Agenda

1. Welcome and Introductions
2. Consent Agenda
   a. Minutes from 10/23
   b. Appointment of Jill English to co-chair EICC Committee
   c. CHINS 3.5 Recommendation
   d. Comprehensive Positive Discipline Guide
3. Strategic Plan
   - Julie Whitman, Executive Director
Strategic Plan 2020-2022

- Adding a data dashboard for Task Force use

- Overarching principles
  - Equity
  - Two generations
  - Do no harm
  - Trauma-informed
  - Youth and family voice

- How the Commission works
  - Collaborate, study, recommend, promote
Strategic Plan 2020-2022

- Strategic Verbs
  - Increase
  - Reduce
  - Improve
  - Strengthen
  - Identify and encourage adoption of effective and promising practices

- Moving in a better direction for our kids
Strategic Plan 2020-2022

- Roles and Responsibilities
  - Terms and term limits for co-chairs
  - Additional guidance for task forces and committees
  - Clarification of legislative chairmanship of Commission (odd, even years)
  - Notation of statutory requirements vs. Commission-adopted agreements
Strategic Plan 2020-2022

- Process & Timeline
  - 2018—Community Feedback
  - July-August 2019—Survey of CISC members and volunteers
  - September 2019—Strategic Planning half-day session
  - October 2019—First draft presented
  - October-November 2019—Commission members written and verbal feedback
  - October-November 2019—Task force and Committee co-chair and member feedback
  - November-December 2019—Revisions
  - December 2019—Proposed final draft presented for Commission approval
Strategic Plan Next Steps

▪ Convene Co-Chairs in early 2020 to:
  ▪ review data
  ▪ operationalize objectives
  ▪ prevent duplication of effort
  ▪ set deliverables and tentative timelines
  ▪ review rosters and terms

▪ Period of overlapping objectives
Birth to Five Strategic Plan

- **Commission Connection:**
  - Goal 3, objective 1: Improve access to high-quality early care and education for vulnerable children and families

- **Roles**
  - FSSA—staffing, communicating updates
  - ELAC—workshopping, recommending
  - CISC—governance, oversight
Birth to Five Strategic Plan

ELAC Workshop

- Recommends
- Rejects
- OECOSL Nicole Norvell Director
  - Implements
- Commission for Improving the Status of Young Children (CISC)
  - Adopts
- FSSA Secretary Dr. Jennifer Sullivan
  - Provides updates on implementation

ELAC Workgroups:
- Provider participation and advancement
- Data coordination and system integration
- Family Engagement
- Workforce and professional development
4. Strategic Priority: Juvenile Justice & Cross System Youth
   • Request for Juvenile Justice Reform Task Force and CSG System Assessment
5. Strategic Priority: Child Safety and Services
   • Sharon Pierce, The Villages
   • Kinship Guardianships
More than 2.7 million children in the United States live in Kinship Care

In Indiana, over 8,000 children, or 47% of Children In Need of Services (CHINS) are cared for by relatives

Indiana’s recent Opioid Crisis has contributed, greatly, to the increased number of Kinship Caregivers
WHO ARE OUR KINSHIP CAREGIVERS?

The vast majority are Grandparents, especially GRANDMOTHERS

However, Aunts, Uncles, Distant Relatives, and even Older Siblings “Stand in the Gap” to assume this role
WHAT ARE THE **BENEFITS** OF KINSHIP CARE?

- **Most frequently, children are familiar with caregivers**
- **Continuity of Family and Cultural Traditions**
- **Decreased Trauma from separation**
- **Increased placement stability**
- **Preservation of Sibling Relationships**
## CORE COMPONENTS FOR KINSHIP CARE SUPPORTIVE SERVICES

<table>
<thead>
<tr>
<th>Family Needs Assessment</th>
<th>Assess and Address Legal Needs</th>
<th>Develop Safety Plan</th>
<th>Provision of Case Management</th>
</tr>
</thead>
</table>
| Provide for Concrete Assistance and Access to Critical Resources | Provide for Health Care Support | Create Academic Supports for Children of the Caregiver | Offer PEER Group Support …
  • Dual Focus on KINSHIP CAREGIVERS and the CHILDREN IN THEIR CARE |
OTHER CRITICAL NEEDS

