding for Tobacco Screening & Treatment

[a. Coding | AAFP.](http://www.aafp.org)

The Dimension: Tobacco free Toolkit for Healthcare

Providers

[a. Tobacco-Free Policy Toolkit PDF](http://www.tobacco-free.org)

Rx for Change

[a. Rx for Change: Home \(ucsf.edu\).](http://www.ucsf.edu)

Pharmacotherapy

Nicotine, the addictive substance in tobacco, greatly affects brain chemistry, making tobacco addiction a more complex issue that extends beyond a brain disease. Pharmacotherapies for tobacco dependence persons are among the most cost-effective treatments. Research shows that using both counseling and medication together is more effective than either alone. According to a 2006 report by the National Association of State Mental Health Program Directors, individuals with serious mental illness die, on average, 25 years earlier - due to tobacco-related diseases.

Types of Pharmacotherapies

i. Nicotine Gum

1. Dosage: 2mg, 4mg

ii. Nicotine Lozenge

1. Dosage: 2mg, 4mg

iii. Nicotine Patch

1. Dosage: 7mg, 14mg, 21mg

iv. Nicotine Nasal Spray

1. Dosage: 50mcL spray with .5mg nicotine

v. Nicotine Inhaler

1. Dosage: Cartridge with a plug containing 10mg nicotine and 1 mg menthol.

vi. Bupropion

1. Dosage: Prescription only

vii. Varenicline

1. Dosage: Prescription only

Fact Sheets and Journal Articles

[1\) Fact Sheets, Journal Articles, & Tools – Rethink Tobacco Indiana..](http://www.rethinktobaccoindiana.org)

Videos and Toolkits for Healthcare Professionals

Tobacco and Behavioral Health Consumers

Tobacco use is the leading cause of preventable disease, disability, and death in the United States. Tobacco use is responsible for over 480,000 deaths annually. Almost half of these deaths occur among adults with behavioral health conditions such as mental health issues and substance use disorders. Tobacco use affects both physical health and the effectiveness of behavioral health treatments.

Ask-Advise-Refer

The Ask-Advise-Refer (AAR) model, developed by the Centers for Disease Control and Prevention (CDC), is an evidence-based intervention approach for treating tobacco use and dependence. The model is utilized by organizations to refer individuals to community resources like Quit Now Indiana services. When comprehensive tobacco treatment counseling is not feasible during a patient visit, clinicians are encouraged to use the AAR model.

Treatment Strategies for Working with Tobacco Dependent Patients (5A's)

The 5 A's model for tobacco treatment expands on the AAR Model by incorporating five key steps in Ask, Advise, Assess, Assist, and Arrange. This approach, supported by research, is effective in helping tobacco users across various settings and can be integrated with motivational strategies.

Webinars & Podcasts

[1\) Webinars & Podcasts – Rethink Tobacco Indiana.](http://www.rethinktobaccoindiana.org)

[American Lung Association](http://www.americanlung.org)

The American Lung Association has been committed to combating tuberculosis since its inception by volunteers more than 115 years ago. Established in 1980, the American Lung Association's Indiana Tuberculosis Education Program continues its mission today.

The American Lung Association healthcare professionals with the training and certification necessary to administer TB skin tests and conduct follow-up evaluations. In addition, educational initiatives, such as the LUNG FORCE Expo Conference, provides healthcare professionals with up-to-date information on tuberculosis.

Basic TB Validation Course

The objectives of the Basic TB Validation Course includes delivering comprehensive knowledge on the history, epidemiology, pathogenesis, diagnosis, treatment, and control of tuberculosis infections and disease. Participants

will also receive training on administering, reading, and documenting Mantoux tuberculin skin tests.

Eligibility

Healthcare professionals interested in administering, reading, and recording Mantoux tuberculin skin tests are encouraged. CMAs are able to participate in the course to gain certification, but they are not eligible for the TB Instructor Course. It is important to note that Indiana regulations for long-term care, assisted living facilities, and home care agencies mandate that healthcare professionals must be licensed to practice the administration.

Validation

- a. View the entire online course material.
- b. Pass the final 20 question test with a score of 80% or above.
- c. Within 60 days of finishing the Indiana Department of Health online course, and under direct in-person supervision of an American Lung Association TB Instructor, you must:
 1. Demonstrate proficiency in reading "Reactor Arm" indurations using CDC-approved techniques, achieving readings within 2 mm accuracy.
 2. Demonstrate competence in simulating a Mantoux-type intradermal injection using sterile normal saline, a sterile TB syringe, and needle on a live person's arm.

TB Instructor

Over 500 healthcare professionals are currently active as TB Instructors in Indiana.

Eligibility

- a. Licensed Indiana professionals in health care or four-year degree professionals in health-related fields.

Validation

- a. Fill out and submit a TB Instructor Course Registration Form and Statement of Financial and Resource Support for TB Education Course to a Master Trainer or the Lung Association.
- b. Complete the TB Instructor Course and score a 90% or higher on the 50-question test.
- c. Notify the Lung Association at least 30 days in advance of the scheduled Basic TB Validation Course.
- d. After successfully completing all of the above, submit all paperwork via email to the Lung Association and request a new TB Instructor card.
- e. The TB Instructor validation is valid until December 31 of each year.

TB Master Trainer

The Master Trainer course is equipped for individuals to lead TB Instructor trainings. The content covers the TB Instructor Course and Basic TB Validation Course. Certification as a TB Master Trainer is valid until December 31st of each year. Upon meeting the same qualifications as a TB Instructor and maintaining good standing, a new TB Master Trainer Validation Card will be issued by the Lung Association at the end of each year.

Eligibility

Must be a TB Instructor in good standing.

Indiana Department of Mental Health and Addiction (DMHA) Prevention Bureau

Please, see the listed resources below on prevention:

- a. <https://www.in.gov/fssa/dmha/substance-misuse-prevention-and-mental-health-promotion/>
- b. Risk / protective factors
- c. Alcohol
- d. Tobacco / vaping
- e. Prescription drugs
- f. Other substances

Treatment Bureau

- a. <https://www.in.gov/fssa/dmha/addiction-services/>
- b. Find Treatment or Recovery Housing
- c. Landlord Mitigation Reserve Program
- d. Recovery Residence Designation
- e. Specialized Addiction Services
- f. Problem Gambling
- g. Opioid Treatment Program
- h. Recovery Works
- i. For Addiction Providers
- j. TI-ROSC Online Hub

Recovery Bureau

DMHA's Recovery team is comprised of individuals with personal lived experience who are committed to improving and expanding the state's current recovery infrastructure. Team goals include enhancing the quality of certified peers, expanding the peer workforce and increasing access to lived experience support through the training and certification of Certified Peer Support Professionals (CPSP). The Recovery team elevates advocacy and leadership training as a fundamental part of infrastructure growth and sustainability to improve skills necessary to promote recovery at all levels.

Please, see the below links for more information:

- a. <https://www.in.gov/fssa/dmha/recovery-works/>
- b. [Certified Peer Support Professionals](#)
- c. [Treatment for substance use disorder](#)
- d. [Data](#)
- e. [Indiana Recovery Network](#)
- f. [Indiana Recovery Café Network](#)
- g. [Indiana Regional Recovery Hubs](#)

Mental Health Bureau

- a. [Adult 1915\(i\) Programs](#)
- b. [Projects for Assistance in Transition from Homelessness](#)
- c. [Recovery Works](#)
- d. [State Psychiatric Hospitals](#)
- e. [Medicaid Rehabilitative Option](#)

Gambling

Problem gambling involves gambling behavior that inhibits key areas of life, such as psychological, physical, social, or vocational well-being. Problem gambling involves conditions like pathological or compulsive gambling, a. Progressive addiction characterized by an increasing obsession with gambling, a need to bet larger amounts more frequently, restlessness or irritability when trying to quit, "chasing" losses, and a loss of control where gambling persists despite significant negative consequences. For more details, please refer to the links below:

- a. <https://www.in.gov/fssa/dmha/addiction-services/problem-gambling/>
- b. For a list of problem gambling treatment providers in your area, click [here](#).
- c. International gambling counselor certification board
- d. Board certified in problem gambling: ICAADA

Additional Resources

- a. [Indiana Problem Gambling Awareness Program](#)
- i. [2021 adult gambling behaviors in Indiana report](#)
- ii. [Data & research](#)
- b. [Indiana Council on Problem Gambling](#)
- c. [Indiana Gaming Commission](#)
- i. [Voluntary exclusion program](#)
- ii. [Internet self restriction program](#)
- d. [Gambler's Anonymous meetings in Indiana](#)
- e. [Gam-Anon meetings](#)
- f. [National Council on Problem Gambling](#)
- g. [National Problem Gambling Awareness Month](#)

