# The Indiana Commission to Combat Drug Abuse



## Behavioral Health Division

# **Comprehensive Community Plan**

County: Porter

LCC Name: Porter County Substance Abuse Council

LCC Contact: Dawn Pelc

Address: 57 S Michigan Street Suite 203

City: Valparaiso Phone: 219-462-0946

Email: dpelc@portercountysac.com

## **County Commissioners:**

Address: 155 Indiana Ave. #205

City: Valparaiso Zip Code: 46383

# **Vision Statement**

What is your Local Coordinating Council's vision statement?

Proving sustainable initiatives and resources to end substance use disorder in Porter County.

# **Mission Statement**

What is your Local Coordinating Council's mission statement?

Community hub responsible for building capacity, creating sustainability and providing resources to enhance the quality of life in Porter County by reducing substance use and the underlying causes and unintended consequences.

Mei	mbership List				
#	Name	Organization	Race	Gender	Category
1	Tim Beach	Ogden Dunes PD	Caucasian	Male	Law Enforcement
2	Brenda Sheetz	<b>Porter County</b>	Caucasian	Female	Business
		Community			
		Foundation			
3	Chris Buyer	<b>Porter County</b>	Caucasian	Male	Government
		Juvenile Probation			
4	April Lauderdale	<b>Porter County</b>	Caucasian	Female	Government
		Adult Probation			
5	Chuck Harris	Porter County	Caucasian	Male	Government
		Recorder	~ .		
6	Nicole Slack	<b>Duneland Schools</b>	Caucasian	Female	Education
7	Joe Draus	Resite House II	Caucasian	Male	Recovery
8	Robert Nichols	Portage PD	Caucasian	Male	Law Enforcement
9	Scott Sedja	Hebron PD	Caucasian	Male	Law Enforcement
10	Austin Haynes	Burns Harbor PD	Caucasian	Male	Law Enforcement
11	Eldon Joe Hall	Valparaiso PD	Caucasian	Male	Law Enforcement
12	Dolores Mueller	Kouts PD	Caucasian	Female	Law Enforcement
13	Joshua Noel	Hebron PD	Caucasian	Male	Law Enforcement
14	John Norris	Deputy Prosecutor	Caucasian	Male	Law Enforcement
15	Ben McFalls	Sheriff's Office	Caucasian	Male	Law Enforcement
16	Rob Maynard	Portage PD	Caucasian	Male	Law Enforcement
17	Anne Wojas	ISP	Caucasian	Female	Law Enforcement
18	Anthonty Potesta	ISP	Caucasian	Male	Law Enforcement
19	Chris Pumroy	Adult Probation	Caucasian	Male	Government
20	David Lohse	Chesterton PD	Caucasian	Male	Law Enforcement
21	Joe Torok	Porter PD	Caucasian	Male	Law Enforcement
22	Jesse Harper	Center Township	Caucasian	Male	Government
22	Dan Rocha	Trustee Chastartan DD	Caucasian	Male	Law Enforcement
23		Chesterton PD	Caucasian	Male	Law Enforcement
25	Nathan Graf Erin Weber	Sheriff's Departmt Juvenile Justice	Caucasian	Female	Law Enforcement Government
26	Connie Rudd	PC ISHD	Caucasian	Female	
27	Jenny Harkle	PC ISHD	Caucasian	Female	Government Government
28	Allen Wright	Frontline	Caucasian	Male	Recovery
20	Anen wright	Foundations	Caucasian	Maic	Recovery
29	Todd Kobitz	Valparaiso PD	Caucasian	Male	Law Enforcement
30	Anthony Calebro	Ogden Dunes PD	Caucasian	Male	Law Enforcement
31	Jason Holaway	Porter PD	Caucasian	Male	Law Enforcement
32	Leslie Rowan	Valpo High School	Caucasian	Female	Education
33	Gina Pike	North Star Recvy	Caucasian	Female	Parent
34	Todd Willis	Porter Starke	Caucasian	Male	Treatment
] -	TOWN TIMES	Services	Cudcustan	Maic	- i cutiliciit
35	Jim Berman	First Counseling	Caucasion	Male	Treatment
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37Randy WilkeningPortage FDCaucasianMaleGovernment38Dan KodicekPortage Fire ChiefCaucasianMaleGovernment39David CincoskiChesterton Town ManagerCaucasianMaleGovernment40Kevin NeversTown of ChestertonCaucasianMaleGovernment41Sarah TurnerHealth LincCaucasianFemaleGovernment42Clint MulletChrist LutheranCaucasianMaleFaith Based43Dave ReynoldsRetired DEACaucasianMaleParent44Tammy O'NeillPC PACTCaucasianFemaleGovernment45Paul SchreinerProject NeighborsCaucasianMaleBusiness46Mimi GardnerHealth Linc CBHAfrican AmericanFemaleHealthcare47Maggie CliftonValpariso City CaucasianFemaleGovernment48Jennifer HippieIU School of SWCaucasianFemaleParent49Melissa ScannellChange TherapyCaucasianFemaleTreatment50Kate VenaChange TherapyCaucasianFemaleEducation51Joy SundayValparaiso SchoolsCaucasianFemaleEducation52Mark JonesBoys & Girls ClubCaucasianMaleYouth Serving53Mark AcevedoPC ProsecutorCaucasianMaleGovernment54Kyle PorackyBurns HarborCaucasian </th <th></th>	
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Chesterton   41   Sarah Turner   Health Linc   Caucasian   Female   Government	
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55 Doris Amling Porter County Caucasian Female Government	
'   '	ent
Coroner's Office	
56 Ana Brocksmith Union Township Caucasian Female Education	
57 Ana Spurgeris Chesterton HS Caucasian Female Education	
58 Bill Carnegie Big Bro Big Sisters Caucasian Male Youth Serving	
59 Jeremy Burns Harbor Caucasian Male Law Enforcem McHargue Police Dept	ent
60 Mike Rosta Wheeler HS Caucasian Male Education	
61 Mike Stephens Union Township Caucasian Male Education	
62 Deb Shephard Porter Regional Caucasian Female Healthcare	
63 Rick McCall ArcelorMittal Caucasian Male Business	
64 Robert Duneland Schools Caucasian Male Education Blumenthal	
65 Donna Golob PATH Caucasian Female Youth Serving	
66 Marty Vagenas First Counseling Caucasian Female Business	
67 Lu Allie Boone Grove Caucasian Male Education	
68 Cecilia Ballard 1 <sup>st</sup> Nazarene African Female Faith-Based American	
69 Jeff Brooks Hebron MS Caucasian Male Education	
63 Chris George Morgan Twnsp Caucasian Female Education	
64 Lita Peters Respite House I Caucasian Female Recovery	

