Sparking Recovery in a Rural Community

Safe Haven Recovery Engagement Center
Out of Tragedy...Rises Hope
Orange County

Population: 19,489
Median Household Income: $42,803
Persons in poverty: 14.4%
THE TIPPING POINT

• Moment of critical mass, threshold, boiling point.
• * 3 Factors:
  • Contagiousness
  • Little causes have big effects
  • Change can happen not gradually, but in one dramatic moment
• Book: Tipping Point:
  • The world may seem like an immovable place. It is not. With the slightest push - in just the right place - it can be tipped.
The tipping point for Orange County
So how do you start a recovery movement in a rural county?

- Couch Conversation
- Research
- More research
- Visiting other centers
- Create a mission and vision
- Create a board
- Raise awareness
- Smash through roadblocks
- Continue to grow
Recovery Engagement Centers and other models

Visiting other centers
A shut down medical clinic owned by SICHC, the local doctor’s office

Must be utilized for a community purpose

Connected to the community garden

Two stories, space for meetings

Low cost
Creating our board and business plan

Mission Statement: To offer a safe haven and support for addicts and their families

Vision Statement: to share one’s experience, strength, and hope with anyone touched by addiction

THANKFUL FOR MY SAFE HAVEN CREW ♥
The original board of Safe Haven

Left to Right: Josh Graves, Carrie Graves, Kim Stroud, Tessa Higgs, Brittany Stout, Sherrie Anderson, Rhonda Orr, Rebekah Berry
Raising awareness

- Notification of the Commissioners, Council, Town Boards, and community members.
- Community announcement event
Stakeholders
The Zoning Issue

BZA rejects Safe Haven application

By Tim Thome tthone@ocpnews.com  Oct 17, 2018  📈
Challenges facing a rural community

- Limited funding due to statistics
- No support at the criminal or political level
- No physical location to go to
- No large organization backing us up
- Limited resources in a rural setting
- Difficulty asking for help due to how small of a community we are: everybody knows everybody
## Substance Abuse in Orange County and Indiana

### Orange County

<table>
<thead>
<tr>
<th>Measure</th>
<th>per 100,000</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nonfatal ED Overdoses</td>
<td>32.4 (2017)</td>
</tr>
<tr>
<td>Opioid Rxs</td>
<td>87</td>
</tr>
<tr>
<td>Substance Abuse Treatment</td>
<td>658.8</td>
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</tbody>
</table>

### Indiana

<table>
<thead>
<tr>
<th>Measure</th>
<th>per 100,000</th>
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</thead>
<tbody>
<tr>
<td>Nonfatal ED Overdoses</td>
<td>36.9 (2017)</td>
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<tr>
<td>Opioid Rxs</td>
<td>73</td>
</tr>
<tr>
<td>Substance Abuse Treatment</td>
<td>590.9</td>
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CountyHealthRankings.com  
ww.in.gov/recovery/1054.htm
## Substance Abuse Data for Orange County

<table>
<thead>
<tr>
<th>Orange County</th>
<th>Indiana</th>
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</thead>
<tbody>
<tr>
<td>Alcohol related driving deaths</td>
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</tr>
<tr>
<td>27% (CountyHealthRankings)</td>
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</tr>
<tr>
<td>5.1/100,000</td>
<td>3.5/100,000</td>
</tr>
<tr>
<td>&lt;5 cases</td>
<td>1.9/100,000</td>
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<tr>
<td>Hep C, Chronic 2015</td>
<td>Hep C, Chronic 2015</td>
</tr>
<tr>
<td>54.7/100,000</td>
<td>90.8/100,000</td>
</tr>
<tr>
<td>HIV New Cases 2015</td>
<td>HIV New Cases 2015</td>
</tr>
<tr>
<td>&lt;5 cases</td>
<td>8/100,000</td>
</tr>
<tr>
<td>91.8/100,000</td>
<td>176.7/100,000</td>
</tr>
<tr>
<td>10.1/100,000</td>
<td>12.5/100,000</td>
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</table>
## Opiate Deaths in Orange County

<table>
<thead>
<tr>
<th>Orange County Indiana</th>
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<tbody>
<tr>
<td>&lt;5/100,000 (2017)</td>
<td>17.1/100,000 (2017)</td>
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<table>
<thead>
<tr>
<th>Naloxone per 10,000 residents</th>
<th>Orange County, Indiana</th>
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<th>Indiana</th>
</tr>
</thead>
</table>

While these are considered insignificant statistically...there are NOT to this small, close-knit, rural community.