Suicide Prevention

Suicide affects everyone, regardless of age, race, income, sex or religion. According to the Centers for Disease Control and Prevention, suicide is the second leading cause of death for Hoosiers between the ages of 14 and 39. In the past year, 5% of Hoosier adults and 11.1% of young adults (18-25) experienced suicidal thoughts. Almost 10% of Indiana high school students, and 35% of those identifying as gay, lesbian or bisexual, attempted suicide in the past year. Please, see the below listed resources for more information:

- a. <https://www.in.gov/fssa/dmha/substance-misuse-prevention-and-mental-health-promotion/suicide-prevention/>
- b. [988 Suicide & Crisis Lifeline](#)
- c. [National Suicide Prevention Lifeline: 800-273-8255 \(TALK\)](#)
- d. [National Suicide Prevention Lifeline Online Chat Services](#)
- e. [Crisis Text line: Text IN to 741741 for free, 24/7 crisis counseling. We're here for you.](#)

- f. [Trevor Project Lifeline](#)
(confidential suicide hotline for LGBTQ+ youth): 866-488-7386
- i. [TrevorChat](#)
- ii. [TrevorText: Text START to 678-678.](#)
- g. [Veterans Crisis Line \(for military service members, veterans, and family\): Call 800-273-8255 and press 1](#)
- i. [Text 838255](#)
- ii. [Support for deaf and hard of hearing: 800-799-4889](#)
- iii. [Homeless Veterans Chat](#)
- h. [Youthline](#)

School-Based Services

- a. [Project AWARE](#)
- b. [Evidence based school social services grants](#)
- c. [School based mental health services](#)

Local Training & Technical Assistance Resource

Mental Health America Indiana Agencies (MHAI) Prevention

Mental Health America of Indiana emphasizes that behavioral health disorders should not only be addressed after a diagnosis, but focused on preventive measures, as well. Identifying health discrepancies early on in prevention is a key factor in establishing overall health.

Indiana Coalition to Reduce Underage Drinking (ICRUD)

The Indiana Coalition to Reduce Underage Drinking (ICRUD) is a program under Mental Health America Indiana (MHAI), funded by the Indiana Division of Mental Health and Addiction. ICRUD's mission of policy change to govern marketing and alcohol distribution amongst youth, is predicated on the values of promoting environments that do not facilitate underage drinking.

Infancy Onward

Infancy Onward, a subsidiary organization of MHAI, was founded in 2000 on a commitment to strengthen relationships between infants, toddlers, early childhood-aged adolescents, parents, and other primary caregivers. Infancy Onward is committed to advancing the social and emotional health of all infants, toddlers, and early childhood-aged adolescents. The behavioral norms for early childhood development are as follow: experience, regulating, and expressing emotions, forming close and secure interpersonal relationships, and exploring the environment and learning.

Stanley DeKemper Institute

Instructor-Led Training

These courses allow the students the freedom to interact with instructors and other professionals in a manner in which there is consistent dialogue, interactions and qualities of content that will meet the educational needs of students.

Self-Paced Training

Stanley W. DeKemper Institute highlights the need to have accessible quality education. The course material provides education that meets the needs of all behavioral health.

Professional Development

The MHAI Stanley W DeKemper Training Institute, along with partner organizations, provide professionals options to learn more about behavioral health related subjects. The institute provides educational videos that support the needs of professionals, as well.

Onsite Training

Onsite training allots students the opportunities to participate in instructor-led courses for organizations and communities. Any interested individual in onsite training institutes, please contact education@mhai.net, to learn more about bringing educational opportunities to your respective organizations and communities.

Custom Training

The SWD Training Institute is dedicated to advancing behavioral health education. If there are not educational trainings that you wish to be incorporated, that are not already listed, please contact education@mhai.net, to create custom training templates and sessions for your organizational, professional, and community needs

Indiana Collegiate Action Network (ICAN)

The Indiana Collegiate Action Network (ICAN) is a national organization, consisting of over 1,500 campus-based leaders within higher learning, addressing issues such as: alcohol, violence, and other drugs. This network serves as a liaison between the U.S. Department of Education, member institutions, and higher learning professional organizations. ICAN works to actively address the issues of alcohol, drugs, and violence amongst college campuses in order to promote healthy environments through programs such as self-regulatory initiatives, information dissemination, and technical assistance. Member institutions help to encourage and support local, state, regional, and national initiatives through a commitment for developing policies, educational strategies, thorough enforcement and evaluation, and facilitating community collaboration.

Member Organizations

- a. Anderson University
- b. Ball State University
- c. Calumet College of St. Joseph
- d. DePauw University
- e. Earlham College
- f. Franklin College
- g. Goshen College
- h. Hanover College
- i. National University
- j. Indiana State
- k. Indiana Tech
- l. Indiana University – Bloomington
- m. Indiana University – East
- n. Indiana University – Northwest
- o. Indiana University – Southeast
- p. Indiana University-Purdue University (Fort Wayne)
- q. Indiana Wesleyan University
- r. IU Indianapolis
- s. Ivy Tech Community College (Muncie)

- t. Ivy Tech State College (Colombus)
- u. Ivy Tech State College – Central Indiana (Indianapolis)
- v. Ivy Tech State College - Kokomo
- w. Ivy Tech State College – Lafayette
- x. Ivy Tech State College – North Central (South Bend)
- y. Ivy Tech State College – Northeast (Fort Wayne)
- z. Ivy Tech State College – Northwest (Gary)
- aa. Ivy Tech State College – South Central (Sellersburg)
- bb. Ivy Tech State College – Southeast (Madison)
- cc. Ivy Tech State College – Southwest (Evansville)
- dd. Ivy Tech State College – Whitewater (Richmond)
- ee. Manchester University
- ff. Marian University
- gg. Oakland City University
- hh. Purdue University – Calumet Campus (Hammond)
- ii. Purdue University – Fort Wayne
- jj. Purdue University – Main Campus (West Lafayette)
- kk. Purdue University – North Central Campus (Westville)
- ll. Saint Joseph's College
- mm. Saint Mary-of-the-Woods College
- nn. Trine University
- oo. University of Evansville
- pp. University of Indianapolis
- qq. University of Notre Dame
- rr. University of Saint Francis
- ss. University of Southern Indiana
- tt. Valparaiso University
- uu. Vincennes University
- vv. Wabash College
- ww. Wilson College (Indianapolis)

ICAADA

ICAADA provides behavioral health professionals with credentials, membership, and advocacy that validates individuals' competencies.

An affiliate of Mental Health America of Indiana, ICAADA provides credentialing for all behavioral health professionals through means of licensed credentials, memberships, and advocacy reinforcements that validate behavioral health professionals' competencies to provide individual-focused, evidence-based behavioral health care and services.

ICAADA serves as Indiana's longest-standing substance use certification organization. Through the help of the Department of Mental Health, Division of Addiction Services, ICAADA began the process of credentialing with the first being the Certified Alcohol Counselor (CAC), the second being the Certified Drug Counselor (CDC), and finally the Certified Alcohol & Drug Abuse Counselor (CADAC).

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Indiana Alliance on Prenatal Substance Exposure

The Indiana Alliance on Prenatal Substance Exposure is a non-profit affiliate of Fetal Alcohol Spectrum Disorders (FASD) United, governed by an Executive Board, with its Articles of Incorporation filed in Indiana. Since 2017, it has been a subsidiary of Mental Health America of Indiana.

The Indiana Alliance on Prenatal Substance Exposure aims to prevent prenatal exposure to alcohol, drugs, and other harmful substances by educating, advocating for, and supporting professionals, policymakers, families, and individuals across Indiana. The Alliance's vision is to have Indiana as state where all individuals are born without exposure to alcohol, drugs, or other substances that harm fetal development.

Fetal Alcohol Spectrum Disorders (FASD) are the leading known preventable cause of developmental disabilities and birth defects, as well as a major cause of learning disabilities. The annual number of births affected by FASD surpasses new cases of Down syndrome, cerebral palsy, cystic fibrosis, spina bifida, and sudden infant death syndrome combined. Preventing FASD is at least ten times more cost-effective than the \$1.4 million lifetime cost to treat one person with Fetal Alcohol Syndrome. FASD can impact anyone, regardless of ethnicity, income, or education level. It is completely preventable, and with access to services and appropriate intervention, children, and adults with FASD can succeed. Birth mothers of FASD children deserve therapeutic intervention and treatment, and families and caregivers of those with FASD deserve a voice among researchers and policymakers.

Indiana Addiction Issues Coalition (IAIC)

The Indiana Addiction Issues Coalition (IAIC) is a not-for-profit organization that advocates on behalf of those individuals with addictive disorders. IAIC's mission is to promote recovery through the pillars of Advocacy, Education, and Service.

Indiana Recovery Network (IRN) is a project of the Indiana Addictions Issues Coalition (IAIC) that seeks to bridge the gap between services and engagement throughout Indiana to ensure resources are easily accessible. The need for recognizing statewide collaboration between organizations and individuals.

