

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: Howard

LCC Name: Drug Free Howard County Council for Substance Abuse Prevention

LCC Contact: Rob Pruett

Address: 618 S. Main Street

City: Kokomo

Phone: 765-457-9313

Email: robert@fsahc.org

County Commissioners: Paul Wyman, Brad Bray, Jack Dodd

Address: 220 N. Main Street, #220

City: Kokomo

Zip Code: 46901

Vision Statement

What is your Local Coordinating Council's vision statement?

“Working together as a community to end substance abuse and promote healthy and positive lifestyles.”

Mission Statement

What is your Local Coordinating Council's mission statement?

“The mission of “Drug Free Howard County Council on Substance Abuse Prevention, Local Coordinating Council,” is to coordinate substance abuse activities for Howard County. We serve the community by educating the public on all facets of substance abuse problems by creating and funding programs that prevent and reduce drug abuse in our county.”

Membership List

#	Name	Organization	Race	Gender	Category
1	Jennie Cauthern	Howard County Health Department	W	F	Health Department
2	Cynthia Evans	Kokomo Cents Schools	B	F	Education
3	Cynthia Sanders	Kokomo City Council	W	F	City Government
4	Aaron Schaal	Indiana State Police	W	M	State Police
5	Barb Hilton	Prevent Child Abuse Howard County	W	F	Community
6	Dustin Delong	Adult Chief Probation Officer Howard County	W	M	Criminal Justice
7	Laura Rood	Adult Probation Officer Howard County	W	F	Criminal Justice
8	Eric Hartman	Principal Taylor High School	W	M	Education
9	Erik May	Juvenile Court Referee	W	M	Criminal Justice
10	Julie Pownall	Western School Corporation	W	F	Education
11	Gary Cook	Howard County Sheriff's Department	W	M	Criminal Justice
12	Joe Wesche	Community Howard Regional Hospital	W	M	Treatment
13	James Carroll	Indiana State Health Department	B	M	Health Department

14	Pastor William Smith	2nd Missionary Baptist Church	B	M	Clergy
15	Jennifer Johnson	System of Care	W	F	Community
16	Mark Lantz	Eastern Howard Schools	W	M	Education
17	Denny Sipe	Northwestern Schools	W	F	Education
18	Reba Harris	Gilead House	B	F	Treatment
19	Shirley Dubois	Tobacco Prevention/ YMCA	W	F	Treatment
20	William Menges	Judge	W	M	Criminal Justice
21	Lisa Washington	Minority Health Alliance of Howard County	B	F	Community
22	Brent Kelly	Four County Counseling	W	M	Treatment
23	Lisa Willis Gidley	Four County Counseling	W	F	Treatment
24	Tracey Martino	Family Service Association	W	F	Community
25	Jennifer Lombard	Indiana Youth Institute	W	F	Community
26	Sherry Rahl	Turning Point	W	F	Treatment
27	Jayme Whittaker	Pick Yourself Up Program	W	M	Treatment
28	Chris Westlake	Kokomo Housing Authority	W	M	Community
29	Derek Steele	Kokomo Housing Authority	W	M	Community
30		Kokomo Police Department			
31	Kristi Upchurch	Project Access	B	F	Community

32	Stacey Morgan	Department of Child Services	W	F	Community
33	Rob Pruett	Executive Director LCC	W	M	Community

LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year: January, February, March, April, May, June, July, August, September, October, November

Community Needs Assessment: Results

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name: Howard
County Population 82,544
Schools in the community 5 School Districts= 6 High Schools, 8 Middle Schools, 14 Elementary Schools
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.) 2 Major Healthcare Providers: Community Howard Regional Hospital, St.Vincent's Hospital Kokomo
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.) Community Howard Regional St. Vincents Kokomo Turning Point Systems of Care The Villages Family Psychiatric Lafayette Pain Clinic Bowen Center Four County Counseling Oasis Counseling GROUPS Mental Health America
Service agencies/organizations Systems of Care Kokomo Urban Outreach Kokomo Rescue Mission Turning Point Department of Child Services The Robert Kinsey Youth Center

<p>WIC Program of Howard County Kokomo YMCA FSSA Howard County Health Department Kokomo Ministerial Association Howard County United Way</p>
<p>Local media outlets that reach the community Newspaper, Social Media, Radio</p>
<p>What are the substances that are most problematic in your community? Heroin, Methamphetamine, Marijuana, Alcohol, Tobacco</p>
<p>List all substance use/misuse services/activities/programs presently taking place in the community Celebrate Recovery: Crossroads Community Church Celebrate Recovery: Woodland Church Sober Living: South Creek Church of God Celebrate Recovery: Zion Tabernacle Turning Point Pick Yourself Up Program Man Up Program Kokomo Rescue Mission Drug Free Howard County LCC Howard County Youth Council for Substance Abuse Prevention Community Howard Regional Mental Health St. Vincent's Kokomo DARE Numerous AA/ NA Self-Help Groups Systems of Care Collaboration Howard County Drug Court Gilead House Howard County Probation Howard County Juvenile Probation Open Arms Living Facility Howard County Domestic Violence Shelter Medically Assisted Treatment Individual Substance Abuse Counseling Group Substance Abuse Counseling Overdose Prevention Emergency Response Teams First Responder Mental Health First Aid Substance Abuse Education Peer Recovery Coaches Peer Recovery Education</p>

