The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: DeKalb LCC Name: Drug Free DeKalb County LCC Contact: Rebecca Calhoun, Coordinator Address: PO Box 107 City: Auburn, IN 46706 Phone: 260-343-1106 Email: drugfreedekalb17@gmail.com

County Commissioners: William Hartman, Donald Grogg, Jackie Rowan Address: 100 S Main St City: Auburn Zip Code: 46706

Vision Statement

What is your Local Coordinating Council's vision statement?

The vision of Drug Free DeKalb County is a community free of the negative effects of ATOD's.

Mission Statement

What is your Local Coordinating Council's mission statement?

The mission of Drug Free DeKalb County is to increase awareness and decrease usage of alcohol, tobacco and all other drugs in DeKalb County.

	Membership	List			
#	Name	Organization	Race	Gender	Category
1	Steve Smith	Serenity House		Male	Recovery
2	Jeff Frigo	Serenity House		Male	Recovery
3	Derek Herb	Community Corrections		Male	Criminal Justice
4	Cari Martinez	Community Corrections		Female	Criminal Justice
5	Michael Lapham	Probation		Male	Criminal Justice
6	Rebecca Ackerman	The Bowen Center		Female	Treatment
7	Jim Nichols	Butler Police Dept.		Male	Criminal Justice
8	Martin McCoy	Auburn Police Dept.		Male	Criminal Justice
9	Vicki Rodkey	Hearten House		Female	Recovery/Treatment
10	Kevin Kyle	Garret Police Dept.		Male	Criminal Justice
11	Brad Harris	DeKalb Co. Impact Corp.		Male	Treatment/Recovery
12	Andrew Foster	Inspiration Ministries		Male	Recovery
13	Amanda Rice	DeKalb Central Schools		Female	Education/Prevention
14	Tamara Goodman	Veterans Administration		Female	Education/Prevention
15	Austin Harrison	DeKalb Central Schools		Male	Education/Prevention
16	Bonnie Emerson	DeKalb County Community Corrections		Female	Criminal Justice
17	Dustin Shipe	Serenity House		Male	Recovery
18	Gerald Kline	DeKalb Sherriff		Male	Criminal Justice

		Dept		
19	Ivan Esparza- Morales	DeKalb County Community Corrections	Male	Criminal Justice
20	Jake Clifford	DeKalb Central Schools	Male	Education/Prevention
21	James Smith	Inspiration Ministries	Male	Recovery/Treatment
22	Jessica Lopez	Serenity House	Female	Recovery/Treatment
23	Johanna Scott	DeKalb County Probation	Female	Criminal Justice
24	Karla Benitez- Estrada	Bowen Center	Female	Treatment
25	Kim Healey	DeKalb County Courts	Female	Criminal Justice
26	Marissa McKenzie	Hearten House	Female	Recovery/Treatment
27	Meaghan Ruckman	System of Care Coordinator	Female	Education/Prevention
28	Richard Yost	Northeastern Center	Male	Treatment
29	Ryan Hull	DeKalb County Probation	Male	Criminal Justice
30	Ryan Marsden	Inspiration Ministries	Male	Recovery/Treatment
31	Shelly Allen	Women in Transition	Female	Recovery/Treatment
32	Dawn Mason	United Way of DeKalb County	Female	Education/Prevention

LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year: Drug Free DeKalb County meets on the 2nd Monday of each month at noon

Community Needs Assessment: Results

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name
DeKalb County
County Population
42,383
Schools in the community
DeKalb County Central United School District.
 DeKalb County Eastern Community School District.
 Garrett-Keyser-Butler Community School District.
 Hamilton Community Schools.
St. Joseph Catholic Schools
• Oak Farm School
Change Academy Alternative School
Creative Playschool
Little Joes Preschool
Auburn Methodist Church preschool
Preschoool at the Corners
• Headstart
Early Learning Center
• YMCA
Lakewood School
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)
*
Parkview DeKalb Hospital and affiliates

