

Tuesday, September 25, 2018

Time	Activity	Speaker/Session Title	Description
7:45 am – 4:15 pm	Registration		
8:30 am – 9:00 am	Welcome	Kevin Moore Director/Division of Mental Health and Addiction (DMHA)	
9:00 am – 10:15 am	Plenary	Tim Grove, MSSW	Tim has more than 20 years of professional experience in a variety of direct care and administrative positions, including in-home services, foster care, treatment foster care, residential treatment, child welfare, community-based services, quality improvement and staff development. He is responsible for the implementation of SaintA's trauma informed care philosophy and practice, and creating the trauma informed care training curriculum, which centers around the "Seven Essential Ingredients (7ei)" definition for how best to understand and implement trauma informed care.
10:15 am – 10:30 am	Break		
10:30 am – 12 pm	Power Session 1	Randy Evans, LAC, CADAC II How to 10-90 Life: Using REBT Skills in a Recovery Lifestyle	Rational Emotive Behavioral Therapy and other forms of CBT are widely used in evidenced-based addiction treatment facilities across the country. This workshop will introduce the basics of REBT and use the analogy of computers to help clients understand how their thoughts and beliefs energize their high-risk emotions and cravings. To begin to recognize that life is "10% of what happens to us, and 90% of how we

			respond to it” is a powerful tool clients in recovery can use in daily life experiences which trigger their urge to relapse.
		<p>Ashley Collins, MSW, LSW Judge Mary Ellen Diekhoff Jail Commander Colonel Sam Crowe Probation Supervisor Susan Allen Recovery Coaches: Sarah Robertson, Ben James, Kim Enochs</p> <p>90 Day Re-Entry Program in Jail and Community</p>	A description of the framework of the New Beginnings program going on in the Monroe County Jail as well as how the clients are assisted into services upon their reentry will be provided through a Powerpoint presentation. I will have a panel of partners who help make the program possible-judge, probation, jail commander, facilitator, and participants. The panel will be able to provide answers to questions about how we make this program work in our community, the positive outcomes, and the challenges as we have implemented and grown this program.
		<p>Amy Brinkley:</p> <p>BRSS TACS Policy Academy 2018: Youth Peer Support</p>	
		<p>Deborah Hudson Kayla Hsu, MPH, CHES®, TTS:</p> <p>Mental Health and Addiction: Let’s Not Forget about Tobacco</p>	Patients have often been asked the question, “Do you smoke?”, during a healthcare visit at some point in their lifetime. Fewer patients are asked about their tobacco use beyond this initial question that many professionals deem as a “tobacco screening”. Those that suffer from a mental health or substance use disorder have a disproportionately high rate of smoking- consuming nearly 40% of all cigarettes smoked by adults in the United States. This session will review Tobacco Use Disorder and its relationship with mental health issues and substance use disorders. Participants will learn how to move beyond basic screening questions and how to implement evidence-based tobacco treatment strategies to

			properly address tobacco addiction and support patient recovery.
		Tony Toomer, MBS, MSW, LSW Medication Assisted Treatment	Medication-assisted treatment (MAT), including opioid treatment programs (OTPs), combines behavioral therapy and medications to treat substance use disorders. Medications, when used in combination with counseling and behavioral therapies, provide a whole-patient approach to the treatment of opioid dependency to help people reduce or quit their use of heroin or other opiates.
		Zachary Adams, PhD, HSPP Adolescent Substance Use Disorder Treatment: What's the Latest?	Dr. Adams will present an update on diagnosis and outpatient treatment of adolescents with substance use disorders. He will focus on the delivery of ENCOMPASS, an evidence-based treatment program for teens who struggle with co-occurring substance use and mental health disorders. Delivery of treatment via telemedicine will also be addressed. The presentation is appropriate for clinicians and non-clinicians alike.
12 pm – 12:15 pm	Bailey Award Presentation		
12:15 pm – 1:30 pm	Lunch	Justin Luke Riley, MBA Luncheon Keynote Speaker	Justin Luke Riley serves as President & CEO of Young People in Recovery (YPR). Riley is 30 years-old and has been in long-term recovery from a substance use disorder since 2007. He graduated cum laude from the Honors & Leadership Program at the University of Colorado at Denver in 2013 and recently completed his Executive MBA at the University of Colorado. He is a former organizational development consultant and a youth and community engagement pastor in Denver; former secretary of the board of Faces & Voices of Recovery in Washington, DC; and past president of the board of Advocates for Recovery in Denver. He is also a White House

