**SUBSTANCE USE OUTPATIENT TREATMENT**

**Description of Service:**

Substance use recovery can include behavioral therapy (such as counseling, cognitive therapy, or psychotherapy), medications, or their combination. Effective recovery attends to multiple needs of the individual, not just his or her substance use. To be effective, recovery must address the individual's substance use and any associated medical, social, psychological, vocational, and legal problems.

**Frequency/Duration:**

Services must be available to clients who have limited daytime availability. The service

provider must identify a plan to engage the client in the process, a plan to work with non-cooperative clients including those who believe they have no problems to address as well as working with special needs clients such as those who have mental health issues or developmentally delayed. Services are planned and organized with addiction professionals and clinicians providing multiple recovery service components for the rehabilitation of alcohol and drug use or dependence in a group setting. Drug Screens are included in this service. An individualized Recovery Plan must be developed that considers the client’s age, ethnic background, cognitive development and functioning, and clinical issues and must provide a framework for measuring success and progress. The Recovery Plan must also address safety concerns.

**Intensive Outpatient Treatment (IOT**) **-**Regularly scheduled sessions, within a structured program, that are at least three (3) consecutive hours per day and at least three (3) days per week.

**Expectations:**

**Youth:** The youth must be available and participate in the treatment plan as recommended by the Assessment. The youth must be actively engaged in treatment and in group settings, but not be disruptive in the group setting.

**Parent:** The parent(s) will need to ensure that the child is available to participate in the recommended treatment/appointments and may need to complete necessary paperwork required by the provider. Parents will work with the provider to develop a treatment schedule for the youth and will notify the provider immediately when they have concerns about the possibility of relapse or potential for relapse.

**Service Provider:** Services must be available to clients who have limited daytime availability.

The provider will inform the probation department/officer when the child misses

scheduled appointments (immediately), has positive drug screens (within 3 days), has negative

screen (within 24 hours), or there is newly identified high potential for relapse. The service

provider will work with the parent and child to develop a treatment schedule that will allow the

youth to address treatment needs while also allowing them reasonable opportunity to be

involved in school, work, and other pro-social activities.

**Probation Officer:** The probation officer will make the referral in Kidtraks and will identify the reason the treatment is needed and verify that the client’s contact information is correct. The probation officer will inform the service provider if the youth is known to have relapsed or is involved in additional substance use related incidents (examples include new drug/alcohol related arrests/charges and school related drug and alcohol violations).