

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: LaGrange County

LCC Name: CDFLC (Council for a Drug-Free LaGrange County)

LCC Contact: Angie Zelt

Address: 114 W. Michigan Street

City: LaGrange, IN 46761

Phone: 260-710-5558

Email: angie@letterperfectservices.com

County Commissioners: Larry Miller, Terry Martin, Dennis Kratz

Address: 114 W. Michigan

City: LaGrange

Zip Code: 46761

Vision Statement

What is your Local Coordinating Council's vision statement?

CDFLC envisions a community where adults and youth choose to live a life free of alcohol and drug misuse.

Mission Statement

What is your Local Coordinating Council's mission statement?

The mission of the Council for a Drug-Free LaGrange County (CDFLC) is to raise awareness of alcohol, tobacco, and other drug issues and to support the most effective combination of individuals and other resources to positively impact the problems of drug and alcohol in our community.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Robinn Mitchelle	Bowen Center		F	Treatment
2	Octavia Yoder	Community Foundation of LaGrange County		F	Civic Organization
3	Terry Martin	County Commissioner		M	Law Enforcement
4	Yvonne Riege	ARC, Inc.		F	Treatment
5	Linda Hathaway	McMillen Health		F	Education
6	Jamelle Godlewski	Reason4Hope		F	Prevention
7	Nathan Springer	Wolcottville PD		M	Law Enforcement
8	Shelly Allen	Women In Transition		F	Treatment
9	Justin Vankoeving	DCS		M	Civic Organization
10	Sherilyn Lackey	Westview Community Schools		F	Education
11	Kathy Dunafin	Elijah Haven		F	Treatment
12	Lisa Bowen-Slaven	Drug Court		F	Law Enforcement
13	Jackie Diekman	Shipshewana PD		F	Law Enforcement
14	Randy Merrifield	JDAI		M	Government
15	Tim Cleveland	State Excise		M	Law Enforcement
16	Susan Acree	Mike Thomas Realtor Assoc.		F	Community
17	Tammy Scalzo	Mongo River Canoe & Kayak		F	Community
18	Rich Cory	Westview HS		M	Education
19	Travis Glick	LaGrange County Prosecutors Office		M	Government
20	Kimberly Hayes	Reason4Hope		F	Prevention
21	Alicia Johnson	Bowen Center		F	Treatment
22	Brittney Schori	Purdue Extension		F	Community
23	Meghan Ruckman	The Lutheran Foundation		F	Civic Organization
24	Damon Witherspoon	Prairie Heights High School		M	Education
25	Joanne Gillespie	Lakeland School		F	Education
26	Kimberly Hays	Reason4Hope		F	Prevention
27	Shannon Gleason	McMillen Health		F	Education
28	Meaghan Ruckman	The Lutheran Foundation		F	Community
29	Justin Vankoeving	DCS		M	Government
30	Joanne Gillespie	Lakeland School		F	Education

LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year: January, February, March, April, May, June, August, September, October, and November.

Community Needs Assessment: Results

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name
LaGrange
County Population
39,330
Schools in the community
Lakeland Jr/Sr High School Lakeland Intermediat School Lakeland Primary School Prairie Heights High School Prairie Heights Middle School Prairie Heights Elementary School Westview Jr/Sr High School Westview Elementary School Meadowview Shipshewana-Scott Topeka Elementary School Wolcott Mills Elementary School Hebron Christian Day School
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)
Parkview LaGrange Hospital Parkview Physicians Group Redi-Call Northeast Internal Medicine
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)
The Bowen Center Northeastern Center Parkview Health Systems Fairview Counseling Addictions Recovery Centers of Indiana, Inc. Nicolet Counseling, LLC
Service agencies/organizations
LaGrange County WIC Habitat for Humanity LaGrange County Division of Family Resources

<p>Life Care Center of LaGrange LaGrange County Family & Children American Red Cross The Bowen Center The LaGrange County Council on Aging Clothes & Food Basket The Arc of LaGrange County Northeastern Center The Addictions Recovery Centers of Indiana Fairview Counseling Nicolet Counseling Parkview Health LaGrange County Community Youth Centers Elijah Haven Crisis Intervention Center, Inc. Compassion Pregnancy Centers of Northeast Indiana LaGrange Rotary Club Purdue Extension Reason 4 Hope LaGrange County 4-H Fair Association LaGrange County Drug Court JDAI State Excise LaGrange Prosecutors Office Shipshewana Police Department LaGrange County Sheriff's Department</p>
<p>Local media outlets that reach the community</p> <p>LaGrange Publishing Ink Free News WTHD</p>
<p>What are the substances that are most problematic in your community?</p> <p>Alcohol Methamphetamine Vaping Marijuana</p>
<p>List all substance use/misuse services/activities/programs presently taking place in the community</p> <p>The Bowen Center ARC, Inc. Reason 4 Hope Drug Court Celebrate Recovery JDAI</p>

