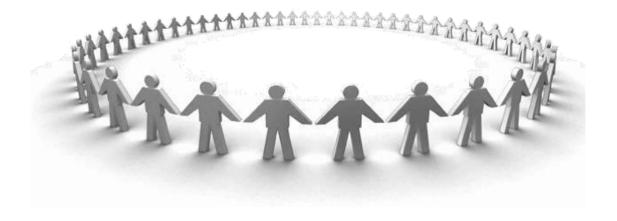
# **Systems of Care**<br/>Implementation Survey

(SOCIS)



Paul Greenbaum, Robert M. Friedman, Krista Kutash, & Roger Boothroyd

Research & Training Center for Children's Mental Health Louis de la Parte Florida Mental Health Institute
College of Behavioral & Community Sciences
University of South Florida — Tampa

VERSION2.3.4 (2016) COPYRIGHT © 2009 UNIVERSITY OF SOUTH FLORIDA (INDIANA REVISION-JULY 2016)

Please do not duplicate or disseminate without permission from authors.



#### INTRODUCTION AND INFORMED CONSENT

Indiana is expanding systems of care statewide to support local access to effective mental health addiction services and supports for children and families. You are invited to complete a survey to assess the level of system of care (SOC) development in your community or at the state level.

"A system of care incorporates a broad array of services and supports that is organized into a coordinated network, integrates care planning and management across multiple levels, is culturally and linguistically competent, and builds meaningful partnerships with families and youth at service delivery and policy levels."

(Pires, 2002; Stroul, Blau, & Jordan, 2012)

The purpose of the survey is to assess factors associated with systems of care implementation. Individuals who know about children's mental health and substance use services are invited to participate. Multiple perspectives are needed: youth, families, mental health and substance use treatment providers, child welfare, juvenile justice, education, residential treatment providers, primary health care, other service providers, the faith-based community, advocates, and other stakeholders. There are no right or wrong answers.

This survey is part of the state and national evaluation for a federal Child Mental Health Initiative (SOC Expansion Grant) from the Substance Abuse Mental Health Administration (SAMHSA) to the Indiana Family and Social Service Administration, Division of Mental Health and Addiction (DMHA).

If you choose to participate in this assessment, you will be asked to complete the System of Care Implementation Survey (SOCIS). It usually takes about 30 minutes to complete the SOCIS. Your participation is entirely voluntary. Your responses will be kept confidential, identified only by your county, role, and demographic information. Results will be aggregated and reported in summary reports.

This project has been reviewed and approved by the Institutional Review Boards of the University of South Florida and Indiana University. If you have any questions about the survey, contact <a href="mailto:Isaac.Karkari@fssa.IN.gov">Isaac.Karkari@fssa.IN.gov</a> or <a href="mailto:Betty.Walton@fssa.IN.gov">Betty.Walton@fssa.IN.gov</a></a>

Completion of this survey signifies your consent to participate in this evaluation and that you live in Indiana. We thank you for your valuable feedback and participation.

## Instructions

Begin by answering the Participant Information questions.

After completing the Participant Information, for all survey questions:

- 1. Remember, the survey questions are asking about children with serious emotional disturbances (mental health and/or substance use challenges which impact their functioning) who live in your area.
- 2. Read the definition of each implementation factor (at the beginning of the section) before answering the questions in that section.
- 3. Then, read each question carefully and select the rating that best describes each question.
- 4. Try to answer all of the items. If you don't have information to rate a question, mark '**DK**' (**Don't Know**).
- 5. Please try to complete the questions and return the survey within a week.
- 6. If completing the survey on paper, scan and email the survey to <u>SOCevaluation@fssa.IN.gov</u>.
- 7. Or, mail to:

Attention: Betty Walton and Isaac Karikari

Indiana Family & Social Services Administration

Division of Mental Health & Addiction

402 W. Washington St., W353 Indianapolis, IN 46204-2739

Thank you for completing Indiana's System of Care Implementation Survey to help monitor our progress and plan for the future!!