			Champion of Change award recipient. Most recently, Riley was featured as 1 of the 4 Social Entrepreneurs Advancing The Nationwide Recovery Movement in Forbes. He also sits on the National Advisory Council for the Substance Abuse Mental Health Administration and the Executive Committee for the Coalition to Stop Opioid Overdose.
1:30 pm – 2:00 pm	Plenary	Jim McClelland Indiana Executive Director for Drug Prevention, Treatment and Enforcement	Next Level Recovery
2:00 pm – 2:45 pm	Plenary	Tony Toomer Opioid Treatment Program Manager/DMHA	Know the O – Language Matters
2:45 pm – 3:00 pm	Break		
3:00pm – 4:30 pm	Power Session 2	John Mess, MS, LCAC, New Frontiers in Addictions Research: Screening & Treatments Based On Brain Research, Genomics and Artificial Intelligence	This lecture is aimed at addictions professionals who are interested in how cutting edge research advances are changing the nature of understanding addictive disorders and their treatment. The lecture does a light review of the nature of current addiction approaches, the science behind it, then examines new research findings and how these are used to inform and develop new treatment models.
		Sheriff David Reynolds, Jay Birky, Porter County's Approach to its Opioid Epidemic	Heroin video produced by the Porter County Sheriff's Office focusing on education and prevention. This second video highlights the challenge for law enforcement, the emergence of fentanyl, and the fact that it's not just a Porter County crisis, but a national crisis; the need for the community, not just law enforcement, to respond in order to reach a solution;

			and, highlights the need for parents to take accountability and responsibility. What is law enforcement in Porter County doing? This presentation will include the HORT initiative where patrol investigates all overdoses as crime scenes. A PowerPoint presentation will include our work with DEA, highlighting charts of dealers and the impact overdoses are having not only in Porter County, but in Northwest Indiana.
		<p>Abigail Howard, M.S., PhD Connie Kerrigan, RN, BSN, MBA</p> <p>Peer Recovery Coaches: Hope, Support, and Recovery Found in Emergency Departments</p>	This project highlights the successes and challenges of implementing Peer Recovery Coaches into emergency departments (EDs) as a first line of treatment for those with a substance use disorder (SUD). Peer Recovery Coaches serve to share their personal story of strength and recovery, as well as, link people to treatment resources in our community. They follow people from the ED to their first treatment appointment, help people become insured, and offer friendship and mentorship, just to name a few services provided. We saw staff within our Eds become more compassionate with patients struggling with a SUD and staff noted that clinical treatment options alone may not be able to bring about change in someone's life but the role-modeling of a Peer Recovery Specialists combined with clinical treatment might.
		<p>Lauran Canady, MSW, LCSW</p> <p>A Culture of Zero Suicide</p>	This presentation includes the agency's strategies around creating a Culture of Zero Suicide for all clients that we serve, agency trainings and practices, the clinical intervention provided for our clients, successes and challenges of being a Zero Suicide agency, and next steps as program continues to grow.
		<p>Shannon Schumacher, MSW, LSW, LCAC</p>	The state of Indiana has been hit particularly hard by the opiate epidemic. In 2016, the waitlist for children in need of

		<p>Rachel Halleck, MA, LMHC, LAC</p> <p>Fresh Start – An Innovative and Family-focused Approach to Addiction Treatment</p>	<p>foster care placement increased dramatically to 23,000 children waiting for a home. More than half of these children have been removed due to the addiction crisis in the state.</p> <p>In response to this dramatic need, Volunteers of America, Indiana worked in collaboration with the Department of Child Services to open the Fresh Start Recovery Center. This program is an innovative treatment approach that allows children to live with their mother during the mother’s treatment rather than having to be removed from the family and placed onto the foster care waitlist.</p> <p>The program employs a holistic approach to treatment that includes addictions recovery, connection with Medication-Assisted Treatment, mental health treatment, and around-the-clock in vivo parenting training.</p> <p>This program boasts a successful completion rate nearly double the national average, a dramatic decrease in infants born with Neonatal Abstinence Syndrome, and shortened maternal involvement with the child welfare system. Attendees will learn about the catastrophic effects of Neonatal Abstinence Syndrome as well as the development, implementation, and evaluation of this innovative and effective intervention.</p>
		<p>Rachelle Gardner, MA, LCAC</p> <p>How Recovery High Schools and Alternative Peer Groups Help Young People in Recovery</p>	<p>This is a panel discussion presented Hope Academy and Transforming Adolescents & Families in Indiana APG. The panelist will be the leaders of Hope Academy and Transforming Adolescents and Families in Indiana as well as peer specialist from each program.</p>

Wednesday, September 26, 2018

Time	Activity	Speaker/Session Title	Description
7:45 am – 4:15 pm	Registration		
8:30 am – 9:00 am	Welcome	Dr. Jennifer Walthall Secretary/Indiana Family and Social Services Administration	
9:00 am – 10:15 am	Plenary	Tim Ryan: A Man in Recovery	A tireless advocate for long-term recovery, Tim Ryan is no stranger to addiction – including heroin, cocaine, and alcohol. Despite a successful business career, Tim found himself in the grips of heroin and, ultimately, was sentenced to seven years in prison for a number of drug-related convictions. Tim got clean and sober behind bars and was released in just 14 months. Six months after his release, tragedy struck. His 20-year-old son, Nick – for whom Tim had paved the way to use deadly

