

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: KOSCIUSKO

LCC Name: KOSCIUSKO COALITION ON DRUG EDUCATION (K-CODE)

LCC Contact: HEIDI BLAKE

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County Commissioners:

Bradford Jackson, Northern District- President (brad.jackson@tljackson.com),

Cary P. Groninger, Middle District- Member (cgroninger@kcgov.com),

Robert Conley, Southern District- Vice President (bconley@kcgov.com)

Address: 100 WEST CENTER STREET

City: WARSAW, IN

Zip Code: 46580

Vision Statement

What is your Local Coordinating Council's vision statement?

K-CODE will continue to make a difference in children and adult lives, by providing them resources to make informed decision in their lives about alcohol, tobacco, and drugs. We continue to strive to educate our community, enforce the laws and help them make better life choices.

Mission Statement

What is your Local Coordinating Council's mission statement?

*“The purpose of this Council is to **INVESTIGATE** problems associated with drug, alcohol, and other addictive behaviors in our community, **REDUCE** substance abuse among youth and adults, **EXAMINE** programs of Prevention, Treatment, and Justice.”*

Membership List

#	Name	Organization	Race	Gender	Category
1)	Heidi Blake	K-CODE Coordinator	White	Female	Citizen
2)	Joe Bumbaugh	Winona Lake PD//K-CODE Chairman	White	Male	Justice
3)	Jessica Camarena	Kosciusko County Tobacco Free Coalition	White	Female	Prevention/Education
4)	Jessica Centeno	Brightpoint	White	Female	Prevention/Education
5)	Greg Church	North Webster PD	White	Male	Justice
6)	Tammy Cotton	LITE	White	Female	Intervention/Treatment
7)	Jim Eads	Mentone PD	White	Male	Justice
8)	Bill Fawley	All Things New	White	Male	Intervention/Treatment
9)	Lance Grubbs	K-CODE Vice-Chairman	White	Male	Citizen
10)	Dan Hampton	Kosciusko County Chief Deputy Prosecutor	White	Male	Justice
11)	Joe Hawn	Winona Lake PD	White	Male	Justice
12)	Lana Horoho	Kosciusko County Teen court	White	Female	Prevention/Education
13)	Ben Irvine	Exodus Ministries	White	Male	Intervention/Treatment
14)	Brian Jackson	Serenity House	White	Male	Intervention/Treatment
15)	Charlene Johnson		White	Female	Citizen

16	Dana Kolanowski	Tippecanoe Valley Schools	White	Female	Prevention/Education
17	Derek Kreider	Milford PD	White	Male	Justice
18	Eric Lane	Fellowship Missions Recovery Hub	White	Male	Intervention/Treatment
19	James Layne	Syracuse PD	White	Male	Justice
20	Doug Light	Kosciusko County Sheriff's Office DARE	White	Male	Justice
21	Travis Marsh	Kosciusko County Sheriff's Office	White	Male	Justice
22	Jason McGlennen	Silver Lake PD	White	Male	Justice
23	Chris McKeand	Kosciusko County Sheriff's Office	White	Male	Justice
24	Roy Navarro	Warsaw DARE	Hispanic	Male	Prevention/Education
25	Deb Patterson	The Papers	White	Female	Citizen
26	Steve Perek	Wawasee High School	White	Male	Prevention/Education
27	Becky Rassi	Rose Garden Recovery Community	White	Female	Intervention/Treatment
28	Ben Sanders	Claypool PD	White	Male	Justice
29	Kenny Schoff	Serenity House	White	Male	Intervention/Treatment
30	Tommy Streeter	Fort Wayne Recovery/Alendale Treatment	White	Male	Intervention/Treatment
31	Jackie Thornsbury	Kosciusko Cares	White	Female	Prevention/Education
32	Casey Trombley	Kosciusko County J-CAP	White	Female	Intervention/Treatment
33	Betsy Vasbinder	Teen Court	White	Female	Prevention/Education

34	Brad Voelz	Kosciusko County Prosecutor	White	Male	Justice
35	Melanie Wilhite	Kosciusko Cares	White	Female	Prevention/Education
1)	Tera Yoder	Bowen Center	White	Female	Intervention/Treatment

LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:

K-CODE meets on the fourth Tuesday of every month at Palette Restaurant 2521 E Center St Warsaw, IN 46580, at 11:30 AM – except July & December.