# Participant Information

1.	Your job Title or Role:
2.	What best describes how you spend the majority of your time? (check one)
3.	Organization/Agency Name (full name, no abbreviations please)
4.	Are you reporting information for the state of Indiana or for a specific county?  Ounty (Fill in name of one Indiana County):  (ONLINE: Select "County" from dropdown list.)
5.	For how many years have you been actively involved in children's behavioral health services (in any capacity)?
	Years
6.	What is your age?Years
7.	Gender: (Please check one below.)  O Male  Female  Other, please specify:
8.	How would you describe your race or ethnicity? (Check all that apply.)  African American  Asian American  Caucasian  Pacific Islander  Native American/Alaska Native  Hispanic/Latino  Other, please specify:
9.	How knowledgeable are you about your local children's mental health system?  1 2 3 4 5
	Not at All Slightly Somewhat Moderately Very

**System of Care (SOC) definition**: A **System of Care** for children and youth with behavioral health problems has been described as child-centered, family-driven, community-based, and culturally competent. Within a SOC, children and families have access to a comprehensive array of services that are individualized, delivered in the least restrictive setting, and involve families at all stages in planning and delivery of services from different child service systems.

10. To what extent do you believe your local children's behavioral health services system is a "System of Care"?

1 2 3 4 5
Not at All Slightly Somewhat Moderately Very

BEGIN THE SOCIS QUESTIONS ON THE NEXT PAGE

## **SOCIS Survey Questions**

The next series of questions focus on children with mental health and substance use challenges and their families who received services <u>during the last year</u>. Answer the following questions for your local mental health service system (if reporting for a specific county.) If reporting for the state of Indiana, answer for the state level system of care. Select the response that best answers the question.

1.	Family	/ Choice	and \	√oice
		,		

**Definition**: Family and youth perspectives are actively sought and given high priority during all planning, implementation, and evaluation of the service delivery system.

A. Do families have a choice of which services will be provided to	their child?
--	--------------

1	2	3	4	5	DK
Never/Almost	Rarely	Occasionally	Frequently	Always/	Don't Know
Never				Almost Always	

B. Do families have a choice of who will be providing services to their child?

1	2	3	4	5	DK
Never/Almost	Rarely	Occasionally	Frequently	Always/	Don't Know
Never				Almost Always	

C. How often have you seen families serving as members of planning or coordinating groups for the service system (members of interagency councils or advisory boards)?

1	2	3	4	5	DK
Never/Almost	Rarely	Occasionally	Frequently	Always/	Don't Know
Never				Almost Always	

**D.** How often have you seen families or a family organization express independent views or recommendations about the service system?

```
1 2 3 4 5 DK
Never/Almost Rarely Occasionally Frequently Always/ Don't Know
Never Almost Always
```

**E.** How often is the family perspective incorporated throughout the planning and policy making process?

```
1 2 3 4 5 DK
Never/Almost Rarely Occasionally Frequently Always/ Don't Know
Never Almost Always
```

## 2. Individualized, Comprehensive, and Culturally Competent Treatment

De	<ul> <li>Definitions: A range of services to the child and entire family includes:         <ul> <li>Individualized treatment in which services are based on the specific needs and strengths of each child and his/her family,</li> <li>Comprehensive treatment addressing social/emotional needs and functioning at home, in school, and in the community, and</li> <li>Culturally competent treatment considering and accommodating cultural, racial, and language characteristics of each child and family which impact treatment outcomes.</li> </ul> </li> </ul>							
A.	How often is trea	atment tail	ored to the speci	fic needs of i	ndividual childrei	and their families?		
	1 Never/Almost Never	2 Rarely	3 Occasionally	4 Frequently	5 Always/ Almost Always	DK Don't Know		
В.	How often are tro	eatment pla	ans reviewed and	d updated as	needed?			
	1 Never/Almost Never	2 Rarely	3 Occasionally	4 Frequently	5 Always/ Almost Always	DK Don't Know		
C.	•					ldren discussed who al Educational Plan		
	1 Never/Almost Never	2 Rarely	3 Occasionally	4 Frequently	5 Always/ Almost Always	DK Don't Know		
D.	In formal child an	d family m	neetings, rate the	level of part	icipation by educa	ation staff.		
	1 Never/Almost Never	2 Rarely	3 Occasionally		5 Always/ Almost Always	DK Don't Know		
Е.	How often does th resources?	e treatmen	t process include	e the child an	d family's streng	ths and existing		
	1 Never/Almost Never	2 Rarely	3 Occasionally	4 Frequently	5 Always/ Almost Always	DK Don't Know		

