



Monthly Progress Report

November 2020

Case # [redacted]

Client [redacted]

County [redacted]

Parent: [redacted]

Child(ren): [redacted]

Referral Agency: County DCS

Case Mgr/ PO Name: Britta Graber

Service Standard	Provider Agency Staff
Family Preservation - 2	Angela Garcia, Billie Jo Hayes, Rebecca Nowicki

Reason For Referral and Presenting Issues

Family Preservation Referral received on 10/05/20

Initial phone/text contact on 10/06/20

Initial face-to-face service contact on 10/09/20

The client was referred by [redacted] County DCS to address Substance use / misuse issues, employment, and parenting. Her baby tested positive for marijuana. The children have not been removed from the home.

Family Functional Strengths

\*The clients basic needs are met, she is motivated to be the best parent she can be, and she wants to find her passion in life and pursue it.

\*[redacted] and her children have relatively stable housing . [redacted] was employed and recently began working for a new employer.

[redacted] is very strong willed and is willing to take all the help she can get. Extended family members are actively involved and supportive of the family.

Overall Recommendation and Progress Summary

\*Continue with individual therapy once a week. Overall progress is moderate as the client has engaged in therapeutic services appropriately, participated in self reflection, and identified things to work on.

\*Family is to continue with casework services to meet family preservation goals.[redacted] has made moderate progress evidenced by participating in the parenting education sessions and has followed through with demonstrating the techniques she has learned.

\*[redacted] has made moderate progress overall with building and utilizing independent skills as evidenced by attending her WIC appointment and following up with Caresource to make sure that the children have health insurance and can see a doctor. The [redacted] family is recommended to continue Family Preservation services and meet with the homemaker in order to meet treatment goals of utilizing independent skills and providing a safe environment for the family.

Next Scheduled Contact With Family

11/30/2020 Angela Garcia 12/01/2020 Billie Jo Hayes 12/02/2020 Rebecca Nowicki

**Key's Counseling, Inc.**

November 2020

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(219) 809-0333

Date

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# Individual Service Standard Monthly Report

**Service Provided:** Family Preservation - 2  
**ReferralID** [REDACTED]  
**Begin/End Date of Referral:** 10/05/2020-06/30/2021  
**Service Provider Staff:** Angela Garcia, Billie Jo Hayes, Rebecca Nowicki  
**No of Service Unit Authorized:** 185  
**No of Service Units Delivered:** 49  
**No of Appts Cancelled By Family:** 0  
**No of Appts Cancelled By Provider:** 0  
**No Shows** 1

Contact Date	Start Time	End Time	Duration	Method	Location	Those Present
11/04/2020	8:00PM	8:05PM	0	Phone/Email	Telephone/Video	[REDACTED]
11/06/2020	10:01AM	10:15AM	0.25	Phone/Email	Telephone/Video	[REDACTED]
11/06/2020	10:00AM	12:00PM	2	Face to Face	Client Home	[REDACTED]
11/06/2020	10:15AM	10:30AM	0.25	Phone/Email	Telephone/Video	[REDACTED]
11/08/2020	4:30PM	5:00PM	0.5	Face to Face	Relative home	[REDACTED]
11/08/2020	7:00PM	8:00PM	1	Virtual	Telephone/Video	[REDACTED]
11/09/2020	9:00AM	9:30AM	0.5	Virtual CFTM	Telephone/Video	[REDACTED] clients treatment team, FCM, Keys Counseling Supervisors
11/09/2020	12:00PM	12:00PM	0	FP Case Planning	Other	
11/10/2020	8:00PM	8:01PM	0	No Show	Telephone/Video	[REDACTED]
11/11/2020	2:00PM	3:25PM	1.5	Face to Face	Client Home	[REDACTED]
11/13/2020	12:00PM	1:45PM	1.75	CFTM	DCS Office	[REDACTED]
11/13/2020	12:00PM	2:25PM	2.5	CFTM	DCS Office	Service providers
11/13/2020	12:15PM	3:30PM	3.25	Virtual	DCS Office	clients supports and treatment team the
11/15/2020	12:00PM	1:30PM	1.5	Face to Face	Other	[REDACTED]
11/18/2020	2:45PM	3:30PM	0.75	Face to Face	Client Home	[REDACTED]
11/18/2020	11:15AM	1:15PM	2	Face to Face	Client Home	[REDACTED]
11/19/2020	1:00PM	2:00PM	1	Face to Face	Community	[REDACTED]
11/20/2020	11:00AM	11:45AM	0.75	Phone/Email	Telephone/Video	[REDACTED]
11/21/2020	1:00PM	1:15PM	0.25	Phone/Email	Telephone/Video	[REDACTED]
11/22/2020	6:00PM	8:00PM	2	Face to Face	Relative home	[REDACTED]
11/25/2020	4:30PM	5:40PM	1.25	Face to Face	Client Home	[REDACTED]
11/27/2020	3:45PM	5:45PM	2	Virtual	Telephone/Video	[REDACTED]
11/29/2020	3:45PM	5:45PM	2	Virtual	Telephone/Video	[REDACTED]
11/30/2020	9:00AM	10:45AM	1.75	Face to Face	Client Home	[REDACTED]