66	Kristi Chervenak	Recovery	Caucasian	Female	Parent
		Connections			
69	Glenn Schultz	Northshore Health	Caucasian	Female	Healthcare
70	Nick Wardell	Porter Starke Svc	Caucasian	Male	Healthcare
71	Jason Szemes	Indiana Excise	Caucasian	Male	Government
72	Sandy Behrens	Purdue U Health	Caucasian	Female	Education
73	Joy Al-Nimri	Al-Nimri Tax Svc	Caucasian	Female	Business
74	<b>Gretchen Arthur</b>	Washington Township	Caucasian	Female	Education
75	Jeff Balon	Valparaiso PD	Caucasian	Male	Law Enforcement
76	Dave Bartlett	Recovery Works	Caucasian	Male	Treatment
77	Jim Bernard	Care Counseling	Caucasian	Male	Treatment
78	Monique	NWI Area Health	African	Female	Education
	McAlister	<b>Education-Purdue</b>	American		
79	Jeff Biggs	PC Sheriff's	Caucasian	Male	Law Enforcement
		Department			
80	Jack Birmingham	Union Township	Caucasian	Male	Education
		School Corp			
81	Claudia Garcia	Parkdale	Caucasian	Female	Treatment
82	Clay Corman	<b>Boone Grove HS</b>	Caucasian	Male	Education
83	Make Dehaven	Valparaiso PD	Caucasian	Male	Law Enforcement
84	Kristin Doty	Kouts MS	Caucasian	Female	Education
85	Eric Evans	SAFE	Caucasian	Male	Prevention
86	<b>Amber Hensell</b>	360 Recovery	Caucasian	Female	Treatment
87	Teresa Hohner	PC Health Depart.	Caucasian	Female	Government
88	Maureen Hurst	<b>Boone Grove</b>	Caucasian	Female	Education
89	David Milligan	<b>Chesterton HS</b>	Caucasian	Male	Education
90	Cara Jones	Health Linc	Caucasian	Female	Healthcare
91	<b>Gregory Jones</b>	Union Township	Caucasian	Male	Education
92	Daniel Keilman	Retired	Caucasian	Male	Civic
93	<b>James Anton</b>	<b>Anton Insurance</b>	Caucasian	Male	Civic
94	Kerry Sroufek	<b>Anton Insurance</b>	Caucasian	Female	Civic
95	Chris Kosbade	Family House	Caucasian	Female	Youth Serving
96	Sue Lipinski	Washington	Caucasian	Female	Education
		Township MS			
97	Natalie Miller	Valparaiso High	Caucasian	Female	Education
		School			
98	Jennifer Olsen	Healthy Kids	Caucasian	Female	Government
99	Courtney	Leadership NWI	Caucasian	Female	Business
	Robinson				
100	James Rosinia	Morgan Township	Caucasian	Male	Education
101	Rich Schmidt	Living Hope	Caucasian	Male	Faith-Based
		Church			
102	Chris Swickard	Chesterton PD	Caucasian	Male	Law Enforcement
103	Rhonda Walker	Hebron HS	Caucasian	Female	Education

104	Ty Williams	Volunteer	African	Female	Civic
		, , , , , , , , , , , , , , , , , , , ,	American		
105	Juan Sierra	Retired	Hispanic	Male	Recovery
106	Diana Iltzsche	Christ Luthern	Caucasian	Female	Faith Based
107	Tracy Allen	Brandon's Cause	Caucasian	Female	Civic
108	Darren Newton	Portage Recovery	Caucasian	Male	Recovery
109	Martin Glennon	Retired	Caucasian	Male	Civic
110	Jim Burns	Family Focus	Caucasian	Male	Treatment
111	Megan Fisher	Porter Starke	Caucasian	Female	Recovery
112	Lori Postma	District 1	Caucasian	Female	Law Enforcement
113	Ruth Goss	<b>Recvry Connection</b>	Caucasian	Female	Recovery
114	Jay Birky	PC Sheriff's	Caucasian	Male	Law Enforcement
115	Emily Nelson	Wheeler HS	Caucasian	Female	Youth
116	Maria Stamp	PC Health Dept	Caucasian	Female	Government
117	Jeni Bolton	McDonald's	Caucasian	Female	Business
118	Bernice Sterna	Franciscan	Caucasian	Female	Healthcare
		Healthcare			
119	<b>Gregory Kovach</b>	WVLP	Caucasian	Male	Media
120	Dan Grass	1st Lutheran	Caucasian	Male	Faith-Based
121	Kevin Johnson	Author	Caucasian	Male	Faith-Based
122	Michael Crowley	North Shore	Caucasian	Male	Healthcare
123	Pam Cain	Ivy Tech	Caucasian	Female	Civic
124	Robert	<b>Boone Grove</b>	Caucasian	Male	Education
	Lichtenberger	Middle School			
125	Natalie	Valparaiso Police	Caucasian	Female	Law Enforcement
	Mahlmann	Department			
126	David Muniz	<b>Boone Grove</b>	Caucasian	Male	Education
127	Scott Janson	GatewayFoundatn	Caucasian	Male	Treatment
128	Kosondra	Indiana State	Caucasian	Female	Law Enforcement
	Montgomery	Police			
129	Nancy Luchene	Portage Recovery	Caucasian	Female	Recovery
130	Maggie Clifton	City of Valpo	Caucasian	Female	Government
131	Kiessa Hamilton	Ivy Tech	African	Female	Civic
			American		
132	Ray Satterblom	Family First	Caucasian	Male	Treatment
133	Nicole Markovich	Kouts County	Caucasian	Female	Government
134	Chelsea Winder	Kouts MS/HS	Caucasian	Female	Education
135	Andrea Sherwin	MHA	Caucasian	Female	Healthcare
136	Josh Huwig	Chesterton MS	Caucasian	Male	Education
137	Albert Gay	IPRC	African	Male	Prevention
4			American		
138	Lisa Hargarten	Parent	Caucasian	Female	Parents
139	Austin Haynes	Burns Harbor PD	Caucasian	Male	Law Enforcement
140	Nicole Slager	Portage HS	Caucasian	Female	Education
141	Jody Kristoff	<b>Boone Grove</b>	Caucasian	Female	Education

142	Linda Rugg	Portage HS	Caucasian	Female	Education
143	Kim Smith	NWI Regional	African	Female	Healthcare
		Hospital	American		
144	Denise	<b>Chesterton Middle</b>	Caucasian	Female	Education
	Blumenthal	School			
145	Erin Miller	<b>New Creations</b>	Caucasion	Female	Business
146	Nate Shaffer	DEA	Caucasion	Male	Law Enforcement
147	Monica Sauders	1st United	African	Female	Faith-Based
		<b>Methodist Church</b>	American		
148	Jeff King	Portage HS	Caucasian	Male	Education
149	Karen Bonner	Portage HS	Caucasian	Female	Education
150	Ann Macker	MHA	Caucasian	Female	Education
151	Lauren Lamb	HealthLinc	Caucasian	Female	Healthcare
152	Jason Oxendine	<b>Duneland Church</b>	Caucasian	Male	Faith-Based
153	Bill Dulin	Sheriff Starke Co.	Caucasian	Male	Law Enforcement
154	Christy Jarka	Morgan Township	Caucasian	Female	Education
155	Kevin Tracy	YMCA	Caucasian	Male	Youth Serving
156	Lynn Slate	PACT	Caucasian	Female	Government
157	Jamie Rogers	Heartland	Caucasian	Female	Recovery
158	Mann Spitler	<b>BeSafe Coalition</b>	Caucasian	Female	Parent
159	Jennifer Symer	Morgan Township	Caucasian	Female	Education
160	Jeff Lawley	Ivy Tech	Caucasian	Male	Education
161	Tracy Fox	Volunteer	Caucasian	Female	Recovery
162	Karen Kinsey	East Porter Corp	Caucasian	Female	Education
163	Gail Sangster	East Porter School	Caucasian	Female	Education
164	John Klumpe	Valpo Partners	Caucasian	Male	Business
165	Paul Heflick	Menonite Church	Caucasian	Male	Faith-Based
166	Kyle Otten	Porter Starke	Caucasian	Male	Treatment
167	Robert Holtz	Retired	Caucasian	Male	Civic
168	Megan Woods	Boys/Girls Club	Caucasian	Female	Youth Serving
169	Sandy Carlson	Porter Starke	Caucasian	Female	Treatment
170	Angela Johnson	Volunteer	Caucasian	Female	Civic
171	Valerie Kalamara	Volunteer	Caucasian	Female	Business
172	Stacey Schmidt	Porter Township	Caucasian	Female	Education
173	Douglas Johnson	Portage Middle	Caucasian	Male	Education
174	Larry Smith	Intrepid Phoenix	Caucasian	Male	Recovery
175	Richard	Griffith PARRI	Caucasian	Male	Law Enforcement
15:	Merschantz	CI TI		3.6.3	
176	Allen Hines	Change Therapy	Caucasian	Male	Treatment
177	Amanda Jennings	Volunteer	Caucasian	Female	Civic
178	Chris Swickard	Chesterton PD	Caucasian	Male	Law Enforcement
179	Josh Nolte	Recovery House	Caucasian	Male	Recovery
180	Mark Rafalski	Family Focus	Caucasian	Male	Treatment
181	Jim Burns	Family Focus	Caucasian	Male	Treatment

