

# The Indiana Commission to Combat Drug Abuse



*Behavioral Health Division*

## Comprehensive Community Plan

County: Carroll

LCC Name: Partnership for a Drug Free Carroll County

LCC Contact: Steve Mullin

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County Commissioners: Loren Hylton, Bill Brown, and Steve Pearson

Address: 101 West Main Street

City: Delphi Indiana

Zip Code: 46923

## **Vision Statement**

What is your Local Coordinating Council's vision statement?

A community approach to work together to incorporate a comprehensive approach to reduce substance abuse and to increase available opportunities for treatment services in Carroll County.

## **Mission Statement**

What is your Local Coordinating Council's mission statement?

Our mission is to provide an organization through which the community can plan and implement efforts to address the problems of substance abuse and dependency in Carroll County.

We believe the healthy development of our citizens is being threatened by the problems and challenges of the drug use in today's culture. Our purpose is to make a positive difference in the area of substance abuse issues and to reduce the incidence and prevalence of substance abuse and addictions among adults and children in Indiana.

Therefore, we will act to coordinate existing services and network to stimulate the development of new responses to substance abuse issues, to create community awareness and to join together in advocacy for the maintenance and improvement of standards and services to end substance abuse and dependency in Carroll County. We shall also have a formal arrangement for collaboration between groups or sectors of our community, in which each group retains its identity but all agree to work together toward a common goal of building a safe, healthy and drug-free community.

<b>Membership List</b>					
<b>#</b>	<b>Name</b>	<b>Organization</b>	<b>Race</b>	<b>Gender</b>	<b>Category</b>
1	Jay Schimmel	Delphi Schools	W	M	Prevention/Education
2	Richard Ferguson	Carroll Schools	W	M	Prevention/Education
3	Cindi Chapman	Delphi First Assembly of God	W	F	Treatment/Intervention
4	Steve Mullin	Prosecutor's Office	W	M	Criminal Justice
5	Dan Dulin	DNR	W	M	Criminal Justice
6	Kevin Hammond	Carroll Sheriff	W	M	Criminal Justice
7	Tim Kendall	ISP	W	M	Criminal Justice
8	John Chapman	Delphi First Assembly of God	W	M	Treatment/Intervention
9	Joe O'Donnell	Freedom Mission	W	M	Treatment/Intervention
10	Deep Battu	Valley Oaks	Asian	F	Treatment/Intervention
11					
12					
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21					

**LCC Meeting Schedule:**  
Please provide the months the LCC meets throughout the year:  
Meetings are scheduled for the First Tuesday of every month at 10:45 am. Delphi High School Room A16.

## Community Needs Assessment: Results

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

### Community Profile

<b>County Name:</b> Carroll
<b>County Population:</b> Approximately 21,000
<b>Schools in the community:</b> Delphi Community School Corporation and Carroll School Corporation
<b>Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.):</b> Delphi Medical Clinic, Burlington Clinic, Flora Family Physicians, Camden Health Clinic and Delphi IU Arnett Clinic
<b>Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.):</b> Freedom Mission, Lifeline Connection, Valley Oaks
<b>Service agencies/organizations:</b> Carroll County Sheriff, Delphi Police, Flora Police, Indiana State Police, DNR Freedom Missions, Lifeline Connection, Valley Oaks, DARE, Red Ribbon, Every Fifteen Minute Program
<b>Local media outlets that reach the community:</b> News paper: Carroll County Comet TV and Radio stations: WRTV, WLFI, WTHR, Shine 99, K-Love
<b>What are the substances that are most problematic in your community?</b> Marijuana, Synthetic drugs, Methamphetamine, Heroin, Cocaine, and Prescription medication abuse
<b>List all substance use/misuse services/activities/programs presently taking place in the community:</b> Freedom Mission, Lifeline Connection and Valley Oaks, DARE, Every Fifteen Minutes Program

