

## Recovery Capitals

| <b>Personal Capital</b>        |   |
|--------------------------------|---|
| <b>Capital</b>                 | <b>Possible supports/sources of capital</b> |
| Health                         | Healthcare                                  |
| Housing                        | Social Services                             |
| Food                           |   |
| Transportation                 |   |
| Clothing                       |   |
| Insurance                      |   |
| Employment/Financial Stability |   |
| Hope                           | Intrinsic/Peers                             |
| Purpose/meaning                |   |
| Self-Esteem                    |   |
| Skills/Education               | Educators                                   |

| <b>Community Capital</b>         |  |
|----------------------------------|--|
| <b>Capital</b>                   | <b>Possible supports/sources of capital</b>          |
| Policies                         | Elected Officials                                    |
| Attitudes towards recovery       | Law Enforcement, Elected Officials                   |
| Local Justice System             | Justice System, Law Enforcement                      |
| Recovery Community Organizations | Peers (people in recovery)                           |
| Employment Assistance            |  |
| Substance Free Social Activities |  |
| Community Spaces                 | Health Department, Parks Department                  |
| Treatment Providers              | Substance Use Treatment Providers, Health Department |

| <b>Social Capital</b> |  |
|-----------------------|--|
| <b>Capital</b>        | <b>Possible supports/sources of capital</b>              |
| Relationships         | Family, Friends, Clubs, Religious Leaders,<br>Colleagues |
| Friendships           |  |

|                           |  |
|---------------------------|--|
| Social Networks           |  |
| Faith/Religious Community |  |
| Social Groups             |  |

| <b>Cultural Capital</b>                  |  |
|--|--|
| <b>Capital</b>                           | <b>Possible supports/sources of capital</b>                                  |
| Pathways to Recovery in Cultural Context | Community leaders, Clubs and Volunteer Organizations, Cultural Organizations |
| Cultural Groups                          |  |