Indiana Recovery Network designates resources to addressing recovery in community organizations on day-to-day activity basis, individuals seeking recovery support services, help to navigate recovery, and parties involved in the public health sector.

Forensics Services

MHAI highlights the impact of criminal justice on young adults and their families, and individuals. Underlying socioeconomic risk factors can lead to criminal justice involvement and highlights the challenges of incarceration as a public health issue. MHAI believes in investing in these justice support needs. MHAI seeks to provide new support programs, technical assistance programs, access to treatment and resources, and advocating for policy change.

Rethink Reentry: HOPE begins at Day One

The Integrated Reentry and Correctional Support (IRACS) approach to former incarcerated individuals' reentry to society, provides trainings with professional support staff. Rethink Reentry seeks to address the biases that come with individual reentry to society and seeks to address the way the mass populace supports those persons in their respective journeys.

Education & Credentialing

MHAI focuses on the need for behavioral health professionals to receive education. Practicing provider trainings and credentialing for current professionals is crucial to the success of MHAI and our State, as a whole.

MHAI Stanley W. DeKemper Training Institute

The MHAI Stanley W. DeKemper Training Institute offers educational means for prevention, treatment, and recovery professionals, and individuals who seek to improve their understanding of behavioral and mental health, as well as substance use.

Indiana Affiliation of Recovery Residences (INARR)

The Indiana Affiliation of Recovery Residences (INARR) supports the Recovery Residence providers in their efforts to deliver recovery-based housing opportunities for persons who seek to reside in supportive environments.

Indiana Association of Peer Recovery Support Services (IAPRSS)

The Indiana Association of Peer Recovery Support Services' mission is to advance the profession peer recovery support services through both advocacy and education. The vision is to stamp IAPRSS as an integral piece to the continuum of care for Hoosiers.

Harm Reduction & Crisis Stabilization

Harm Reduction and Crisis Stabilization programs are designed to deescalate and improve psychological symptoms of distress until the point of treatment can occur, if necessary. Treatment services are found outside

traditional healthcare settings, offering a range of programs to assist individuals dealing with urgent mental health or substance use issues. Some services include hotlines, virtual platforms, and mobile outreach to reach those in need. These systems prioritize quality by utilizing data and technology, incorporating input from individuals with personal experience, delivering care sensitive to trauma, and employing proven methods for suicide intervention and prevention.

The Indiana Suicide Prevention Network (ISP)

The Indiana Suicide Prevention Network (ISP) connects various stakeholders from both public and private sectors with a shared commitment to strengthen suicide prevention efforts by addressing public awareness, practices, understanding, and policies. ISP's belief is that suicide is a public health issue, not only a mental health problem. ISP is dedicated to erasing the stigma around mental illnesses and fostering hope for the future. The vision is for a state where individuals no longer fall susceptible to suicide.

Indiana Suicide Prevention Coalition (ISPC)

Below is a selection of organizations, websites, and materials for those to utilize for those persons who have lost someone to suicide. Those who have suffered from losing loved ones to suicide have pooled together the resources listed. Additionally, some of the several listed organizations offer guidance on getting more involved in prevention, advocacy, and support for other survivors and persons interested in prevention outreach.

Alliance of Hope for Suicide Survivors

This organization is for survivors of suicide loss and provides informational sheets, a blog, and a community forum. Through the community forum, survivors can reach out to contact others in similar positions, exchange stories with one another, and discuss coping and healing strategies. The community forum operates as a 24/7 support group, provided with a team of skilled moderators and clinicians who are readily available. Please, see the link below for more information: <http://www.allianceofhope.org/>

Friends for Survival

This organization is for people who have lost family or friends to suicide and provides parties with professionals who have worked with individuals touched by suicide. All of the professionals and volunteers have been personally affected by suicide, serving as a testament to their resolve.

Friends for Survival releases a monthly newsletter and oversees the Suicide Loss Helpline (1-800-646-7322), which is available from 9:00am – 9:00pm, seven days a week. The group has also published the guide, Pathways to Purpose and Hope, which compiles information on building a community-centered suicide support service line. Please, see the link below for more information: <http://www.friendsforsurvival.org/>

HEARTBEAT: Grief Support Following Suicide

This organization organizes chapters providing information for survivors of suicide loss in Colorado and several other states. Its website offers information sheets for survivors and a guide for starting new HEARTBEAT chapters. Please, see the link below for more information: <http://heartbeatsurvivorsaftersuicide.org/>

Parents of Suicide and Friends & Family of Suicide (POS-FFOS)

This website features a public message board known as the Suicide Grief Support Forum, along with separate listservs for parents and other survivors, as well as an online chat room, connecting an international community of those impacted by suicide loss. Please, see the link below for more information: <http://www.pos-ffos.com/>

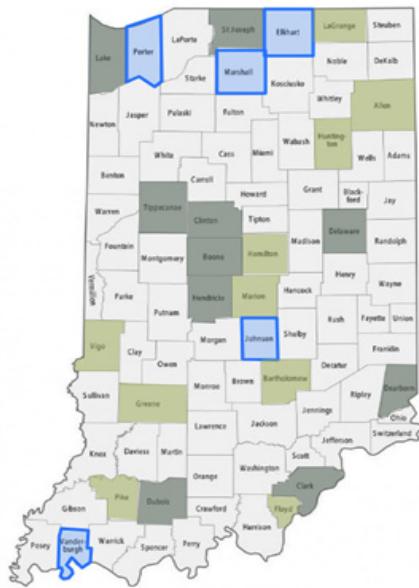
Suicide: Finding Hope

This website offers information sheets, a resource list, and brief videos tailored for both individuals who have lost someone to suicide and those who have survived suicide attempts. Please, see the link below for more information: <http://www.suicidefindinghope.com/>

Indiana Local Outreach to Suicide Survivors (LOSS) Team Network

Indiana Local Outreach to Suicide Survivors (LOSS) Team Network, or the Indiana Association of Peer Recovery Support Services (IAPRSS), is a program of Mental Health America (MHA). Any peer recovery support is a crucial element in the continuum of care. Fostering connections among peer recovery supporters and providing access to up-to-date resources, best practices, and professional development, helps to advance peer recovery support professions and services. LOSS fights for peer recovery support at the local, state, and national levels, emphasizing their importance in an individual's chosen recovery pathway. LOSS's efforts include educating the community and organizations on the effectiveness of peer recovery support and offering consultative assistance to integrate these supports into existing recovery efforts. IAPRSS offers access to continuing education and structured development for peer recovery

support professionals. These resources are available to all peer recovery supporters, regardless of membership.



Source: [Indiana LOSS Team - Indiana Association of Peer Recovery Support Services \(iaprss.org\)](https://indianaloss.org/)

i. Elkhart

1. Contact: Barbara Welty, elkhartlossteam@gmail.com

ii. Johnson

1. Contact: Erica Ratz, atlas@upstreamprevention.org

iii. Marshall

1. Contact: Viki Brown, info@dustinsplace.org

iv. Porter

1. Contact: Sandy Kender, pclossteam@gmail.com

v. Vanderburgh

1. Contact: Emily Reidford, ereid@evansvillerehab.com

American Foundation for Suicide Prevention (AFSP) Indiana Chapter

The American Foundation for Suicide Indiana Chapter efforts aims to prevent suicide by delivering new prevention programs, educating the general public about risk factors and warning signs, raising funds for suicide research and programs, and supporting those who have lost someone to suicide. The Indiana Chapter of AFSP was chartered in 2008. AFSP Indiana brings together individuals from all walks of life, including families and friends of suicide victims, vulnerable populations, mental health professionals, clergy members, educators, students, and community and business leaders, all dedicated to preventing suicide in our communities.

Suicide Data By State: Indiana

- a. 11th leading cause of death in the State of Indiana.
- b. 2nd leading cause of death for persons ages 10-24.
- c. 2nd leading cause of death for persons ages 25-34.
- d. 5th leading cause of death for persons ages 35-44.
- e. 7th leading cause of death for persons ages 45-54.
- f. 9th leading cause of death for persons ages 55-64.
- g. 18th leading cause of death for persons ages 65 and older.
- h. According to federal guidelines, 69% of Indiana communities did not have enough mental health providers to serve its residents in 2023.
- i. According to the American Foundation for Suicide Prevention, almost five times as many people died by suicide than persons died in alcohol-related motor vehicle deaths.
- j. According to the American Foundation for Suicide Prevention, total deaths of suicide equated to 24,759 years of potential life lost (YPLL) before the age 65.
- k. According to the American Foundation for Suicide Prevention, 56% of suicides were attributed to firearm methods, while 62% of all suicides were by firearms.

Death Rates Compared Nationally

Indiana accounts for 1,129 deaths by suicide compared to a 48,183 national count. Indiana ranks 23rd overall in terms of suicide death rates.

