***Standards Correlation Guidance***

***Grades PreK – 2***

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| **Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.** | |
| **Core Health Concepts** | |
| **Indiana Academic Standards 2017** | **Indiana Academic Standards 2010** |
| 2.1.1  Identify that healthy behaviors affect personal health. | K.1.1 Name healthy behaviors. |
| 1.1.1 Tell how healthy behaviors impact personal health and wellness. |
| 2.1.1 Identify that healthy behaviors affect personal health. |
| 2.1.2  Recognize that there are multiple dimensions of health. (emotional, intellectual, physical, and social health) | K.1.2 Identify that physical health is one dimension of health and wellness. |
| 1.1.2 Recognize that emotional health is one dimension of health. |
| 2.1.2 Recognize that there are multiple dimensions of health. |
| 2.1.3  Describe ways to prevent communicable diseases. | K.1.3 Tell ways to prevent the spread of germs. |
| 1.1.3. Explain personal behaviors to prevent communicable diseases. |
| 2.1.3 Describe ways to prevent communicable diseases. |
| 2.1.4  List ways to prevent common childhood injuries. | K.1.4 State behaviors to prevent or reduce childhood injuries. |
| 1.1.4. Identify places to play to prevent common childhood injuries. |
| 2.1.4 List ways to prevent common childhood injuries. |

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| **Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.** | |
| **Core Health Concepts** | |
| **Indiana Academic Standards 2017** | **Indiana Academic Standards 2010** |
| 2.1.5  Describe why it is important to have regular medical check ups. | K.1.5 Tell why it is important to be checked by a doctor or dentist. |
| 1.1.5 Explain why it is important to have regular medical checkups. |
| 2.1.5 Describe why it is important to seek health care. |

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| **Standard 2: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.** | |
| **Analyzing Influences** | |
| **Indiana Academic Standards 2017** | **Indiana Academic Standards 2010** |
| 2.1.5  Describe why it is important to have regular medical check ups. | K.2.1 Identify how the family influences personal health practices. |
| 1.2.1 Describe how the family influences personal health behaviors. |
| 2.2.1 Identify how the family influences personal health practices and behaviors. |
| 2.2.2  Identify what the school can do to support personal health practices and behaviors. | K.2.2   Recall what the school can do to support personal health practices. |
| 1.2.2 Recognize what the school can do to support personal health behaviors. |
| 2.2.2 Identify what the school can do to support personal health practices and behaviors. |

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| **Standard 2: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.** | |
| **Analyzing Influences** | |
| **Indiana Academic Standards 2017** | **Indiana Academic Standards 2010** |
| 2.2.2  Identify what the school can do to support personal health practices and behaviors. | K.2.3   State how the media influences behaviors. |
| 1.2.3 Identify how the media can influence health. |
| 2.2.3 Describe how the media can influence health behaviors. |

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| **Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.** | |
| **Accessing Resources** | |
| **Indiana Academic Standards 2017** | **Indiana Academic Standards 2010** |
| 2.3.1  Identify trusted adults who can help enhance health. | K.3.1 Name a person who can help promote health and wellness. |
| 1.3.1 Choose a professional who can help promote health and wellness. |
| 2.3.1. Identify trusted adults and professionals who can help promote health. |
| 2.3.2  Identify ways to locate school and community health helpers. | K.3.2 Name ways to locate a school helper for a health-related situation. |
| 1.3.2 List ways to locate a community helper for a health-related situation |
| 2.3.2 Identify ways to locate school and community health helpers. |

