MOTIVATIONAL INTERVIEWING

**Description of Service:**

Motivational Interviewing is an Evidence Based model which offers direct, client centered counseling approaches for therapist to help clients and their families to resolve their ambivalence for change. This model has been shown to be effective in facilitating many types of behavior changes including addictions, non-compliance, running away behaviors, and discipline practices of parents.

**Frequency/Duration:**

This comprehensive program works on a Tier Level system with Tier 1 being the most intensive, providing 8 hours of direct service with a therapist with some support from a Bachelor’s level staff. Tier 2 also provides 8 hours of direct services but with a Bachelor’s level case manager and at least one hour of therapy per week provided by a master’s level therapist. Tier 4 provides 5 hours of direct service provided by a Bachelor’s level case manager and support of a paraprofessional. This comprehensive service is intended to last for 6 months.

**Expectations:**

**Youth:** The youth must participate in the sessions as indicated by the therapist.

**Parent:** The parent must participate in the sessions as indicated by the therapist.

**Service Provider:**  The Service provider must make contact with the family and provide the hours weekly per the Tier level referred. The Service provider will keep the Probation Officer apprised of the progress the youth/family is making in treatment and will notify the Probation Officer of any non-compliance.

**Probation Officer:** The Probation Officer will send the case to their Service Consultant and provide necessary information for review. The probation officer will advise the Service Consultant if the service has been Court Ordered so the Service Consultant can make the referral. The Probation officer will indicate to the provider what goals the provider should work on with the child and family and will remain in contact with the provider to monitor the progress of the youth and update goals if they change.