• WIC Center
Cameron Hospital
DuPont Physicians group
VA Hospital
Multiple Dental practices
Multiple Chiropractic practices
Multiple nursing homes
Multiple vision/eye doctors
Holistic Healthcare practitioners
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental
health clinics, private/public providers, etc.)
Bowen Center
Northeastern Center
Family Counseling Center
• Lifeline
Children's First
Various private counseling providers
Service agencies/organizations
Drug Free DeKalb
Dept. of Community Corrections
Bowen Center
Northeastern Center
• Serenity House
Plus One- Inspirations
 Hearten House
 Inspiration Ministries
Celebrate Recovery
Parkview
Lutheran Foundation
• Systems of Care
• JAM center
• YMCA
The Filling Station
Butler Community Center
YMCA in Garret
• Brightpoint
• United Way
Catholic Charities
Neighbor Link
Council on Aging
Women's Care Center WIC
 Children's First Center
DeKalb Health Department Ouist Knight (Note and group)
Quiet Knight (Vets program)
DeKalb Pregnancy Center

•	Various food banks
•	RSVP
•	St. Martins
•	Child Protective Services
•	Law enforcement agencies
•	Parks Departments
Local madia autlata	that much the community
	that reach the community KPC News
•	The Star
•	
•	FW Newspapers
•	HAWK radio station
•	WANE 15 (TV)
•	PBS (TV)
•	WOWO (radio)
•	Multiple radio stations around the region
•	Social Media (Face book, Instagram, LinkedIn, Twitter)
What are the substa	nces that are most problematic in your community? Methamphetamine Alcohol Tobacco Vamping Marijuana Prescription medications Fentanyl (single use and attached to other substances) Heroin CBD Less common but available and a concern o Spice o Cocaine o Saboxone o Inhalants o MDMA o LSD
	 Psilocybin/ "magic" mushrooms
List all substance us	se/misuse services/activities/programs presently taking place in the community SKILLS Community Service Program
•	Work Release (Community Corrections)
•	Tall Cop High in Plain Sight program
•	

- Drug Free DeKalb County
- SCRAM (Self Care Remote Alcohol Monitoring)
- DARE
- MRT (with Bowen Center & Northeastern Center)
- YPAA (Young Person AA)
- Matrix
- Seeking Safety
- DV MRT (Domestic Violence)
- CMA
- Peer Recovery
- FRC
- AD (Alcohol/Drug Program through probation)
- Law enforcement programs in the schools
- Collaborations
- Law Enforcement public education initiatives
- National Night Out (Butler community/law enforcement) w/ 300 attendees
- Annual Softball event with police/fire raised \$2000 for suicide prevention
- Serenity House concert
- Shop with a cop
- Butler- Movies in the Park sponsor
- Plus One- Open House-Freedom Fest
 - All 3 school districts have mental health assistance programs
 - Systems of Care @ KGB
 - Student Assistance Program at DeKalb Central
 - o East DeKalb has a dedicated case worker
- United Way Community Conversations
- Veterans Court running- 1st graduation
- Family Reconciliation Court started
- Trunk & Treat in Butler 700 kids
- Celebrate Recovery
- AA/NA/Etc. meetings (FW area intergroup)
- Breanne's House just started
- Hearten House "Homeless Awareness" event
- MRT program for men and women
- Thinking for a Change
- MRT Matrix
- MRT and AA at the jail
- DBT; IOP Matrix
- United Way Day of Caring
- Purdue Extension parenting and budgeting programs
- Garret High School Criminal Justice Program
- DeKalb High School Criminal Justice Program
- Officer Stranger Danger Program for 3rd & 4th grade students (Butler)

- School Resource Officers in all school districts
- Safe Schools/School Safety programs
- Officers on the bus programs (Butler)
- Systems of Care
- Domestic Violence Task Force
- New work release facility

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples</u>: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
1. Norms, customs & policies	1. Drug Free DeKalb County	1. Community awareness &
that permit or promote		education programs are
substance abuse	2. Law Enforcement public education initiatives	insufficient
		2. Lack connections to
	3. County courts have	employers & other key players
	implemented Veteran's Court	
		3. Resources to effectively
		combat normalization of ATOD use.
2.Actual and perceived	1. School resources officers	1. Community outreach and
availability and use of ATOD's	active in all school districts	education is limited
	2. Safe Schools/School Safety	2. Media- literacy (resistance to
	programs	pro-use messages) is lacking
	3. Community programs that promote alcohol free activities	3. Insufficient public education regarding ATOD's & addiction

