

**Parks Board Resolution 2025-12,**

**A Resolution of the Logansport Parks and Recreation Board**

**To Apply for SHARP 5.0 Grant from NRPA Page of < # >**

**WHEREAS,** The Logansport Parks & Recreation Board governs the facilities within the Logansport Parks Department as provided by the Logansport City Council Ordinance 2025-01; and

**WHEREAS,** The Logansport Parks & Recreation Department completed its 5-year Master Plan for the years 2024-2028 which included Parks and Recreation Needs Assessment Survey. In (Chapter 8 Appendix 236) identified Adult Fitness and Wellness Programming as a top community priority and an area of unmet need; and

**WHEREAS,** the Logansport Parks and Recreation Department recognizes the importance of fostering youth, adult and senior developments, promoting healthy lifestyles and building community connections through accessible and affordable exercise and wellness class and courses.

**WHEREAS,** the National Recreation and Park Association (NRPA) with the Centers for Disease Control and Prevention (CDC) offers the Supporting Healthy Aging Through Parks and Recreation 5.0 (SHARP 5.0) grant to assist local agencies in expanding or starting wellness programs for older adults. The grant includes up to 2-instructor trainings (for one program) and program start up materials (participant books, equipment etc). The duration of the award is 9 months (starting in December 2025 and ending in September 2026). The main applicant must be a local government agency that plans, builds or operates parks.

**WHEREAS,** the department has chosen to try for the Tai Chi for Arthritis program through the SHARP 5.0 grant. This program helps build muscle strength, flexibility and cardiovascular fitness while helping people relax and feel better. NRPA is offering instructor training grants so that the instructors can be certified to teach Tai Chi for Arthritis. The startup costs to implement the Tai Chi for Arthritis (TCA) program include:

- Two instructor trainings-including online self-paced preparation course (20 hours-40 hours to complete) and a Training with a Tai Chi for Arthritis Master Trainer (7 hours to complete)
- Annual Board Certification fee
- Instructional manual

The Costs after the grant period:

Annual Board Certification- \$28 a year

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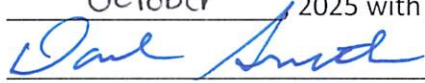
Recertification of instructors every 2 years-\$150

**NOW, THEREFORE BE IT RESOLVED** by The Logansport Parks & Recreation Board formally supports the Department's application for the SHARP 5.0 Grant and the implementation of the Tai Chi for Arthritis program to promote active aging and community wellness.

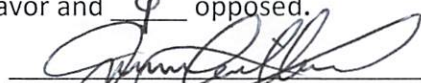
**SECTION 1:** Upon approval of the Supporting Healthy Aging Grant, the Logansport Parks and Recreation Department shall implement the Tai Chi for Arthritis program as outlined in the grant proposal, ensuring certified instructors, program promotion, and ongoing coordination within the Department's wellness and adult fitness initiatives.

**SECTION 2:** This resolution shall be in full force and effect after its passage by the Logansport Parks & Recreation Board and the Common Council of the City of Logansport.

**PASSED AND RESOLVED BY THE LOGANSPORT PARKS & RECREATION BOARD** this 8<sup>th</sup> day of October 2025 with 5 in favor and 0 opposed.

  
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Dave Smith, President

  
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Jason Crittendon, Vice President

  
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Ammon Tuitavuki, Secretary

  
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Mike McCord, Member and School Board Representative

  
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Jennifer Rosenberger, Member

ATTEST:

  
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Janet E. Fawley, Parks Administrator