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
1. Substance Abuse amongst Adolescents continues to be a problem due availability of substances, lack of parental involvement and developmental issues regarding peer influence	1. Community Youth Mentoring groups and organizations 2. Parental Education 3. Schools and other community prevention partners	1. Substance abuse amongst adolescents appears to be the accepted norm 2. Lack of parental participation, awareness, connectedness, oversight and denial 3. Lack of resources, time, funding and human resources
2. Substance Abuse amongst Adults continues to be a problem due availability of substances, lack of access to treatment, poor peer group involvement and lack of resources to fund treatment	1. Howard County Systems of Care 2. Turning Point 3. Strong community collaboration and cooperation	1. Lack of publicity and public awareness of programs that currently exist and how to access services 2. Lack of financial resources to pay for treatment and provide transportation to treatment 3. Stigma regarding addiction and the consequences of addiction

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

3. Substance Abuse and Domestic Violence appear strongly connected	<p>1. Howard County Domestic Violence Shelter</p> <p>2. Domestic Violence Advocates and Advocates of individuals who've personally experienced crimes committed against them</p> <p>3. Both Perpetrators and Victims have access to Mental Health and court ordered Treatment groups</p>	<p>1. Limited resources, waiting list, immensity of the problem</p> <p>2. Again, limited resources, only one person</p> <p>3. Genuine barriers to access of care, finances, insurance, transportation to name a few</p>
Protective Factors	Resources/Assets	Limitations/Gaps
1. Adolescent substance abuse prevention support	<p>1. Howard County Youth Council for Substance Abuse Prevention</p> <p>2. High School SADD groups</p> <p>3. Multiple youth mentoring organizations throughout the County</p>	<p>1. Limited exposure, not all high schools are involved</p> <p>2. Limited exposure, minimal funding and lack of student involvement</p> <p>3. Limited funding, personnel, lack of presence on all school campuses</p>
2. The Criminal Justice and Law Enforcement are actively involved and supportive	<p>1. Very strong relationships with multiple Howard County municipal law enforcement agencies</p> <p>2. Robert J. Kinsey Youth Center and the Juvenile Justice system in Howard County is incredibly strong in Leadership and Collaboration</p> <p>3. Law Enforcement actively participates and collaborates at the highest levels</p>	<p>1. Limited and lacking resources</p> <p>2. Limited resources and funding</p> <p>3. Limited time, human resources and funding</p>
3. Howard County residents have access to substance abuse treatment services within the community	<p>1. There are multiple providers within the county</p> <p>2. Faith-Based "Celebrate Recoveries" are free and available</p> <p>3. Turning Point and Systems of Care are providing outstanding Intervention for substance abuse</p>	<p>1. Stigma, insurance, transportation, etc...</p> <p>2. Lack of public awareness, transportation...</p> <p>3. Lack of public awareness, lack of on the job personnel, lack of recovery coaches</p>

Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. Substance Abuse amongst Adolescents continues to be a problem due availability of substances, lack of parental involvement and developmental issues regarding peer influence	1. There is a significant increase in vaping amongst youth and young adults 2. Tobacco use in Howard County continues to be above state and national averages 3. Access to all forms of tobacco products especially electronic versions are quite easy to obtain
2. Substance Abuse amongst Adults continues to be a problem due availability of substances, lack of access to treatment, poor peer group involvement and lack of resources to fund treatment	1. Alcohol, tobacco and other drug abuse continues to be a concern in Howard County 2. Cultural norming of substance abuse amongst adults continues to be a concern 3. Attitudes of adults towards substance abuse especially marijuana use continues to be minimized as this issue becomes legal in numerous states

3. Substance abuse in Howard County is a problem and is being fueled by Domestic Violence.	<p>1. This issue puts a massive strain upon an already taxed system that is over utilized, underfunded and under supported</p> <p>2. This relationship of substance abuse and domestic violence appears to fuel domestic violence</p> <p>3. Domestic violence negatively impacts the community</p>
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Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. Substance abuse amongst Adolescents continues to be a problem in Howard County	79 High School Students were suspended and 10 were expelled from all 5 Howard County High Schools for substance abuse	Questionnaire sent out by LCC Executive Director and self report from all 5 County High Schools
2. Substance abuse amongst Adults continues to be a problem in Howard County	There were 336 Drug arrests (charges filed) and 615 Alcohol arrests (charges filed) on Adults in Howard County	Questionnaire sent out by LCC Executive Director and self report from the Howard County Sheriff's Department and the Kokomo Police Department
3. Substance abuse in Howard County is a problem and is being fueled by Domestic Violence.	25.3% of individuals who received services from the local Domestic Violence Shelter stated that substance abuse played a part in their domestic violence incident	Annual survey taken of individuals who participated in the Court Ordered "Non-Violence Education Support Group."

