

Stir Fry Sauce – School Made

Group Code: Condiment Yield: 2 cups

Ingredients	Servings		Directions
	Weight	Measure	
Orange juice	-	1 cup	1. Whisk together orange juice, soy sauce, brown sugar, oil, garlic, ginger, and black pepper.
Soy sauce, low sodium	-	½ cup	
Brown sugar	-	½ cup	
Oil, vegetable	-	1 Tablespoon	
Garlic, granulated	-	1 Tablespoon, 1 teaspoon	
Ginger, ground	-	2 teaspoons	
Black pepper	-	1 teaspoon	
2. For quality, store at 41°F until ready to use.			

Nutrients Per 2 Cups					
Calories	752	Saturated Fat	3.58g	Iron	1.52mg
Protein	12.20g	Cholesterol	0.00	Calcium	114.69mg
Carbohydrate	166.70g	Vitamin A	154.1IU	Sodium	3529mg
Total Fat	14.05g (0 Trans)	Vitamin C	60mg	Dietary Fiber	.94g