# The Indiana Commission to Combat Drug Abuse



## Behavioral Health Division

# **Comprehensive Community Plan**

County: Decatur

LCC Name: Community Action Coalition

LCC Contact: Gracie Maxwell

Address: 101 E. Main St. Suite 1

City: Greensburg

Phone: (812) 662-6364

Email: cacdecco@gmail.com

County Commissioners: Gabe Nobbe, Brian Wenning, Mark Koors

Address: 150 Courthouse Square

City: Greensburg

Zip Code: 47240

## **Vision Statement**

What is your Local Coordinating Council's vision statement?

The Community Action Coalition of Decatur County strives to create a community that promotes the mental and physical health of every citizen.

# Mission Statement

What is your Local Coordinating Council's mission statement?

The Community Action Coalition of Decatur County works to significantly improve the mental health and well-being of all members of the community through counseling, education, empowerment, advocacy, and connection.

| Membership List |                         |   |      |        |                             |  |  |
|-----------------|-------------------------|---|------|--------|-----------------------------|--|--|
| #               | Name                    | Organization                              | Race | Gender | Category                    |  |  |
| 1               | Barb Lecher             | Decatur County<br>Community<br>Schools    | W    | F      | Prevention                  |  |  |
| 2               | Jeramiah McAdams        | Decatur County<br>Court Services          | W    | M      | Criminal Justice            |  |  |
| 3               | <b>Brittany Stewart</b> | Speranza                                  | W    | F      | Intervention                |  |  |
| 4               | Chris Ooley             | Foundations for Recovery                  |      |        | Intervention                |  |  |
| 5               | Carrie Hess             | Decatur County<br>Community<br>Schools    | W    | F      | Prevention                  |  |  |
| 6               | Tami Wenning            | Decatur County<br>Community<br>Foundation | W    | F      | Non-profit                  |  |  |
| 7               | Jamie Bridges           | Master in Social<br>Work                  | W    | F      | Prevention/<br>Intervention |  |  |
| 8               | Sandra Gabbard          | Decatur Co<br>Healthy Families            | W    | F      | Labor                       |  |  |

## **LCC Meeting Schedule:**

Please provide the months the LCC meets throughout the year:

January March May July September November

# II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

## **Community Profile**

| County Name              |
|--------------------------|
| Decatur County           |
|                          |
|                          |
| County Population        |
|                          |
| 26,320                   |
|                          |
| Schools in the community |

Greensburg Elementary (K-5) Greensburg Junior High (6-8) Greensburg High (9-12) North Decatur Elementary (K-6) North Decatur Jr./Sr. High (7-12) South Decatur Elementary (K-6) South Decatur Jr./Sr. High (7-12) St. Mary's (K-8) Good Shepherd Christian Academy (K-5) Greensburg Homeschoolers

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)

Decatur County Memorial Hospital

Community Healthcare Clinic of Decatur County

Well Clinic

Urgent Care

Multi-Medical Specialty Clinic

Children's Healthcare of Decatur County

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

Centerstone

Janelle Batta

Kendra Martin

Service agencies/organizations

Chamber of Commerce

Decatur County Emergency Management

**Decatur County Community Foundation** 

Decatur County Family YMCA

Champions of Youth Optimist Club

**Kiwanis** 

Rotary

**Human Services** 

Decatur County United Fund

Fraternal Order of Police

Kids Closet of Decatur County

Lions Club

Meals on Wheels

The Ark

Greensburg Bread of Life

Alcoholics Anonymous

Narcotics Anonymous

Celebrate Recovery

Greensburg Prevention Group

**New Directions** 

Tri Kappa

Psi Iota Zi

Delta Theta Tau

Department of Child Services

Women Infant and Children (WIC)

One Community, One Family

Decatur County Health Department

Choices Emergency Response Team

Local media outlets that reach the community

Greensburg Daily Newspaper

WTRE Radio

WRBI Radio

Tree City Times

The 812

What are the substances that are most problematic in your community?