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

3. Limited prevention & recovery resources	 Treatment facilities are actively involved in DFDC coalition All DeKalb County school districts have mental health programs in place for students Schools are willing to collaborate with DFDC partners for prevention programs 	 Shortage of sufficient treatment options Insufficient prevention education in schools Insufficient family support programs
Protective Factors	Resources/Assets	Limitations/Gaps
1. Social networks & support systems within the community	 Diversity of stakeholders/ membership in DFDC Coalition Strong interconnected 	 Lack strong connections to faith based organizations Lack strong connection to
	3. Law enforcement is positively engaged in community	employers 3. Lack coordinated outreach system
2. Range of opportunities in the community for youth and family engagement	 Criminal Justice Programs at high schools United Way Day of Caring & community conversations Community engagement nights i.e. Movies in the Park/ annual softball event/ Serenity House Concert, etc. 	 Lack sufficient outreach to engage youth in prevention efforts Lack of interest/apathy among community members to engage in positive outreach activities Lack sufficient connectors to engage in additional outreach
3. Exposure to evidence based & evidence informed programs, strategies and initiatives for prevention and recovery	 Mental health providers utilize MRT and other evidence based treatment options Family Reconciliation Court started Safe Schools/ School Safety programs 	 Lack sufficient prevention programs for youth Lack of community awareness of effective strategies/resources Insufficient access to ATOD training opportunities

Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. Norms, customs & policies that permit or promote substance abuse	1. Excessive drinking rates continue to be a problem in DeKalb County
	2. Community understanding of addiction and the use of ATOD's is a problem in DeKalb County
	3. Community understanding of the economic and community impact of ATOD's use is a problem in DeKalb County
2. Actual and perceived availability and use of ATOD's	1. ATOD use & abuse by youth and adults is a problem in DeKalb County
	2. Perceived peer use of ATOD's is higher than actual reported use in DeKalb County
	3. Community understanding of addiction and the use of ATOD's is a problem in DeKalb County
3. Limited prevention & recovery resources	1. Availability of treatment & recovery options for individuals and families is a problem in DeKalb County
	2. Availability of effective prevention programs for youth continues to be a problem in DeKalb County
	3. Access to effective intervention & prevention resources continues to be a problem in DeKalb CO.

Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. ATOD use & abuse by youth and adults is a problem in DeKalb County	DeKalb County excessive drinking rate remains at 19%. DeKalb County ranks 25th out of 92 counties	The 2018 and 2019 County Health rankings report
	40.6% of treatment episodes in DeKalb County reported meth use with 25.7% meeting criteria for meth dependence. It is important to note that the Northeast quadrant of counties (DeKalb, Noble, Steuben, LaGrange) had a combined 43% reported use of meth treatment episodes. These rural communities continue to see methamphetamine use at a higher rate than surrounding urban communities (i.e. Allen County rate of meth use reported is 10%).	2018 IN State Epidemiological Report on Consumption & Consequences of ATOD
	Regional past month ATOD use is reflective of what we are seeing in the DeKalb community	2018 Indiana Youth Survey
	Past month use of Alcohol	
	<u>Grade</u> Indiana <u>NE IN</u>	
	8th 13% 15.7%	
	10th 21% 18.2%	
	12th 29.5% 22.6%	
	Past month use of Binge Drinking	
	<u>Grade</u> <u>Indiana</u> <u>NE IN</u>	
	8th 4.7% 6.4%	
	10th 8.5% 7.2%	
	12th 13.8% 8.4%	

