

MEMORANDUM

TO: Indiana Secondary School Administrators, School Counselors, & Social Workers
FROM: IDOE Office of Student Services
SUBJECT: “13 Reasons Why” Resources
DATE: May 2, 2017

“13 Reasons Why”, a new series on Netflix is gaining popularity among adolescents. Originally a novel, the series revolves around a girl who takes her life and leaves behind audio recordings for 13 people she says were in some way part of why she committed suicide. This series is raising many questions and concerns about mental health, suicide, and bullying. It is important that schools are equipped with resources and tools to be able to appropriately respond to and support struggling students and those with questions regarding these topics.

- Tools and resources from [ASCA](#), the [National Association of School Psychologists](#) (NASP) and the [American Foundation for Suicide Prevention](#) (AFSP)
- [A Model School Policy on Suicide Prevention](#) – a combined effort from ASCA, AFSP and NASP -- gives educators and school administrators a comprehensive way to implement suicide prevention policies in their local school or district
- [After a Suicide: A Toolkit for Schools](#) guides schools on messaging and actions to take following the loss of a student to suicide
- ASCA, the American Foundation for Suicide Prevention and the National Association of School Psychologists hosted a webinar discussion on May 2nd. This webinar will be archived and posted to the [ASCA website](#).
- [13 Reasons Why Talking points](#) from SAVE (Suicide Awareness Voices of Education) and the JED Foundation
- [Parent Tips](#) for Talking with their Children about 13 Reasons Why and Suicide

Additional resources can be found here:

<http://www.doe.in.gov/student-services/suicide-prevention-and-response>.