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. Substance abuse amongst adolescents (especially vaping and e-cigarette usage) continues to be a problem	<ol style="list-style-type: none"> 1. Peer-to-peer educational and training opportunities for adolescents need to increase 2. Mentoring groups need to educate their participants regarding substance abuse 3. Make substance abuse treatment available to adolescents who cannot afford the treatment
2. Substance abuse amongst adults continues to be a problem in Howard County	<ol style="list-style-type: none"> 1. Greater public exposure to the substance abuse services that are currently being offered 2. Support participants and providers who participate in treatment programs 3. Support and increase funding to programs that provide substance abuse services
3. Substance abuse in Howard County is a problem and is being fueled by Domestic Violence.	<ol style="list-style-type: none"> 1. Continued community education in schools and community venues 2. The “Safe Dating” curriculum needs to continue to be taught in all area high schools 3. The Non-Violence Education Group offered through the Court System needs greater exposure and more advocates

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1
Goal 1 Provide educational prevention opportunities to school corporations & families regarding the dangers, prevalence and consequences of “vaping” and electronic cigarette use. Provide 10 Substance abuse prevention trainings on school campuses for the 2020-21 academic year. Provide 5 “Sweet Deception” trainings (The Dangers of Vaping) to students in various setting in Howard County.
Goal 2 Utilize the Howard County Youth Council for Substance Abuse Prevention to identify needs, strategize to develop effective prevention programs and initiate these within the school

setting. Meet with the Youth Council on a monthly basis. Provide a minimum of 5 Major events throughout the year that focus on substance abuse prevention issues.

Problem Statement #2

Goal 1 Increase the number of Adults who may access substance abuse services that are already in place within the community. Refer for substance abuse treatment 85 individuals in the 2020 calendar year. Facilitate 60 individuals getting into substance abuse treatment in the 2020 calendar year.

Goal 2 Decrease the number of overdose deaths by implementing emergency response teams and increased Narcan accessibility and training. 75 doses of Narcan will be distributed to the general public and 450 doses will be distributed to partnering organizations. 3 Public trainings will be provided for the general public and 3 trainings will be provided for partnering organizations regarding proper utilization of Narcan. There will be 3 Distribution Sites established in Howard County not including existing Pharmacies.

Problem Statement #3

Goal 1 All individuals receiving services from the Domestic Violence Shelter in Howard County will undergo a “Drug Screening Inventory.” Based on the results of that “Screening”, appropriate next steps will be identified (No Treatment needed, Outpatient Treatment, Inpatient Treatment, Medically Assisted Treatment, Residential Treatment.)

Goal 2 All individuals who participate in the “Non Violence Education Group” (A court ordered group for Domestic Violence Offenders) will receive a minimum of 13 hours of substance Abuse Education and will receive Substance Abuse Treatment if deemed necessary by a Licensed Substance Abuse Counselor.

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1 Provide educational prevention opportunities to school corporations & families regarding the dangers, prevalence and consequences of “vaping” and electronic cigarette use.	<p>1. Schedule 10 substance abuse prevention educational trainings with the community schools in Howard County and coordinate work with the 5 area High School SADD groups</p> <p>2. Provide educational prevention opportunities to school corporations & families regarding the dangers, prevalence and consequences of “vaping” and electronic cigarette use. Provide 10 Substance abuse prevention trainings on school campuses for the 2020-21 academic year. Provide 5 “Sweet Deception” trainings (The Dangers of Vaping) to students in various setting in Howard County.</p>

	3.Schedule 3 substance abuse prevention educational opportunities within the faith community
Goal 2 Utilize the Howard County Youth Council for Substance Abuse Prevention to identify needs, strategize to develop effective prevention programs and initiate these within the school setting.	<p>1.Meet monthly with the HCYC and identify the specific needs of the youth of Howard County</p> <p>2. Utilize the Howard County Youth Council for Substance Abuse Prevention to identify needs, strategize to develop effective prevention programs and initiate these within the school setting. Meet with the Youth Council on a monthly basis. Provide a minimum of 5 Major events throughout the year that focus on substance abuse prevention issues.</p> <p>3. Meet monthly with the HCYC and implement specific strategies of substance abuse prevention by offering meaningful events that address the need.</p>
Problem Statement #2 Goal 1 Increase the number of Adults who may access substance abuse services that are already in place within the community within the 2020 calendar year.	<p>Steps</p> <p>1.Continue to expand the services of “Turning Point.” Increase the number of Adults who may access substance abuse services that are already in place within the community. Refer for substance abuse treatment 85 individuals in the 2020 calendar year. Facilitate 60 individuals getting into substance abuse treatment in the 2020 calendar year.</p> <p>2.Continue to recruit, train and implement more recovery coaches. Train and implement 5 Recovery Coaches in 2020-2021</p> <p>3.Effectively communicate with the community regarding the substance abuse services that already exist within our community</p>