	1				
	Dest mor	th use of Ci	garattas		
	Grade	Indiana	<u>NE IN</u>		
	8th	4%	5.3%		
	10th	6.8%	7.2%		
	12th	9.9%	8.6%		
	Destmen	h was of Va			
		th use of Va		7	
	<u>Grade</u>	<u>Indiana</u>	<u>NE IN</u>		
	8th	11.9%	10.5%		
	10th	20.4%	15.1%		
	12th	28.6%	16.6%		
		1 03-5		_	
		h use of Ma			
	<u>Grade</u>	<u>Indiana</u>	<u>NE IN</u>		
	8th	5.9%	8.2%		
	10th	12.6%	9.1%		
	12th	17.3%	11.2%		
		1 (D			
			scription Dr	ugs	
	<u>Grade</u>	<u>Indiana</u>	<u>NE IN</u>		
	8th	2.1%	1.9%		
	10th	3.8%	2.7%		
	12th	3.7%	2.2%	1	
2. Community understanding of addiction and the use of ATOD's is a problem in DeKalb County	There is a dis reported use of perception of represents the their peers us last month.	of substances their use. T total % of s	s and their p he below tal tudents that	eers ole believe	2018 Indiana Youth Survey
	Grad	<u>le</u> <u>Alcohol</u>	<u>Cigarettes</u>	<u>Marijuana</u>	
	8th	67.1%	57.8%	61%	
	10th	86.7%	78.5%	84%	
	12th	88.7%	79.9%	86.1%	
		I	<u> </u>	<u> </u>	

	Significant findings to date indicate a disconnect between the "haves" and "have not's" in DeKalb County and a general lack of understanding of addiction in the community.	2019 United Way of DeKalb County Community Conversations Findings
3. Access to effective intervention and	DeKalb County had a Mental Health provider ratio of 1,710:1 (pop/provider) compared to Indiana overall of 670:1	2019 IN County Health Rankings Report
prevention resources continues to be a problem in DeKalb County	Suicide is a public health issue often associated with mental illness and substance abuse disorders. The indicates an age-adjusted annual suicide mortality rate of 14.5 per 100,000 population in DeKalb County. This rate is significantly higher than 12 other counties in the NE Quadrant of Indiana.	CDC pooled data from 1999-2017

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. ATOD use & abuse by youth and adults is a problem in DeKalb County	1. Support the law enforcement needs and activities to reduce access to alcohol for youth, and other efforts to reduce alcohol and drug problems in the county
	2. Support alternative activities for youth
	3. Support public and social service agencies that work with youth to identify and reduce risk factors that contribute to ATOD use in youth
2. Community understanding of addiction and the use	1. Support local educational forums to be held on issues related to ATOD
of ATOD's is a problem in DeKalb County	2. Support drug testing efforts for identification of drug use in DeKalb County
	3. Raise Mental Health Awareness and its relation to substance abuse

3. Access to effective intervention and prevention resources continues to be a problem in DeKalb	1. Support programs & organizations that provide treatment and recovery services in DeKalb County
County	2. Support prevention education programs provided through schools and other community organizations
	3. Support programs that delay or prevent the first use of ATOD

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1

Goal 1

DeKalb Co. excessive drinking rate will be reduced by 1% as measured by county health ranking by 12/2022

Goal 2

DFDC will see a 25% increase in engaged coalition members by 12/2021.

Problem Statement #2

Goal 1

Pre/post evaluation data for DFDC supported education forums will reflect an increase in understanding of substance abuse disorders by 12/2021

Goal 2

Pre/post evaluation data for DFDC supported education forums will reflect an increase in understanding of actual ATOD use vs. perceived ATOD use in DeKalb Co youth by 12/2021

Problem Statement #3

Goal 1

DFDC will increase the annual number of adults in DeKalb County obtaining treatment & recovery services measured by local treatment center and recovery homes year-end annual service numbers.

Goal 2

All DeKalb County public school districts will participate in effective prevention/education programs at the K-6 grade levels as measured by school and partner program data by 12/2021.

