

# Governor's Commission for a Drug Free Indiana

*Approved*  
*11/24/14*

*A Division of the*



## Comprehensive Community Plan

**County:** Starke

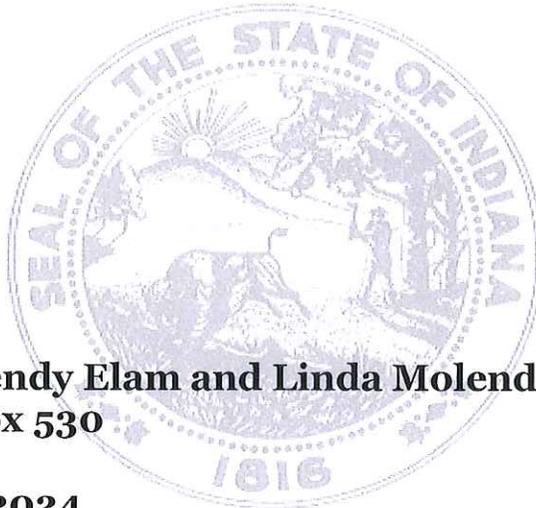
**LCC:** Drug and Tobacco Free Starke County

**Date Due:** October 31, 2014

**Date Submitted:** *October 2014*

**New Plan**

**Plan Update**



**LCC Contact:** Wendy Elam and Linda Molenda

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**City:** Knox

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**Email:** dtfscinc@yahoo.com

**County Commissioners:** Starke County Commissioners

**Address:** 53 E Mound Street

**City:** Knox

**Zip Code:** 46534

## Plan Summary

**Mission Statement:** Drug and Tobacco Free Starke County, Inc. (DTFSC) mission statement is to “Reduce the abuse of alcohol, tobacco, and other drugs among youth and adults in Starke County, Indiana by developing and implementing a county wide comprehensive plan in the areas of prevention, education, treatment, and justice”.

**History:** Drug Free Starke County was organized on May 13, 1988 by Fred Lintner, who was at the time the director of the District One Prevention District Coordinating Office through a PDCO grant from the Division of Addiction Services, Indiana Department of Mental Health. The initial leadership consisted of Nancy Gappa, R.N. as chairperson, Reverend John Poppe as vice-chairperson and Tim Price and Habo Runkle as co-treasurers.

The LCC has met monthly since its inception and has struggled at times to maintain a viable membership base. The LCC has supported local projects and initiatives through allocation of the local drug-free community fund in the areas of prevention/education, treatment and law enforcement/judicial. One of the main projects that the LCC has been sponsoring over the last years is the Red Ribbon Placemat Contest during the Red Ribbon Week in October. We ask each of the three school corporations (Knox, Oregon Davis, and North Judson/San Pierre) to have youth in grades one through five in an anti-alcohol, tobacco, and other drug placemat-making contest. The placemats are voted on and there are winners from each school corporation. The winners and their families are invited to a ceremony in the Circuit Court Courtroom where they receive recognition and prizes for their winning placemats. The posters are also made into placemats and distributed to the local restaurants all throughout the county. Last year we had 10,000 placemats printed and distributed.

Since 1999, we have succeeded in boosting our membership. Attendance at our monthly meetings has improved dramatically. In October of 2001, we hired a paid part-time coordinator to coordinate committees, meeting notices, mailings, etc. The coordinator is paid through the local drug-free fund.

The Committee has funded education, treatment, and justice. We have done compliance checks on retail sales of tobacco to underage youth and participated in Operation Pullover for drunk drivers. In 2006 the Prevention Committee has hosted a town hall meeting dealing with underage drinking and sponsored a community Meth Workshop. As a result of the success of these two events we are creating a "roadshow" that will travel to different areas of the county to inform the public about underage drinking and meth use in the county.

2008 the coalition held a town hall meeting on the harms of tobacco. We had approximately 25 people attend. At the 4-H fair the coalition sponsored Tobacco Free night on the Monday of fair, also the coalition sponsored an education booth at the fair in addition to the regular booth, we had focus on different topics with special guest speakers each night, ex: Meth suppression officer with meth information, rep from a pharmaceutical company to answer questions about their product to assist tobacco users in the process of quitting.