National Training & Technical Assistance Resources

National Training & Technical Assistance Resources (NTTAC) offers training and technical assistance to states and communities, focusing on children's behavioral health. NTTAC is funded by SAMHSA. CARS partners with organizations such as the Georgetown University Center for Child and Human Development, MedStar Georgetown University Hospital, Texas Institute for Excellence in Mental Health, Change Matrix, American Academy of Pediatrics, Family-Run Executive Director Leadership Association) FREDLA, and Youth MOVE National. NTTAC aims to enhance the effectiveness of evidence-based mental health services for young people and their families.

Suicide Prevention Resource Center (SPRC)

Online Courses

Online courses enhance an individual's expertise in suicide prevention with self-paced online courses. The courses are designed for clinicians, service providers, educators, health professionals, public officials, and members of community-based coalitions. The online courses support the development and implementation of suicide prevention programs and policies.

Safety Planning for Youth Suicide Prevention

Please, see the below link for information: Safety Planning for Youth Suicide Prevention.

Beyond Numbers: Navigating Data for Suicide Prevention

Please, see the below link for information: Beyond Numbers: Navigating Data for Suicide Prevention.

Locating and Understanding Data for Suicide Prevention:

Please, see the below link for information: Locating and Understanding Data for Suicide Prevention .

A Strategic Planning Approach to Suicide Prevention

Please, see the below link for information: A Strategic Planning Approach to Suicide Prevention .

Virtual Learning Labs

The modules in this portion of training in Virtual Learning Lab, is designed to tackle common questions and challenges an individual might face while planning and implementing suicide prevention initiatives. Originally created for specific settings such as college campuses and state agencies, the guidance and suggestions are applicable across different contexts. Every module is self-paced, offering step-by-step instructions, online activities, examples, and useful handouts and worksheets to help you advance suicide prevention efforts.

- b. Care Transitions
- c. Collaboration
- d. Crisis Protocols
- e. Mental Health Resources
- f. Prevention Planning
- g. Statewide Partnerships

Micro-Learning

Micro-learning delivers brief, targeted learning experiences with practical information to enhance your skills and outcomes. SPRC's micro-learning resources are accessible anytime on any device, ensuring they are always readily available.

Prevention Insights – IU

Training & Education

IU Prevention Insights has over three decades of experience, where the approach to training and education is centered on delivering highly tailored learning experiences to cater to the unique needs, interests, and cultural backgrounds of targeted audiences. Prevention Insights is committed to continuously enhancing resources and methodologies

while exploring innovative approaches to engage professionals and learners effectively. Current initiatives include developing college curriculum focused on addiction-related subjects, facilitating online and telecommunication mentorship programs, designing interactive web modules for drug education and motivational interviewing, and organizing culturally relevant HIV prevention classes/events for minority and economically disadvantaged communities. Prevention insights also provides comprehensive training to healthcare organizations nationwide, equipping organization with best practices to address and prevent risky and harmful drug and alcohol use.

Prevention Insights offers diverse training sessions covering a spectrum of topics including substance use prevention skills, specific drug-related issues, environmental strategies for reducing substance abuse, and ethical considerations in prevention efforts. The organization also provides training in mental health topics, motivational interviewing techniques, gambling addiction, and the Screening, Brief Intervention, and Referral to Treatment (SBIRT) process. The broader public health training curriculum encompasses leadership development, sustainability practices, data collection and analysis, grant writing, evaluation skills, health disparities, and cultural competence.

Training programs are created to accommodate participants of varying skill levels, from beginners to advanced practitioners. The clientele spans across schools, youth organizations, community coalitions, veteran groups, primary care clinics, hospitals, behavioral health professionals, justice organizations, university faculty, and state government officials.

Prevention Insights offers extensive training on various critical topics. Training includes skills for preventing substance use, addressing specific drug-related issues, employing environmental strategies to reduce substance use, and ensuring ethical standards in prevention practices. In addition, the programs cover mental health, motivational interviewing, gambling addiction, and the SBIRT process. Also, the organization provides training in broader public health areas such as leadership, sustainability, data analysis, grant writing, evaluation, health disparities, and cultural competency.

Capabilities

1. Trainings on all accounts in terms of: in-person, virtual, and hybrid training
2. Coaching, mentorship, and facilitation.
3. Development of curriculum
4. Training/ event logistics
5. Training evaluation

Drug Education

The collection of drug education modules offers free online courses, each concentrating on a different substance. These modules cover various aspects such as historical background, physiological impacts, addiction risks, treatment options, national and state-level statistics, and additional informational resources. The module dedicated to marijuana can be accessed through the link provided below.

[a. Drug Overview Training: Marijuana | IPRC/SBIRT Training \(iu.edu\)](#)

Motivational Interviewing

Prevention Insights specialists provide extensive training to medical and behavioral healthcare professionals in motivational interviewing theory and techniques. There are online courses that introduce participants to Motivational Interviewing (MI) concepts, paired with in-person sessions that allow for practical application and expert coaching. Please, see the link below for more information.

[a. Introduction to Motivational Interviewing \(iu.edu\)](#)

Strategic Prevention Framework

Prevention Insights supports practitioners in developing the knowledge and skills required to implement effective, data-driven strategies for substance abuse prevention. Participants in the training programs are guided through each step of the Strategic Prevention Framework (SPF) framework, which includes assessments, capacity building, planning, implementation, and evaluation. Please, see the link below for more information.

[a. Strategic Prevention Framework: Services \(iu.edu\)](#)

Subject Matter Experts

1. Mallori DeSalle, SBIRT Program Manager
2. Amy Frederick, Workforce Development Specialist
3. Junghun Lee, Online Training Web Administrator

[IPRC Training Portal \(iu.edu\)](#)

Technical Assistance

Technical assistance provided by Prevention Insights allots organizations to leverage expert guidance in assessing their current capacities, enhancing strengths, and addressing underlying needs effectively. Collaborative approaches, such as this involves, forming support to understand the unique challenges and environment of each program. The goal is to facilitate progress beyond what organizations might achieve independently. Our experts design comprehensive assistance packages that include interactive training, technical guidance, and constructive evaluation feedback. Prevention Insights offer

support in program planning, environmental strategies, service implementation, and consultation. Prevention Insights has specialized expertise in Screening, Brief Intervention, and Referral to Treatment (SBIRT), problem gambling treatment, and other addiction-related issues further enriches our technical assistance offerings.

Capabilities

1. Service Implementation and Design
2. Program Administration and Planning
3. Workforce Development
4. Policy Consultation
5. Grant Services
6. Presentation Design and Development
7. Enhancement of Community Capacity

Other Technical Assistance Services

[IPRC Training Portal \(iu.edu\)](#)

Evaluation

Data & Analysis

Program Initiation

Research

Indiana Youth Institute

Indiana Youth Institute highlights that children and youth have multifaceted needs that where hearty support networks are necessary. In order to help youth professionals manage their time and resources effectively, the Indiana Youth Institute provides innovative trainings, essential data, and capacity building resources to enhance the well-being of all Hoosier children. Indiana Youth Institute's mission is to enhance the lives of all Indiana children by strengthening and connecting youth to individuals, organizations, and communities dedicated to their well-being. Their vision is to serve as a catalyst for healthy youth development and statewide child success. The organization aims to create best practices provide essential resources, and advocate for policies that lead to positive outcomes for youth.

For 30 years, the Indiana Youth Institute has focused on four primary focuses areas in: empowering youth workers with actionable knowledge and data, strengthen youth serving organizations, connecting professionals with respective committees, and supporting professional growth and development of workers in youth populations.

Services

Conferences & Trainings

The Indiana Youth Institute plays host to both annual in-person and virtual conferences and trainings that pools together best practices from the state and national level.

Youth Workers Cafes

Youth Worker Cafes offer local, professional education trainings to address subject specific challenges. The program also provides networking opportunities for local leaders and youth-serving professionals.

Webinars

Webinars provide up-to-date opportunities on trends from the youth engagement from the local, regional, and national levels.

Youth Worker Well-Being Project

Statewide efforts to provide the latest trends in youth development and engagement.

College & Career Readiness

The readiness path provides services, training, program navigation, and resources to support youth-serving organizations in guiding youth on their postsecondary/collegiate educational journeys.

Consulting Services

The consulting services, coaching, and support enhance the effectiveness and capacity of youth-serving organizations. When communities and organizations receive the necessary funding, they can significantly improve their impact and better serve Indiana's youth.

Strengthening Youth Programs in Indiana

Strengthening Youth emphasizes the academic, physical, and social wellbeing of the Hoosier youth.

MENTOR Indiana

MENTOR Indiana is committed to enhancing mentoring programs and resources for young people. Promise Indiana encourages early participation in school activities to boost post-secondary readiness for Hoosier youth.

Youth Data Hub

The Indiana Youth Institute gathers dependable, high-quality data and resources from state and national sources to assist youth workers and organizations. Efforts are focused on enhancing the lives of all Indiana children, especially those facing significant disparities.

Indiana KIDS COUNT Data Block

Indiana Youth Institute provides an annual statewide snapshot of youth well-being.

