

POLICY: Aversive Techniques

POLICY STATEMENT: It is the policy of the Bureau of Developmental Disabilities Services (BDDS) that aversive techniques shall not be used to support individuals receiving waiver funded services.

DETAILED POLICY STATEMENT:

Aversive techniques intended to cause pain or other unpleasant sensation shall not be used to support individuals receiving waiver funded services. Examples of aversive techniques include but are not limited to:

1. Contingent exercise
2. Contingent noxious stimulation
3. Corporal punishment
4. Negative practice
5. Overcorrection
6. Seclusion
7. Visual or facial screening
8. Any other technique that:
 1. incorporates the use of painful or noxious stimuli;
 2. incorporates denial of any health related necessity; or
 3. degrades the dignity of an Individual.

DEFINITIONS

“BDDS” means Bureau of Developmental Disabilities Services as created under IC 12-11-1.1-1.

“Contingent exercise” means required physical exercise after the occurrence of an unwanted behavior;

“Contingent noxious stimulation” means administration of an unpleasant sensory agent following the occurrence of an unwanted behavior, directed at any of the following:

- a. sight;
- b. hearing;
- c. touch;
- d. smell;
- e. taste.

“Corporal punishment” means intentional infliction of pain as a consequence of an unwanted behavior;

“Negative practice” means required practice of an unwanted behavior for an extended period of time;

“Overcorrection” means the repetition of appropriate behavior after the occurrence of an unwanted behavior;

“Seclusion” means involuntary placement in a room or area alone, from which exit is prohibited;

“Visual or facial screening” means the placement of a cloth or other material over the face and eyes blocking view of the environment;

REFERENCES

IC 12-9-2-3

IC 12-11-1.1-1

Approved by: Julia Holloway, DDRS Director

A handwritten signature in black ink that reads "Julia Holloway". The signature is written in a cursive style with a large, looping initial 'J'.