182	Valarie Thorn	Portage PD	Caucasian	Female	Law Enforcement
183	Doug Adams	Chesterton MS	Caucasian	Male	Education
184	Grace Gidley	Mental Health	Caucasian	Female	Healthcare
		American			
185	Michaela Doyle	Adams Radio	Caucasian	Female	Media
186	Barb Claypool	PACT	Caucasian	Female	Government
187	Amanda Alaniz	Portage Township	Caucasian	Female	Education
		Schools			
188	Eric Wood	Valpo Nazarene	Caucasian	Male	Faith-Based
189	Ronda Gorby	Footprints	Caucasian	Female	Recovery
190	James Markle	NILEA	Caucasian	Male	Law Enforcement
191	Mitch Peters	Attorney	Caucasian	Male	Recovery
192	Kenny Furness	320 Recovery	Caucasian	Male	Recovery
193	Rebecca Reiner	NEO	Caucasian	Female	Education
194	Erik Wade Ginter	Arcelor Mittal	Caucasian	Male	Recovery
195	Chris Gabrano	Heartland	Caucasian	Male	Recovery
196	Ron Donahue	InHealth	Caucasian	Male	Business
197	Kyle McTigue	Porter Ambulance	Caucasian	Male	Business
198	Dee Wagner	Student	Caucasian	Female	Youth
199	<b>Danielle Catlin</b>	Student	Caucasian	Female	Youth
200	James Ferguson	Student	Caucasian	Male	Youth
201	Vilma Cerros	Parent	Caucasian	Female	Parent
202	Joel Vargas	Student	Hispanic	Male	Youth
203	Linda Davis	Care Counseling	Caucasian	Female	Treatment
204	Kristi Morris	<b>PC Coroner Office</b>	Caucasian	Female	Parent
205	Cyndi Dykes	PC Coroner	Caucasian	Male	Government
206	Maria Stamp	PC Health Dept	Caucasian	Female	Healthcare
207	Kyle McTeigue	InHealth	Caucasian	Male	Business
200	C IF'I	Ambulance		Б. 1	D
208	Carol Fink	Retired	Caucasian	Female	Recovery
209	Dirk Baer	Morgan Township	Caucasian	Male	Education
210	Daniel Valko	Student Name Shares	Caucasian	Male	Youth
211	Jessica Parks	North Shore	Caucasian	Female	Healthcare
212	Marla Hannon	Washinton Twnsp	Caucasian	Female	Education
213	Arlene Moore	Family House	Hispanic	Female	Education
214	Gary Germann	PC Prosecutor	Caucasian	Male	Law Enforcement
215	Jessica Edmonds	Student	Caucasian	Female	Education
216	Irma Santoyo	Student Deutage US	Hispanic	Female Male	Youth
217	John Zack	Portage HS	Caucasian	Male	Education
218	Jackie Fuller	Ivy Tech	African	Female	Education
210	Vonny Williams	Hohart DD	American	Mala	Low Enforcement
219	Kenny Williams	Hobart PD	Caucasian	Male	Law Enforcement
220	Jessica Landrum	Student	Caucasian	Female	Youth
221	Erica Rios	Griffith PD	Hispanic	Female	Law Enforcement
222	Jenna Sickinger	Portage Township	Caucasian	Female	Education

223	Jessica Malher	PC Health Dept	Caucasian	Female	Healthcare
224	Officer Vega	Valparaiso PD	Canine	Male	Law Enforcement
225	Officer Nix	Portage PD	Canine	Male	Law Enforcement
226	Tammy Gregg	WorkOne	Caucasian	Female	Government
227	Roberta Prugh	Wheeler HS	Caucasian	Female	Youth
228	Paulina Huffman	PC Vet Service	Caucasian	Female	Government
229	Bonnie Stephens	Union Twnsp	Caucasian	Female	Education
230	Tara Taylor	Ivy Tech	Caucasian	Female	Education
231	Daniele Charriere	Student	Caucasian	Female	Youth
232	Amanda Nelson	Morgan Twnsp	Caucasian	Female	Youth
233	Rachael Horner	PC Jail	Caucasian	Female	Government
234	Alan Stover	Life Source	Caucasian	Male	Faith-Based
235	Antonio	1st United	Hispanic	Male	Faith-Based
	Cammarata	Methodist			
236	Don Spears	Ivy Tech	Caucasian	Male	Education
237	Marek Wojac	United Way	Caucasian	Male	Civic
238	Megan Fisher	Porter Starke	Caucasian	Female	Treatment
239	Randall Forsythe	Nazarene Church	Caucasian	Male	Faith-Based
240	Officer Bane	Hebron Police	Canine	Male	Law Enforcement
241	Paul Schreiner	WVLP	Caucasian	Male	Media
242	Lori Daly	PC Counsel	Caucasian	Female	Government
243	Sarah Bernard	Care Counseling	Caucasian	Female	Treatment
244	Sam Marshall	East Porter Corp	Caucasian	Male	Education
245	Gregory Blair	Portage MS	Caucasian	Male	Education
246	Dan Rau	Boys/Girls Club	Caucasian	Male	Youth Serving
247	John Norris	PC Prosecutor's	Caucasian	Male	Law Enforcement
		Office			
248	Nicole Walters	PRA	Caucasian	Female	Recovery
249	Alexandra	<b>Boys/Girls Club</b>	Caucasian	Female	Youth Serving
	Rumple				Organization
250	Alondra	Boys/Girls Club	Hispanic	Female	Youth Serving
	Hernandez				
251	Lorelei Weimer	PC Convention &	Caucasian	Female	Government
		Visitors			
252	Kevin Robinson	Ricochet	Caucasian	Male	Business
253	Michelle Stewart	Chesterton HS	Caucasian	Female	Education
254	Jeanie Sienkowski	Chesterton HS	Caucasian	Female	Education
256	Donna Swain	Portage Recovery	Caucasian	Female	Recovery
257	Terry Gilliana	Valpo PD	Caucasian	Female	Law Enforcement
258	David Reynolds	PC Sheriff	Caucasian	Male	Law Enforcement
259	Jerry Lasky	Union Township	Caucasian	Male	Education
260					
261	Stephanie	Acermers	Caucasian	Female	Treatment
	Shostok				
262	Kevin Zeck	Portage HS	Caucasian	Male	Education

## **LCC Meeting Schedule:**

Please provide the months the LCC meets throughout the year: January through November

January, February, March, April, May, June, July, August, September, October, November and December. We meet the 2<sup>nd</sup> Thursday of every month. December is the award and recognition ceremony. The meeting was in person.

# **Community Needs Assessment: Results**

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

### **Community Profile**

### **County Name**

Porter County, Indiana

### **County Population**

According to the U.S. Census Bureau 2019, the estimated population in Porter County was **170,389**, which included 50.4% female. The gender distribution is similar to the state. The population size was increased by **3.7%** between 2010 and 2019.

The demographic distributions of Porter County are different from the state. The major population is Caucasian alone, which occupied 91.9% of the entire population. The second-largest population in Porter County in 2019 was Hispanic Latino at 10.4%. The third-largest population in Porter County in 2019 was African American at 4.4% (U.S. Census Bureau, 2019).

#### **Schools:**

Duneland School Corporation, East Porter County School Corporation, MSD/Boone Township, Portage Township School Corp., Porter Township School Corp., Union Township School Corp., and Valparaiso Community School Corp.