County Dashboard

Indiana Youth Institute provides a snapshot of youth well-being based on every Indiana county.

National KIDS COUNT Data Block

The Annie E. Casey Foundation's National KIDS COUNT Data Block presents state and national data across economic well-being, education, health, and family and community. The data ranks each state on overall child well-being.

Annie E. Casey KIDS COUNT Data Center

The Annie E. Casey Foundation's KIDS COUNT Data Center is a top resource for data on children, youth, and families, providing key indicators from across the country.

Indiana National Organization on Fetal Alcohol Syndrome (INOFAS)

The Indiana National Organization on Fetal Alcohol Syndrome (INOFAS) – replace the “I” with a parenthesis seeks to educate Hoosiers about the risks of prenatal drug and substance usage to increase awareness and optimistic outcomes for families and individuals. INOFAS provides support, training, and advocacy for individuals, families, and providers whose’ primary focus are reducing infant mortality rates. INOFAS’s mission is for all individuals who are born, to be free of alcohol, opioids, and substance exposures that harm fetal development such as tobacco, marijuana, heroin, cocaine, methamphetamine, and other opioids.

Indiana Alliance on Prenatal Substance Exposure

The Indiana Alliance on Prenatal Substance Exposure is a non-profit affiliate of Fetal Alcohol Spectrum Disorders (FASD) United, governed by an Executive Board, with its Articles of Incorporation filed in Indiana. Since 2017, it has been a subsidiary of Mental Health America of Indiana.

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Indiana Alliance Trainings

Indiana FASD Monthly Support Check-ins

With partner Indiana FASD, the Indiana Alliance co-hosts monthly check-ins as an opportunity for individuals and families to support one another.

[Indiana Alliance Resource and Training Directory](#)

- a. 8 Magic Keys: Strategies for Students with FASD
- b. 988 Crisis and Suicide Lifeline & Be Well Crisis Helpline
- c. Adolescent Addiction Access Program
- d. Alcohol and pregnancy
- e. BRAIN-online FASD Screening
- f. CDC Alcohol and Pregnancy: Communication Materials for Healthcare Professionals and Patients
- g. National Maternal Mental Health Hotline
- h. Opioids, Pregnancy, and Neonatal Care Resources for Clinicians
- i. Outpatient-Based Opioid Treatment Program
- j. Treatment Atlas – Indiana’s Official Addiction Treatment Locator
- k. The Four Pillars of Fetal Alcohol Spectrum Disorder Success
- l. Prescription Opioids During Pregnancy

Prevention Insights – IU Training & Education

IU Prevention Insights has over three decades of experience, where the approach to training and education is centered on delivering highly tailored learning experiences to cater to the unique needs, interests, and cultural backgrounds of targeted audiences. Prevention Insights is committed to continuously enhancing resources and methodologies while exploring innovative approaches to engage professionals and learners effectively. Current initiatives include developing college curriculum focused on addiction-related subjects, facilitating online and telecommunication mentorship programs, designing interactive web modules for drug education and motivational interviewing, and organizing culturally relevant HIV prevention classes/events for minority and economically disadvantaged communities. Prevention insights also provides comprehensive training to healthcare organizations nationwide, equipping organization with best practices to address and prevent risky and harmful drug and alcohol use. Prevention Insights offers diverse training sessions covering a spectrum of topics including substance use prevention skills, specific drug-related issues, environmental strategies for reducing substance abuse, and ethical considerations in prevention efforts. The organization also provides training in mental health topics, motivational interviewing techniques, gambling addiction, and the Screening, Brief Intervention, and Referral to Treatment (SBIRT) process. The broader public health training curriculum encompasses leadership development, sustainability practices, data collection and analysis, grant writing, evaluation skills, health disparities, and cultural competence.

Training programs are created to accommodate participants of varying skill levels, from beginners to advanced practitioners. The clientele spans across schools,

youth organizations, community coalitions, veteran groups, primary care clinics, hospitals, behavioral health professionals, justice organizations, university faculty, and state government officials.

Prevention Insights offers extensive training on various critical topics. Training includes skills for preventing substance use, addressing specific drug-related issues, employing environmental strategies to reduce substance use, and ensuring ethical standards in prevention practices. In addition, the programs cover mental health, motivational interviewing, gambling addiction, and the SBIRT process. Also, the organization provides training in broader public health areas such as leadership, sustainability, data analysis, grant writing, evaluation, health disparities, and cultural competency.

Indiana Youth Institute

Indiana Youth Institute highlights that children and youth have multifaceted needs that where hearty support networks are necessary. In order to help youth professionals manage their time and resources effectively, the Indiana Youth Institute provides innovative trainings, essential data, and capacity building resources to enhance the well-being of all Hoosier children. Indiana Youth Institute's mission is to enhance the lives of all Indiana children by strengthening and connecting youth to individuals, organizations, and communities dedicated to their well-being. The organization aims to create best practices provide essential resources, and advocate for policies that lead to positive outcomes for youth.

Strategic Prevention Services

Strategic Prevention Services LLC provides affordable, evidence-based training, certification courses, and prevention programs for substance misuse. These resources are tailored for state agencies, regional organizations, schools, universities, and community providers. For more information, please see the link below:

[Strategic Prevention Services | Linktree](#)

State Epidemiological Outcomes Workgroup (SEOW)

The State Epidemiological Outcomes Workgroup collects, analyzes and reports on the epidemiological data regarding substance use and abuse in Indiana, and develops data-based recommendations on prevention priorities for the state. The state of Indiana supports the work of the SEOW as part of its long-term efforts to improve substance abuse prevention policy. The State Epidemiological Outcomes Workgroup (SEOW) uses epidemiological data and evidence-based practices to monitor substance use and behavioral health issues in Indiana. SEOW focuses on the trends and key findings on the prevalence and consequences of various substances (such as alcohol, tobacco, marijuana, opioids, and stimulants use) in Indiana and on mental health. SEOW has been managed by Syra Health Corp since July 2021 and has been funded by the Indiana Department of Mental Health and Addiction through the SAMHSA block grant.

Recent publications

- [2023 State Epidemiological Profile](#)
- [2023 Drug Fact Sheet: Substance Use in Indiana](#)
- [2023 Research brief: Assessment and Prevention Services \(revised Nov 10, 2023\)](#)
- [2023 Research brief: Analysis of Opioid Overdose Mortality and Vulnerability Index in Indiana](#)
- [2022 Research brief: Regional Trends of Opioid Use and Consequences in Indiana](#)
- [2022 Research brief: Substance Use Disorder and Alcohol, Tobacco, and Other Drugs Use Among Priority Populations in Indiana](#)
- [2022 Indiana State Epidemiological Profile](#)
- [2022 Research Brief: The Impact of COVID-19 on Behavioral Health and Substance Use in Indiana: Youth Population](#)
- [2022 Research Brief: The Impact of COVID-19 on Behavioral Health and Substance Use in Indiana: Overall Population](#)

Statewide Coalitions

Indiana Collegiate Action Network (ICAN)

The Indiana Collegiate Action Network (ICAN) is a national organization, consisting of over 1,500 campus-based leaders within higher learning, addressing issues such as: alcohol, violence, and other drugs. This network serves as a liaison between the U.S. Department of Education, member institutions, and higher learning professional organizations. ICAN works to actively address the issues of alcohol, drugs, and violence on college campuses in order to promote healthy environments.

Indiana Addiction Issues Coalition (IAIC)

The Indiana Addiction Issues Coalition (IAIC) is a not-for-profit organization that advocates on behalf of those individuals with addictive disorders. IAIC's mission is to promote recovery through the pillars of Advocacy, Education, and Service.

Indiana Recovery Network (IRN) is a project of the Indiana Addictions Issues Coalition (IAIC) that seeks to bridge the gap between services and engagement throughout Indiana to ensure resources are easily accessible.

Indiana Affiliation of Recovery Residences (INARR)

The Indiana Affiliation of Recovery Residences (INARR) supports the Recovery Residence providers in their efforts to deliver recovery-based housing opportunities for persons who seek to reside in supportive environments.

Indiana Association of Peer Recovery Support Services (IAPRSS)

The Indiana Association of Peer Recovery Support Services' mission is to advance the profession peer recovery support services through both advocacy and education. The vision is to have APRSS as an integral piece to the continuum of care for Hoosiers.