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| **Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.** | |
| **Communication Skills** | |
| **Indiana Academic Standards 2017** | **Indiana Academic Standards 2010** |
| 2.4.1  List verbal and nonverbal communication skills to enhance health. | K.4.1 Identify healthy ways to express needs. |
| 1.4.1 Describe healthy ways to express needs, wants and feelings. |
| 2.4.1 Demonstrate healthy ways to express needs, wants and feelings. |
| 2.4.2  Explain listening skills to enhance health. | K.4.2 State listening skills. |
| 1.4.2 Identify listening skills related to health. |
| 2.4.2 Demonstrate listening skills to enhance health. |
| 2.4.3  Identify healthy ways to express needs, wants, and feelings. | K.4.3 State ways to respond when in an unwanted situation. |
| 1.4.3 Identify ways to respond when in a threatening or dangerous situation |
| 2.4.3 Demonstrate ways to respond when in an unwanted, threatening or dangerous situation. |
| 2.4.4  List ways to treat people with kindness and respect. | K.4.4 State ways to tell a trusted adult if feeling threatened. |
| 1.4.4 Identify ways to tell a trusted adult if threatened or harmed by another person. |
| 2.4.4 Demonstrate ways to tell a trusted adult if threatened or harmed. |
| 2.4.5  Describe ways to respond in an unwanted, threatening, or dangerous situation. |  |
| 2.4.6  Explain situations why talking to a trusted adult is important. |  |

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| **Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.** | |
| **Communication Skills** | |
| **Indiana Academic Standards 2017** | **Indiana Academic Standards 2010** |
| 2.4.7  Identify nonviolent ways to manage or resolve conflict. |  |

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| **Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.** | |
| **Decision Making** | |
| **Indiana Academic Standards 2017** | **Indiana Academic Standards 2010** |
| 2.5.1  Identify personal health decisions. | K.5.1 Identify health-related situations. |
| 1.5.1 Describe a health-related decision. |
| 2.5.1   Identify situations when a health-related decision is needed. |
| 2.5.2  Identify people or places where health information can be obtained. | K.5.2 Identify when assistance is needed for health-related situations. |
| 1.5.2   Describe situations when assistance is needed for a health-related decision. |
| 2.5.2 Differentiate between situations when a health-related decision can be made individually or when assistance is needed. |

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| **Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.** | |
| **Goal Setting** | |
| **Indiana Academic Standards 2017** | **Indiana Academic Standards 2010** |
| 2.6.1  Identify the benefits of planning and setting personal health goals. | K.6.1 Name personal health and wellness goals. |
| 1.6.1 Name actions to take toward achieving a short-term health goal. |
| 2.6.1 Identify a short-term personal health goal and take action toward achieving the goal. |
| 2.6.2  Identify a personal health goal and make a plan to achieve it. | K.6.2 Name who can help to achieve a personal health goal. |
| 1.6.2 Identify who can help to achieve a personal health goal. |
| 2.6.2 Identify who can help when assistance is needed to achieve a personal health goal. |
| 2.6.3  List possible barriers to achieving the personal health goal. |  |
| 2.6.4  Show how to achieve the personal health goal. |  |
| 2.6.5  Explain the impact of personal choices on the personal health goal. |  |
| 2.6.6  Name trusted adults who can help in achieving the personal health goal. |  |
| 2.6.7  Show progress towards achieving the personal health goal. |  |

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| **Standard 7: Students demonstrate the ability to practice strategies and skills to enhance personal health and reduce health risks.** | |
| **Practicing Healthy Behaviors** | |
| **Indiana Academic Standards 2017** | **Indiana Academic Standards 2010** |
| 2.7.1  Identify character traits and behaviors of a healthy and safe person. | K.7.1 Identify healthy behaviors to improve personal health and wellness. |
| 1.7.1 Describe healthy practices to maintain personal health and wellness. |
| 2.7.1 Demonstrate healthy practices and behaviors to maintain or improve personal health. |
| 2.7.2  List a variety of behaviors to avoid or reduce health and safety risks. | K.7.2 Name behaviors that prevent injuries. |
| 1.7.2 Describe behaviors that reduce health risks. |
| 2.7.2 Demonstrate behaviors that avoid or reduce health risks. |

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| **Standard 8: Students will demonstrate the ability to advocate for personal, family and community health.** | |
| **Advocacy** | |
| **Indiana Academic Standards 2017** | **Indiana Academic Standards 2010** |
| 2.8.1  List personal, family, school or community health and safety concerns. | K.8.1 Repeat rules that promote personal health. |
| 1.8.1 Identify ways to promote health and wellness. |
| 2.8.1 Make requests to promote personal health. |
| 2.8.2  Identify a health or safety issue that has personal relevance. | K.8.2 Tell how peers can make positive choices. |
| 1.8.2   Assist peers to make positive choices. |
| 2.8.2 Encourage peers to make positive health choices. |