



Eric Holcomb, Governor  
State of Indiana

***Division of Aging***  
MS 21, 402 W. WASHINGTON STREET, P.O. BOX 7083  
INDIANAPOLIS, IN 46207-7083  
TOLL FREE: 1-888-673-0002  
FAX: 317-232-7867

## Malnutrition Awareness Week is Sept. 19-23!

Please join the Division of Aging in recognizing the American Society for Parenteral and Enteral Nutrition's Malnutrition Awareness Week™, Sept. 19-23, 2022.

Malnutrition is a serious health concern—especially for older adults. It can increase their risk of falls and infections, contribute to slow healing, result in longer hospital stays, and even increase the risk of death.

The goal of Malnutrition Awareness Week is to educate healthcare professionals on early detection, prevention, and treatment of malnutrition; educate consumers/patients to discuss their nutrition status with healthcare professionals; and to increase awareness of nutrition's role on patient recovery.

This Malnutrition Awareness Week, the Division of Aging asks you to look carefully at the older adults in your life for the warning signs they may be malnourished.

Visit: [nutritioncare.org/KnowTheSigns](https://nutritioncare.org/KnowTheSigns) for nutrition guides which provide tips for nutrition and warning signs of malnutrition as well as other resources.

Division of Aging-funded programs provided nutritional support with over 6 million meals in 2021 through congregate and home delivered meal services. To learn more about meal programs in your area, [visit INconnectAlliance.org](https://INconnectAlliance.org) or call 1-800-713-9023 to be connected to your local [INconnect Alliance member](#).