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)

Porter Regional Hospital, North Shore, Healthlinc, Franciscan Alliance

# Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

Porter Regional Hospital, Porter-Starke, Inc., North Shore, Healthlinc, Mental Health America, Franciscan Behavioral Health, Regional Mental Health, Heartland Recovery, Recovery Works, Midwest Center for Youth & Families, Hillman Psychological Service, Park Dale, Midwest American Psychological & Counseling Services

### **Service agencies/organizations:**

Family Youth Service Bureau, Care Counseling, Mental Health America, Recovery Connection, Family Focus, Family Youth Service Bureau, Family House, Portage Recovery Association, Samaritan Counseling Center, Inc, Lark's Nest Family Counseling Center, Place Counseling, Diann Bins Counseling, Sankofa Counseling, New Beginnings Counseling, To Be Light Ministries, Beyond Boundaries, INtreatment, Therapy Works, Focus Counseling, Wells Family Counseling, Duneland Counseling Center, The Joshua Center of Valparaiso, Family Concern Counseling, Innovative Counseling, Fresh Start, Choices! Counseling, Moraine House, Respite House, Alice's House, Women's Recovery Home, Recovery Works, Family House, Frontline Foundations, Healthy Kids, Greater Good, Tobacco Coalition, Be Safe, WVLP, Boys and Girls Club, Big Brothers/Big Sisters, YWCA, PACT, Intrepid Phoenix, Purdue University Northwest, Indiana University Northwest, Ivy Tech Community College, New Creations, Housing Opportunities, Caring Place, Community Foundation, Healthlinc, United Way

### Local media outlets that reach the community:

Matters of Substance Podcast, Porter Life, WVLP, NWI Times, Chesterton Tribune, Post Tribune, The Chronicle, Lakeshore Pubic TV/Radio, all Chicago media, all Adams Radio stations

### What are the substances that are most problematic in your community?

Heroin/Opioids, Tobacco/Vaping, Marijuana, Alcohol-underage drinking, Methamphetamine and Cocaine emerging

# List all substance use/misuse services/activities/programs presently taking place in the community

Sticker Shock, Overdose Lifeline, Above the Influence, Marijuana/Heroin/Opioid/Alcohol Town Halls, Matters of Substance Podcast, #NotAMinorProblem, Mental Health Awareness Training, Youth Mentoring Training, Wake Up Call, Parents Who Host, Real Media, Peer Mentoring, Recovery Support, Teen BEAT, SMART Recovery, Life Skills, Strengthening Families, Around the Table, AA, NA, Circle of Support, Beyond the Influence, WVLP Radio weekly programming, ADD, random drug testing at schools, drug tests available to parents, Deterra pouches available and Narcan available at PCSAC and Health Department, Family Preservation, Father Engagement, Positive Tickets, Coffee with a Cop, TiRosc, Positive Approach to Teen Health

## **Community Risk and Protective Factors**

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

**Risk Factors Examples:** trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
Low perception of harm for	The Council has created	Overcoming messaging
Marijuana, tobacco CBD,	messaging for the consequences	challenges from powerhouse
vaping related juices and	of using Marijuna, cannabinoids	Marijuana and tobacco industry,
devices because of marketing	and nicotine. Multiple	limited budget for marketing and
to youth, social norming and	campaigns have been developed	promotion; challenges also from
generational use.	and are circulated throughout all	promoting message to youth
	7 of the school corporations	through social media
Youth and adults are exposed	along with presentations at	
to pro-Marijuana promotion	middle and high school events,	Priority is COVID related
and marketing tactics in an	website promotion, billboard and	messaging. Competing for
effort to legalize recreational	radio campaigns. The Matters of	macro-media opportunities
sales. The fact that	Substance podcast also discusses	
neighboring states Illinois and	these topics in detail with special	Teachers/schools have limited
Michigan are have legalized	guests throughout the year.	influence on students; Council
Marijuana compounds the		provides evidence-based robust
problem and increases the	A 12-sector approach to	programming at no cost to
likelihood of individual use	disseminating information	schools, however, sporadic use
and normalizing the behavior.	throughout the community,	because of state teaching
	community town hall meetings,	mandates
Nicotine and vaping have a	funding earmarked for marketing	
perceived low perception of	and promotion, youth council	Only one out of seven schools
harm and high level of parental	participates in peer-to-peer	have a dedicated substance use
acceptance.	engagement, active and engaged	prevention teacher. Other
	coalition agencies	schools have strategies
		introduced in health class or gym

<sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

Youth do not feel a sense of belonging in their community because of the transient nature of society and the absence of stability, long term friendships, family and neighbors. The Council has a partnership with the school resource officers in middle and high schools to minimize the low attachment risk by rewarding the youth for positive contributions to their school community.

Additionally, this strategy builds a student-law enforcement positive relationship. The strategy is supported by the Council and is an evidence-based program called "Positive Ticketing"

The Drunk Driving Task Force has created partnerships with local coffee shops and national McDonald's throughout the county to promote goodwill and build community relationships with the residents on an infrequent and unpredictable schedule

Porter County has a vocal legislative supporter of legalization of Marijuana that has been on (her) agenda for the last decade and continues to reintroduce bills at the state level

Limited participation at events

Youth report a low perception of harm with consideration for heroin/opioids, schedule 1-5 drugs/chemicals, Marijuana, and underage drinking

Intergenerational substance use increases youth experimentation and drug use

Adult and youth with undiagnosed mental health issues go untreated and lead to self-medication and potential drug addiction Targeted messaging campaigns for students, parents and schools. Prepared social media campaigns with prevention message, peer-to peer group facilitation, youth council initiatives, youth leadership opportunities Matters of Substance podcast discussions geared toward parents, community and youth. Youth developed podcasts and PSA's for peer-to-peer discussions

Training mentors, support of Mentors as role models Mentor/mentee relationship through the Council's Youth Mentoring initiative

Fully trained and certified staff provide training and resources to community, provide Overdose Lifeline program to all school corporations, Real Media, Treatment and recovery efforts are resisted because of shame and judgement. Matters of Substance podcast and WVLP radio broadcast success stories, prevention topics, suicide, antibullying messages and stigma discussions to provide information to listeners for acceptance and action on a weekly basis. COVID-19 messaging is prevalent, however, substance use is seen as a possible unintended consequence of the pandemic

Although training is provided (with CEU's or certification) on a variety of topics, unless there is a WIFM motivation, then attendance is low

Agencies continue to work in "silos" and resist participating in a community forum.

Community agencies attack each

	Parents that Host, Take Back Day, INSPECT, MHFA	other during open discussion for not doing enough
	Council provides drug tests to parents to test their child if suspicious or to set a baseline  Council funds community agencies to provide direct programming and strategies to youth; mental health training and	High levels of community funding results in a flooded service market where agencies are competing for participants to fulfill grant requirements.  Duplication of services likely
	programs  Funding to address youth substance use and provide tactics to reduce the perception of low harm as related to substance use	
	Mental health training (MHFA) Provide programs and initiatives that reduce the supply and availability of drugs such as INSPECT, Take Back Day, and harm reduction such as needle collection program	
Data indicates the community norm supports underage drinking for celebratory milestones such as graduation, prom, homecoming and athletic achievements	The Council has developed a marketing campaign to identify the consequences of underage drinking. The campaign airs on local radio and is a mainstay on WVLP - PSA's as well as	Parent education is key to reducing underage drinking. Additional resources to be developed aimed toward the adult as role model.
Parents acceptance of underage drinking and feel they have the responsibility to monitor the behaviors. Parental monitoring is perceived as safe parenting.	Matters of Substance podcast. The marketing materials are available to interested agencies and community organizations for distribution. Programs such Parents Who Host is promoted through the Sticker Shock initiative and distributed to	Youth mentoring opportunities are limited. Youth mentoring to include substance use module and mental health training for the adult mentor. However, a pilot project is currently underway
	72,000 people a year through a messaging campaign	Challenge to target social media and broadcast platforms with extensive and no exhaustive
Low perception of harm for long term consequences of underage drinking	The Council has developed a billboard to address underage drinking and hosting alcohol party for miniors.  Drunk Driving Task Force host prevention car simulation classes	programming choices. It is a challenge to pinpoint a medium for the broadest mass appeal and consideration

