



Smart SNAP: Healthy Choices, Stronger Hoosiers

The Supplemental Nutrition Assistance Program provides food assistance to low- and no-income individuals and families. USDA is empowering states with waivers that restrict the purchase of non-nutritious items like soda and candy. These waivers are a key step in ensuring that taxpayer dollars provide nutritious options that improve health outcomes within SNAP.












**Division of
Family Resources**

This information applies to
retailers located in Indiana.

Definition: Sugary drinks

Non-alcoholic beverages that contain natural or artificial sweeteners. The term does not include beverages that contain milk or milk products, soy, rice or similar milk substitutes, or are exclusively naturally sweetened using natural vegetable and/or fruit juice.

Can it be purchased with SNAP benefits?*

Yes	No	Item
Y		Pediatric electrolyte drinks 
Y		Fruit juice 
Y		Unsweetened water 
Y		Unsweetened ice tea 
	N	Sweetened ice tea 
	N	Water mixed with sweeteners 
	N	Sports drinks 
	N	Soda pop 
	N	Energy drinks 

*Not an exhaustive list.

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