

Checking your benefits just got easier

MetLife's mobile app puts convenience in the palm of your hands. You can quickly access and manage your benefit information — anytime, anywhere.



Dental Insurance¹

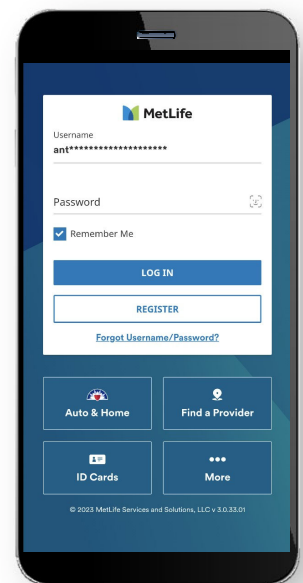
- Find a dentist
- Plan based cost estimator for dental procedures
- View your Plan Summary
- View your claims
- Book an appointment
- Provider reviews and ratings
- Provider reviews and ratings
- View and save ID card

Vision Insurance

- Find a provider
- View and save ID card

Disability Insurance

- View and update claim information
- Set up direct deposit for benefit payments



It is easy to get the **MetLife US Mobile app**

Search “MetLife” in the App Store® or Google Play® and download the MetLife US Mobile App, or scan these QR codes.



Need Technical Assistance? Contact Web Tech. 1-877-9MetWeb 1-877-963-8932
Hours of Operation: Mon-Fri, 8am - 11pm ET/7am - 10pm CT 6am - 9pm MT/5am - 8pm PT

1. To use the MetLife mobile app, employees can choose to register at metlife.com/mybenefits from a computer or directly through the app. Certain features of the MetLife Mobile App are not available for all MetLife Dental Plans.

Like most group benefit plans, benefit plans offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations, and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.