			<p>drugs – died tragically from an overdose. Attempting to get beyond the devastation and heartbreak, Tim used Nick’s death as the inspiration to spread a message of hope and recovery to others, believing that if even one addict or one family could be spared the horrors of the disease of addiction, he would be making a difference.</p>
10:15 am – 10:30 am	Break		
10:30 am – 12 pm	Power Session 3	<p>Beth Kreitl, LMHC, RYT, Y12SR</p> <p>But What About the Body? – Integrating Mind and Body into Recovery</p>	<p>This interactive, hands-on workshop will invite participants to discover the role of mindfulness-based practices in recovery. We will explore the need and benefits for integrating mind-body experiences in the recovery journey, as well as develop a practical toolkit for immediate application in working with clients. Participants will also develop their own mind-body home practices to promote self-care and sustainability.</p>
		<p>Melissa Wilkinson-Ritter, MSW, LSW Kelsey Watterson, BA Brian Meyer, MSW, LSW Kelly Brown, BS, NCAC-II Melissa Thompson, CAPRC</p> <p>Can Predictions of Recidivism Rates Be Used to Increase the Likelihood of Success?: Using Assessments to Tailor Reentry Services</p>	<p>The purpose of the EMERGE program is to help ex-offenders reenter their communities and maintain their sobriety from drugs and alcohol in six rural southern Indiana counties. This presentation will include an overview of the scope and need for this program in the target area and the services the program provides to its clients. Preliminary results from the program’s first year will be presented. A tutorial of the program’s Risk, Needs, and Responsivity (RNR) Tool, which is used to predict an individual’s likelihood of success and recidivism based upon assessment results, will also be provided along with how program staff use these predictions and the results of other evaluation measures to tailor treatment.</p>

		<p>Paul Conrad, B.S., CCHW-CT Kurt Shipley, MBA, CCHW-CT, CCP</p> <p>The Role of Community Health Worker (CHW)- Chronic Care Professionals(CCP); how they can affect those in Treatment And Recovery as it relates to Chronic Illness.</p>	<p>This presentation is designed to educate attendees on the benefits of using Community Health Workers and Community Health Worker Certified Recovery Specialists, who have also been trained as Chronic Care Professionals to positively impact the lives of those in recovery. We will discuss how chronic conditions adversely affect mental health and treatment and recovery, and how CHWs and CHWCRSs who are trained as CCP health coaches can positively impact outcomes for this population. This presentation will also discuss process on becoming dually certified as a CHW/CCP</p>
		<p>Rev. Janet Jacobs, CCGSO:</p> <p>Faith Communities: Creating Recovery Ministries</p>	<p>One out of four individuals sitting in the pew has a family member struggling with mental health/addiction issues. Faith communities can play a key role in opening the door to recovery to those directly impacted and to their family members and friends. Covered will be practical ways that a faith community can form recovery support including the various forms of outreach, real-life examples, and a check-list that outlines the steps to take in creating recovery ministries. A host of handouts detailing tried-and-true resources and methods will be provided for take-home do-ability.</p>
		<p>Kristen Kelley, Kaitlyn Reho, MPH, MATS</p> <p>Project ECHO: Tele-mentoring Program for the treatment of Opioid Use Disorder</p>	<p>This session will highlight how health care providers and community health workers/peer recovery coaches can get involved in the Opioid Use Disorder TeleECHO clinics. Providers will be able to gain a better understanding of the best practices associated with OUD treatment, including the use of Medicated Assisted Treatment. Each session will contain a didactic on a specific topic but the majority of the clinic will be learning through case</p>

			presentations by the participants. Through Project ECHO, providers will acquire new skills and competencies. They become part of a community of practice and learning, increasing their professional satisfaction while the feelings of professional isolation decrease.
		<p>Susan Elsworth:</p> <p>Leading Children to Recovery</p>	This interactive presentation will guide participants through slides and discussion for the purpose of considering how to engage children in recovery. Exposure to substances and alcohol can be traumatic for children. As caregivers, providers and educators we can assist children in the recovery process by approaching through the lens of trauma.
		<p>Tony Toomer, MBS, MSW, LSW</p> <p>Indiana Opioid Treatment Programs – OTPs</p>	This workshop will be a panel of Program Directors from some of Indiana’s Opioid Treatment Centers. Learn about the network of outpatient providers that offer an array of medically supervised medication assisted treatment options for those who wish to overcome an addiction to or dependence upon opioids. Indiana OTPs have experienced and professional staff that are comprised of doctors, nurses, and counselors who work with clients to determine the most appropriate dosage of any medication prescribed and any additional therapeutic interventions that will further the recovery process such as individual and group therapy.