II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name	Kosciusko County
County Population	79,456
Schools in the community	Warsaw Community Schools and Wawasee Community School Corporation, portions of Whitko Community School Corporation, Tippecanoe Valley School Corporation; Sacred Heart School, Lakeland Christian Academy

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)

Kosciusko Community Hospital & Parkview Warsaw. Clinics within Kosciusko County are: Medstat Urgent Care (2 locations), Physicians Urgent Care, and Bowen Health Clinic.

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

Bowen Center for Human Services, Groups Recover Together, Lifetouch Ministries, Lifeworks Care and Counseling McArthur Center.

Service agencies/organizations

All Things New (ATN) is a not-for-profit, faith-based rehabilitation facility which houses women seeking a recovery lifestyle. All Things New mission is “To provide hope, a fresh start, and freedom for women struggling with substance abuse by providing a safe environment and life skills necessary to destroy old habits, while fostering dependency on Jesus Christ, who makes all things new.”

Exodus Ministries Seeing a need for faith based, nonprofit addiction recovery ministry in this area, we formed our organization to provide Christ-Center Recovery to Kosciusko County and Indiana. We’ve consistently grown since then, all thanks to the helping hands of this amazing community.

Fellowship Missions Addiction Recovery Hub is dedicated to uniting our community to serve those and their families who are struggling with addiction through identifying, educating, connecting, and providing our services, more community members and their families who struggle will get the help that they need to make Kosciusko County a healthy, productive community.

The mission of Kosciusko Cares Youth Services is to advocate for, support, and promote healthy youth development.

The purpose of the Kosciusko Tobacco Free Coalition is to significantly improve the health of Hoosiers in Kosciusko County and reduce the economic burden tobacco use can place on Kosciusko County residents of all ages through education, cessation, and prevention.

Live Well Kosciusko promotes the health, well-being, and engagement of the people of our local community. This is achieved through the collaboration of individuals, businesses, and government organizations with a shared goal of creating a thriving community.

L.I.T.E. (Living in Transition Effectively) The LITE program is a Christ-centered ministry dedicated to assisting incarcerated individuals make a successful transition to the community upon their release.

The mission of Purdue Extension is to deliver practical, research-based information that enhances lives and livelihoods.

Rose Garden Recovery Community is a DMHA-certified facility and has been effective in providing an evidence-based intervention program for over 15 years. It is a nonprofit, addiction recovery ministry with Christian values.

Serenity House, Inc. operates alcohol and drug abuse residential recovery homes in Northern Indiana. All Serenity House facilities and all of our resources are dedicated to the concept that, with the help of other recovering people, men and women can achieve last sobriety with a quality of life that they never imagined possible.

<p>Local media outlets that reach the community</p> <p>Inkfree News, News Now Warsaw, Times-Union, The-Paper, WRSW.</p>
<p>What are the substances that are most problematic in your community?</p> <p>Alcohol; methamphetamine; heroin/opiates; marijuana; nicotine, nicotine, tobacco, and e-cigarettes; and prescription medications.</p>
<p>List all substance use/misuse services/activities/programs presently taking place in the community</p> <p>Kosciusko Cares (AI's Pals, LikeSkills Training, CBSG, W.A.I.T. & Strengthening Families), Kosciusko County Tobacco Free Coalition (tobacco and nicotine prevention and cessation programs within the schools and community), D.A.R.E. (drug abuse resistance education), Fellowship Missions Recovery Services Hub, prescription drug drop boxes (locations throughout Kosciusko County), recovery homes (Serenity House, Rose Garden Recovery Community, All Things New, Exodus Ministries), PALS/Parents of Addicted Loved Ones, LITE/Living In Transition Effectively Jail ministry, Kosciusko County Jail J-CAP/Jail Chemical Addictions Program.</p>

