



TRAINING AND CLASSROOM COVID-19 MITIGATION, TESTING and QUARANTINE GUIDANCE

All personnel, including instructors, will wear an appropriate mask (fully covering nose and mouth and securing under chin) during training and education sessions regardless of vaccination status if the local county level transmission rate of COVID-19 is deemed substantial or high by the CDC (50 or more cases per 100,000 people or 8% or higher positivity rate in the preceding week).

Definition of Close Contact

Someone who is within six (6) feet of an infected person (laboratory-confirmed or with a clinically compatible illness) for a cumulative total of 15 minutes or more over a 24-hour period (for example, three individual 5-minute exposures for a total of 15 minutes)

Quarantine and Testing Rules

1. Except for those who have been fully vaccinated, people who have been in close contact with someone who has COVID-19 must quarantine. Full vaccination is defined as being two or more weeks out from both doses of a two shot vaccine series (e.g., Pfizer or Moderna vaccines) or more than two weeks out from their single vaccine in a one shot-series (e.g., Johnson & Johnson/Janssen vaccine). In order to avoid quarantine, a person must show written documentation of their completed vaccine status.
2. Fully vaccinated close contacts should still be referred for COVID-19 testing 3-5 days after exposure. If asymptomatic, fully vaccinated close contacts do not need to quarantine at home following an exposure (they can continue to attend school in-person and participate in other activities). However, in addition to correctly wearing masks in school, they should wear a mask in other indoor public settings for 14 days or until they receive a negative test result.
3. Close contacts who are not fully vaccinated should be referred for COVID-19 testing. Regardless of test result, they should quarantine at home for 14 days after exposure.
4. Options to shorten quarantine include truncating quarantine at 10 days if contact has remained fully asymptomatic or shortening to 7 days in setting of laboratory-documented negative test on day 7 and lack of any symptoms.

When to Clean and When to Disinfect

1. Cleaning with products containing soap or detergent reduces germs on surfaces by removing contaminants and decreases risk of infection from surfaces.



- a. When no people with confirmed or suspected COVID-19 are known to have been in a space, cleaning once a day is usually enough to sufficiently remove virus that may be on surfaces and help maintain a healthy facility.
2. Disinfecting (using one of the Environmental Protection Agency's List N disinfectants) kills any remaining germs on surfaces, which further reduces any risk of spreading infection.
3. You may want to either clean more frequently or choose to disinfect (in addition to cleaning) in shared spaces if the space is a high traffic area or if certain conditions apply that can increase the risk of infection from touching surfaces
 - a. High transmission of COVID-19 in your community
 - b. Low vaccination rates in your community.
 - c. The space is occupied by people at increased risk for severe illness from COVID-19.
4. If there has been a sick person or someone who tested positive for COVID-19 in your facility within the last 24 hours, you should clean AND disinfect the space.

INSTRUCTORS' GUIDANCE

Possible COVID-19 Exposure

1. Remove student from course if showing signs of COVID-19 or Influenza-like illness. If instructor develops signs or symptoms during class, they should immediately stop teaching and remove themselves as well.
2. Recommend COVID-19 testing for the symptomatic student or instructor before they may return to the classroom and require quarantine as described above.
3. Allow unvaccinated students or instructors to leave the exposure area and/or classroom.
4. Disinfect classroom.
5. Make plans to make up training and/or testing that was missed due to possible exposure to COVID-19.
6. Report possible exposure to IDHS Academy or EMS Director.

Positive COVID-19 Exposure

1. If student or instructor tests positive for COVID-19 during training or testing, stop training.
2. Disinfect the entire classroom.
3. Follow COVID-19 testing and quarantine algorithm as described above for the students or instructors considered close contacts to the infected person.
4. Allow students or instructors who are unvaccinated to leave to quarantine at home.
5. Make plans to make up training and/or testing missed by positive COVID-19 exposure.
6. Report COVID-19 exposure to IDHS Academy or EMS Director.