	1 Never/Almost Never	2 Rarely	3 Occasionally	4 Frequently	5 Always/ Almost Always	DK Don't Know
G.	How often does	treatment use	evidence-based	l (scientifical	ly proven) practi	ices and programs?
	1 Never/Almost Never	2 Rarely	3 Occasionally	4 Frequently	5 Always/ Almost Always	DK Don't Know
Н.	How often does t	reatment imp	rove the child's	functioning	in the communit	ty?
	1 Never/Almost Never	2 Rarely	3 Occasionally	4 Frequently	5 Always/ Almost Always	DK Don't Know
3.	Outreach and A	access to Care	2			
sch	finition: Outreact ools) that make it ir families to obtain In your opinion community?	easier for child n services.	ren and youth w	vith mental he		use problems and
	1 Difficult	2 Somewhat Difficult	3 Neither Easy Nor Difficult	4 Somewhat Easy	5 Easy	DK Don't Know
В.	To what extent care?	do you think p	oarents in your	community l	know how to obta	ain mental health
C.	1 Not at All  To what extent of	2 Slight Extent	3 Moderate Extent	4 Great Exter	Extent	
C.	community kn	•	~ -		· <del>-</del>	icians) in your
	1 Not at All	2 Slight Extent	3 Moderate Extent	4 Great Exten	5 nt Very Great Extent	DK Don't Know

F. How often does the treatment process use what is known to be effective for specific

cultural/racial/language groups?

#### 4. Transformational Leadership

**Definition.** Transformational leaders are individuals who put into words a long-term vision that inspires others, challenge assumptions, take risks, and listen to the concerns and needs of others.

To what extent does the leadership of your children's behavioral health service system:

#### A. Value the view and opinions of others?

1	2	3	4	5	DK
Not at All	Slight Extent	Moderate	Great Extent	Very Great	Don't Know
		Extent		Extent	

#### B. Recognize individual and team achievements within your organization?

1	2	3	4	5	DK
Not at All	Slight Extent	Moderate	Great Extent	Very Great	Don't Know
		Extent		Extent	

#### C. Encourage individuals to think about problems in new ways?

1	2	3	4	5	DK
Not at All	Slight Extent	Moderate	Great Extent	Very Great	Don't Know
		Extent		Extent	

#### D. Convey an inspirational vision of the future?

1	2	3	4	5	DK
Not at All	Slight Extent	Moderate	Great Extent	Very Great	Don't Know
		Extent		Extent	

#### E. Encourage people to take the initiative in building the system?

1	2	3	4	5	DK
Not at All	Slight Extent	Moderate	Great Extent	Very Great	Don't Know
		Extent		Extent	

5.	Theory	of	Change
----	--------	----	--------

**Definition:** A' **Theory of Change'** is the expressed beliefs and assumptions for how to serve children and youth and reach identified goals.

A. Is a	'theory of	'change'	used to	guide service	planning and	delivery	decisions?
---------	------------	----------	---------	---------------	--------------	----------	------------

1 2 3 4 5 DK Never/Almost Rarely Occasionally Frequently Always/ Don't Know Never Almost Always

**B.** Is there a plan that clearly describes how to obtain and provide services for children and their families?

1 2 DK Yes No Don't Know

C. How often do service planners and implementers agree regarding the strategies used?

1 2 3 4 5 DK Never/Almost Rarely Occasionally Frequently Always/ Don't Know Never Almost Always

**D.** How often do service planners and implementers regularly review 'outcomes' for the purpose of assisting how successful existing strategies are in producing intended goals?

1 2 3 4 5 DK Never/Almost Rarely Occasionally Frequently Always/ Don't Know Never Almost Always

E. How often are existing service strategies (obtaining and providing services) adjusted or modified to produce intended goals?

1 2 3 4 5 DK Never/Almost Rarely Occasionally Frequently Always/ Don't Know Never Almost Always

#### 6. Implementation Plan

**Definition:** An **implementation plan** identifies procedures and strategies to achieve goals and objectives at program and system levels. The plan includes projected timelines and expected outcomes.

**A.** Have you read an implementation plan for your children's behavioral health services system?

1 2 DK Yes No Don't Know

If NO, skip to Section 7.

B. Have plans been developed specifically to address identified barriers to implementation?

1 2 DK Yes No Don't Know

C. To what extent does a broad array of stakeholders (providers, youth, families, diverse cultural/racial/linguistic community members) have active input into the implementation plan?