In 2009 we partnered with the Indiana State Prison, Knox Moose Lodge, North Judson American Legion and Hamlet American Legion to present information on gangs, drugs and

tattoos. Four presentations were held in the county over the course of a year to educate the public about gangs and how they impact the drug sales and use in a community.

In 2010 the coalition sponsored a town hall meeting about prescription drug abuse, the event was well attended and we received media coverage from the radio and newspaper.

Panel members were from Porter-Starke Services, Knox City Police, Starke County Probation Department, Knox Middle School, Memorial Hospital in South Bend.

In November of 2010 we helped the Sheriff present to the Starke County Commissioners a request for an ordinance to prohibit the sale of synthetic marijuana in Starke County, the ordinance was approved in January 2011. The Town of North Judson also passed an ordinance prohibiting the sale of synthetic marijuana. The Alcohol, Tobacco, and other Drug Survey taken by all middle and high school students in Starke County showed a reduction among youth in first time tobacco use.

In 2011 the coalition noticed an increase in gang activity in the Knox area and an overall increase in meth production and use. The activities for 2011 focused on working with police, doctors and treatment professionals to address prescription drug and meth abuse. The coalition worked with the Knox City police to bring gang training for the counties police departments. Starke County was ranked 91 out of 92 counties in the state for poor health and high tobacco use, the coalition is working with the doctors and businesses to get information out about the Indiana Tobacco Quitline. The quitline is free to residents of Indiana and assists individuals with tobacco cessation.

During 2012-2014 the coalition has had various activities during Red Ribbon Week, the Drug Free Rock Concert, had a well known speaker and ex-addict, David Parnell, to the three school corporations in Starke County as well as a community town hall meeting to educate residents and youth on the evils of methamphetamines, and most recently well known speaker Todd Crandell discussed alcohol and prescription drugs with 3 Starke County schools. We held a town hall meeting the smoke free laws and the harms of tobacco. The coalition gave out many grants to support family and youth education, law enforcement in the fight against alcohol and drugs, treatment for alcohol and tobacco, education on substance abuse. Training started for the Botvin Life Skills training that will cover prevention for youth of all four problem statements. We will be sending a licensed substance abuse counselor to explore updated and effective treatments for substance abuse gear toward rural areas, which Starke County is.

### **Summary of the Comprehensive Community Plan:**

The 2014 Comprehensive Plan reflects the changes the statistics show in the trends in Starke County. Tobacco and alcohol continue to be the biggest issues for Starke County, as far as the most arrests, most treatment referrals and most harmful to health. Starke County has one of the highest adult smoking rates in the state of Indiana. Starke County ranked number 91 of the 92 Indiana counties for poor health. According to the 2013 Starke County Dashboard, provided by Indiana State Department of Health and Indiana Hospital Association, Starke County had the following rankings on disease and mortality:

\*11.5% of residents are diagnosed with diabetes as compared to 10.3% in Indiana.

\*Based on a population of 100,000, our residents had 22.5 diabetes mortalities, compared to 24.1 for Indiana.

- \*Based on a population of 100,000, our residents had 89.4 cases of lung cancer compared to 79.7 in Indiana.
- \* Based on a population of 100,000, our residents had 84.1 lung cancer deaths compared to 61.3 in Indiana.
- \* Based on a population of 10,000, our residents had 100.4 cases of heart disease as compared to 89.4 in Indiana.
- \* Based on a population of 100,000, our residents had 267.4 heart disease deaths as compared to 200.3 in Indiana.
- \* Based on a population of 10,000, our residents had 22.7 cases of strokes and Indiana had 21.5.
- \* Based on a population of 100,000, our residents had 45 stroke deaths as compared to 45.2 for Indiana.
- \*Based on a population of 100,000, our residents had 57.2 cases of Respiratory Disease and Indiana had 46.8.
- \* Based on a population of 10,000,our residents between the ages of 5-17 had 80.7 cases of Child Asthma as compared to 59.8 in Indiana.
- \* Based on a population of 100,000, our residents had 64.6 Chronic Respiratory Deaths as compared to 52.6 in Indiana.
- \*27% of pregnant residents smoke as compared to 17.1% in Indiana.
- \* Starke County has 34% alcohol impaired driving deaths compared to Indiana's 26%.