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

Risk Factors	Resources/Assets	Limitations/Gaps
1. Availability of alcohol, e-cigarettes, tobacco, and illicit substances	1. Restricted access to alcohol and other drugs (laws and excise taxes). 2. Programs to educate youth on substance use. 4. School resource officers present in schools. 5. Prescription drug drop boxes located throughout Kosciusko County.	1. Adults willing obtain and provide substances to underage individuals. 2. Lack of opportunities for programs and initiatives to reach. 3. Funding to provide staff for the programs.
2. Peer substance use is viewed at being high rates.	1. Restricted access to alcohol and other drugs (laws & excise taxes). 2. Therapeutic programs. 3. Prevention and education programs for youth.	1. Misconception of substance use and potential outcomes. 2. Motivating targeted population to attend events, educational opportunities, or intervention programs. 3. Perceived rates are higher than actual rates of substance use
3. Weak family relationships	1. Access to mental healthcare. 2. Service groups and organizations who offer resources and programs. 3. Program available for families such as Kosciusko Cares' Strengthening Families program. 4. J-CAP and L.I.T.E programs for incarcerated and recently released individuals in recovery.	1. Lack of financial resources and lack of health insurance. 2. Lack of reliable transportation. 3. Opportunities for outreach and engagement for individuals in need of services.
Protective Factors	Resources/Assets	Limitations/Gaps
1. Strong family relationships	1. Opportunities for family activities. 2. Strong school support and activities. 3. Availability of faith-based opportunities such as youth group and church activities.	1. Limited school calendar. 2. Lack of available transportation. 3. Trans-generational family communication issues.

<p>2. Meaningful youth engagement and prevention opportunities</p>	<p>1.Strong school support and activities.</p> <p>2. Youth prevention programs such as Kosciusko Cares- Al’s Pals, RiseUp!, Lifeskills Training. Kosciusko County Tobacco Free Coalition education, D.A.R.E. education.</p> <p>3. Community-based opportunities such as organized sports, groups such as Scouts.</p>	<p>1.Limited school calendar.</p> <p>2.Transportation.</p> <p>3.Reaching youth (limited opportunities within the school setting).</p>
<p>3.Access to mental healthcare and recovery resources</p>	<p>1.Community mental healthcare and recovery providers (Bowen Center, McArthur, Lifetouch, LifeWorks, Groups Recover Together, Fort Wayne Recovery, Allendale Treatment (resources located in Fort Wayne with Kosciusko County outreach team).</p> <p>2. Fellowship Missions Addiction Recovery Hub services.</p> <p>3. School-based mental health resources.</p> <p>4. Recovery homes-Rose Garden Recovery Community (2 locations including graduate home), Serenity House (3 locations), All Things New, Exodus Ministries.</p>	<p>1.Lack of available transportation.</p> <p>2. Limited school calendar.</p> <p>3. Willingness to attend.</p> <p>4. Community knowledge of available resources.</p> <p>5. Stigma of utilizing mental healthcare resources.</p> <p>6. Availability for affordable options for limited-income individuals.</p> <p>7. Recovery homes, including faith-based, exist in areas in Kosciusko County.</p>

III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. Availability of alcohol, e-cigarettes and tobacco, and illicit substances.	<p>The use and abuse of alcohol, tobacco including e-cigarettes and drug use including marijuana, methamphetamine, prescription medications, heroin, synthetics and other mind-altering substances by ADULTS and awareness of effective treatment options continues to be a problem in Kosciusko County.</p> <p>The incidence of underage alcohol, nicotine use including e-cigarettes and illicit drug use including prescription and any other mind-altering substances among youth continues to be a problem and concern in Kosciusko County</p>
2. Peer substance use is viewed at being high rates.	The use and abuse of alcohol, tobacco including e-cigarettes and drug use including marijuana, methamphetamine, prescription medications, heroin, synthetics and other mind-altering substances by ADULTS and awareness of effective treatment options continues to be a problem in Kosciusko County.