### Community Risk and Protective Factors

*Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.*

**Risk Factors Examples:** trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

**Protective Factors Examples:** strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

<b>Risk Factors</b>	<b>Resources/Assets</b>	<b>Limitations/Gaps</b>
1. Limited prevention and recovery resources	1. Therapeutic services 2. Outpatient services	1. Limited funding/personnel 2. Limited services/personnel 3. Lack of insurance coverage 4. Lack of transportation
2. Availability of Drugs	1. Crime Statistics 2. Internet 3. Government Agencies	1. Lack of communication 2. Limited prevention options 3. Profitability of drug trade
3. Peer Substance Use	1. Therapeutic Services 2. Internet 3. Publications	1. Interconnection of peers 2. Not all peers recognize a problem 3. Perception that drug use is “cool”
<b>Protective Factors</b>	<b>Resources/Assets</b>	<b>Limitations/Gaps</b>
1. Meaningful youth engagement	1. Red Ribbon drug awareness 2. Drug Abuse Resistance Education available to all 5 <sup>th</sup> graders 3. Child Protective Services	1. Funding limits 2. Training and maintaining DARE officers 3. Child youth direction/services
2. Restrict access to alcohol and other drugs.	1. Laws and Regulations 2. Providing alternative opportunities for youth 3. DARE	1. Restrictions on law enforcement 2. Funding limits 3. Complicit retailers
3. Access to mental health care	1. Carroll County Lifeline 2. Valley Oaks 3. School Counselors	1. Stigma of mental illness 2. Lack of motivation by participants 3. Need for long term treatment

<sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

## Making A Community Action Plan

*Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.*

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

### Step 1: Create + Categorize Problem Statements

*Create problem statements as they relate to each of the identified risk factors.*

Risk Factors	Problem Statement(s)
1. Limited Prevention and Recovery Resources	<ol style="list-style-type: none"><li>Those affected by substance abuse have trouble affording treatment and full continuums of treatment services are not available.</li><li>Limited funding and personnel/lack of insurance</li><li>Lack of transportation reduces effectiveness of available services</li></ol>
1. Availability of Drugs and Alcohol	<ol style="list-style-type: none"><li>Substance abuse among youth and adults in Carroll County is a continuing problem.</li><li>Criminal activity is associated with illegal drug and alcohol use.</li><li>Drug and alcohol crimes tax the criminal justice system.</li></ol>
3. Peer Substance Use	<ol style="list-style-type: none"><li>Peers have a significant influence, especially on young people.</li><li>Those individuals with substance abusing peers are unlikely to resist the pressure to also abuse substances.</li><li>Individuals who wish to stay clean must avoid their substance abusing peers.</li></ol>

## Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. Those affected by substance abuse have trouble affording treatment and full continuums of treatment services are not available.	Treatment costs from \$2,000.00 to \$25,000.00. There are no local options for continuing support.	drugrehab.com
2. Substance abuse among youth and adults in Carroll County is a continuing problem.	Behavioral Health Barometer, 2015	samhsa.gov
3. Peers have a significant influence, especially on young people.	Ramirez, R., etal (2012). Peer Influences on Adolescent Alcohol and Other Drug Use Outcomes	ncbi.nlm.nih.gov

## Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. Those affected by substance abuse have trouble affording treatment and full continuums of treatment services are not available.	<ol style="list-style-type: none"> <li>1. Continue funding of local treatment programs by Freedom Mission, Lifeline Connection, Valley Oaks, and Child Services</li> <li>2. Assist law enforcement by funding programs and projects targeting offenders.</li> <li>3. Establish programs to provide support after treatment.</li> </ol>
2. Substance abuse among youth and adults in Carroll County is a continuing problem.	<ol style="list-style-type: none"> <li>1. Continue to fund DARE Program, Red Ribbon and other related programs in schools</li> <li>2. Provide public education and promote drug-free living.</li> <li>3. Provide training for school and health care professionals.</li> </ol>
3. Peers have a significant influence, especially on young people.	<ol style="list-style-type: none"> <li>1. Search for youth engagement programs that provide alternatives to drug and alcohol use.</li> <li>2. Support school efforts to keep students from using drugs.</li> <li>3. Promote the Partnership for a Drug Free Carroll County at school sporting events.</li> </ol>

#### Step 4: Develop SMART Goal Statements

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

<b>Problem Statement #1: Those affected by substance abuse have trouble affording treatment and full continuums of treatment services are not available.</b>	
Goal 1	Increase funding for Treatment/Intervention by 5% over previous year.
Goal 2	Establish one program that provides support after treatment.
<b>Problem Statement #2: Substance abuse among youth and adults in Carroll County is a continuing problem.</b>	
Goal 1	Increase funding for the DARE Program and/or RedRibbon and/or other related programs in schools by 5% over previous year.
Goal 2	Provide funds for training at least one school and/or health care professional dealing with youths.
<b>Problem Statement #3: Peers have a significant influence, especially on young people.</b>	
Goal 1	Ensure that at least 10% of funds support school efforts to keep students from using drugs.
Goal 2	Promote the Partnership for a Drug Free Carroll County at two or more school sporting events.