This plan will continue to focus on methamphetamine and opiates, including heroine and prescription drugs (pain killers) in addition to alcohol and tobacco. The Starke County Prosecutor in 2014 told our coalition that over 30% of all arrests involved illegal prescriptions drugs in some way. The county meth lab report from the Indiana State police has ranked our county below the top 10 counties for meth in the state but according to Starke County Sherriff's Department we are ranked in the top 10 in the state so far this year (2014) for meth lab busts.

Starke County will focus it's resources from the Drug Free Community Fund on funding programs and activities that will help reduce use and abuse of tobacco, alcohol, methamphetamine and opiates in the county. We will encourage applicants to use evidence based programs with measurable outcomes to help address the issues defined in the comprehensive plan.

The LCC hopes to raise awareness of the problems identified, support affective treatment programs that help transform lives in a positive way and help our law enforcement with the tools they need to combat substance abuse and the problems they bring to our county.

We evaluate our plan each year to determine that what we have chosen to focus on is right for the county and is making a difference for the citizens of Starke County. This year we will increase our focus on opiates and meth.

## **Membership List**

### **County LCC Name:**

<b>#</b>	<b>Name</b>	<b>Organization</b>	<b>Race</b>	<b>Gender</b>	<b>Category</b>
<b>1</b>	<b>Judy Jelinek</b>	<b>Citizen</b>	<b>Caucasian</b>	<b>Female</b>	<b>Community</b>

2	Marie Zerbee	Citizen	Caucasian	Female`	Business
3	Nancy Dembowski	Moving Starke County Forward	Caucasian	Female	Prevention
4	George Heyboer	First Baptist Church – Knox	Caucasian	Male	Faith – based community
5	Becky Bailey	Youth of Integrity	Caucasian	Female	Faith Based ,Youth Group
6	Oscar Cowen	Starke County Sheriff	Caucasian	Male	Law Enforcement
7	Patti Bush	Conservancy District	Caucasian	Female	Business
8	Clint Norem	Knox Police Chief	Caucasian	Male	Law Enforcement
9	Sonia Hensley	Knox Middle School	Caucasian	Female	Education
10	Robert Olejniczak	Starke County Sheriff Detective	Caucasian	Male	Justice
11	Leo Smith	Porter – Starke	Caucasian	Male	Treatment
12	Irene Szakonyi	Starke Youth Club	Caucasian	Female	Youth Services
13	Wendy Elam	Coalition Against Domestic Abuse	Caucasian	Female	Treatment
14	Rachelle Back	ITPC	Caucasian	Female	Prevention/Treatment
15	Colleen McCarthy	North Judson-San Piere High School	Caucasian	Female	Education
16	Ron Tight	Hamlet Police Department	Caucasian	Male	Law Enforcement
17	Linda Molenda	Drug And Tobacco Free	Caucasian	Female	Coordinator
18	Wendy Elam	Caring Place	Caucasian	Female	Treatment
19	Wendy Elam	Drug And Tobacco Free	Caucasian	Female	Co-Coordinator
20	Jim Strong	Indiana State Police	Caucasian	Male	Law Enforcement
21	Jordan Morris	Community Corrections	Caucasian	Female	Law Enforcement

22	Todd Van Buskirk	Porter-Starke	Caucasian	Male	Treatment
23	Aaron Kocar	Porter-Starke	Caucasian	Male	Treatment
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## Problem Identification