**Treatment Service Goal:**

Demonstrate healthy parenting skills

### **Narrative Discussion of Services Provided for this Goal during Month**

Caseworker contacted the clients family to receive assistance with the client engaging in services. Caseworker communicated with the FCM to discuss the issues of the clients non compliance with this caseworker. Caseworker completed the home and personal safety check at the cousins home because the client was avoiding service providers. Caseworker attended the CFTM to discuss with the client what is expected of her to complete the program. Case worker completed Week 1 of the 123 Magic Parenting Program . Topics discussed include negative parenting habits, your job as a parent , little adult assumption and avoiding the two biggest mistakes with discipline. Client informed caseworker the electric was disconnected. Caseworker contacted several agencies which include 211, Catholic charities , real services and the trustee for assistance. Client cannot obtain assistance do to the bill not being in her name. Client contacted caseworker in reference to a domestic violence situation that took place in her home. Caseworker provided client with information to contact the Victim Advocate Program for assistance to obtain a protective order. Caseworker and client also completed Week 2 of the 1,2,3 Magic Parenting program which includes beginning to count, using the program in public and sibling rivalry and Week 3 of the 123 Magic Parenting program. Writer completed Ongoing Home Safety Checklists each time writer went to the family's home. The home is safe for the children, although there are cleanliness and organization needs that the homemaker will assist [redacted] with in order to get the home more organized. This writer also discussed resources the client could apply for in order to get assistance to pay rent.

### **Progress Summary Toward Goal**

[redacted] has made moderate progress evidenced by participating in the parenting education sessions and has followed through with demonstrating the techniques she has learned.

### **Family Cooperativeness**

Family has been cooperative with meeting for scheduled appointments.

### **Recommendation Regarding Services For Goal To Continue**

Family is to continue with casework services to meet family preservation goals.

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### **Treatment Service Goal:**

Express emotions in a healthy productive manner.

Demonstrate healthy parenting skills

Build and utilize independent skills.

### **Narrative Discussion of Services Provided for this Goal during Month**

During the month of November, this writer met with her client and provided opportunities to show growth via interactive and solution focused therapy sessions. This writer used a combination of motivational interviewing and CBT techniques to work with her client. Keys therapist presented her client with different questions/topics/quotes that were thought provoking and encouraged her client to develop a growth mindset and greater self awareness. The client worked toward treatment plan goals by developing a greater self-awareness through self reflection. Keys therapist used an eclectic therapy approach and focused on finding solutions to meet the clients needs therapeutically.

The client was able to imagine a new and beautiful life and what would need to happen in order to get there. They discussed things such as negativity, anxiety, fear, frustration, etc. that do not help the client in any positive way. The client was able to reflect on a difficult situation, find beauty in it, identify a lesson learned from it, and find a way to apply it to real life. The client was able to identify 5 positive character traits and discussed how to develop them. The client learned about the psychological benefits of practicing an attitude of gratitude.