#### Step 5: Plans to Achieve Goals

*For each goal, list the steps required to achieve each*

<b>Problem Statement #1</b>	<b>Steps</b>
Goal 1 Increase funding for Treatment/Intervention by 5% over previous year.	<ol style="list-style-type: none"> <li>1. Establish guidelines for Mini-Grant availability</li> <li>2. Promote Mini-Grant signup to these organizations.</li> <li>3. Award and administer Mini-Grants to meet the goal.</li> </ol>
Goal 2 Establish one program that provides support after treatment.	<ol style="list-style-type: none"> <li>1. Contact providers who may be able to help meet this goal.</li> <li>2. Encourage at least one provider to establish the program.</li> <li>3. Provide assistance to the provider(s)</li> </ol>



Problem Statement #2	Steps
<p>Goal 1 Increase funding for the DARE Program and/or Red Ribbon and/or other related programs in schools by 5% over previous year.</p>	<ol style="list-style-type: none"> <li>1. Promote Mini-Grant signup to these organizations.</li> <li>2. Review Mini-Grant applications</li> <li>3. Fund Mini-Grants in a manor to meet the goal.</li> </ol>
<p>Goal 2 Provide funds for training at least one school and/or health care professional dealing with youths.</p>	<ol style="list-style-type: none"> <li>1. Ensure that school and health care professional know that Mini-Grants can help with training.</li> <li>2. Promote Mini-Grant signup to these professionals.</li> <li>3. Ensure that at least one school and/or health care professional receives training in the year.</li> </ol>
Problem Statement #3	Steps
<p>Goal 1 Ensure that at least 10% of funds support school efforts to keep students from using drugs.</p>	<ol style="list-style-type: none"> <li>1. Keep in contact with schools regarding their substance abuse prevention efforts.</li> <li>2. Determine how we can assit the efforts</li> <li>3. Provide available assistance</li> </ol>
<p>Goal 2 Promote the Partnership for a Drug Free Carroll County at two or more school sporting events.</p>	<ol style="list-style-type: none"> <li>1. Contact school administrators to inform them of our organization</li> <li>2. Purchase promotional items that are appropriate for students</li> <li>3. Distribute the promotional items at school sporting events.</li> </ol>

## Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

## Funding Profile

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year (\$100.00): <b>\$19,519.72</b>		
Amount of unused funds that rolled over from the previous year (\$100.00): <b>\$2,916.54</b>		
Total funds available for programs and administrative costs for the upcoming year (\$100.00): <b>\$22,436.26</b>		
Amount of funds granted the year prior (\$100.00): <b>\$23,071.72</b>		
How much money is received from the following entities (if no money is received, please enter \$0.00): \$0.00		
Substance Abuse and Mental Health Services Administration (SAMHSA): \$0.00		
Bureau of Justice Administration (BJA): \$0.00		
Office of National Drug Control Policy (ONDCP): \$0.00		
Indiana State Department of Health (ISDH): \$0.00		
Indiana Department of Education (DOE): \$0.00		
Indiana Division of Mental Health and Addiction (DMHA): \$0.00		
Indiana Family and Social Services Administration (FSSA): \$0.00		
Local entities: \$0.00		
Other: \$0.00		
<b>Funding allotted to prevention/education; intervention/treatment; and criminal justice services and activities (\$100.00):</b>		
Prevention/Education: \$6,464.00	Intervention/Treatment: \$7,270.00	Justice: \$6,902.00
<b>Funding allotted to Administrative costs:</b>		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Advertisement		\$1,800.26
<b>Funding allotted by Goal per Problem Statement:</b>		
<b>Problem Statement #1</b>	<b>Problem Statement #2</b>	<b>Problem Statement #3</b>
Goal 1: \$6,000.00	Goal 1: \$3,870.00	Goal 1: \$5,496.00
Goal 2: \$2,270.00	Goal 2: \$3,000.00	Goal 2: \$1,800.26