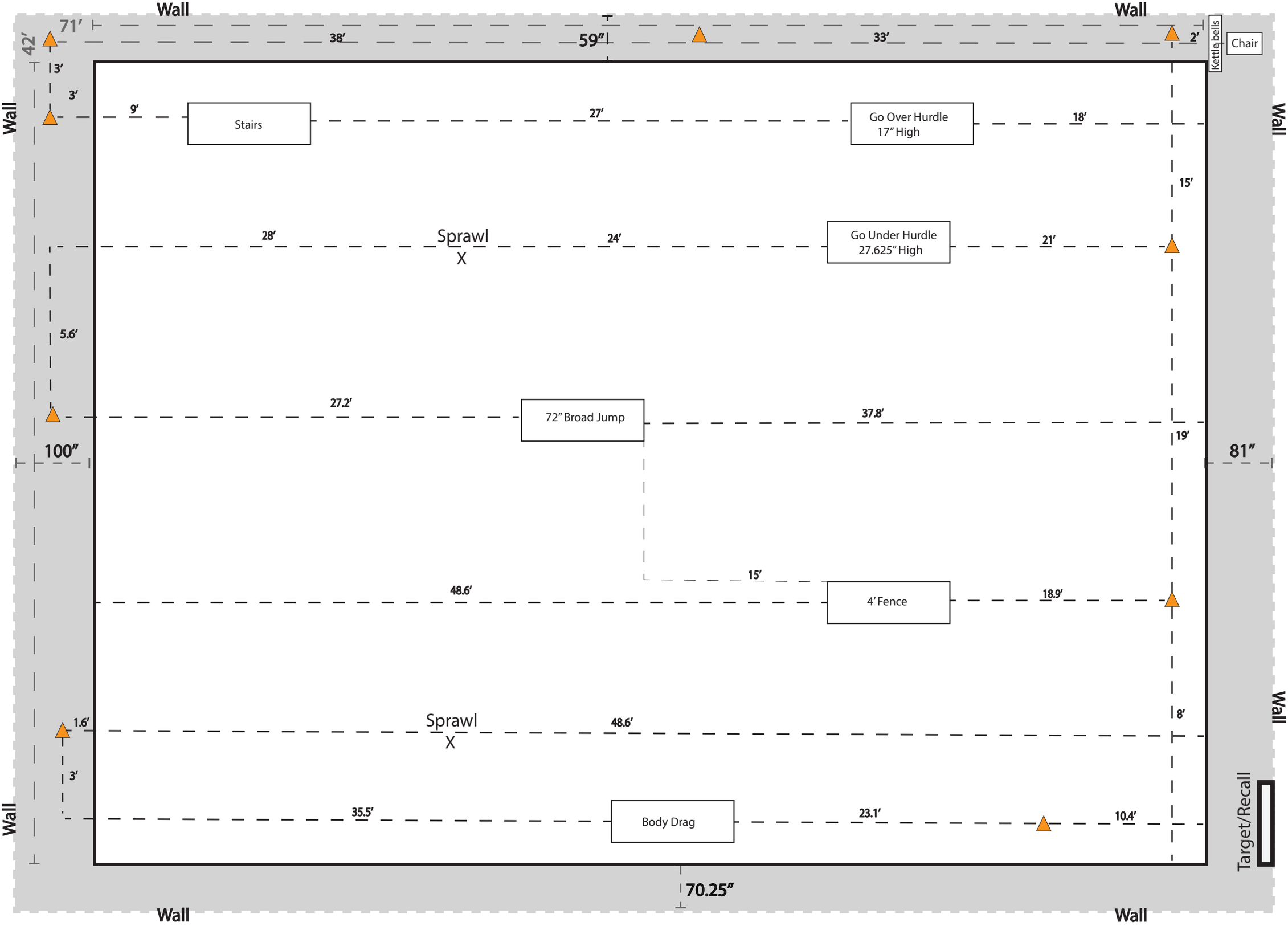
Wall
Wall
71′
38′
59″
33′
2′
42′
Kettle bells
Chair
3′
3′
9′
Stairs
27′
Go Over Hurdle
17″ High
18′
Wall
Wall
15′
28′
Sprawl
X
24′
Go Under Hurdle
27.625″ High
21′
5.6′
27.2′
72″ Broad Jump
37.8′
19′
100″
81″
15′
48.6′
4′ Fence
18.9′
Wall
1.6′
Sprawl
X
48.6′
8′
3′
35.5′
Body Drag
23.1′
10.4′
Target/Recall
70.25″
Wall
Wall