	before each student milestone event to promote wellness and safety protocols.  Coalition members and community agencies are trained to identify mental health issues and provide referrals. Mental Health First Aid, QSP, and SBIRT, suicide prevention training is available to schools, law enforcement, first responders, educators and community members to identify and intervene with mental health and substance abuse issues  Staff are encouraged to seek the Certified Prevention Specialist designation. 2 staff have been awarded the designation. All staff are working toward the goal of receiving the designation	
<b>Protective Factors</b>	Resources/Assets	Limitations/Gaps
Highly rated quality of life indicators & economic viability. Median income \$74,064; poverty rate is 8.1% and is under the Indiana state average of 11.9%; life expectancy is age 80.8 for femlaes and 76.7 for males; In	The Council is the acting hub of substance related activities and provides expert training, credentialing, continuing education, resources and support to agencies and the community at no cost	The COVID-19 pandemic will create new challenges and an expected increase in substance use and relapses in recovery.
2019, 93.1% of people with a high school diploma or higher and 28.2% of people earned a bachelor or higher degree, which is higher than Indiana.	The Tobacco Education and Prevention Coalition provides strategies to reduce tobacco and vaping behaviors at no cost. The Council is an active member of the coalition. The community supports the no smoking initiative throughout the county to include but not limited to government buildings, healthcare facilities, police agencies and school campuses.	In 2020, unemployment has risen, which was higher than Indiana state [Porter County: 4.2; Indiana [4]] due to the pandemic and unintended consequences will take time to gauge and extended reaction time
Porter County maintained the highest level of personal income in Northwest Indiana for a 14-year period.	Elected county officials are committed to restricting the legalization of Marijuana under	Although mental health and substance use disorder programs and strategies are available, attendance is generally low

Access to mental health and this administration. There are community gathering preventive medicine. Only Additionally, nicotine and places throughout the county to 7.9% (under age 65 years old) vaping juices as well as devices recreate but lack of of the population are uninsured are restricted from youth transportation limits uses by purchase. Identification is those in lower income bracket 7.9 % of the uninsured have required and Excise compliance checks in District 1 are frequent limited healthcare choices and check for underage sales of Community involvement and alcohol, tobacco/vape products active in promoting health and synthetic cannabinoids Teachers and school personnel behaviors and supporting need to be regularly tested for substance use reduction School campuses have zero substance use initiatives tolerance for substance possession and/use while on school property. Consequences are listed in the policy and Agencies partner to provide resources to increase mental procedure manual. health initiatives and reduce substance use School resource officers are stationed at campuses throughout the day and available for consultation and procuring safe environments that promote learning Robust community Agencies and organizations offer Data indicates that stigma and programs and services to detour engagement and agencies that the misconceptions that support support prevention, treatment, substance use disorder and it prevent those in recovery from recovery and judicial efforts reduce impaired driving. Law fully integrating into the enforcement agencies and the community. Drunk Driving Task Force partner with schools and Mental health and substance Porter County residents use disorder are a community MADD/SADD to promote safe struggling with substance driving. Impaired driving dependence often times still face priority. Agencies provide a range of options for personal simulation obstacles and school the negative stigma and shame care to accommodate varied field days are offered during associated with addiction. This household incomes prom/graduation/homecoming may prevent them from fully integrating back into society. Lack of insurance, funding Community agencies and Recovery efforts are supported by the community churches form partnerships to avenues, and/or available house the homeless and those openings at facilities make with mental and substance abuse inpatient substance abuse/detox treatment within Porter County, issues. and other surrounding counties, a challenge at times. Prosecutor's Office work with law enforcement to prosecute Porter County doesn't have a and convict impaired drivers to dedicated detox facility and the fullest extent of the law. referral are to Lake County, downstate or out of state

	<del>,</del>	
	Offender rehabilitation is the goal to keep the public safe  Community leadership promotes and supports recovery initiatives. Recovery resources are available for those seeking help. AA, NA, SMART recovery and faith-based alternatives are offered for adults and youth to achieve long term sobriety.  Recovery outreach throughout the state are on the upswing. Indiana Recovery Network/Mental Health America Indiana provide monthly meetings and webinars to LCC's. Indiana Addictions Coalition, Indiana Assoc. of Peer Recovery and Next Level Recovery provide structure and support to LCC's and local agencies	A large number of O-P treatment facilities from other states are locating in the county. It is challenging to vet the facilities in an effort to make referrals or not  There are limited recovery houses available for female and male residents; however, community agencies work together to house and shelter those in active addiction as well as those in recovery.  Recovery options are still limited but Recovery Connection is building capacity to function as the hub of recovery in Valparaiso for adults and teens  The homeless shelters were ordered to vacate during the COVID-19 pandemic and are still under orders to limit capacity  Certain populations are reluctant to seek help. Aged, LGBTQ+, LatinX populations are reluctant
Appropriate structure such as limits, rules, monitoring, and predictability	A strong mental health and faith-based community is invested in preventive measures, treatment modalities such as medication assisted treatment, recovery and recovery support  First Responders are trained to respond to overdose events with Naloxone and refer to treatment for rehabilitation. In some instances the Council assumes 3 <sup>rd</sup> party pay responsibility under presumptive eligibility guidelines to expedite healthcare	to join the coalition  Wait times to initiate therapeutic intervention for both mental health and substance treatment can be lengthy at times. Some waiting lists for at least 30 days  Parents don't seek help for their children because of stigma  Parents aren't able to identify substance use in the experimental stage until it becomes an addiction

The Council acts as the community hub for networking, training, and planning substance	
use prevention, treatment and recovery strategies with a multitude of agencies	

# Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

- Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements
- Step 2: Ensure your problem statements are evidence-informed, then prioritize
- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each
- Step 5: List the steps to achieve each goal

### **Step 1: Create + Categorize Problem Statements**

*Create problem statements as they relate to each of the identified risk factors.* 

Risk Factors	Problem Statement(s)
Porter County residents, youth and adult, are	Porter County residents do not see the dangers
exposed to consistent Marijuana and nicotine	that are associated with Marijuana and liquid
marketing due to neighboring Illinois and	nicotine because of ad campaigns that normalize
Michigan that have legalized use. A low	the behaviors
perception of harm is also noted for nicotine.	
	Porter County experiences challenges in its youth and adult populations in relation to both use and abuse of cannabinoids and/or nicotine products in all their various forms.
	Neighboring Illinois and Michigan openly sell Marijuana in store often times to minors.
	Adults and minors travel to legalized Marijuana states in less than an hour and return to Indiana with product for use and for sale.
	Northwest Indiana has Chicago, Illinois media, TV, radio, billboard influences because of the

	close proximity – under an hour of travel time and the there is evidence of cross culture and ideations
Porter County youth have a low perception of harm when discussing the use and abuse of Heroin, Cocaine, Meth, prescription drugs, and other illicit substances.	Porter County youth are at higher risk for developing substance use disorder due to diluted peer and family norms  Porter County is lacking in youth peer to peer mentoring and youth participation in preventative substance use education  Porter County struggles with use and abuse of illicit drugs such as Heroin, Cocaine, Meth, and a variety of prescription medications with polysubstance use being of key concern. Use of these illegal substances is negatively affecting a variety of legal, health, and social outcomes.
In Porter County, both the youth and adult populations have a low perception of harm when discussing alcohol use/abuse.	Porter County Residents, both young and old, have been impacted by health, legal, financial, socioeconomic and quality of life characteristics by the misuse and abuse of alcohol products  Porter County residents, both young and old, have higher then average rates of binge drinking  Porter County adults do not properly lock up their alcohol which leads to minors having unlimited, unsupervised access to the alcohol

