

Mental Health Awareness Month Art Exhibition Submission Form

2025 - The Eight Dimensions of Wellness

The Wellness Model consists of eight dimensions: emotional, physical, occupational, social, spiritual, intellectual, environmental, and financial. Create a piece of artwork that personally reflects one or more of the dimensions. This artwork can be of any medium however must be submitted electronically (AI art will not be accepted). Your artwork will support the conversation about mental and emotional wellness and you will have the chance to receive a cash award.

Artist Name			
Artist Age			
Artist City & State			
Artist Email			
Artist Phone Number			
Artist Age Category	<i>Middle-School Age</i>		
	<i>High-School Age</i>		
	<i>Young Adult (post high school up to 29)</i>		
	<i>Adult (30-54)</i>		
	<i>Older Adults (55+)</i>		
Art Medium			
Title of Piece			
Wellness Dimension			
Mental Health Supporter			
Mental Health Supporter Email			

Submitted artwork may be displayed in promotional materials. Due to the subject sensitivity, please sign below indicating your consent for your name and/or likeness to be used. A parent/legal guardian signature is required for anyone under 18 years old who does not wish to remain anonymous.

Artist Signature	
Legal Guardian Signature	
Legal Guardian Name	
Relationship to the Artist	

If multiple individuals are shown in a submission, please submit an additional document providing their names, ages, and signatures (including legal guardian name/signature for each individual under 18 years old) to ensure consent of all parties involved. Submissions that do not include all needed documentation will have points deducted from the overall score.

Your art will be anonymously evaluated by a panel of employees from the Division of Mental Health and Addiction. Artist award notifications will be communicated via the email address provided for the artist and mental health supporter. Only one submission from each participant will be accepted. All submissions due no later than **5pm EST on April 18, 2025**.

Ensure your responses are correct and accurate prior to submission. In addition to this form, you will need to submit a digital representation of your artwork and any other needed documentation. Email required items to DMHAMentalHealthArt@outlook.com. When submitting art via email, please limit the file size to no more than 20 megabytes (MB). Otherwise, please use a file sharing service, such as Google Drive.