Methamphetamine

Opiates (Heroin)

Marijuana

THC Vapes

Vapor Cigarettes

Cigarettes

Fentanyl

List all substance use/misuse services/activities/programs presently taking place in the community

Red Ribbon Activities (Schools)

Celebrate Recovery

Alcoholics Anonymous

Centerstone

Choices Emergency Response Team

Speranza House

Wesleyan Church Lifeline Programs

National Night Out

Activities Lunch and Learn Community Programs

Take Back Drug Programs

Students Against Destructive Decisions

The Ark

Foundation for Recovery

#### **Community Risk and Protective Factors**

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples:</u> trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

| Ri | sk Factors   | Resources/Assets  | Limitations/Gaps  |
|----|--|---|---|
|    | Limited Substance Abuse<br>and Mental Health<br>Resources            | <ol> <li>Centerstone Community<br/>Mental Health</li> <li>Two Private Practice<br/>Counselors</li> <li>Rehabilitation Homes</li> </ol>  | <ol> <li>Transportation</li> <li>Waiting list to get into rehabilitation homes due to limited beds</li> <li>Waiting list to get into rehabilitation homes due to limited beds</li> </ol>                      |
| 2. | Generation Substance<br>Abuse  | Community Mental Health     Providers     School Corporations with     education     Faith based organizations  | <ol> <li>Poverty and Transportation</li> <li>Lack of Substance Abuse Education</li> <li>Family based trauma</li> </ol>  |
| 3. | Lack of prevention<br>methods among children<br>and teens in schools | <ol> <li>School Counselors work in<br/>the school providing<br/>evidence-based services such<br/>as SADD and Red Ribbon</li> <li>Decatur County Health<br/>Department</li> <li>Decatur County Court<br/>Services- Juvenile</li> </ol> | <ol> <li>Nearby states have legalized marijuana use</li> <li>Vaping is commonly viewed as a safer alternative than cigarettes</li> <li>Alcohol is viewed as less dangerous than drug use for teens</li> </ol> |
|    | Meaningful Recovery/Awareness Engagement Opportunities               | Resources/Assets 1. Yearly Recovery Walk 2. Yearly Recovery Banquet 3. Increased awareness of mental health needs   | Limitations/Gaps  1. Events are annual and should be increased to at least monthly  2. Lack of funding  3. Transportation   |

\_

<sup>&</sup>lt;sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

| 2. | Multiple Faith Based<br>Organizations that promote | 1. | Faith based programs                | 1. | Transportation                                      |
|----|--|----|-------------------------------------|----|---|
|    | positive family connection                         | 2. | Community Leadership                | 2. | Lack of housing for those with criminal records     |
|    |  | 3. | School events that promote          |    |   |
|    |  |    | togetherness                        | 3. | Lack of local activities that are affordable to all |
| 3. | Meaningful youth engagement opportunities          | 1. | Local Church Youth Groups           | 1. | Lack of funding                                     |
|    | engagement opportunities                           | 2. | County 4-H Program                  | 2. | Lack of transportation                              |
|    |  | 3. | School and community sport programs | 3. | Lack of interest from students                      |

## III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

- Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements
- Step 2: Ensure your problem statements are evidence-informed, then prioritize
- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each
- Step 5: List the steps to achieve each goal

### **Step 1: Create + Categorize Problem Statements**

Create problem statements as they relate to each of the identified risk factors.

| Ri | sk Factors  | Problem Statement(s)   |  |  |
|----|---|--|--|--|
| 1. | Limited Substance Abuse and Mental Health Services/Awareness in Decatur County. | <ol> <li>Few licensed mental health care professionals or facilities exist within the county.</li> <li>Few rehabilitation homes exist within the county</li> <li>There are high numbers of youth and families in need of substance abuse and mental health services in Decatur County</li> </ol> |  |  |
| 2. | Generation Substance Abuse  | 1. Adults and youth underappreciate the ramifications of substance abuse.  |  |  |

|   | <ol> <li>Poverty, transportation, and accessibility contribute to substance abuse by youth and adults</li> <li>The adults in the Decatur County misuse illegal substances due to poor family relationships</li> </ol> |
|---|---|
| 3. Lack of Prevention Methods among children and teens in schools | Counselor unable to keep up with educational counseling, mental health counseling, and substance abuse counseling   |
|   | 2. The number of youths that have reported drinking alcohol, using nicotine, or using illegal drugs is significant  |
|   | 3. Teens do not understand the severity of substance abuse and how it can destroy their future  |