# **Step 2: Evidence-Informed Problem Statements**

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

<b>Problem Statements</b>	Data That Establishes	Data Source
2 2 0 0 2 0 2 2 2 2 2 2 2 2 2 2 2 2 2 2	Problem	
Porter County experiences challenges with Marijuana, cannabinoids and vaping products in all their various forms.	Marijuana: Adults Treatment admissions with marijuana use and dependence reports showed that the number episode data of marijuana use in Porter County was increased from 81 to 163 between 2018 to 2019; the marijuana dependence was increased from 32 to 53.	The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2019, Page 58 The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2018, Page 58
	In 2020, there were 261 incarcerations due to marijuana use in Porter County, which occupied 21.8% of total incarceration of substance uses .	IN.Gov. (2020). Indiana drug data.
	More than a third (37.6 percent) of sexual minority adults 18 and older reported past year marijuana use, compared to 16.2% reported by the overall adult population.	National Institute on Drug Abuse. (n.d.)
	Youth In 2018, 14.7% of Porter County students from 6-12 th grade students reported current use of Marijurana.	2018 Indiana Youth Survey (INYS) Porter County Schools 6-12 <sup>th</sup> Grade Students
	The mean age of first time use marijuana among 6-12 <sup>th</sup> Porter County students was 13.3; In 2018, 29.9% of male students in 12 <sup>th</sup> grade reported it is very easy to get marijuana and 50.9% of male	2018 Indiana Youth Survey (INYS) Porter County Schools 6-12 <sup>th</sup> Grade Students

think no risk of try marijuana 2019 Data sheets collected by PCSAC from 7 Porter County Middle and or High once or twice. Schools In 2019 - 7 Porter County Schools reported a total of 64 suspensions/expulsions related to vaping either Marijuana or nicotine. **Tobacco products** Adults In 2018, Indiana had a higher 2018 National Survey on Drug Use and a rate of tobacco produce use Health (NSDUH) in the past month than U.S rate [Indiana: 27%; U.S: 22%]. Behavioral Risk Factor Surveillance Adult Smoking Prevalence in Indiana, System, (2018) by Gender, Race/Ethnicity, and Age Group 23.4% male; 19% female: 21.8% Caucasian; 20.7 % African American; 12.9 % Hispanic; 18-24 Yrs. old: 18.4%; 25-34 Yrs. old: 25 %; 35-44 Yrs. old: 24.8%; 45-54 Yrs. old: 27.5%; 55-64 Yrs. old: 22.7%: 65+ Yrs. old: 10.6%; The CDC investigated 805 CDC (2019) confirmed cases and 12 deaths due to a respiratory illness associated to vaping nicotine. Since early August 2019, Indiana State Department of Health Indiana has 60 cases (2021)confirmed vaping-related lung injuries, probable 68 cases, and 6 death March 2021. Youth 151,000 (approximately 1 in SmokeFreestjoe (n.d.) 10) Indiana youth now under http://www.smokefreestjoe.org/initiatives/ the age of 18 will die

	I	
	prematurely from a smoking- related illness	
	About 24 % of Indiana high school students and 25.5% Indiana college students reported current use of ecigarattes.	2019, The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile (page 3)
	The precetage of electronic vapor products use was increased by age/grade level. The percentage of cigratettes use was decreased from 12.8% to 9.5% for 12 <sup>th</sup> grade student in Porter County from 2016-2018; However, the percentage of Electronic Vapor Products use was increased from 18.9% to 26.8% for 12 <sup>th</sup> grade students in Porter County from 2016-2018.  8.5 % of 12 <sup>th</sup> grade Porter County students report using electronic vaping products	2018 Indiana Youth Survey (INYS) Porter County Schools 6-12 <sup>th</sup> Grade Students
	A total 122 incidents and 110 unique students involved in suspensions/expulsions due to tobacco use in Porter	2019, The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile (page 43)
Abuse/use of Prescription Drugs, Opioids, Heroin, Cocaine, Meth, polysubstance and other illicit drugs negatively affect the quality of life in	County, Academic Year 2018  Porter County had a higher opioid prescription despensations rates than Indiana [Porter County: 218.6 per 1,000; Indiana: 200.4 per 1,000]	Indiana State Department of Health (2019q2)
Porter County.	The non-fatal inpatient hospitalizations related opioid overdose rates was 23.5 per 100,000 in Porter County which was higher than Indiana [Indiana: 20.8 per 100,000] in 2019	Indiana State Department of Health (2020)
	In 2019, there were 33 people died involving opioid use, 30	Indiana State Department of Health (2020)

people died involving pain killers, and 19 people died involving synthetic opioids.

The total number of Nalocone events were increased from 121 to 217 between 2019-2020 in Porter County. IN.Gov. (2020). Indiana drug data.

In 2020, a total of 1132 incarceration due to illegal drug, which included 31 cases invlvoed cocaine, 158 cases invlvoed contolled susbtances, 73 cases invlvoed meths, 81 cases invlvoed opioid, and 283 cases invlvoed paraphernalia.

IN.Gov. (2020). Indiana drug data.

In 2019, a total of 466 cases of treatment admission in Porter County: 22.5% of Rx Opioid Misuse, 12.2% Rx Opioid Dependence, 39.9% of Heroin Use, 33.7% of Heroin Dependence; 22.5% of Cocaine Use, 5.2% of Cocaine Dependence, 7.3% of Meth Use, 1.7% Meth dependence.

The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile, 2019 (page 75, 91)

In 2019, middle and or high schools throughout the county reported 96 suspensions/expulsions related to illicit drugs.

2019 Data sheets collected by PCSAC from 7 Porter County Middle and or High Schools.

15.7% of babies in Indiana tested positive to opioids as compared to the nationwide average of 10.7%.

2017 Indiana State Department of Health reported by NWI Times <a href="https://www.nwitimes.com/news/special-section/opioids-in-nwi/babies-are-being-born-addicted-to-opioids-in-indiana-at/article\_baa97c4c-d4f8-5f2c-b4d4-5c1fe44534e2.html">https://www.nwitimes.com/news/special-section/opioids-in-nwi/babies-are-being-born-addicted-to-opioids-in-indiana-at/article\_baa97c4c-d4f8-5f2c-b4d4-5c1fe44534e2.html</a>
2018 Indiana Youth Survey

Porter County Students reported using prescription painkillers not prescribed to them over 1-5 times in the past month:

7<sup>th</sup> grade: 1.5%;

	8 <sup>th</sup> grade: 1.2%; 9 <sup>th</sup> grade: 2.2%; 10 <sup>th</sup> grade: 2.4%; 11 <sup>th</sup> grade: 2.3%; 12 <sup>th</sup> grade: 2.6%,	
	In 2019, 115 juvenile drug arrests were reported	2019 Data sheets collected by PCSAC from 7 law enforcement agencies.
	SAMHSA's National Survey on Drug Use and Health estimated 4.5% of Indiana residents ages 12 and older misused pain medication in the past year compared to the national average of 3.9%	The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2019, page 62
	1.8% of Indiana residents ages 18-25 report use of Methamphetamine in the past year compared to the national average of 1%	The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2019, page 81
	In 2019, about 7% of women reported using prescription opioid pain relievers during pregnancy.	CDC, (2020)
	The percentage of Hoosier students reporting a parent serving time in jail ranges from a high of 24.1% among 6th grade youth to 17.6% of 12th grade youth.	2019 Indiana KIDS COUNT Data Book. (Indiana Youth Institte, 2019)
	In 2018, 6.3 million sexutal mionority adults had a mental and or substance use in the U.S.	National Institute on Drug Abuse (2020) 2018 National Survey on Drug Use and Health: Lesbian, Gay and Bisexual Adults
Alcohol use/abuse by both youth and adults has led to a decline in the quality of life in Porter	Adults: In 2020, there were 610 adult alcohol arrests through-out Porter County.	IN.Gov. (2020). Indiana drug data.
County.	Alcohol-imparied driving deaths in Porter County was increased from 11% to 16% 2017-2018.	County Health Ranking (2020).
	Treatment admissions with alcohol use and dependence	The Consumption and Consequences of Alcohol, Tobacco, and Drugs in Indiana:

reports showed that the A State Epidemiological Profile 2018, 2019, page 18 number episode data of alcohol use in Porter County was increased from 81 to 187 between 2018 to 2019; the alcohol dependence was increased from 50 to 147. Primary alcohol use reported Indiana University Purdue University, at treatment admission in Fairbanks Public Health School (2019). Porter County was 31.4%. which was higher than Indiana (27%) in 2019. In 2019, there were 17 people Indiana State of Health Department died related to alcohol. (2020)In Indiana, 56.7% males and 45.8% females report having The Consumption and Consequences of used alcohol in the past 30 Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2019, days. In Indiana, 51.6% Caucasian; page 9 48.8% African American. 50.2% Asian, and 49.5% of the Hispanic report having used alcohol in the past 30 days. The percentage of Indiana Audlts having used alcohol in The Consumption and Consequences of the Past 30 days by age Alcohol, Tobacco, and Drugs in Indiana: A State Epidemiological Profile 2019, groups: 18-24 Yrs. old: 54.1%; page 9 25-34 Yrs. old: 61.1 %; 35-44 Yrs. old: 59%: 45-54 Yrs. old: 58.2%: 55-64 Yrs. old: 45.9%: 65+ Yrs. old: 33.8%. Youth: Since 2017, child removals The Consumption and Consequences of due to parental alcohol abuse Alcohol, Tobacco, and Drugs in Indiana: was increased from 10.4% to A State Epidemiological Profile 2017, 14.3% until 2019. 2018, 2019, page 23, 22, 22 2019 Data sheets collect by PCSAC from In 2019, there were 61 juvenile alcohol related 7 law enforcement agencies arrests. 27.3% of 12th. 2018 Indiana Youth Survey (INYS)

23.3% of 11<sup>th</sup>,

20.1% of 10<sup>th</sup>,

Porter County Schools 7-12<sup>th</sup> Grade

Students

16.5% of 9 <sup>th</sup> , 13% of 8 <sup>th</sup> , and 6.1% of 7 <sup>th</sup> grade self- reported past 30 days alcohol use in Porter County. 11.1% of 12 <sup>th</sup> and 12.2 % of	2018 Indiana Youth Survey (INYS)
11 <sup>th</sup> grade self-reported past 30 days binge drinking in Porter County.	Porter County Schools 7-12 <sup>th</sup> Grade Students
36.6% of 12 <sup>th</sup> grade students and 39.1% of 11 <sup>th</sup> grade students reported it would be easy to get alcohol.	2018 Indiana Youth Survey (INYS) Porter County Schools 7-12 <sup>th</sup> Grade Students
Nationally, 7 out of 10 people who identify as part of the LGBTQ+ population, or 70.2%, struggle with the use of alcohol.	2018 National Survey on Drug Use and Health: Lesbian, Gay and Bisexual Adults

# **Step 3: Brainstorm**

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
Porter County experiences challenges with	Encourage elected officials to oppose the
Marijuana, cannabinoids and vaping products in	legalization of Marijuana.
all their various forms.	
	Encourage elected officials to include product packaging design guidelines when creating
	legislation to reduce the appeal to youth.
	registation to reduce the appear to youth.
	Provide support and resources to community
	sectors to reduce use/abuse.
	Support classroom evidence-based health
	curriculum that addresses Marijuana and related issues.
	issues.
	Continue to encourage local schools to participate
	in the Indiana Youth Survey to collect data.
	Create & distribute prevention media campaign

Provide youth mentoring opportunities to assist at-risk youth

Create a collaboration with Sheriff's Department, recovery houses, community colleges to provide support to those incarcerated to assist completion of high school course work and further education to reduce recidivism.

Support a dedicated Certified Prevention Specialist at each school. Assist with training and certification requirements.

Develop content for Matters of Substance podcast and WVLP broadcast to educate the public on the topics of Marijuana, cannabinoids, vaping and nicotine products.

Abuse/use of Prescription Drugs, Opioids, Heroin, Cocaine, Meth, polysubstance and other illicit drugs negatively affect the quality of life in Porter County.

Provide support and resources to community sectors to reduce use/abuse.

Support classroom evidence-based health curriculum that addresses illicit substances and related issues.

Prevention media campaign

Support youth driven activities at community level to provide prevention education and reduce the use of prescription drugs, Opioids, Heroin, Cocaine, Meth, polysubstance and illicit drugs.

Support a dedicated Certified Prevention Specialist at each school. Assist with training and certification requirements.

Provide youth mentoring opportunities to assist with at-risk youth.

Develop content for Matters of Substance podcast and WVLP broadcast to educate the public on related topics.

Supplant Youth Council's at middle/high schools to promote healthy choices, increase protective factors, and reduce risk factors.

Create a collaboration with Sheriff's Dept., recovery houses, community colleges to provide support to those incarcerated to assist completion

of high school course work and further education to reduce recidivism. Support harm reduction efforts to safely collect and dispose of unused and unwanted prescription drugs and needles/syringes at drop off locations throughout the county. Encourage schools to participate in the Indiana Youth Survey. Develop content for Matters of Substance podcast and WVLP broadcast to educate the public on the topics of prevention/treatment/recovery of illicit drugs. Educate adults about the harm alcohol can cause Alcohol use/abuse by both youth and adults has to youth development. led to a decline in the quality of life in Porter County. Support classroom evidence-based health curriculum that addresses alcohol and related issues. Supplant Youth Council's at middle/high schools to promote healthy choices, increase protective factors, and reduce risk factors. Support a dedicated Certified Prevention Specialist at each school. Assist with training and certification requirements. Continue to encourage local schools to participate in the Indiana Youth Survey. Prevention strategies for underage drinking as classroom curriculum. Create a collaboration with Sheriff's Department, recovery houses, community colleges to provide support to those incarcerated to assist completion of high school course work and further education to reduce recidivism. Develop content for Matters of Substance podcast and WVLP broadcast to educate the public on the topics of prevention/treatment/recovery of alcohol use/misuse.

### **Step 4: Develop SMART Goal Statements**

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

### **Problem Statement #1 Marijuana**

#### Goal 1

Increase awareness and educate the community concerning the risk of use/abuse of Marijuana, cannabinoids and nicotine substances and related products by 7% per year.

#### Goal 2

Decrease the use of Marijuana, cannabinoids and nicotine by adults and juveniles by 6% over the next 3 years with special emphasis on target populations: elementary aged, prenatal/pregnant, 65+, geographical, college, LGBTQ+, et al.

# **Problem Statement #2 – Illicit Drugs**

#### Goal 1

Reduce the number of deaths from prescriptions drugs, Opioids, Heroin, Cocaine, Meth, polysubstance and other illicit drugs by 5% over the next 3 years through partnerships with law enforcement, justice, treatment and education.

#### Goal 2

Increase community awareness of the problems and solutions associated with prescription drugs, Opioids, Heroin, Cocaine, Meth, polysubstance and other illicit drugs by 15% over the next 3 years with special emphasis on target populations: elementary aged, prenatal/pregnant, 65+, geographical, college, LGBTQ+, et al.

### Problem Statement #3 - Alcohol

#### Goal 1

To reduce the use of alcohol by 5% over the next 3 years by increasing media campaigns and introducing evidence-based curriculum to underserved populations.

### Goal 2

Increase awareness and educate residents by 10% on the harmful effects and consequences of misuse of alcohol by youth and adults with special emphasis on target populations: elementary aged, prenatal/pregnant, 65+, geographical, college, LGBTQ+, et al.