Harm Reduction & Crisis Stabilization

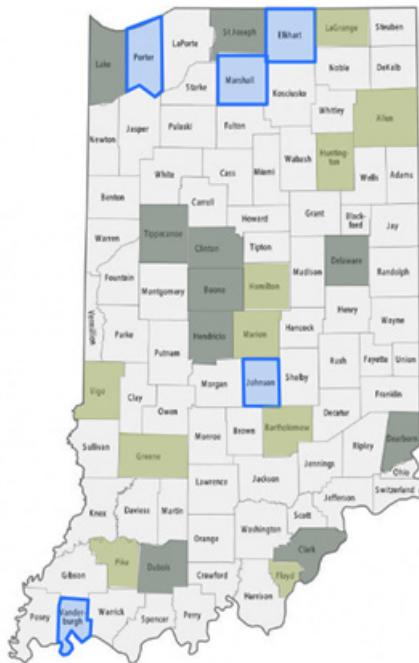
Harm Reduction and Crisis Stabilization programs are designed to deescalate and improve psychological symptoms of distress until the point of treatment can occur, if necessary. Treatment services are found outside traditional healthcare settings, offering a range of programs to assist individuals dealing with urgent mental health or substance use issues. Some services include hotlines, virtual platforms, and mobile outreach to reach those in need. These systems prioritize quality by utilizing data and technology, incorporating input from individuals with personal experience, delivering care sensitive to trauma, and employing proven methods for suicide intervention and prevention.

The Indiana Suicide Prevention Network (ISP)

The Indiana Suicide Prevention Network (ISP) connects various stakeholders from both public and private sectors with a shared commitment to strengthen suicide prevention efforts by addressing public awareness, practices, understanding, and policies. ISP's belief is that suicide is a public health issue, not only a mental health problem. ISP is dedicated to erasing the stigma around mental illnesses and fostering hope for the future. The vision is for a state where individuals no longer fall susceptible to suicide.

Indiana Local Outreach to Suicide Survivors (LOSS) Team Network

The Indiana Local Outreach to Suicide Survivors (LOSS) Team Network, also known as the Indiana Association of Peer Recovery Support Services (IAPRSS), is a program under Mental Health America of Indiana (MHA). LOSS focuses on connecting peer recovery supporters, offering access to resources, best practices, and professional development. LOSS advocates for the importance of peer recovery at local, state, and national levels and work to integrate these supports into existing recovery efforts.



Source: [Indiana LOSS Team - Indiana Association of Peer Recovery Support Services \(iaprss.org\)](http://www.iaprss.org)

i. Elkhart

1. Contact: Barbara Welty, elkhartlossteam@gmail.com
 - ii. Johnson
1. Contact: Erica Ratz, atlas@upstreamprevention.org
 - iii. Marshall
1. Contact: Viki Brown, info@dustinsplace.org
 - iv. Porter
1. Contact: Sandy Kender, pclossteam@gmail.com
 - v. Vanderburgh
1. Contact: Emily Reidford, ereid@evansvillerehab.com

American Foundation for Suicide Prevention
(AFSP) Indiana Chapter

The American Foundation for Suicide Indiana Chapter efforts aims to prevent suicide by delivering new prevention programs, educating the general public about risk factors and warning signs, raising funds for suicide research and programs, and supporting those who have lost someone to suicide. The Indiana Chapter of AFSP was chartered in 2008. AFSP Indiana brings together individuals from all walks of life, including families and friends of suicide victims, vulnerable populations, mental health professionals, clergy members, educators, students, and community and business leaders, all dedicated to preventing suicide in our communities. business leaders, all dedicated to preventing suicide in our communities.

Suicide Prevention Resource Center (SPRC)

Online Courses

Online courses enhance an individual's expertise in suicide

prevention with self-paced online courses. The courses are designed for clinicians, service providers, educators, health professionals, public officials, and members of community-based coalitions. The online courses support the development and implementation of suicide prevention programs and policies.

National Training & Technical Assistance Resources

National Training & Technical Assistance Resources (NTTAC) offers training and technical assistance to states and communities, focusing on children's behavioral health. NTTAC is funded by SAMHSA. CARS partners with organizations such as the Georgetown University Center for Child and Human Development, MedStar Georgetown University Hospital, Texas Institute for Excellence in Mental Health, Change Matrix, American Academy of Pediatrics, Family-Run Executive Director Leadership Association (FREDLA, and Youth MOVE National. NTTAC aims to enhance the effectiveness of evidence-based mental health services for young people and their families.

SAMHSA, 2019

In adapting and applying the SPF to the IASS, the SEOW hopes to create an evaluation tool that is flexible, dynamic, rigorous, and compatible/ communicable with both high-level research and within local community discussions.

The 1st iteration of the CASA was designed to assess statewide addiction service systems related to the Institute of Medicine's Continuum of Care, the Strategic Prevention Framework, and the U.S. Department of Health and Human Services' Overdose Prevention Strategy (USHDHHS, 2023; SAMHSA, 2019). To evaluate the IASS, nine Addiction Service Domains were selected for inclusion in the initial implementation of the CASA tool. The selected domains consist of:

- 1) Assessment Services
- 2) Prevention Services
- 3) Treatment Services
- 4) Harm Reduction Services
- 5) Recovery Services
- 6) Crisis Services
- 7) Training & Technical Assistance Services
- 8) Supply Reduction Initiatives
- 9) Special Populations and Services

Technology Transfer Centers

The purpose of the Technology Transfer Centers (TTC) is to develop and strengthen the specialized behavioral

healthcare and primary healthcare workforce that provides prevention, treatment and recovery support services for substance use disorder (SUD) and mental illness.

The TTC program is comprised of three networks: the [Addiction Technology Transfer Centers \(ATTC\)](#), the [Mental Health Technology Transfer Centers \(MHTTC\)](#) and the [Prevention Technology Transfer Centers \(PTTC\)](#). Each network is comprised of:

- 1) 1 National Coordinator Center
- 2) 10 Regional Centers
- 3) 1 American Indian & Alaska Native focused Center
- 4) 1 Hispanic & Latino focused Center
- 5) [Technology Transfer Centers \(TTC\) Program | SAMHSA](#)

National Training and Technical Assistance Center for Child, Youth, and Family Mental Health (NTTAC)

NTTAC promotes access to evidence based and community driven solutions while uplifting diverse voices through inclusive trainings and resources.

Mental and Behavioral Health Trainings

- a. [National Training & Technical Assistance Center \(nttacmentalhealth.org\)](#)
- b. [Training and Technical Assistance \(nttacmentalhealth.org\)](#)

Centers for Disease Control and Prevention (CDC)

The Centers for Disease Control and Prevention works 24/7 to protect America from health, safety and security threats, both foreign and in the U.S. Whether diseases start at home or abroad, are chronic or acute, curable or preventable, human error or deliberate attack, CDC fights disease and supports communities and citizens to do the same. Please see the link below:

<https://www.cdc.gov/about/cdc/>

National Institutes of Health (NIH)

The National Institutes of Health (NIH), an affiliate of the U.S. Department of Health and Human Services, is the nation's medical research agency. Please, see the link below for more information:

[Training Opportunities | National Institutes of Health \(NIH\)](#)

Clare Matrix Institute

The Clare Matrix Institute started in 2018. The Clare Matrix Institute's prides themselves of 35 plus years of expertise in outpatient treatment, training, research, and its renowned evidence-based Matrix Model.

National Council for Mental Wellbeing

The National Council for Mental Wellbeing is a membership organization that drives policy and social change on behalf of people with mental illness and substance use disorders. They advocate for policies that ensure equitable access to high-quality services, build the capacity of mental health and substance use treatment organizations.

Community Anti-Drug Coalitions of America (CADCA)

The Community Anti-Drug Coalitions of America (CADCA) represents over 7,000 community coalitions that involve individuals from key sectors including schools, law enforcement, youth, parents, healthcare, media, tribal communities and others. There are members in every U.S. state and territory and more than 30 countries around the world. through collaborative community efforts.

- 1) [Trainings & Events | CADCA](#)
- 2) [CADCA](#)

National Association of State Alcohol and Drug Abuse Directors (NASADAD)

The National Association of State Alcohol and Drug Abuse Directors, Inc. (NASADAD) is a private, not-for-profit educational, scientific, and informational organization.

NASADAD's basic purpose is to foster and support the development of effective alcohol and other drug use prevention and treatment programs throughout every State. Please, see the link below for more information: <https://nasadad.org/>

National Harm Reduction Coalition

The National Harm Reduction Coalition is focused on advancing education, fostering engagement, and empowering communities affected by drug use and discriminatory drug policies.

- 1) [Training & Capacity Building | National Harm Reduction Coalition](#)
- 2) [National Harm Reduction Coalition](#)

Supply Reduction Initiatives Domain

The 2024 CASA Supply Reduction Initiatives Domain comprises six service categories that consist of all the supply reduction resources, services, and programs listed in the state and federal websites. The selected categories include:

- 1) Enforcement
- 2) Indiana High Intensity Drug Trafficking (HIDTA)
- 3) Indiana State Government
- 4) Indiana PDMP Relevant Associations (Prescription Drug Monitoring Program)
- 5) Other State PDMPs
- 6) Federal Government Agencies
- 7) PDMP Relevant Associations

Enforcement

Indiana State Police – Drug Enforcement Section

Indiana State Police has a full-time interdiction detail that operates from the Drug Enforcement Section (DES). The primary focus is to conduct criminal efforts to disrupt the flow of illegal drugs and contraband through Indiana. This unit works very closely with other department personnel assigned to one of the 14 state police districts and the Indiana State Police Commercial Motor Carrier Enforcement Division.