**A. Problem Statement #1: There are high incidents of tobacco usage throughout the entire population of Starke County**

**B. Supportive Data:**

1. 33% of Starke County adults smoke compared to 23% of adults in Indiana, according to 2014 countyhealthrankings.org/Indiana/starke.
2. According to the Youth Risky Behavior Survey of 2013, 15.7% of high school students reported having one cigarette a day and 8.6% of high school students reported smoking more than 10 cigarettes per daily during the previous 30 days.
3. According to IPRC survey 2013, 15.1% of twelfth graders used cigarettes in the past 30 days.
4. Starke County is ranked 91 out of 92 counties for health behaviors according to 2014 countyhealthrankings.org/Indiana/starke.
5. According to the Youth Risky Behavior Survey of 2013, during the 30 days before the survey, 8.8% had used smokeless tobacco.
6. Based on a population of 100,000, our residents had more people with diabetes,

lung cancer, respiratory disease, childhood asthma, heart disease, stroke and pregnant smokers.

**End of Year 1 Update:**

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**End of Year 2 Update:**

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**Final Update (end of Year 3):**

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**C. Goals:**

1. Participate in statewide, coordinated effort to establish smoke-free policies and social norms, to promote quitting and help tobacco users quit, and to prevent tobacco use initiation. We hope to strengthen ongoing programs to prevent tobacco usage, reduce tobacco-related disease, disability and deaths along with reducing tobacco usage by 2% of Starke County's population by 2017.

**End of Year 1 Annual Benchmarks:**

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**End of Year 2 Annual Benchmarks:**

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**Final Report Benchmarks (end of year 3)**

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**D. Objectives:**

- 1. Continue to support evidence based programs for youth, Botvin Life Skills Training.
- 2. Encourage new and existing cessation services for smokers and all tobacco users—promote IN Tobacco Quitline.
- 3. Outreach and education of youth and adults of the harms of tobacco and second hand smoke.
- 4. Education for parents and other adult caregivers of signs of tobacco use in youth.
- 5. Continue to pursue a clean air ordinance for Starke County. Working toward a smoke free ordinance by gathering supportive citizens, health care providers, businesses, etc... that are working toward a smoke free Starke County. Continue to promote more organizations/businesses to become smoke free.
- 6. Promote Indiana Tobacco Quitline Preferred Network for health care providers, businesses and organizations from the Indiana Department of Health and Tobacco Prevention and Cessation
- 7. Continue to support community outreach at Starke Co. 4-H Fair and other local events and festivals
- 8. Encourage workplaces to provide cessation programs and prescription benefits to employees to help them quit using tobacco. Preferred Employer Network enrollment helps employers see the importance of cessation programs to help reduce employee smoking rates.

**End of Year 1 Update:**

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**End of Year 2 Update:**

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Final Update (end of Year 3):

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**A. Problem Statement #2:**

B. Supportive Data: Opiate misuse/abuse remains a threat among youth and adults in Starke County

- 1. In 2014 probation refers 1 juvenile prescription abuse evaluations.
- 2. In 2014 the Starke County Prosecutor reported that 30% of all arrests involved prescription drugs, mainly vicodin, oxycontin and hydrocodone, in some way.
- 3. In 2014 the Starke County Sheriff's Department and Community Corrections report an increase in heroin overdoses. This is a hard statistic to prove other than firsthand knowledge due to the coroner classifying these death under heat attack/stroke.
- 4. Porter Starke reported 40% of Starke County patients are treated for opiate prescription drug misuse or abuse.
- 5. According to IPRC Indiana Youth Survey, in 2013, the prevalence of month heroin use among Indiana's twelfth-grade youth is more than twice as high as the corresponding national prevalence rate (0.7 percent vs. 0.3 percent).
- 6. Starke County Sheriff's Department had 12 opiate related arrests between Jan.-Sept. 2014, while Knox Police Department reported 9 opiate related arrests Jan.-July 2014.

End of Year 1 Update:

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End of Year 2 Update:

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Final Update (end of Year 3):

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C. Goals:

1. Participate in coordinated efforts to reduce opiate misuse/abuse, to promote education, to prevent opiate use initiation and treatment to help opiate users quit. We hope to strengthen ongoing programs to prevent as well as reduce opiate use/abuse, opiate related overdoses and deaths as well as reducing opiate misuse/abuse by 3% among the population of Starke County by 2017.