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1 DeKalb Co. excessive drinking rate will be reduced by 1% as measured by county health ranking by 12/2022	 Prevention/Education - Support alternative activities for youth Intervention/Treatment - Support public and social service agencies that work with youth to identify and reduce risk factors that contribute to ATOD use in youth Justice Services/Supports - Support law enforcement needs and activities to reduce access to alcohol for youth and other efforts to reduce alcohol and drug problems in the county
Goal 2 DFDC will see a 25% increase in engaged coalition members by 12/2021.	 Prevention/Education - Support education initiatives that engage multiple sectors of the community Intervention/Treatment - Support programs that encourage positive healthy family relationships Justice Services/Supports - Support law enforcement programs/courts that work to reduce offender abuse of and/or addiction to ATOD thus decreasing related criminal activity.
Problem Statement #2	Steps
Goal 1 Pre/post evaluation data for DFDC supported education forums will reflect an increase in understanding of substance abuse disorders by 12/2021	 Prevention/Education - Support local educational forums to be held on issues related to ATOD Intervention/Treatment - Support programs that mental health awareness Justice Services/Supports - Support drug testing efforts for identification of drug use in DeKalb County
Goal 2 Pre/post evaluation data for DFDC supported education forums will reflect an increase in understanding of actual ATOD use vs. perceived	1. Prevention/Education - Support prevention education programs provided through schools and other community organizations

ATOD use in DeKalb Co youth by 12/2021	
	2. Intervention/Treatment - Support programs & organizations that provide treatment and recovery services in DeKalb County
	3. Justice Services/Supports - Support law enforcement programs/courts that work to reduce offender abuse of and/or addiction to ATOD thus decreasing related criminal activity.
Problem Statement #3	Steps
Goal 1 DFDC will increase the annual number of adults in DeKalb County obtaining treatment & recovery services measured by local treatment center and recovery homes year-end annual service numbers.	1. Prevention/Education Support local educational forums to be held on issues related to ATOD
	2. Intervention/Treatment - Support programs & organizations that provide treatment and recovery services in DeKalb County
	3. Justice Services/Supports - Support law enforcement programs/courts that work to reduce offender abuse of and/or addiction to ATOD thus decreasing related criminal activity.
Goal 2 All DeKalb County public school districts will participate in effective prevention/education programs at the K-6 grade levels as measured by school and partner program data by 12/2021.	1. Prevention/Education - support prevention/education programs provided through the schools & community partners
	2. Intervention/Treatment - support programs & organizations that provide treatment and recovery services in DeKalb County
	3. Justice Services/Supports - support school resource officers efforts in public schools

Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year (\$100.00): \$32,184.13 (2019 Receipts)

Amount of unused funds that rolled over from the previous year (\$100.00): **\$100,749.32** (Funds rolled over from previous years).

Note: Drug Free DeKalb funds were froze and unavailable for distribution for a period of time to resolve a former IRS issue which has resulted in excess funds (more than one year) in the account. In 2018 DFDC begin distributing funds again with a \$25,000 award distribution.

Total funds available for programs and administrative costs for the upcoming year (\$100.00): **\$132,933.45**

Amount of funds granted the year prior (\$100.00): In 2019 DFDC expended total of \$49,949.24.

\$44,355.36 was spent for funded projects. \$5,593.88 was expended for contractual and operational costs.

How much money is received from the following entities (if no money is received, please enter \$0.00):

Substance Abuse and Mental Health Services Administration (SAMHSA): \$0.00
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Bureau of Justice Administration (BJA): \$0.00

Office of National Drug Control Policy (ONDCP): \$0.00

Indiana State Department of Health (ISDH): \$0.00

Indiana Department of Education (DOE): \$0.00

Indiana Division of Mental Health and Addiction (DMHA): \$0.00

Indiana Family and Social Services Administration (FSSA): \$0.00

Local entities: \$0.00

Other: \$0.00

Funding allotted to prevention/education; intervention/treatment; and criminal justice services and activities (\$100.00):

Prevention/Education:	Intervention/Treatment:	Justice:
\$33,233.37	\$33,233.37	\$33,233.37
Funding allotted to Administrative costs:		
Itemized list of what is being fi	ınded	Amount (\$100.00)
Coordinator, postage, office supplies, operating supplies, mileage,		\$33,233.34
training, postage, po box,		

Funding allotted by Goal per Problem Statement:			
Problem Statement #1	Problem Statement #2	Problem Statement #3	
Goal 1: \$16,616.68	Goal 1: \$16,616.68	Goal 1: \$16,616.68	
Goal 2: \$16,616.69	Goal 2: \$16,616.69	Goal 2: \$16,616.69	