www.in.gov/recovery/1054.htm
Local Data for Orange County

- Orange County does not have drug court: 4/5 of our surrounding counties DO
- Mental Health provider to patient ratio is 2430:1
- Local factory: 880 W2s dispensed for 150 positions
- SICHC: 30% of pregnant moms with a positive drug screen
- No MAT providers in Orange County (prior to end of 2018)
- IU Health Paoli Community Needs Assessment 2018:
  - Substance abuse identified as #1 significant health need by the community (previously identified as #3 in 2015)
  - Premature Death County ranking: 81st in 2018, versus 62nd in 2015
  - Suicide deaths rate per 100,000: 29.1 versus Indiana’s 15.4
Subtle hints at a bigger problem

The Paoli Wastewater Utility has noted a dramatic increase of the presence of disposable syringes in the Town’s wastewater collection and treatment systems. Utility workers often have to repair pipes, removes clogs, and work on equipment in these systems. Even with the proper protective equipment, syringes present a very dangerous hazard for these utility workers. Please DO NOT FLUSH SYRINGES down the drain!! ANNOUNCEMENT DECEMBER 2018

Coroner: Orange County Boy, 3, Died From A Methadone Overdose

By ASSOCIATED PRESS
Posted January 29, 2019

In 3 months monitoring arrests published in the local paper, 67% were drug related charges AUG-OCT 2018

Local Playgrounds being locked over the summer due to needles on the ground Started in 2016
February 1st, 2019
Grand Opening
Access to care

- Hours: Completely volunteer run
- Monday, Tuesday, Wednesday: 10-2
- Friday 5-9pm
- Sunday 1-4 pm
- Phone access 7 days per week 6a-10p with rotation of call coverage among volunteers
- All access and resources are offered free to the public
What we have been up to since opening our doors
Fundraising and Educational Events
2019 Butterfly Release
Annual recovery month celebration
Funding
Who we are now

- Social events
- Policy reform
- Networking and collaboration
  - Lifeskills Classes
  - Family support
  - Harm Reduction
- Community Education
  - Stigma Reduction
- Treatment Referrals
- Social service support
  - Meeting Space
  - Safe Space
Social Events
Networking and collaboration
Recovery Community Organization Bootcamp

- Hosted by Faces and Voices of Recovery and Indiana Addiction Issues Coalition
- Community members from 3 different counties came together to discuss starting recovery movements in their counties.
Lifeskills classes

- Cover Start Up Cost
- Space Availability.
- Paying bills, cooking, finances, opening a bank account, working with others, advancing your career
Family support

- OCCF grant to develop a family support event
- Starting in November 2019
- Educational and Peer support
- Large community event with education and resource give aways
Overdose Prevention and Harm Reduction
It’s a disease.

#KnowTheOFacts

Community Education
Stigma reduction

Speaking of enablers.... The Safe Haven junkie enabling center has a class on how to 'safely' use heroin....

Safe ways to use? Are you fucking retarded?? This is exactly why most people did NOT want safe haven in Paoli! How about you show people safe ways to drive drunk while you are at it! Smfh! Sounds like it's a 'safe place' for people to do drugs.....
Treatment referrals

- Intake
- OpenBeds Platform
- Transport
- Our own database of treatment providers for the entire state
- Safe Haven pays for entry fees if affordable
Social services support

- Food
- Housing
- Employment and Education Training
- Transportation
- Pregnancy Support
Meeting
Space
Safe Space
Impact

200+ people have been served at Safe Haven

35 people placed into treatment

25 have utilized the safe space

36 phone calls for referrals

16 tested for HIV/Hep C for free

30 for access to social services
Where do we go from here?

- Our own building
- Lifeskills classes
- Increased access
- Paid recovery coach
- Grant funding
- TI-ROSC
- Oxford Home
Orange County: Prime Real Estate!

Purple: Residential Treatment
Red: OTP
Orange: MAT
Yellow: Sober Living
Suggestions for others

- DON’T GIVE UP!
- The squeaky wheel gets the grease
- Educate, educate, educate
- Ask for help
- Don’t reinvent the wheel

The wheel that squeaks the loudest is the one that gets the grease.

~ Josh Billings
Contact information

Safe Haven Recovery Engagement Center
308 S Oak St. Paoli, IN 47454
Safehavenrec.com
safehavenrec@gmail.com
812-653-0128
Brittany Stout: bstout16@Hotmail.com
Josh Graves: jgraves30@gmail.com