	The incidence of underage alcohol, nicotine use including e-cigarettes and illicit drug use including prescription and any other mind-altering substances among youth continues to be a problem and concern in Kosciusko County.
3. Weak family relationships.	<p>The use and abuse of alcohol, tobacco including e-cigarettes and drug use including marijuana, methamphetamine, prescription medications, heroin, synthetics and other mind-altering substances by ADULTS and awareness of effective treatment options continues to be a problem in Kosciusko County.</p> <p>The incidence of underage alcohol, nicotine use including e-cigarettes and illicit drug use including prescription and any other mind-altering substances among youth continues to be a problem and concern in Kosciusko County.</p>

Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. The use and abuse of alcohol, tobacco including e-cigarettes and drug use including marijuana, methamphetamine, prescription medications, heroin, synthetics and other mind-altering substances by ADULTS and awareness of effective treatment options continues to	<p>The legal status of alcohol, its wide availability, and its social acceptability are all contributors to patterns of excessive or risky use, such as heavy drinking or binge drinking.</p> <p>Kosciusko County has 159 alcohol outlets and the rate of per 10,000 residents is 20.1</p>	<p>Indiana University Richard M. Fairbanks School of Public Health 2020 Drug Fact Sheet</p> <p>Indiana Alcohol & Tobacco Commission, 2020</p> <p>Indiana State Excise Police, 2020</p>

<p>be a problem in Kosciusko County.</p>	<p>above the statewide average of 18.2.</p> <p>Excessive consumption of alcohol is responsible for significant morbidity and mortality due to alcohol-related health issues (e.g., cirrhosis and other serious liver diseases), alcohol use disorders, homicides, suicides, violent crimes, and vehicle crashes. Additionally, other health-compromising behaviors such as cigarette smoking, illicit drug use, and risky sexual behaviors have also been linked to drinking.</p> <p>Kosciusko County has 73 tobacco outlets and the rate of per 10,000 residents is 9.2 above the statewide average of 8.4.</p> <p>Tobacco is the number one case of preventable death and disease in the United States.</p> <p>93% of Kosciusko County children removed from the home due to parent alcohol and/or drug abuse compared to a statewide average of 61%.</p>	<p>Indiana State Department of Health Tobacco Prevention & Cessation Commission 2021 Annual Report Indiana Department of Child Services SFY Data</p>
<p>2. The incidence of underage alcohol, nicotine use including e-cigarettes and illicit drug use including prescription and any other mind-altering substances among youth continues to be a problem in Kosciusko County.</p>	<p>More than one in four Hoosier youth ages 12 and older used some type of tobacco product in the past month (28.2%). This was significantly higher than the U.S. average of 21.3%.</p> <p>Tobacco outlet non-compliance rates for minimum age laws in 2021 was 27.6% higher than the statewide average of 10.5%.</p>	<p>Indiana University Richard M. Fairbanks School of Public Health 2020 Drug Fact Sheet</p> <p>2017-2018 SAMHSA's National Survey on Drug Use and Health (NSDUH)</p> <p>2020 Tobacco Outlets Non-Compliance Rates for Minimum Age Laws: Kosciusko, IN, Indiana Prevention Resource Center</p>

3. Kosciusko County substance use treatment and resources are limited and interfere with recovery for individuals with substance use disorder.	Reporting for LCC members including recovery homes and recovery programs.	Reporting for LCC members including recovery homes and recovery programs.
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Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. The use and abuse of alcohol, tobacco including e-cigarettes and drug use including marijuana, methamphetamine, prescription medications, heroin, synthetics and other mind-altering substances by ADULTS and awareness of effective treatment options continues to be a problem in Kosciusko County.	1. Education and awareness of effects of ATOD use. 2. Provide information to treatment options available for ATOD use disorders. 3. Supporting local law enforcement's efforts to enforce Federal, State, and local laws addressing ATOD.
2. The incidence of underage alcohol, nicotine use including e-cigarettes and illicit drug use including prescription and any other mind-altering substances among youth continues to be a problem and concern in Kosciusko County.	1. Education and awareness of effects of ATOD use. 2. Provide information to treatment options available for ATOD use disorders. 3. Supporting local law enforcement's efforts to enforce Federal, State, and local laws addressing ATOD.
3. There is a large financial disparity which causes the inability to afford reliable transportation to allow the targeted population to attend events and much needed intervention.	1. Referrals of target population to the proper recovery services. 2. Promote available financial assistance and transportation options to targeted population in Kosciusko.

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1

Goal 1 To reduce the ADULT nicotine use by 2% in three years.
Goal 2 To reduce the number of ADULT alcohol & illicit related incidents by 2% in three years.
Problem Statement #2
Goal 1 To reduce YOUTH nicotine use by 2.5% in three years.
Goal 2 To reduce YOUTH alcohol & illicit substance use by 3% in three years.
Problem Statement #3
Goal 1 Increase financial assistance availability by 2% to the targeted population within 3 years.
Goal 2 Increase access to treatment and intervention by 2% in three years.