End of Year 1 Annual Benchmarks:

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End of Year 2 Annual Benchmarks:

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Final Benchmarks (end of year 3):

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D. Objectives:

1. Support treatment for individuals for opiates use/abuse.

2. Support evidence based and innovative prevention programs that provide measurable results for youth and adults opiate use/abuse in Starke County.
3. Support law enforcement in their efforts to reduce opiate use/abuse.
4. Provide support to raise public awareness regarding issues of opiate use and abuse in Starke County through conventional media, social marketing and online media.
5. Encourage NA programs.
6. Set up outreach at fairs, festivals and other public events in order to education the public about the harms and consequences of misuse/abuse of alcohol.
7. Support Starke County Community Corrections in their efforts to reduce opiate use/abuse.

**End of Year 1 Update:**

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**End of Year 2 Update:**

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**Final Update (end of Year 3):**

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**A. Problem Statement #3: There is a high incidence of alcohol use/abuse in Starke County among adults and youth.**

**B. Supportive Data:**

- 1. 2014 Jan.-Sept. Starke County Sheriff's Department had 25 Operating a Vehicle While Intoxicated, 1 Open Container and 1 Minor Consumption Charges.
- 2. 2014 Jan.-July Knox Police Department had 23 alcohol related arrests.
- 3. 2014 Knox Police Department had 11 minor consumption arrests
- 4. 20% of Starke County adults drink excessively as compared to 16% of Indiana's adults, according to 2014 countyhealthrankings.org/Indiana /starke.
- 5. According to Indiana State Department of Health's 2013 statistics, 34.9% of high school students had at least 1 drink within the past 30 days and 20.8% binge drank within the past 30 days.
- 6. The 2014 Alcohol, Tobacco and other Drugs Survey results showed 26.8% of 11<sup>th</sup> graders reported using alcohol within the past 30 days.
- 7. A local high school reported from 2014 ATOD survey that 25% of students said their parents perceived it was not wrong for minors to consume alcohol.
- 8. According to 2014 countyhealthrankings.org/Indiana/starke, Starke County has 34% alcohol impaired driving deaths compared to Indiana's 26%.

**End of Year 1 Annual Benchmarks:**

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**End of Year 2 Update:**

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**Final Update (end of year 3):**

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**C. Goals:**

**1. Participate in coordinated efforts to reduce alcohol misuse/abuse, to promote education, to prevent alcohol use initiation and treatment to help those with alcohol misuse/abuse to quit. We hope to strengthen ongoing programs to prevent alcohol use, reduce alcohol misuse/abuse, drinking and driving as well as alcohol impaired driving deaths as well as reducing alcohol use/abuse by 2% by 2017.**

**End of Year 1 Annual Benchmarks:**

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**End of Year 2 Annual Benchmarks:**

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**Final Benchmarks (end of year 3):**

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**D. Objectives:**

- 1. Support treatment for individuals for alcohol misuse/abuse.
- 2. Support evidence based and innovative prevention programs that provide measurable results for youth and adults alcohol misuse/abuse in Starke County.
- 3. Support law enforcement in their efforts to reduce alcohol misuse/abuse.
- 4. Provide support to raise public awareness regarding issues of alcohol misuse and abuse in Starke County through conventional media, social marketing and online media.
- 5. Encourage AA programs.
- 6. Set up outreach at fairs, festivals and other public events in order to education the public about the harms and consequences of misuse/abuse of alcohol.
- 7. Support Starke County Community Corrections in their efforts to reduce alcohol misuse/abuse.

