

Meal Deal or No Meal Deal

Complete school meals are designed to give students the most nutrition for the best price every day! At a minimum, each meal must contain at least one fruit or vegetable side, plus two other items. Examples of additional items students can choose to complete their meal are an entrée that offers whole or enriched grains and lean protein, a second side of fruit and/or vegetables and a carton of milk. Single item purchases, seconds, or meals without any fruit or vegetable sides will be priced a la carte. See some examples below on how students can get the most bang for their buck!



No Meal Deal! \$2.55

Partial Entrée (Chicken) \$2.00
Milk \$0.55



No Meal Deal! \$3.30

Full Entrée (Chicken and Roll) \$2.00
Milk \$0.55
Side (Roll) \$0.75



Meal Deal! \$3.00

Full Entrée, 1 Vegetable Side, Milk



Meal Deal! \$3.00

Full Entrée, 2 Vegetable Sides, 2 Fruit
Sides, Milk

Best Deal