Financial Assistance

Grief, Separation and Loss Counseling

Respite Care Resources

Media Outreach Campaign ... Next September!
Casey Family Programs Grant to The Villages of Indiana to Partner with Indiana Department of Child Services (DCS)

Creation of a Statewide Kinship Caregiver Advisory Committee

Establishment of DCS Region 7 Pilot Project by the Department of Child Services

Creation of Kinship Caregiver Support Sub Committee by the Child Safety and Services Task Force

MOVING FORWARD FOR INDIANA’S KINSHIP CAREGIVERS
TODAY’S REQUEST …

Affirm the Placement of the Indiana Guardianship Form and Instructions for Completion on Indiana’s Court Access Website!

THANK YOU FOR CARING ABOUT OUR STATE’S HEROIC KINSHIP CAREGIVERS!
5. Strategic Priority: Child Safety and Services
   • Chris Daley, IARCA
   • Resource Guide on Seclusion and Restraint
5. Strategic Priority: Child Safety and Services
   • Heather Kestian, DCS
   • Indiana’s FFPSA Plan
“Indiana children will live in safe, healthy and supportive families and communities.”
Vision

- **DCS Vision**: Indiana children will live in safe, healthy and supportive families and communities.

- **Family First Vision**: DCS will use the tools in FFPSA to preserve children in their home of origin when it is safe to do so, focus on improving outcomes across the child welfare system, ensure appropriate residential treatment use only when children demonstrate the need for such care, and ensure financial stability in a post-Title IV-E Waiver environment.

For more information and questions:  www.in.gov/dcs/familyfirstact.htm    dcsfamilyfirst@dcs.in.gov
2018 Accomplishments

- Changed Adoption Assistance related policies
  - Eligibility Requirements for Adoption Assistance: 10.15
  - “Applicable child” requirements may be applied to children who will reach at least two years of age by the end of the fiscal year their adoption assistance agreement was entered into from 1/1/18 to 6/30/2024
- Created a new state form (Foster Care Verification)
  - Transitioning from Out of Home Care 8.41
- State Plan Amended on 9/30/18
  - Claim costs associated with licensed substance use residential treatment facilities for parents placed with their child/children

For more information and questions: www.in.gov/dcs/familyfirstact.htm  dcsfamilyfirst@dcs.in.gov
2019 Accomplishments

- Background check changes completed and IV-E State Plan submitted timely

- Juvenile Justice related certification assurance signed timely

- EBPs in Indiana gap analysis with services

- Better understanding of QRTP footprint

- RFI Released related to the QRTP 30 Day Assessment Requirement

For more information and questions: www.in.gov/dcs/familyfirstact.htm dcsfamilyfirst@dcscin.gov
Emphasis on prevention

• Focus on preventing removals when there are methods to keep the children safe and at home.
  • Family Preservation

For more information and questions:  www.in.gov/dcs/familyfirstact.htm  dcsfamilyfirst@dc.in.gov
Emphasis on prevention

• Prioritize the use of evidenced-based prevention programs that support primary and secondary prevention services based on the needs of children and their families.
  • Prevention Services Clearinghouse Ratings and Caveats
    • Mental Health: TF-CBT
    • Substance Abuse: Motivational Interviewing, Methadone Maintenance Therapy
    • In-Home Parent Skill-Based: HFA, NFP

For more information and questions: www.in.gov/dcs/familyfirstact.htm  dcsfamilyfirst@dcs.in.gov
Establish and implement a more consistent process for decision making around residential treatment for children.

Developing enhanced process to make sure the right children are in residential treatment for the right reasons.
Propriety assess the availability of readiness of residential providers to become Qualified Residential Treatment Program (QRTP) providers.

- Of 19 facilities with accreditation in process, 16 facilities anticipate completing accreditation prior to October 1, 2020. Two facilities anticipate achieving accreditation after October 1, 2020 and one facility did not provide an expected completion date.

