Adult Mental Health Habilitation Program (AMHH)

What is AMHH?
AMHH is a program to help people with serious mental illnesses. We want to help support your recovery so that you can have the best possible life while living in your community.

What’s the difference between habilitation and rehabilitation?
Habilitation can help you gain, maintain or improve your skills so that you are successful. Rehabilitation helps you regain skills you had at one time.

How can it benefit me?
AMHH offers a variety of services that can support your recovery such as a Certified Recovery Specialist (CRS). You can also receive Therapy, Behavioral Support and Addiction Counseling services. In addition to Case Management, Care Coordination and help with your Medication needs, AMHH can also assist in providing Respite Care Services to guardians and family members who help you. Other benefits include: Adult Day Services that can help with healthy living and social activities and Supported Community Engagement such as volunteering or community service.

What if I already have some of these services?
You may already be enrolled in a program that offers many of these services but AMHH also offers benefits that other programs do not, such as Respite services to help your guardian or family members who support you, assistance in helping you become involved in your Community through volunteerism and community service, and Adult Day Services support. You can always switch back if AMHH is not the best fit for your needs.

Am I eligible?
If you are 35 years or older, enrolled in an eligible Medicaid program and have a qualifying mental health diagnosis, you may be eligible! There are additional requirements, but this is a good start.

Whom do I contact?
If you are currently receiving services through a Community Mental Health Center (CMHC), you can ask your provider for additional information. If you are not currently involved with a CMHC but think you may qualify, then please contact your local Community Mental Health Center or you can contact the Division of Mental Health and Addiction at 317-232-7800. You can also visit the website at https://www.in.gov/fssa/dmha/3102.htm.

“I just want to enjoy my life and be the best me I can be!”

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