1 2 3 4 5 DK
Not at All Slight Extent Moderate Extent Very Great Don't Know
Extent Extent

D. To what extent does the plan reflect input from the other child-serving systems (mental health, education, child welfare, juvenile justice)?

1 2 3 4 5 DK
Not at All Slight Extent Moderate Great Extent Very Great Don't Know
Extent Extent

7.	Local Population of	Concern	(Intended	Children,	Youth,	and Their	Families)

**Definition:** The individuals intended to benefit from the service system (the **local population of concern**) should be clearly described. Specific information should include the number of children and adolescents who are eligible for services, their ages, diagnostic profiles, and demographics including cultural/racial/language diversity, local in the county, services histories and any special needs of groups in the population.

A.	Have you read a description of the local population of concern, that is, the intended children,
	youth, and families to be served through your children's behavioral health services system?

1 2 DK Yes No Don't Know

B. Does the description of the local population of concern get periodically reviewed?

1 2 DK Yes No Don't Know

C. Have you read a report summarizing the service histories and clinical profiles of this population?

1 2 DK Yes No Don't Know

#### 8. Interagency and Cross-Sector Collaboration

**Definition:** A formal process that encourages **collaboration** among the various child service systems (mental health, education, child welfare, juvenile justice). This process usually includes an Interagency Committee (consortium/coordinating council, governance board) which has designated participants who represent the various agencies and have regularly scheduled meetings.

# A. Approximately how often does the interagency committee or group meet to focus on service system planning for children and their families?

1 2 3 4 5 6 **7** DK Yearly Semi- Quarterly Monthly Bi-weekly Weekly Daily Don't Know annually

# B. How often do decision makers from the educational system actively participate in this council or group?

0 1 2 3 4 5 6 DK Never Very Rarely Occasionally Frequently Very Always Don't Know Rarely Frequently

To what extent do your organizations share resources (funding, personnel, data, and facilities) with other child-serving organizations in the following activities:

#### C. Creating formal agreements

	1	2	3	4	5	DK			
	Not at All	Slight Extent	Moderate	Great Extent	Very Great	Don't Know			
			Extent		Extent				
D. S	Staff Training								
	1	2	3	4	5	DK			
	Not at All	Slight Extent	Moderate	Great Extent	Very Great	Don't Know			
			Extent		Extent				
E. P	Purchasing of S	ervices							
	1	2	3	4	5	DK			
	Not at All	Slight Extent	Moderate	Great Extent	Very Great	Don't Know			
			Extent		Extent				
F. S	F. Service Plan Development								
	1	2	3	4	5	DK			
	Not at All	Slight Extent	Moderate	Great Extent	Very Great	Don't Know			

G. Progr	am Eva	luation
----------	--------	---------

1	2	3	4	5	DK
Not at All	Slight Extent	Moderate	Great Extent	Very Great	Don't Know
		Extent		Extent	

H. Are there written agreements between Education and Behavioral Health to have behavioral health agencies provide services in schools?

1	2	3	4	5	DK
Never/	Rarely	Occasionally	Frequently	Always/Almost	Don't Know
Almost Never				Always	

#### 9. Values and Principles

**Definition:** Values and Principles refer to an explicit statement of core values and principles that guide system development and evaluation. These values and principles have been adopted through an inclusive, participatory process. For example, core values may include:

- Child-Centered and family-driven: The needs of the child and family dictate the services provided.
- Community-based services: Management and decision-making responsibility reside at the community level.
- Culturally competent: Agencies, programs, and services are responsive to the cultural, racial, and language diversity of the populations they serve.

A. Have community members (examples: business leaders, local government officials, community foundation, YMCA, extension service, etc.) participated in adopting a statement of values and principles for your community?

1	2	DK
Yes	No	Don't Know

B. Does a formal process assess where these values and principles are operating in your community?

```
1 2 DK
Yes No Don't Know
```

C. Do these values and principles require services to be individualized and based on child and family strengths and needs?

```
1 2 DK
Yes No Don't Know
```