<table>
<thead>
<tr>
<th>Accrediting Bodies</th>
<th>Accreditation Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Commission on Accreditation of Rehabilitation Facilities (CARF)</td>
<td>9  12</td>
</tr>
<tr>
<td>Council on Accreditation (COA)</td>
<td>10  5</td>
</tr>
<tr>
<td>Educational Assessment Guidelines Leading Toward Excellence (EAGLE)</td>
<td>1  1</td>
</tr>
<tr>
<td>Joint Commission on Accreditation of Healthcare Organizations (JCAHO)</td>
<td>6  3</td>
</tr>
<tr>
<td>Other (please specify)</td>
<td></td>
</tr>
</tbody>
</table>

For more information and questions: www.in.gov/dcs/familyfirstact.htm  dcsfamilyfirst@dcs.in.gov
Focus on outcomes

- Jointly establish outcomes and targets for the children and families DCS serves through collaboration with providers, while considering best practices, child and family service reviews, and other federal measures.
  - Informed KPIs
  - Practice Model Review
  - PIP Compliance

For more information and questions: [www.in.gov/dcs/familyfirstact.htm](http://www.in.gov/dcs/familyfirstact.htm)  dcsfamilyfirst@dcs.in.gov
Organizational system support

• Support a culture of safety and system improvement within child welfare in Indiana.
  • Set a baseline of safe system work in Feb. 2019
  • Begin implementation of the Safe System Improvement Tool (SSIT) in Jan. 2020
  • Supportive Clinical Supervision

For more information and questions: www.in.gov/dcs/familyfirstact.htm dcsfamilyfirst@dcso.in.gov
Financial stability

• Develop and enhance financial processes that align with needs of children and families and ensure federal funds are maximized.

For more information and questions: www.in.gov/dcs/familyfirstact.htm dcsfamilyfirst@dcs.in.gov
Key principles

I. Clear communication
   • FFPSA implementation workgroups will promote reliable, accurate, transparent, consistent and timely communication among child-welfare stakeholders.

II. Data-driven services
   • FFPSA implementation will be data-driven, ensuring services are informed by outcomes and improved when necessary.

For more information and questions:  www.in.gov/dcs/familyfirstact.htm  dcsfamilyfirst@dcs.in.gov
Key principles

III. Child-welfare system teamwork
- Cross-level, cross-functional, cross-system staff will work together to identify strengths, gaps, root causes and major action areas to improve child-welfare practice.

IV. Continuous monitoring
- The FFPSA Implementation Plan will be continually monitored and adjusted to meet emerging or changing needs, and updates to the plan will be communicated on a regular basis to stakeholders.

For more information and questions: www.in.gov/dcs/familyfirstact.htm  dcsfamilyfirst@dcs.in.gov
Family First Act Transition Bill

• Additional funding allocated to support implementation efforts
• Easier access to federal prevention dollars in first two years of implementation
• Guarantee of federal funding for states transitioning from a Title IV-E waiver

For more information and questions:
www.in.gov/dcs/familyfirstact.htm
dcsfamilyfirst@dcs.in.gov
Family First Act in Indiana

For more information and questions:

🌐 www.in.gov/dcs/familyfirstact.htm

@dcsfamilyfirst@dcs.in.gov

“Indiana children will live in safe, healthy and supportive families and communities.”
Agenda

5. Strategic Priority: Child Safety and Services
   • Dr. Kris Box, ISDH
   • Youth Vaping
Youth Vaping in Indiana

Commission on Improving the Status of Children in Indiana
December 18, 2019

Kris Box, MD, FACOG
State Health Commissioner
Indiana Youth Tobacco Survey (IYTS)

- The standard tool used across U.S. states to assess tobacco use and related risk factors among youth in grades 6-12.
- Administered in Indiana since 2000.
- Collects data on:
  - All types of tobacco use
  - Tobacco cessation
  - Exposure to tobacco advertising
  - Access to tobacco
  - Social risk factors
  - Youth attitudes and beliefs
  - Secondhand smoke exposure

Full report and summary available at isdh.in.gov/tpc
Cigarette Smoking Has Declined Significantly

Percentage of Middle and High School Students Who Currently Smoke Cigarettes, 2000-2018 IYTS
E-Cigarette Use Trends

Current (past 30 day) Use of E-Cigarettes among Indiana Middle and High School Students, 2012-2018
IYTS

Current (past 30 day) use of e-cigarettes among Indiana middle and high school students, 2012-2018. The chart shows a significant increase in use, with a 387% increase for middle school and a 358% increase for high school students since 2012.

