Division of Mental Health and Addiction

Adult Mental Health Habilitation Program

What is AMHH?

AMHH is an option for consumers with long-term behavioral health needs who may benefit more from a habilitative approach to treatment rather than a traditional rehabilitative approach.

What's the difference between habilitation and rehabilitation?

Habilitation can help you gain, maintain or improve your skills so that you are successful. Rehabilitation helps you regain skills you had at one time.

How can it benefit me?

The AMHH program is a package of specialized services to help meet the habilitative goals of consumers with long-term behavioral health needs. The services are similar to other programs that offer skills training, therapy, medication support, case management and other services. However, they are specialized in their design to help individuals maintain and sustain their current level of functioning in an attempt to avoid a reduction in functioning level. AMHH services also provide training and support for family members, friends and other unpaid caregivers.

What if I already have some of these services?

You may already be enrolled in a program that offers many of these services but AMHH also offers benefits that other programs do not, such as respite services to help your guardian or family members who support you, assistance in helping you become involved in your community through volunteerism and community service, and Adult Day Services support. You can always switch back if AMHH is not the best fit for your needs.

Am I eligible?

If you are 19 years or older, enrolled in an eligible Medicaid program, live in a community-based setting and have a qualifying mental health diagnosis, you may be eligible! There are additional requirements but this is a good start.

Whom do I contact?

If you are currently receiving services through a Community Mental Health Center, you can ask your provider for additional information. If you are not currently involved with a CMHC but think you may qualify, then please contact your local Community Mental Health Center or contact the Division of Mental Health and Addiction at **317-232-7800**. You can also visit the website at **www.in.gov/fssa/dmha/mental-health-services/adult-1915i-programs**.



State of Indiana
Family and Social Services Administration
402 W. WASHINGTON ST., ROOM W353
INDIANAPOLIS, IN 46204-2739
www.fssa.IN.gov

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