D.	Do these values and principles require services to be community-based, with services delivered, as well as management and decision-making at the local community level?								
	1		2	DK					
	Yes		No	Don't Knov	W				
Е.	Do these values a language differe programs and so	ences of the popu	-	-					
	1		2	DK					
	Yes		No	Don't Knov	W				
De acr fed hor	<ul> <li>10. Comprehensive Finance Plan</li> <li>Definition: A comprehensive finance plan is consistent with the goals of the system, identifies costs across major child service systems, uses a variety of funding sources, promotes flexibility, maximizes federal entitlements (Medicaid, Title IV-E), and re-directs spending from restrictive placements to home- and community-based services.</li> <li>A. Have your costs for services and supports been analyzed across the major child service systems</li> </ul>								
	(mental health, s	,	, •	•	•				
	1 Not at All	2 Slight Extent	3 Moderate Extent	4 Great Extent	5 Very Great Extent	DK Don't Know			
В.	Do your financia (residential trea					re placements			
	1	2	3	4	5	DK			
	Not at All	Slight Extent	Moderate Extent	Great Extent	Very Great Extent	Don't Know			
C.	C. To what extent are funds coordinated, blended, pooled, and/or braided across the major child service systems (mental health, education, child welfare, health, juvenile justice, primary care, substance use)?								
	1	2	3	4	5	DK			
	Not at All	Slight Extent	Moderate Extent	Great Extent	Very Great Extent	Don't Know			

D.	2. To what extent do community (state/local) funding policies allow for a broad array of services for children with behavioral health challenges and their families?							
	1	2	3	4	5	DK		
	Not at All	Slight Extent	Moderate Extent	Great Extent		Don't Know		
Е.	E. To what extent do community financing policies allow for the provision of flexible, individualized care for children with mental health and addiction challenges and their families?							
	1	2	3	4	5	DK		
	Not at All	Slight Extent	Moderate Extent	Great Extent	Very Great Extent	Don't Know		
F.	F. To what extent do mental health and schools pool or braid funds (or any other collaborative funding mechanisms) in order to deliver behavioral health services in schools to children and youth with mental health and substance use needs?							
	1	2	3	4	5	DK		
	Not at All	Slight Extent	Moderate Extent	Great Extent	Very Great Extent	Don't Know		
11	. Skilled Provide	r Network						
<b>Definition:</b> A <b>skilled provider network</b> represents an assessment of the group of service providers that exist in a particular system. They should be diverse in background, culturally competent, effective in providing services, behave consistent with the values and principles promoted by the system, and have sufficient capacity to provide family choice.								
A.	A. Are there enough providers serving local children and youth with behavioral health problems?							
	1 Yes		2 No	DK Don't Knov	v			
В.	To what extent is	s there a plan for	r recruitment	and retaining s	killed provid	ers?		
	1 Not at All	2 Slight Extent	3 Moderate Extent	4 Great Extent	5 Very Great Extent	DK Don't Know		

	agency trained together? For example, are community mental health staff and educational staff trained together around service delivery issues?						
	1 Not at All	2 Slight Extent	3 Moderate Extent	4 Great Extent	5 Very Great Extent	DK Don't Know	
D.	To what extent a juvenile justice, child-serving sta	for example) tra	ined together	? That is, are tr	•	d welfare and ons held so that all	
	1 Not at All	2 Slight Extent	3 Moderate Extent	4 Great Extent	5 Very Great Extent	DK Don't Know	
12	. Performance N	Measurement S	ystem				
acc sys pro	Are you aware o	rticularly progress larly collecting delivered by the f where your se	ss towards pre-cata on the level programs (out	established goals l and type of proputs), and the re- meeting its goa t interfere with	. Performance gram/activitie sults of these	e measurement es (process), the direct activities (outcomes).	
	1 Yes		2 No	DK Don't Knov	V		
В.	Are decisions ab	out the perform	ance measure	ment system ma	nde locally (ci	ity or county level)?	
	1 Yes		2 No	DK Don't Knov	v		
C.	To what extent of matters"?	lo you believe th	at performan	ce measuremen	t system mea	sures "what really	
	1 Not at All	2 Slight Extent	3 Moderate Extent	4 Great Extent	5 Very Great Extent	DK Don't Know	