<p>Goal 2 Decrease the number of overdose deaths by implementing emergency response teams and increased Narcan accessibility and training.</p>	<p>1. Facilitate continued free Narcan trainings to the public through the Howard County Health Department. 3 Public trainings will be provided for the general public and 3 trainings will be provided for partnering organizations regarding proper utilization of Narcan.</p> <p>2. Distribute free Narcan throughout the community. 75 doses of Narcan will be distributed to the general public and 450 doses will be distributed to partnering organizations</p> <p>3. Continue to educate the public regarding available intervention services and other services currently available in Howard County to prevent overdose</p>
<p>Problem Statement #3</p> <p>1. All individuals receiving services from the Domestic Violence Shelter in Howard County will undergo a “Drug Screening Inventory.” Based on the results of that “Screening”, appropriate next steps will be identified (No Treatment needed, Outpatient Treatment, Inpatient Treatment, Medically Assisted Treatment, Residential Treatment.)</p>	<p>Steps</p> <p>1. Provide substance abuse counseling to participants within the domestic violence shelter. Facilitate 50 individuals to receive direct substance abuse treatment in the 2020 calendar year. Urine Drug screens will be utilized to validate sobriety and successful completion of substance abuse treatment.</p> <p>2. Assist residents at the domestic violence shelter to identify what role substance abuse has played in their current situation.</p> <p>3. Add substance abuse care in the continuing care plan as individuals leave the domestic violence shelter.</p>
<p>Goal 2 All individuals who participate in the “Non Violence Education Group” (A court ordered group for Domestic Violence Offenders) will receive a minimum of 13 hours of substance Abuse Education and will receive Substance Abuse Treatment if deemed necessary by a Licensed Substance Abuse Counselor.</p>	<p>1. All individuals who participate in the “Non Violence Education Group” (A court ordered group for Domestic Violence Offenders) will receive a “Substance Abuse Screening Tool” to determine the role substance abuse</p>

	<p>played in their Domestic Violence incident</p> <p>2. Based upon the outcome of the substance abuse screening tool and other insight gained, individuals in the “Non Violence Education Group” (A court ordered group for Domestic Violence Offenders) will be referred to substance abuse treatment (Outpatient Treatment, Inpatient Treatment, Medically Assisted Treatment, Residential Treatment.)</p> <p>3. Assist participants in the “Non Violence Education Group” to identify what role substance abuse has played in their domestic violence situation.</p>
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Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year (\$100.00): \$84,996.46		
Amount of unused funds that rolled over from the previous year (\$100.00): \$92,130.95		
Total funds available for programs and administrative costs for the upcoming year (\$100.00): \$100,000.00		
Amount of funds granted the year prior (\$100.00): \$100,000.00		
How much money is received from the following entities (if no money is received, please enter \$0.00):		
Substance Abuse and Mental Health Services Administration (SAMHSA): 0		
Bureau of Justice Administration (BJA): 0		
Office of National Drug Control Policy (ONDCP): 0		
Indiana State Department of Health (ISDH): 0		
Indiana Department of Education (DOE): 0		
Indiana Division of Mental Health and Addiction (DMHA): 0		
Indiana Family and Social Services Administration (FSSA): 0		
Local entities: 0		
Other: 0		
Funding allotted to prevention/education; intervention/treatment; and criminal justice services and activities (\$100.00):		
Prevention/Education:	Intervention/Treatment:	Justice:
\$25,000.00	\$25,000.00	\$25,000.00
Funding allotted to Administrative costs:		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
LCC Executive Director Salary & Wages		\$18,720.00/ yr.
LCC Executive Director FICA		\$1,576/ yr.
Training		\$500.00/ yr.
Travel		\$1,200.00/yr.
Supplies		\$750.00/yr.
Administration		\$1,200.00/yr.
Funding allotted by Goal per Problem Statement:		
Problem Statement #1 Goal 1: \$31,000.00	Problem Statement #2 Goal 1: \$21,000.00	Problem Statement #3 Goal 1: \$5,000.00

Goal 2: \$5,000.00	Goal 2: \$5,000.00	Goal 2: \$15,000.00
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