**End of Year 1 Update:**

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**End of Year 2 Update:**

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**Final Update (end of year 3):**

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**A. Problem Statement #4: Methamphetamine remains a threat among youth and adults in Starke County.**

**B. Supportive Data:**

- 1. According to Indiana State Police, Starke County is not ranked in the top 10 in the state for meth labs, but according to Starke County Sheriff's Department our county has had 24 meth lab busts so far this year and we are ranked number 10.
- 2. As of the end of 2013, according to Indiana State Police, Starke County had 21 meth lab busts. The meth lab busts decreased from 36 the previous year with the statewide total increasing by 146 meth lab busts.
- 3. A high school reports for 2013 from the Alcohol, Tobacco and other Drug survey that 3.6% of students reported using methamphetamine in the past 30 days, which has increased by .8%.
- 4. According to 2013 ATOD, compared to 2010, the reported prevalence rates of lifetime use of methamphetamine decreased for youth in grades 7 through 10 and Grade 12 and monthly use decreased for youth in Grades 8 through 10.
- 5. According to Real Clear Politics, Indiana is ranked the number 1 state for meth use in the United States.
- 6. Starke County Sheriff's Department had 31 meth related arrests between Jan.- Sept. 2014, while Knox Police Department reported 3 meth related arrests Jan.- July 2014.

**End of Year 1 Update:**

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**End of Year 2 Update:**

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**Final Update (end of Year 3):**

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**C. Goals:**

1. **Participate in coordinated efforts to reduce Methamphetamine use or abuse, to promote education, to prevent Methamphetamine initiation and treatment to help those with Methamphetamine use/abuse to quit. We hope to strengthen ongoing programs to prevent Methamphetamine use, that reduce Methamphetamine use/abuse, and Methamphetamine related deaths as well as reducing meth use by youth by 1% by 2017.**

**End of Year 1 Annual Benchmarks:**

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**End of Year 2 Annual Benchmarks:**

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**End of Year 3 Annual Benchmarks:**

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**D. Objectives:**

1. Support educating the public regarding the effect of methamphetamine and its production.
2. Support evidence based education/prevention programs regarding methamphetamine like the Botvin Life Training Program.
3. Support treatment and support groups for methamphetamine addiction.
4. Encourage and support enforcement of state laws dealing with the sale of methamphetamine precursors.
5. Support law enforcement in their efforts to curb methamphetamine use in Starke County.
6. Support Starke County Community Corrections in their efforts to curb methamphetamine use.

7. Encourage NA programs.
8. Set up outreach at fairs, festivals and other public events in order to education the public about the harms and consequences of misuse/abuse of methamphetamine.

**End of Year 1 Update:**

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**End of Year 2 Update:**

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**Final Update (end of Year 3):**

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***Please attach the County's Fiscal Report for review!***

Category	Approved Budget (Based on the <u>approved</u> Comprehensive Community	This Quarter Expenditures	Total Expenditures	Unpaid Obligations (Grantees that have not allocated their	Balance

	Plan)			award)	
PREVENTION	5200.00	5200.00	5200,00	0.00	0.00
TREATMENT	5000.00	5000.00	5000.00	0.00	0.00
CRIMINAL JUSTICE	5661.00	5661.00	5661.00	0.00	0.00
ADMINISTRATION	0.00	0.00	0.00	0.00	0.00
UNOBLIGATED DOLLARS County Drug Free Community Fund	1430.43	0.00	0.00	0.00	1430.43
Total	17291.43	15861.00	15861.00	0.00	1430.43

**Next Annual Update Due: October 31, 2015**

**Next Comprehensive Community Plan Due: October 31, 2015**

**Date of Community Consultant Review:**

**Disclaimer:**

You agree that the information provided within this Plan is subject to the following Terms and Conditions. These Terms and Conditions may be modified at any time and from time to time; the date of the most recent changes or revisions will be established by the Commission and sent electronically to all Local Coordinating Councils.

**Terms and Conditions:**

The information and data provided is presented as factual and accurate. I hereby acknowledge that I can be asked to submit proper documentation regarding the data



submitted within the Plan. Failure to do so could result in a “denied approval” by the Commission under IC 5-2-6-16.

The Local Drug Free Communities Fund must be spent according to the goals identified within the plan. I hereby acknowledge that I can be asked to submit proper documentation regarding funds that are collected, allocated, and disbursed within the county. Failure to do so could result in a “denied approval” by the Commission under IC 5-2-6-16.

**Initials: WE and LM**