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1 To reduce the ADULT nicotine, use by 2% in three years.	<ol style="list-style-type: none"> 1. Support local agency entities in educating the ADULT residents of Kosciusko County about nicotine. 2. Supporting local agency entities in the Prevention & treatment of nicotine use by ADULTS. 3. Supporting local law enforcement efforts in enforcing current Federal, State and Local laws.
Goal 2 To reduce the number of ADULT alcohol & illicit related incidents by 2% in three years.	<ol style="list-style-type: none"> 1. Support local agency entities in educating the ADULT residents of Kosciusko County about alcohol & illicit drug use. 2. Supporting local agency entities in the Prevention & treatment of nicotine use by ADULTS. 3. Supporting local law enforcement efforts in enforcing current Federal, State and Local laws.
Problem Statement #2	Steps
Goal 1 To reduce YOUTH nicotine, use by 2.5% in three years.	<ol style="list-style-type: none"> 1. Support local agency entities in educating the YOUTH residing in Kosciusko County about nicotine.

	<ul style="list-style-type: none"> 2. Supporting local agency entities in the Prevention & treatment of nicotine use by YOUTH. 3. Supporting local law enforcement efforts in enforcing current Federal, State and Local laws.
<p>Goal 2 To reduce YOUTH alcohol & illicit substance use by 3% in three years.</p>	<ul style="list-style-type: none"> 1. Support local agency entities in educating the YOUTH of Kosciusko County about alcohol & illicit drug use. 2. Supporting local agency entities in the Prevention & treatment of nicotine use by YOUTH. 3. Supporting local law enforcement efforts in enforcing current Federal, State and Local laws.
Problem Statement #3	Steps
<p>Goal 1 Increase financial assistance availability by 2% to the targeted population.</p>	<ul style="list-style-type: none"> 1. Educate the community on the financial assistance available through organizations. 2. Providers of treatment and or intervention facilities provide scholarships. 3. K-CODE will work with treatment organizations to provide data to identify the need for financial assistance.
<p>Goal 2 Increase access to treatment and intervention by 2% in three years.</p>	<ul style="list-style-type: none"> 1. Educate the community members of treatment and intervention organizations that can provide assistance. 2. Support Jail Chemical Addiction Program (J-CAP) and the services provided to inmates. 3 Treatment organizations will report to K-CODE of availability and/or need for treatment and intervention resources.

IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile		
1	Amount deposited into the County DFC Fund from fees collected last year:	\$76,756.10
2	Amount of unused funds from last year that will roll over into this year:	\$8,055.30
3	Total funds available for programs and administrative costs for this year (Line 1 + Line 2):	\$84,811.40
4	Amount of funds granted last year:	\$76,000.00
Additional Funding Sources (if no money is received, please enter \$0.00)		
A	Substance Abuse and Mental Health Services Administration (SAMHSA):	\$0.00
B	Centers for Disease Control and Prevention (CDC):	\$0.00
C	Bureau of Justice Administration (BJA):	\$0.00
D	Office of National Drug Control Policy (ONDCP):	\$0.00
E	Indiana State Department of Health (ISDH):	\$0.00
F	Indiana Department of Education (DOE):	\$0.00
G	Indiana Division of Mental Health and Addiction (DMHA):	\$0.00
H	Indiana Family and Social Services Administration (FSSA):	\$0.00
I	Local entities:	\$0.00
J	Other:	\$0.00
Categorical Funding Allocations		
Prevention/Education: \$21,202.85	Intervention/Treatment: \$21,202.85	Justice Services: \$21,202.85
Funding allotted to Administrative costs:		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Coordinator compensation		\$14,400.00
Office supplies		\$6,802.85
Funding Allocations by Goal per Problem Statement:		
Problem Statement #1	Problem Statement #2	Problem Statement #3
Goal 1: \$0	Goal 1: \$9,500.00	Goal 1: \$11,502.85
Goal 2: \$21,202.85	Goal 2: \$11,702.85	Goal 2: \$9,700.00