C. To what extent are staff from the education agency and the local behavioral health

	stakeholders (parents, community leaders, program directors, service providers)?								
	1 Not at All	2 Slight Extent	3 Moderate Extent	4 Great Extent	5 Very Great Extent	DK Don't Know			
Е.		•				ount aspects of en with behavioral			
	1 Not at All	2 Slight Extent	3 Moderate Extent	4 Great Extent	5 Very Great Extent	DK Don't Know			
13	. Provider Acco	untability							
	_	for providers is ti ily-responsive ou	-	formance so that	incentives ha	ve been created for			
Α.	Is there a way in providers?	for assessing (eva	lluating) fami	lies' and/or you	th's satisfacti	on with individual			
	1		2	DK					
	Yes		No	Don't Know	V				
В.		ack mechanism ( iders (satisfaction				ormance of			
	1		2	DK					
	Yes		No	Don't Know	V				
C.	Is there a feedb	ack mechanism t ts?	o inform prov	riders about per	formance (re	port card) with			
	1		2	DK					
	Yes		No	Don't Knov	V				
D.		nunity assess pro erformance-base			de incentives	for effective			
	1		2	DK					
	Yes		No	Don't Know	v				

D. To what extent is the performance measurement system information provided to diverse

14.	Manag	gement and	Governance
-----	-------	------------	------------

**Definition**: **Management and governance** refer to decision-making individuals and groups that are responsible for maintaining the system's values, principles, goals, and strategies. They use data and stakeholder input to manage and continuously strengthen and improve the system.

A.	How often is there a clear and efficient decision-making process regarding policy developme	nt
	and how funding and resources are used?	

1	2	3	4	5	DK
Never/	Rarely	Occasionally	Frequently	Always/Almost	Don't Know
Almost Never				Always	

**B.** How often is there a clear and efficient decision-making process regarding how to create treatment plans for individual children and families?

1	2	3	4	5	DK
Never/	Rarely	Occasionally	Frequently	Always/Almost	Don't Know
Almost Never				Always	

C. How often does decision-making regarding policy development and resources allocation include multiple service systems (mental health, juvenile justice, special education, child welfare, substance use, primary health)?

1	2	3	4	5	DK
Never/	Rarely	Occasionally	Frequently	Always/Almost	Don't Know
Almost Never				Always	

**D.** How often does decision-making regarding treatment plans for individual children and families include multiple service systems (mental health, juvenile justice, special education, child welfare, substance use, primary healthcare)?

```
1 2 3 4 5 DK
Never/ Rarely Occasionally Frequently Always/Almost Don't Know
Almost Never Always
```

## 15. General System Performance

<b>A.</b>	Do you have regular access to reports that present data and information on how many children/adolescents enter the system and are served each year?							
	1		2	DK				
	Yes		No	Don't Kno	w			
В.			o reports that pre ceive, and what th			garding who is		
	1		2	DK				
	Yes		No	Don't Kno	w			
C.	Please rate he for needed ca	-	mmunity does in t	erms of makin	ng it easy to get	an appointment		
	1	2	3	4	5	DK		
	Poor	Somewhat Poor	Neither Poor nor Excellent	Somewhat Excellent	Excellent	Don't Know		
D.	Please rate h	ow well your co	mmunity does in t	erms of provid	ling care that	works?		
	1	2	3	4	5	DK		
	Poor	Somewhat Poor	Neither Poor nor Excellent	Somewhat Excellent	Excellent	Don't Know		
Е.		ow well your co al/language grou	mmunity does in t ips.	erms of provid	ling care that v	works for diverse		
	1	2	3	4	5	DK		
	Poor	Somewhat Poor	Neither Poor nor Excellent	Somewhat Excellent	Excellent	Don't Know		
F.		ow well your conficence of concern that re	mmunity does in t eceives services.	erms of provin	ng outcomes fo	r the local		
	1	2	3	4	5	DK		
	Poor	Somewhat Poor	Neither Poor nor Excellent	Somewhat Excellent	Excellent	Don't Know		

## THANK YOU FOR COMPLETING THE SURVEY ABOUT YOUR CHILDREN'S MENTAL HEALTH SYSTEM.

We know that standardized surveys often do not capture some of the unique aspects of some community's service systems. We would be interested in any comments you might have about your system that you think we might have overlooked; or that you think we should know about to better understand your community's system; or for that matter, any thoughts you might have about the survey you just completed.

Please write	Please write comments in the space below.						

Results from this survey will be posted on the Indiana Family & Social Services,
Division of Mental Health Addiction website by March 2017,
<a href="http://www.in.gov/fssa/dmha/index.htm">http://www.in.gov/fssa/dmha/index.htm</a>

If you would like more information about how to get involved in Indiana's local or state Systems of Care, please contact:

Lisa Stewart (<u>Lisa.Stewart@fssa.IN.gov</u>) or Josh Sprunger (<u>jsprunger@namiindiana.org</u>)