# **Step 5: Plans to Achieve Goals**

For each goal, list the steps required to achieve each

Problem Statement #1 Marijuana	Steps
Goal 1 Increase awareness and educate the community concerning the risk of use/abuse of Marijuana, cannabinoids and nicotine substances and related	Encourage elected officials to oppose legalization of marijuana in the state of Indiana.
products by 7% per year.	Support educational efforts about the mental health risks, pre-natal consequences, and brain science as a gateway drug.
	Establish focus groups and peer panels in the local area schools to collect data and monitor trends
	Encourage schools to participate in the Indiana Youth Survey for the purpose of collecting data on marijuana, cannabinoids and nicotine use
	Support youth mentoring initiatives with an emphasis on at-risk youth in elementary through high school to increase protective factors and decrease risk factors for substance use/abuse.
	Develop and execute town hall events to support evidence of the risks of Marijuana for elementary aged youth, pre-natal and pregnant populations.
	Support substance use education and trending topics related to marijuana and nicotine through partnerships with the Matters of Substance podcast and mass communication efforts to increase environmental reach.
Goal 2 Decrease the use of Marijuana, cannabinoids and nicotine by adults and juveniles by 6% over the next 3 years with special emphasis on target populations: elementary aged, prenatal/pregnant, 65+, geographical, college, LGBTQ+, et al.	Increase law enforcement capacity and provide technological tools to assist in identifying impaired drivers and assess environs  Support and encourage therapeutic and/or alternative treatment

programming, with an emphasis on evidence-based programming for targeted populations

Encourage and support programs that serve individuals in recovery as a means to increase protective factors against substance use.

### **Problem Statement #2 Illicit Drugs**

#### Goal 1

Reduce the number of deaths from prescriptions drugs, Opioids, Heroin, Cocaine, Meth, polysubstance and other illicit drugs by 5% over the next 3 years through partnerships with law enforcement, justice, treatment and education coalition member agencies and broaden the community network.

### Steps

Promote the use of the INSPECT prescription data base system by doctors and law enforcement as a means to reduce overprescribing of medications.

Build capacity by partnering with member agencies.

Support educational opportunities for incarcerated population leading to high school equivalency degree and/or post graduate education at college or trade school.

Partner with treatment agencies to provide innovative and useful programming to address the psychological, emotional impact of incarceration – family engagement, art and music therapy; as well as skill building to increase employment opportunities upon release

Support law enforcement and justice to for arrest, conviction, rehabilitation of offender. Including but not limited to additional patrols, social worker placement, PARRI program, recovery support.

Support and encourage therapeutic and/or alternative treatment evidence-based programming to address prescription, Opioid, Meth, Heroin, and other illicit drug use/abuse with an

emphasis on target populations such as incarcerated individuals.

Encourage and support formation of recovery groups and alternative peer groups to aid those individuals struggling with substance use disorder.

Support stigma-based reduction programs and campaigns.

Increase evidence-based initiatives in targeted populations-rural communities, gender specific, pre-natal and pregnant, geographically specific, and age specific populations such as adults 65 and over. South Haven, Kouts, and Hebron

### Goal 2

Increase community awareness of the problems and solutions associated with prescription drugs, Opioids, Heroin, Cocaine, Meth, polysubstance and other illicit drugs by 15% over the next 3 years with special emphasis on target populations: elementary aged, prenatal/pregnant, 65+, geographical, college, LGBTQ+, et al.

Increase the awareness and collection of unused and unwanted prescription drugs and needles/syringes at drop off locations throughout the county

Create multi-agency collaboration to develop innovative media campaign to increase awareness and incite action.

Support substance use education and trending topics related to Opioid based prescriptions that address the dangers of illicit and prescription medications through partnerships with the Matters of Substance Podcast and mass communication efforts to increase environmental outreach strategies

Encourage schools to participate in the Indiana Youth Survey for the purpose of collecting data on prescription abuse, Opioid, Meth, Heroin, and other illicit drug use

Support youth mentoring initiatives with an emphasis on at-risk youth in elementary through high school to

increase protective factor and decrease risk factors for substance use. Support school youth council to promote leadership, peer training, and a schoolbased initiative encouraging behavioral wellness, healthy choices, increasing protective factors, and reducing risk factors for substance use. Problem Statement #3 - Alcohol Steps Goal 1 To reduce the use of alcohol by 5% over the next 3 Support and encourage therapeutic years by increasing media campaigns and programming that focuses on use and/or introducing evidence-based curriculum and abuse of alcohol with an emphasis on strategies to underserved populations. target populations Increase law enforcement capacity and provide technological tools to assist in identifying impaired drivers and assess environs Encourage and support alternative treatment programming for alcohol related offenders through problem solving courts and other diversionary programming. Support stigma-based reduction programs and campaigns. Encourage and support formation/expansion of recovery groups and alternative peer groups to aid those individuals struggling with substance use disorder. Encourage and support programs that serve individuals in recovery as a means to increase protective factors against substance use disorder. Support educational opportunities for

incarcerated population leading to high school equivalency degree and/or post

graduate education at college or trade school.

Increase evidence-based initiatives in targeted populations-rural communities, gender specific, pre-natal/pregnant, geographically specific, college aged and age specific populations.

### Goal 2

Increase awareness and educate residents by 10% on the harmful effects and consequences of misuse of alcohol by youth and adults with special emphasis on target populations: elementary aged, prenatal/pregnant, 65+, geographical, college, LGBTQ+, et al.

Promote alcohol awareness and/or educational programs/strategies

Support youth mentoring initiatives with an emphasis on at-risk youth in elementary through high school to increase protective factors and decrease risk factors for substance use and family preservation.

Support programs that educate parents of their importance in modeling responsible consumption of alcohol in the presence of their children.

Encourage schools to participate in the Indiana Youth Survey for the purpose of collecting data on alcohol use

Support education and all efforts related to substance use through partnership with the Matters of Substance podcast and WVLP radio. Increase mass communication efforts to provide environmental outreach strategies.

Support a Youth Council to promote leadership, peer training, and a school-based initiative encouraging mental and behavioral wellness, healthy choices, increasing protective factors, and reducing risk factors for substance use/abuse.

## **Fund Document**

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

# **Funding Profile**

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year (\$100.00): \$179,828.84		
Amount of unused funds that rolle \$63,470.62	ed over from the previous year (\$10	00.00):
Total funds available for program \$180,000.00	s and administrative costs for the up	pcoming year (\$100.00):
Amount of funds granted the year	prior (\$100.00):	
How much money is received from the following entities (if no money is received, please enter \$0.00):		
	lth Services Administration (SAMI	HSA): \$550,000.00
Bureau of Justice Administration (BJA): \$ 0.00		
Office of National Drug Control Policy (ONDCP):		\$ 0.00
Indiana State Department of Heal		\$ 0.00
Indiana Department of Education		\$ 0.00
Indiana Division of Mental Health and Addiction (DMHA):		\$ 0.00
Indiana Family and Social Services Administration (FSSA):		\$ 0.00
Local entities: Anderson Grant		\$ 10,000.00
Other:		
Funding allotted to prevention/o and activities (\$100.00):	education; intervention/treatmen	t; and criminal justice services
Prevention/Education:	Intervention/Treatment:	Justice:
\$45,000.00	\$45,000.00	\$45,000.00
Funding allotted to Administrative costs:		
Itemized list of what is being funded		Amount (\$100.00)
Coordinator comp, office supplies, see attached list for all items		\$45,000.00
Funding allotted by Goal per Pr		
Problem Statement #1	Problem Statement #2	Problem Statement #2
Goal 1: \$22,500	Goal 1: \$22,500	Goal 1: \$22,500
Goal 2: \$22,500	Goal 2: \$22,500	Goal 2: \$22,500