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
1. Availability of alcohol and other drugs.	1. Schools addressing alcohol and substance abuse topics with their students. 2. Drug Court	1. Lack of knowledge regarding the dangers of alcohol and other drugs. 2. Accessibility of drugs and alcohol.
2. Family substance use.	1. Agencies offering services to the entire family. 2. Faith-based agencies offering family support.	1. People unwilling or incapable of accessing services. 2. Families at times use alcohol as a rite of passage. 3. Lack of family activities within the community.
3. Mental health problems.	1. Many mental health treatment agencies are available.	1. Stigma associated with mental health issues. 2. Transportation to services. 3. Lack of information regarding the connection between mental health and addiction.
Protective Factors	Resources/Assets	Limitations/Gaps
1. Strong family relationships.	1. Faith-based programs and churches.	1. Families often have not had proper family

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

	<p>2. Many agencies available to help support the family unit.</p>	<p>relationships modeled for them.</p> <p>2. Lack of family activities available within our community.</p> <p>3. Families working too much to make ends meet.</p>
<p>2. Meaningful youth engagement opportunities.</p>	<p>1. Agencies are available to help support youth.</p> <p>2. Strong school systems.</p> <p>3. Faith based agencies offering positive youth programming.</p>	<p>1. Youth from single parent homes often miss out on activities due to financial strains and lack of transportation if parent is working.</p> <p>2. Lack of positive mentors in the lives of youth.</p>
<p>3. Positive connection to adults.</p>	<p>1. Positive role models in the schools.</p> <p>2. Youth serving agencies providing a safe place for youth.</p>	<p>1. Youth may not have access to mentors other than in school.</p> <p>2. Parents may not realize the importance of the positive connections with youth.</p> <p>3. Parents may not have healed from trauma in their past which hinders their ability to connect with their children.</p>

Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. Availability of alcohol and other drugs.	<ol style="list-style-type: none">1. The incidence of alcohol use related offenses amongst adults continues to be a problem in LaGrange County.2. The incidence of alcohol use related offenses amongst youth continues to be a problem in LaGrange County.
2. Family substance use.	<ol style="list-style-type: none">1. Substance abuse continues to be a problem among youth in LaGrange County.2. Substance abuse continues to be a problem among adults in LaGrange County.
3. Mental health problems.	<ol style="list-style-type: none">1. Mental health disease continues to be linked to alcohol and substance abuse.

Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. The incidence of alcohol use related offenses among adults continues to be a problem in LaGrange County.	<p>18.2% of adults in LaGrange County drink excessively (2016)</p> <p>9% of adults served through The Bowen Center suffer from alcohol use disorders.</p> <p>In 2019, there were 226 adult probation cases which involved alcohol/drugs.</p>	<p>Parkview Health Community Health Needs Assessment</p> <p>The Bowen Center</p> <p>LaGrange County Probation</p>
2. The incidence of alcohol use related offenses among youth continues to be a problem in LaGrange County.	<p>554 active clients (adult and youth) with a drug or alcohol charge (2020).</p> <p>More than 2 in 10 Indiana high school students report drinking alcohol in the past month (22.1%).</p> <p>In 2019, there were 90 youth probation cases involving alcohol.</p>	<p>LaGrange County Probation</p> <p>IYI - Indiana Youth Survey</p> <p>LaGrange County Probation</p>
3. Substance abuse continues to be a problem among adults in LaGrange County.	<p>554 active clients (adult and youth) with a drug or alcohol charge (2020).</p> <p>Non-fatal emergency department visits due to opioid overdoses are at 14.7 per 100,000.</p> <p>In 2019, there were 226 adult probation cases which involved alcohol/drugs.</p>	<p>LaGrange County Probation</p> <p>Indiana State Department of Health</p> <p>LaGrange County Probation</p>

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. The incidence of alcohol use related offenses among adults continues to be a problem in LaGrange County.	<ol style="list-style-type: none">1. Increase community awareness surrounding the issues of alcohol abuse.2. Increase coalition participation of local agencies working in the area of prevention.3. Increase coalition participation of local treatment providers.
2. The incidence of alcohol use related offenses among youth continues to be a problem in LaGrange County.	<ol style="list-style-type: none">1. Work with area schools and youth serving agencies to promote awareness of alcohol related issues among community youth.2. Support agencies within our coalition that have the potential to reduce alcohol offenses among youth.3. Support local law enforcement and judicial initiatives that address alcohol related offenses among youth.
3. Substance abuse continues to be a problem among adults and youth in LaGrange County.	<ol style="list-style-type: none">1. Work to support and promote local agencies that provide counseling and treatment services to adults facing substance abuse issues.2. Support local law enforcement and judicial initiatives that address substance abuse related offenses among adults.3. Support local agencies that have the potential to reduce the occurrences of substance abuse among youth.

