

Counseling

Location: Office Based

Client: Parent/Child/Family

Duration: Long Term – referrals created through end of contract period

Based on level of need: Level 1 – one hour bi-weekly

Level 2 – one hour weekly

Level 3 – 2-3 hours weekly

Payer: MRO/DCS

Summary:

Counseling Services provide structured, goal-oriented therapy for families affected by physical abuse, sexual abuse, emotional abuse, or neglect. Professional staff provides individual, group, and/or family counseling with emphasis on one or more of the following areas:

- Initial Assessment
- Conflict Resolution
- Behavior Modification
- Identify systems of support
- Interpersonal relationships
- Communication skills
- Substance Abuse AWARENESS/Family dynamics (NOT Substance Use Treatment)
- Parenting Skills
- Anger Management
- Supervised Visitation – SEPARATE REFERRAL
- Problem Solving
- Stress Management
- Goal setting
- Domestic Violence issues
- School problems
- Family of origin/inter-generational issues
- Victims and Caretakers of sexual abusers