<table>
<thead>
<tr>
<th>Product</th>
<th>United States</th>
<th>Indiana Youth Tobacco Survey</th>
</tr>
</thead>
<tbody>
<tr>
<td>E-cigarettes</td>
<td>20.8</td>
<td>18.5</td>
</tr>
<tr>
<td>Cigarettes</td>
<td>8.1</td>
<td>5.2</td>
</tr>
<tr>
<td>Cigars/Little Cigars/Cigarillos</td>
<td>7.6</td>
<td>6.7</td>
</tr>
<tr>
<td>Smokeless Tobacco</td>
<td>5.9</td>
<td>3.8</td>
</tr>
</tbody>
</table>
Prognosis

 Teens Say They Don't Vape, They Juul, Making E-Cigarette Use Hard to Track

For the first time, public health officials will ask about Juul by name in an annual youth tobacco survey.

By Anna Edney
April 29, 2019, 12:01 PM EDT  Updated on April 29, 2019, 1:03 PM EDT
Current and Ever Use of JUUL among Hoosier Youth

Percentage of Indiana Middle and High School Students Who Currently Use or Have Ever Used JUUL, 2018 IYTS

<table>
<thead>
<tr>
<th></th>
<th>Middle School</th>
<th>High School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever Use</td>
<td>11.0</td>
<td>36.4</td>
</tr>
<tr>
<td>Current Use</td>
<td>6.0</td>
<td>24.2</td>
</tr>
</tbody>
</table>
Current and Ever Use of Marijuana among Hoosier Youth

Percentage of Indiana Middle and High School Students Who Currently Use or Have Ever Used Marijuana, 2018 IYTS

<table>
<thead>
<tr>
<th></th>
<th>Middle School</th>
<th>High School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever Use of Marijuana</td>
<td>7.4%</td>
<td>29.0%</td>
</tr>
<tr>
<td>Current Use of Marijuana</td>
<td>4.0%</td>
<td>16.1%</td>
</tr>
</tbody>
</table>
Use of JUUL or E-cigarettes with THC or Marijuana, 2018 IYTS

<table>
<thead>
<tr>
<th></th>
<th>Middle School</th>
<th>High School</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes, Marijuana, THC or Hash Oil, or THC wax</td>
<td>22.9%</td>
<td>17.7%</td>
</tr>
<tr>
<td>No, only nicotine</td>
<td>71.8%</td>
<td>79.6%</td>
</tr>
<tr>
<td>Yes, Marijuana, THC or Hash Oil, or THC wax</td>
<td>29.4%</td>
<td>38.6%</td>
</tr>
<tr>
<td>No, only nicotine</td>
<td>64.1%</td>
<td>58.0%</td>
</tr>
</tbody>
</table>
63% of JUUL users don’t know that the product always contains nicotine.
Poly-tobacco Use

Number of Tobacco Products Used among Indiana Middle and High School Tobacco Users, 2018

Over 3 in 10 middle school tobacco users and nearly 4 in 10 of high school tobacco users used two or more products.
Exposure to Tobacco Marketing

Image Source: CounterTobacco.org
Flavored Tobacco Product Use

Flavored Tobacco Use among Hoosier Youth, 2018

53.4% of middle school tobacco users

64.6% of high school tobacco users

Image source: CounterTobacco.org
How Youth Get Tobacco

Sources where Underage (<18 years) High School Tobacco Users Got Tobacco Products, 2018 IYTS

- Purchased
  - Cigarettes: 17.1%
  - Cigars: 18.6%
  - Smokeless tobacco: 21.5%
  - E-cigarettes: 23.4%

- Social Source
  - Cigarettes: 64.8%
  - Cigars: 64.5%
  - Smokeless tobacco: 75.0%
  - E-cigarettes: 79.8%

- Stole
  - Cigarettes: 7.8%
  - Cigars: 4.2%
  - Smokeless tobacco: 2.5%

- Other
  - Cigarettes: 11.7%
  - Cigars: 14.3%
  - Smokeless tobacco: 12.5%

Data for middle school students are not shown due to insufficient sample size.
Where Youth Buy Tobacco

Sources where Underage (<18 years) High School Tobacco Users Bought Tobacco Products, 2018 IYTS (Among Those Who Purchased Tobacco Themselves)

Data for middle school students are not shown due to insufficient sample size.
Vaping-Related Lung Injuries