This writer participated in a virtual and in person CFTM to help establish a collaborative spirit between the client and her treatment team and her supports. Several times communication was an issue with the client due to changing phones not her not receiving messages from her providers. The clients homemaker provider helped resolve the issue. [redacted] has changed jobs several times throughout the last couple months. This writer talked to her about trying to get a job and keep it to show stability and to create a routine and dependable income.

[redacted] said that she wants to change her "broken" mindset when it comes to relationships. They talked about finding beauty in what she's learned about herself and what she wants in a partner instead of thinking of it like she's been wasting time. [redacted] also asked this writer to help her learn Spanish so she can teach her children and be more connected to her culture. [redacted] said that she would like to work on developing the trait of consistency. They talked about how to go about doing this and the benefits that consistency can bring to the clients life. [redacted] talked to this writer about her relationship issues with her live-in boyfriend. They talked about possible solutions to this issue. [redacted] informed this writer on 11/21/2020 that [redacted] her boyfriend, had threatened her with a gun. She left the apartment, went to Steak n Shake, called 911, and waited for help to come. Her cousin came and picked her up, a police report was filed, and he was arrested. [redacted] said she is thankful for everyone who is trying to help her with her children and move ahead in life. She feels alone and scared about the rent, bills, car, work, etc. At the end of the month, her boyfriends mother came and picked up his things from the apartment. [redacted] talked to this writer about her fears. She said she misses her daughters and feels bad about them having to be at her cousins house so much. This writer talked to her client about being a mother who works outside of the home and that it doesn't mean that she loves her daughters any less but rather that she is willing to do what she needs to do to support them. This writer processed her clients thoughts and feelings and provided her client with productive feedback.

11/6/2020 - Caseworker contacted the clients family for assistance to get the client to engage in services. Caseworker was informed the client has began a second part time job. Caseworker discussed with the clients family the importance of making contact with the clients children each week. Caseworker notes the clients family member attempted to contact her to get the client to answer the door for service providers.

11/6/2020 - Caseworker spoke with the FCM and informed the FCM of the issues on non compliance with the client. The FCM was informed no staff member has seen the children this week . Caseworker discussed the communication with the clients cousin for assistance to get the client to comply with services.

#### **Progress Summary Toward Goal**

Overall progress is moderate as the client has engaged in therapeutic services appropriately, participated in self reflection, and identified things to work on.

#### **Family Cooperativeness**

The clients are cooperative, easy to reach, keep appointments, and maintain communication with this writer.

#### **Recommendation Regarding Services For Goal To Continue**

Continue individual therapy for family preservation referral. Collaborate with the clients treatment team to provide continuity of care.

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#### **Treatment Service Goal:**

[redacted] Build and utilize independent skills.

#### **Narrative Discussion of Services Provided for this Goal during Month**

During this month, writer has assisted [redacted] with contacting Caresource and [redacted] has followed through with WIC to make sure that she could get the assistance she needed to provide resources for her family. [redacted] disclosed to this writer that her boyfriend had put his hands on her in the past, and a personal safety plan was completed and uploaded into Kidtraks. Later on this month, [redacted] was involved in a physical altercation with her boyfriend that led him to hold a gun to her head. Her boyfriend ended up being put in jail. [redacted] states that she doesn't feel bad about him being taken to jail because she knows that her and her daughters safety is the most important thing.

11/6/2020 - Caseworker contacted the clients family for assistance to get the client to engage in services. Caseworker was informed the client has began a second part time job. Caseworker discussed with the clients family the importance of making contact with the clients children each week. Caseworker notes the clients family member attempted to contact her to get the client to answer the door for service providers.

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#### **Progress Summary Toward Goal**

[redacted] has made moderate progress overall with building and utilizing independent skills as evidenced by attending her WIC appointment and following up with Caresource to make sure that the children have health insurance and can see a doctor.

**Family Cooperativeness**

Family has been cooperative with meeting for scheduled appointments.

**Recommendation Regarding Services For Goal To Continue**

The [redacted] family is recommended to continue Family Preservation services and meet with the homemaker in order to meet treatment goals of utilizing independent skills and providing a safe environment for the family.