The Drug Enforcement Section includes undercover and diversion detectives as well as technical support personnel, all dedicated to tackling illegal drug activity throughout the state. Detectives in the Drug Enforcement Section handle a range of investigations, from street-level drug trafficking to complex multi-jurisdictional networks. Cases can be either short-term or long-term based on the situation. Some detectives focus on the illegal diversion of controlled substances by healthcare professionals, such as doctors, nurses, and pharmacists. These investigations often involve related crimes like insurance and healthcare fraud, as well as cases of individuals fraudulently posing as doctors to obtain or prescribe drugs.

Drug Enforcement Section significant Seizure Statistics

January 2017 through September, 2023

Marijuana: 23,486 pounds

Heroin: 325 pounds

Methamphetamine: 2,058 pounds

Cocaine: 1,189 pounds

Fentanyl: 170.6 pounds

Fentanyl tablets: 87,525 (since October 2022)

Illicit United States currency: \$32,200,326

State search warrants executed: 1,425

Indiana Scheduled Prescription Electronic Collection & Tracking Program (INSPECT)

The Indiana Scheduled Prescription Electronic Collection & Tracking Program (INSPECT) is a prescription drug monitoring program used by law enforcement to investigate prescription opioid cases. Access to INSPECT is available to local, state, and federal law enforcement officers, prosecutors, county coroners, and Indiana Board of Pharmacy compliance officers.

Roadside Oral Fluid Program

The Indiana Criminal Justice Institute's Roadside Oral Fluid Program, part of the "Great Lakes, High Stakes" initiative with the National Highway Traffic Safety Administration's Region 5 Office, addresses drug-impaired driving. The program equips law enforcement with the SoToxa Mobile Test System to help identify and remove drug-impaired drivers from Indiana's roads. SoToxa is a handheld analyzer that uses an oral fluid swab to detect the presence of six kinds of drugs: cocaine, methamphetamine, opiates, cannabis (THC), amphetamine and benzodiazepines.

[CJI: Traffic Safety: Roadside Oral Fluid Program \(in.gov\)](https://www.in.gov/cji/traffic-safety-roadside-oral-fluid-program-in.gov)

Problem-Solving Courts

Problem-Solving Courts are designed to benefit both individuals involved and their families, but victims and society at large. These courts were developed to address the needs of those in the justice system, particularly concerning drug abuse and mental health issues. In general, problem-solving courts share some common elements:

- 1) Problem-solving courts are designed to provide positive case outcomes for victims, society and the justice involved individuals (e.g., reducing recidivism or creating safer communities).
- 2) Problem-solving courts promote reform in how the government responds to problems such as drug addiction and mental illness.
- 3) Problem-solving courts work with external parties to achieve certain goals (e.g., developing partnerships with mental health providers).
- 4) Adversarial than traditional criminal justice processing.
- 5) Use of screening and assessment tools to identify appropriate individuals for the court is common practice.
- 6) Early identification of potential candidates.

Addiction Recovery Services (ARS) within Indiana Department of Corrections

Addiction Recovery Services (ARS) encompass those

programs/clinical services that address addiction issues within the IDOC populations. It is estimated that the majority of IDOC offenders have some sort of problem with addictive behaviors. Services are provided by IDOC's vendor of medical services. Current services include two delivery models:

1) Outpatient Addiction Recovery: 5-phase program that begins with a guided self-study module and then moves into group addiction treatment.

2) Therapeutic Community: a specialized clinical service that is comparable to intensive inpatient services and lasts a minimum of 8 months (10-month average). This service is for offenders with significant impairment related to a substance use disorder. The clinical program is paired with programmatic time credits totaling a maximum of 6 months for successful completion of the entire program.

The Indiana Department of Correction (IDOC) Addiction Recovery Services Division, provides a comprehensive addiction treatment program called Recovery While Incarcerated (RWI). RWI is a multifaceted strategy that prioritizes screening and assessment, timely treatment access, and tailored, evidence-based care.

Indiana HIDTA – High Intensity Drug Trafficking Area

The Indiana High Intensity Drug Trafficking Area's mission is to lower drug availability and use by forming drug task forces. These initiatives focus on slowing down drug trafficking and its adverse effects by enhancing and coordinating enforcement efforts across federal, state, and local law enforcement agencies.

Federal, state, and local law enforcement agencies in Indiana work together to tackle drug traffickers. Some major agencies involved with the Indiana HIDTA include: the DEA, ATF, FBI, Indiana National Guard, Indiana State Police, and local police departments in Northwest Indiana and adjacent counties. The Investigative Support Center provides assistance to all agencies throughout the state and surrounding areas.

Central Indiana Drug Task Force (CIDTF)

The Central Indiana Drug Task Force (CIDTF) HIDTA Group 52 initiative targets all major domestic and international Drug Trafficking Organizations trafficking controlled substances throughout the Southern Indiana. CIDTF works closely with state and local counterparts.

Domestic Highway Enforcement (DHE)

The Highway Enforcement Team is an interdiction and enforcement activity designed to disrupt the flow of drugs on Indiana highways working with the Indiana State Police.

Firearms Interdiction Regional Enforcement (FIRE)

The FIRE initiative, led by the Bureau of Alcohol, Tobacco, Firearms & Explosives (ATF), is a multi-jurisdictional task force created in 1994 as part of a state-sponsored program. FIRE focuses on individuals and organizations that violate federal firearms and narcotics laws.

Gang Response Investigative Team (GRIT)

The Gang Response Investigative Team (GRIT) is an FBI led initiative formed to identify and dismantle gangs and related activities. The primary mission of the GRIT is to reduce the incidence of gang-related violence in Indiana.

Indianapolis Hotel Interdiction and Truck Stops (IHITS)

The IHITS initiative is led by the Indianapolis Metropolitan Police Department's (IMPD) Criminal Interdiction Section (CIS). IHITS specializes in the identification and disruption of Drug Trafficking Organizations (DTOs) that are in and pass through Indianapolis. Along with truck stops, DTOs often utilize hotels or motels for their operations. IHITS disrupts this practice by conducting traffic stops and knock and talk investigations.

Indianapolis Metro Safe Streets Gang Task Force (IMSSTF)

This FBI-led initiative targets all major domestic and international Drug Trafficking Organizations (DTOs) trafficking controlled substances throughout the Southern District of Indiana.

Investigative Support Center (ISC)

The Investigative Support Center (ISC) started in 1997 with the formation of the Indiana HIDTA. The ISC is jointly managed by the Drug Enforcement Administration (DEA) and the Indiana State Police (ISP). The ISC provides accurate, detailed, and timely drug and non-drug intelligence to both HIDTA initiative partners, as well as to other Lake, LaPorte, Marion and Porter Counties and other law enforcement agencies.

Lake County Combined Task Force (LCCTF)

Lake County Combined Task Force (LCCTF) coordinates and enhances federal, state and local law enforcement efforts to address the drug threat to Lake, LaPorte, Marion and Porter Counties in Indiana.

LaPorte County Drug Task Force (LPCDTF)

The LaPorte County Drug Task Force coordinates and enhances federal, state and local law enforcement efforts

to address the drug threat to LaPorte County.

Marion County Sheriff's Office Special Investigations Gang Intelligence Unit (MCSO SIGIU)

Since the formation of Indiana HIDTA, investigators have targeted mid to upper level drug traffickers operating in Indiana. The Marion County Sheriff's Office Special Investigations Gang Intelligence Unit (MCSO) SIGIU continues to coordinate and enhance federal, state and local law enforcement efforts to address the drug threat to Lake, LaPorte, Marion and Porter Counties in Indiana.

Marshals Fugitive Task Force (MFTF)

The United States Marshal's Service Fugitive Task Force is a collaborative, multi-agency, and multi-jurisdictional effort. It involves officers and agents from local and federal law enforcement agencies working together within the Indiana HIDTA region. The goal of the Great Lakes Regional Fugitive Task Force (GLRFTF) is to pursue and arrest federal, state and local fugitives who are members of drug trafficking organizations (DTO's) through long term investigative efforts.

Money Laundering and Financial Crimes (MLFC)

The mission of the Money Laundering and Financial Crimes initiative is to develop and assist with criminal investigations and asset forfeitures of illegal activities, specifically drug-related activities, in the Lake, LaPorte, Marion and Porter Counties in Indiana. The emphasis of this task force is to pursue financial investigations on individuals and organizations that will result in criminal prosecutions and asset seizures and forfeitures. This will include investigations into money laundering, structuring and additional activities in violation of the Bank Secrecy Act.

Porter County Multi-Enforcement Group (PCMEG)

The Porter County Multi-Enforcement Group (PCMEG) utilizes all resources available to identify members of drug organizations. Some of these members have ties to Mexican drug organizations connected with the Southwest border.