## **Step 2: Evidence-Informed Problem Statements**

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

| <b>Problem Statement</b>  | s D  | ata That Establishes Problem   | Data Source   |
|---|--|--|---|
| There are high myouth and famili of substance abumental health ser Decatur County | es in need se and (provices in lo lo re la | 3.0% of Decatur County adults eport using an opioid drug prescribed or not) in the past year. Women (22.5%) and individuals of the socioeconomic status (29.6%) eported fair to poor mental health. 3.9% of adults are "excessive rinkers," lower than found tatewide (22.5%) or nationally (25.4%). 59% of individuals viewed mental health as a major problem. Top reasons for major problems elated to access to treatment, lack of providers, and denial/stigma. These areas were suggested by the consulting firm | Community Health Needs Assessment-2019-2021  Decatur County Community Health Needs Assessment Implementation Strategy (1).pdf |
| 2. Lack of important connections with community and                               | in the family units U  | hildren in Need of Services<br>CHINS) Rate per 1,000 Children,<br>Under Age 18 was 45.7, ranking #5<br>ut of all Indiana Counties  | 2020 Indiana Kids Count<br>Data Book  |

|   |                      | Percentage of Single Parent<br>Families is 32.4% in 2018   |                      |
|---|----------------------|--|----------------------|
| 3. The number of y have reported dr alcohol, using ni using illegal dru significant | inking<br>cotine, or | Percentage reporting monthly use of alcohol, tobacco, and other drugs 7th grade-6.3% 8th grade-9.9% 9th grade-17.5% 10th grade-19.7% 11th grade-21.3% 12th grade-21.7% | Indiana Youth Survey |

# **Step 3: Brainstorm**

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

| Pr | oblem Statements   | W                                  | nat can be done (action)?   |
|----|--|------------------------------------|---|
| 1. | There are high numbers of youth and families in need of substance abuse and mental health services in Decatur County | 2.                                 | Expanding treatment options for children and families (e.g. in-patient and outpatient therapy; residential treatment)  Strengthening community partnerships and providing information to the county regarding mental health and the effects of trauma |
|    |  | 3.                                 | School partnerships focused on mental health and substance use  |
| 2. | Lack of importance on connections within the community and family units  | <ol> <li>2.</li> <li>3.</li> </ol> | System connectivity of programs and policies that focuses on reconnection of children with parents coming from corrections system  Family focused education focused on mental health and substance use  Expand Community events focused on family     |
|    |  |                                    | and connection  |
| 3. | The number of youths that have reported drinking alcohol, using nicotine, or using illegal drugs is significant      | 1.                                 | School partnerships focused on mental health and substance use  |
|    |  | 3.                                 | Expanding education in schools  Family focused education focused on mental health and substance use   |

## **Step 4: Develop SMART Goal Statements**

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

#### **Problem Statement #1**

Goal 1

Youth aged 6th grade-12th grade will improve their social-emotional learning skills by 1% through research based SEL lessons in school by the end of the 2024-2025 school year in Decatur County

#### Goal 2

Increase awareness about the available treatment services in Decatur County Residents by 1% through social media campaigns and hosting 2 outreach events in 2024-2025

## **Problem Statement #2**

#### Goal 1

Decrease the substance abuse in adults by 1% in Decatur County in 2023-2024.

#### Goal 2

Increase family support for the individuals struggling with substance abuse by 1% through posting educational material on Community Action Coalition Facebook page in 2024-2025.

#### **Problem Statement #3**

#### Goal 1

10% of Decatur County youth in grades 7-12 will participate in substance abuse education by the end of the 2024-2025 school year.

#### Goal 2

Decrease the use of illegal substance, nicotine and tobacco in youth by 1% in Decatur County in 2024-2025

## **Step 5: Plans to Achieve Goals**

For each goal, list the steps required to achieve each

| Problem Statement #1                            | Steps                                  |
|---|--|
| Goal 1  | 1. Advertise and hold events           |
|   | 2. Identify community partners to work |
| Youth aged 6the grade-12th grade will improve   | with regarding rebuilding families     |
| their social-emotional learning skills by 1%    | and rebuilding juveniles' perspective  |
| through research based SEL lessons in school by | on life.                               |