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1
Goal 1 Reduce the number of alcohol offenses committed by adults by 3% by April 2021. .
Goal 2 Increase the number of adults receiving alcohol treatment by 3% April 2021.
Problem Statement #2
Goal 1 Reduce the number of alcohol offenses committed by youth by 3% April 2021.
Goal 2 Increase the number of youth receiving treatment for alcohol by 3% April 2021.
Problem Statement #3
Goal 1 Reduce the number of substance abuse offenses committed by adults and youth by 3% April 2021.
Goal 2 Increase the number of adults and youth receiving treatment for substance abuse by 3% April 2021.

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1 Reduce the number of alcohol offenses committed by adults by 3%.	<ol style="list-style-type: none">1. Raise community awareness of issues surrounding alcohol use and abuse among adults.2. Support programs/initiatives that have the potential to reduce alcohol offenses among adults

	<p>such as The Bowen Center, ARC, Inc., McMillen Health , JDAI, Purdue University Coop., and area high schools.</p> <ol style="list-style-type: none"> 3. Support law enforcement and judicial initiatives that address alcohol related offenses among adults.
<p>Goal 2</p> <p>Increase the number of adults receiving alcohol treatment by 3%.</p>	<ol style="list-style-type: none"> 1. Increase awareness of available programs and resources in the community including those for treatment and recovery for adults such as The Bowen Center and ARC, Inc. 2. Promote and support counseling services for adults, including treatment for the financially disadvantaged such as The Bowen Center and ARC, Inc. 3. Increase awareness of available programs and resources in the community, including those for treatment and recovery such as The Bowen Center and ARC, Inc.
Problem Statement #2	Steps
<p>Goal 1</p> <p>Reduce the number of alcohol offenses committed by youth by 3%.</p>	<ol style="list-style-type: none"> 1. Raise community awareness of the problem of underage drinking 2. Support prevention programs for youth, specifically addressing alcohol such as McMillen Health, Reason 4 Hope, Purdue University Coop., and area high schools. 3. Promote and support counseling services for youth such as The Bowen Center.
<p>Goal 2</p> <p>Increase the number of youth receiving treatment for alcohol by 3%.</p>	<ol style="list-style-type: none"> 1. Support law enforcement and judicial initiatives that address underage drinking. 2. Promote and support counseling services for youth, including treatment services to the financially disadvantaged such as The Bowen Center.

	3. Promote awareness of the Lifeline Law.
Problem Statement #3	Steps
<p>Goal 1</p> <p>Reduce the number of substance abuse offenses committed by adults and youth by 3%.</p>	<ol style="list-style-type: none"> 1. Support programs with a mentoring component. 2. Support law enforcement and judicial initiatives that address substance abuse among youth and adults including K9 programs. 3. Promote the prescription drug drop-off box for unused and expired medications.
<p>Goal 2</p> <p>Increase the number of adults and youth receiving treatment for substance abuse by 3%.</p>	<ol style="list-style-type: none"> 1. Promote and support counseling services for youth, including treatment services to the financially disadvantaged such as The Bowen Center and area high schools. 2. Promote awareness of the Lifeline Law.

Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year: \$16,355.50		
Amount of unused funds that rolled over from the previous year: \$7,125.42		
Total funds available for programs and administrative costs for the upcoming year: \$23,480.92		
Amount of funds granted the year prior: \$22,247.47		
How much money is received from the following entities (if no money is received, please enter \$0.00):		
Substance Abuse and Mental Health Services Administration (SAMHSA): \$0.00		
Bureau of Justice Administration (BJA): \$0.00		
Office of National Drug Control Policy (ONDCP): \$0.00		
Indiana State Department of Health (ISDH): \$0.00		
Indiana Department of Education (DOE): \$0.00		
Indiana Division of Mental Health and Addiction (DMHA): \$0.00		
Indiana Family and Social Services Administration (FSSA): \$0.00		
Local entities: \$1,155.12		
Other: LaGrange Co Clerk's office - all funds		
Funding allotted to prevention/education; intervention/treatment; and criminal justice services and activities:		
Prevention/Education:	Intervention/Treatment:	Justice:
\$5,870.23	\$5,870.23	\$5,870.23
Funding allotted to Administrative costs:		
<i>Itemized list of what is being funded</i>		<i>Amount</i>
Coordinator		\$4,000.00
Supplies and Marketing		\$1,870.23
Funding allotted by Goal per Problem Statement:		
Problem Statement #1	Problem Statement #2	Problem Statement #3
Goal 1: \$2,935.11	Goal 1: 2,935.11	Goal 1: 2,935.11
Goal 2: 2,935.12	Goal 2: 2,935.12	Goal 2: 2,935.12