- Cases: 112 as of Nov. 21, 2019
- Deaths: 5
- Ages: 16-74
  - 7 (7%) under 18
  - 76 (78%) under 40
- Males: 73%
- THC use: 74% among cases with information
- Weekly count of initial cases decreasing
Lung Injury Associated with E-Cigarette Use or Vaping

The Indiana State Department of Health (ISDH) began investigating vaping-related severe lung injuries in early August 2019. The number of vaping-related lung injuries continues to rise steadily in Indiana and nationwide. Vaping is the only common factor in these injuries to date. Most individuals have reported vaping THC, the ingredient in marijuana, or other substances, but it's unknown what specific products, brand or substance is causing these injuries. More information is being learned as new cases are investigated and data analyzed.

Indiana Cases of Vaping-Related Lung Injuries
Information Updated on 12/5/2019, 10:47:12 AM

- Confirmed: 55
- Probable: 57
- Deaths: 4
VAPE-FREE INDIANA
Indiana's Three-Pronged Approach to addressing the youth vaping epidemic

PREVENTION
School Programming

PUBLIC EDUCATION
Mass-Media Campaigns

CESSATION
Quitting Services

CATCH MY BREATH
Youth E-Cigarette Prevention Program

Behind the Haze
Youth Campaign

@BehindtheHazeIN
BehindtheHaze.com

QUITTING
THIS IS QUITTING
Implement youth education programs

• Support the implementation of the CATCH ® My Breath e-cigarette education program to middle and high schools.
• 150+ trainers will be able to share curriculum
• 23 Indiana schools already participating in the 2019-20 school year
• Training and materials online –FREE!
Sweet Deception: Fall 2019 Tour

- A school assembly speaker tour planned for 45 Indiana middle school and high schools, reaching over 31,000 students, from Oct. 28-Dec 11.

- In the Spring, the 2-week tour reached 17,000 students in 17 schools.
WANT THE REAL FACTS ON VAPING?

Watch the video or scroll down to find out for yourself.

Vapes are popping up everywhere these days. But with all the flavors and ads on social media, it’s hard to figure out what’s really going on. Behind The Haze is dedicated to revealing the truth about vapes, so you can see the real facts for yourself.

THE FACTS

01
New vapes produce volatile liquids (what they use to generate cloud behavior), nicotine (a harmful chemical) and other carcinogens in their vapes, which goes into your lungs.

Source: https://www.who.int/news-room/fact-sheets/detail/tobacco products and health

02
Dangerous metals such as chromium are found in vape clouds and the toxic metals can build up in your lungs over time.

Source: https://www.cdc.gov/tobacco/data_statistics/fact_sheets/smokeless_tobacco/index.htm
Promote tools to help youth quit e-cigarettes

- Truth Initiative’s text messaging program for youth wanting to quit vaping
- Text ‘DITCHJUUL’ to 88709
- Parents can text "QUIT" to (202) 899-7550
- Indiana Tobacco Quitline 1-100-QUIT-NOW
www.VapeFreeIndiana.isdh.in.gov

Indiana Vape-Free Schools Toolkit

- Model Policy
- Alternative to Suspension
- Education
- Cessation support
- Youth engagement
Raising the tobacco sale age to 21

✓ Prevent youth from initiation
✓ Help stop addiction to nicotine
✓ Reduce access to products
✓ Join 19 states and over 530 communities in protecting health of youth and young adults
Agenda

6. Equity, Inclusion, and Cultural Competence
   • Timike Jones, ICADV
   • Common Language Document
Common Language Subcommittee

• Develop list of terms and definitions including or related to equity, inclusion or cultural competence
  • Promote understanding
  • Bridge jargon
  • Clarify ambiguous language
Importance of a Shared Language

- We cannot assume that we are referring to the same things.
- Conversations are derailed when people use same terms in different ways.
- Misunderstandings and confusion erodes trust.
- It is critical to collaboration.
Key Concepts

▪ Equity vs. Equality
▪ Inclusion
▪ Cultural Competency
▪ Disproportionality vs. Disparities
▪ Implicit Bias
▪ Race Equity Lens
▪ Race Equity Culture
7. Committee Updates
   • Rep. Ed Clere
   • Child Services Oversight Committee
Agenda

8. Commission Topics for Discussion

9. Next meeting: February 19, Indiana Supreme Court Courtroom