2023 Indiana HIDTA Drug Threat Assessment

The Indiana High Intensity Drug Trafficking Area (IN HIDTA) Threat Assessment is an identification of the current and emerging threats posed to the seven (7) HIDTA designated counties located throughout the state.

The threat from trafficking and abuse of illicit drugs continues to plague Indiana. In 2022, record breaking amounts of cocaine, methamphetamine, and fentanyl were

seized by IN HIDTA enforcement initiatives (see Figure 1). The Cartel de Sinaloa (CDS) and Cartel Jalisco Nueva Generación (CJNG) drug trafficking organizations (DTO) account for the largest suppliers of these illicit drugs making their way into Indiana. For this and other reasons, IN HIDTA Drug Survey respondents indicated fentanyl and methamphetamine were the most significant drug threats in their Area of Responsibility (AOR).

According to the IN HIDTA Drug Survey, the overall availability for fentanyl, methamphetamine, and marijuana significantly increased or increased while cocaine, controlled prescription drugs (CPD), and hallucinogens largely remained the same or increased slightly. Similar results were reported for the demand change, year over year (2021 to 2022).

According to IN HIDTA Performance Management Process (PMP) entries, IN HIDTA initiatives seized significantly more fentanyl, methamphetamine, and cocaine in 2022. IN HIDTA initiatives recovered approximately 780 kilograms of methamphetamine which represents over 7 million dosage units in 2022. This is an increase of over 102% from the previous year and a more than quadrupling of the amount of drug seized in 2019. For fentanyl, IN HIDTA initiatives seized approximately 90 kilograms representing over 60 million dosage units, an increase of over 160% from the previous year.

Graph

Indiana is the 17th most populous state in the nation with a population of over 6.8 million people. Indiana's population grew 4.9% from the 6.5 million people who lived there in 2010. The northern belt along Lake Michigan is industrialized, while most of the central and southern areas support a rural, agricultural lifestyle. Most interstates in Indiana cross through Indianapolis, the state's largest city. Indiana is surrounded by several larger cities that act as drug distribution centers including Chicago, IL, Cincinnati, OH, and Louisville, KY.

The Indiana HIDTA AOR is comprised of Allen, Lake, La Porte, Marion, Porter, Vanderburgh, and Vigo counties. Together these counties make up 26% of the population of Indiana, and include the top three populous counties: Marion, Lake, and Allen. Please, see the attached link for more information: [2023 Indiana HIDTA Drug Threat Assessment](#).

Indiana State Government Indiana Board of Pharmacy - IBP

The Indiana Board of Pharmacy consists of seven members appointed by the governor for terms of four years. Six members must be pharmacists in good standing of recognized experience and ability from varied practice settings who hold a current license to practice pharmacy in Indiana; one of these pharmacists must be a practicing

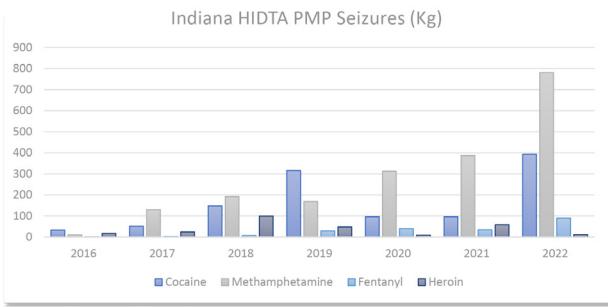


Figure 2- Indiana HIDTA kilogram seizures. Source: PMP

hospital pharmacist. The seventh member represents the general public, being a resident of Indiana and someone who has never been associated with pharmacy in anyway other than as a consumer.

Indiana Board of Pharmacy

Indiana State Medical Association

The Indiana State Medical Association (ISMA) is a network of medical federations throughout Indiana with over 9,500 members. Founded in 1849, ISMA focuses on the support of physicians by providing medical education and practice management training. The association educates the public and policymakers on health issues and ongoing community initiatives such as reducing domestic violence. ISMA advocates for the health of Indiana.

Indiana State Medical Association - ISMA

Indiana Pharmacy Association

Founded in 1882 by pharmacists such as Col. Eli Lilly and G.D. Searle, the Indiana Pharmacy Association advocates for the pharmacy profession in Indiana. The goal is to enhance patient care through legislation and advancements in practice, while supporting the demands of pharmacists, student pharmacists, and pharmacy technicians.

Indiana Pharmacists Alliance - IPA

Indiana Rural Health Association

The Indiana Rural Health Association (IRHA) is a nonprofit organization dedicated to improving the health of rural Indiana residents

Indiana Rural Health Association - IRHA

Indiana State Nurses Association – ISNA

The Indiana State Nurses Association (ISNA), founded in 1903, serves as the professional organization for registered and licensed practical nurses in Indiana. The primary mission is to advocate for nursing licenses to ensure the protection for Indiana residents.

Indiana State Nurses Association - ISNA

Indiana Hospital Association – IHA

IHA represents more than 170 hospitals in Indiana from rural community hospitals to regional and statewide health systems. The broad alliance of representatives helped IHA expand its focus to patient safety, health care reform, and the recruitment and training of the nation's best health care workers.

Indiana Hospital Association - IHA

Other State PDMPs

The State of Ohio Board of Pharmacy created Ohio's Prescription Drug Monitoring Program (PDMP), known as the Ohio Automated Rx Reporting System (OARRS). Established in 2006, OARRS collects information on all outpatient prescriptions for controlled substances and two non-controlled substances (gabapentin & naltrexone) dispensed by Ohio-licensed pharmacies and personally furnished by Ohio prescribers. This data is reported every 24 hours and is maintained in a secure database. Drug wholesalers are also required to submit information monthly on all controlled substances and gabapentin sold to an Ohio licensed pharmacy or prescriber.

The Illinois Prescription Monitoring Program (ILPMP) is an electronic database that collects, tracks, and stores reported dispensing data on Schedule II-V controlled substances, selected drugs of interest, and other health information.

The ILPMP is a support tool used to help ensure safety in prescribing and dispensing. Utilizing the ILPMP, healthcare providers can view 12 months of a patient's prescription history to aid in clinical decision-making and improve patient care.

Contact Information for Other State PDMPs

Federal Government Agencies

Drug Enforcement Agency

The mission of the Drug Enforcement Administration (DEA) is to enforce the controlled substances laws and regulations targeting persons and organizations involved in the illegal manufacture and distribution of substances. The DEA also advocates for enforcement strategies to decrease the wider availability of substances in domestic and global markets.

Indiana is part of the DEA's Chicago Division and the DEA has the following offices in Indiana:

- 1) Indianapolis – District Office
- 2) Merrillville – District Office
- 3) Evansville – Resident Office
- 4) Ft. Wayne – Post of Duty Office
- 5) Terre Haute – Post of Duty Office
- 6) Drug Enforcement Agency - DEA

Food and Drug Administration – FDA

The Food and Drug Administration (FDA) is responsible for protecting the public health by assuring the safety, efficacy, and security of human and veterinary drugs, biological products, medical devices, our nation's food supply, cosmetics, and products that emit radiation.

[Food and Drug Administration - FDA](#)

Center for Disease Control and Prevention– CDC

The mission of the Centers for Disease Control and Prevention is to protect America from health, safety and security threats, both foreign and in the U.S. Whether diseases start at home or abroad, are chronic or acute, curable or preventable, human error or deliberate attack, CDC fights disease and supports communities and citizens to do the same.

Substance Abuse and Mental Health Services Administration - SAMHSA

The Substance Abuse and Mental Health Services Administration (SAMHSA), a division U.S. Department of Health and Human Services, leads public health efforts to advance the nation's behavioral health.

[Substance Abuse and Mental Health Services Administration - SAMHSA](#)

National Association of State Controlled Substance Authorities – NASCSA

The National Association of State Controlled Substances Authorities (NASCSA) serves as an exchange forum for information and ideas to develop, implement, and monitor ongoing strategies for substance abuse. NASCSA advocates for the continued funding and use of programs that aim to reduce inappropriate substance use.

[National Association of State Controlled Substance Authorities - NASCSA](#)

National Association of Boards of Pharmacy – NABP

The National Association of Boards of Pharmacy (NABP) is a nonprofit organization that connects with state pharmacy boards to promote patient safety and integrity of prescription medications. NABP's efforts include administering exams to evaluate pharmacist competency, facilitating pharmacist license transfers and verifications, and offering pharmacy accreditation programs.

[National Association of Boards of Pharmacy - NABP](#)

National Alliance for Model State Drug Laws - NAMSDL

The National Alliance for Model State Drug Laws (NAMSDL) is committed to increasing the effectiveness of state laws, policies, and procedures to reduce substance use disorders in families and communities throughout the nation in the following areas: Prevention and Intervention, Treatment, Recovery Support, Overdose Abatement and Criminal Justice.

[National Alliance for Model State Drug Laws - NAMSDL](#)

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