| the end of the 2024-2025 school year in Decatur<br>Count  | 3. Connect with local police and create a booth at National Night Out events to disperse information regarding mental health and substance abuse  |
|---|---|
| Goal 2 increase awareness about the available treatment services in Decatur County Residents by 1% through social media campaigns and hosting 2 outreach events in 2024-2025            | <ol> <li>Advertise and hold events</li> <li>Find credible information to release on social media</li> <li>Support organizations with awareness campaigns</li> </ol>   |
| Problem Statement #2  | Steps   |
| Goal 1  Decrease the substance abuse in adults by 1% in Decatur County in 2024-2025   | <ol> <li>Collaborate with local churches regarding the importance of family connection</li> <li>Increase awareness campaigns regarding togetherness and the value of connection</li> <li>Advertise and hold events</li> </ol> |
| Goal 2  Increase family support for the individuals struggling with substance abuse by 1% through posting educational material on Community Action Coalition Facebook page in 2024-2025 | <ol> <li>Identify current platforms and obtain login information</li> <li>Find credible information to release on social media</li> <li>Ensure to post at least once per week</li> </ol>                                      |
| Problem Statement #3  | Steps   |
| Goal 1  10% of Decatur County youth in grades 7-12 will participate in substance abuse education by the end of the 2024-2025 school year  | <ol> <li>Secure Support from county school leaders</li> <li>Secure a Public Speaker with experience in addiction (review presentation)</li> <li>Coordinate with schools to schedule presentations</li> </ol>                  |
| Goal 2  Decrease the use of illegal substances, nicotine and tobacco in youth by 1% in Decatur County in 2024-2025  | <ol> <li>Locate/Communicate with local providers</li> <li>Obtain information about services in depth</li> <li>Develop documents to place on school websites and to disperse in schools</li> </ol>                             |

## IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

| Fu           | Funding Profile  |                         |               |                 |  |  |  |  |
|--------------|--|-------------------------|---------------|-----------------|--|--|--|--|
| 1            | Amount deposited into the Count  | ast year:               | \$33,242.54   |                 |  |  |  |  |
| 2            | Amount of unused funds from las  | \$80,035.300            |               |                 |  |  |  |  |
| 3            | Total funds available for program  | s year                  | \$113,277.84  |                 |  |  |  |  |
| 3            | (Line 1 + Line 2):   |                         | *             |                 |  |  |  |  |
| 4            | Amount of funds granted last year  | r:                      |               | 45,2000.00      |  |  |  |  |
|              | County Allows Only   |                         |               | 113,277.84      |  |  |  |  |
| Ad           | ditional Funding Sources (if no r  |                         |               |                 |  |  |  |  |
| A            | Substance Abuse and Mental Hea   |                         | MHSA):        | \$0.00          |  |  |  |  |
| В            | Centers for Disease Control and l  | Prevention (CDC):       |               | \$0.00          |  |  |  |  |
| $\mathbf{C}$ | Bureau of Justice Administration   | <u> </u>                |               | \$0.00          |  |  |  |  |
| D            | Office of National Drug Control  | Policy (ONDCP):         |               | \$0.00          |  |  |  |  |
| $\mathbf{E}$ | Indiana State Department of Heal   | lth (ISDH):             |               | \$0.00          |  |  |  |  |
| F            | Indiana Department of Education  | (DOE):                  |               | \$0.00          |  |  |  |  |
| G            | Indiana Division of Mental Healt   |                         | \$0.00        |                 |  |  |  |  |
| Н            | Indiana Family and Social Service  |                         | \$0.00        |                 |  |  |  |  |
| I            | Local entities:  |                         |               | \$0.00          |  |  |  |  |
| J            | Other:   |                         |               | \$0.00          |  |  |  |  |
| Ca           | tegorical Funding Allocations  |                         |               |                 |  |  |  |  |
| Pre          | vention/Education:   | Intervention/Treatment: | Justice Se    | rvices:         |  |  |  |  |
| \$15         | 5,000.00   | \$ 15,000               | \$ 15,000.0   | 00              |  |  |  |  |
| _            |  |                         |               |                 |  |  |  |  |
|              | nding allotted to Administrative   | costs:                  | 1             | (0100.00)       |  |  |  |  |
|              | nized list of what is being funded   |                         |               | ount (\$100.00) |  |  |  |  |
|              | ordinator compensation   |                         | \$ 9,600      |                 |  |  |  |  |
| Off          | fice supplies  | \$ 1,200                |               |                 |  |  |  |  |
|              | Funding Allocations by Goal per Problem Statement:  Problem Statement #1 Problem Statement #2 Problem Statement #3 |                         |               |                 |  |  |  |  |
| Pro          | oblem Statement #1   | Problem 5               | Statement #3  |                 |  |  |  |  |
| Go           | al 1: \$7500   | Goal 1: \$7             | oal 1: \$7500 |                 |  |  |  |  |
| Go           | al 2: \$7500   | Goal 2: \$7500          | Goal 2: \$7   | 7500            |  |  |  |  |

County only allows \$55,800 to be spent a year. Jan 1 2024-Dec 19 2024