

## Commission on Improving the Status of Children in Indiana

## Accountability Report

Date of Report: 5/8/2019

Past Commission Action: Endorsement of Zero Suicide Academy, to be held in July 2018

Date of Past Commission Action: 4/18/2018

## Which of the Commission's strategic priorities did this action help advance:

☑ Child Safety and services □ Juvenile Justice and Cross-system Youth
☑ Mental Health and Substance Abuse □ Educational Outcomes

Follow-Up Actions Taken: Following the Commission's endorsement of the Zero Suicide Academy:

- WFYI ran a radio news segment on the action on April 19, 2018.
- The Commission Executive Director posted information about the Academy and the Commission's endorsement of it on the Commission's home page.
- The Commission Executive Director reached out to the Indiana Hospital Association's Executive Director to share the information and request that IHA share it with its member hospitals. IHA agreed to do so.
- On June 1, 2018, the Commission Executive Director emailed to all Commission members a list of targeted hospitals and mental health centers that ZSA was hoping to enroll, with a request for Commission members to reach out to any of the organizations with which they had a connection and encourage them to apply for the academy.
- A similar email was sent to all Commission Task Force members, and at least one reported back that he had shared information with his local hospital, which was on the list.
- The Commission Executive Director worked with the ZSA organizers and the IDOE to ensure representation from the education community at ZSA's stakeholder table.

## **Result**:

On July 25th and 26th the Garrett Lee Smith grant facilitator, Community Hospital, and Department of Mental Health and Addiction hosted a Zero Suicide Academy that brought in 11 new organizations that hadn't attended a Zero Suicide Academy. Of those organizations, five (5) were community mental health centers and six (6) were health care systems. These organizations sent their executive level staff to learn about the Zero Suicide Model and were challenged to utilize the seven elements (Lead, Train, Identify, Engage, Treat, Transition and Improve) to review, rewrite, and develop internal policies that will create a culture that destigmatizes the experience of poor mental health and promotes an environment where help is encouraged; provided; and allows employees to discuss their mental health openly.

Laurie Gerdt – Community Hospital Systems, Inc, Garrett Lee Smith grant facilitator has been leading the post-academy working group for health care systems. This group meets bi-monthly for a 1.5 - 2 hour meeting that allows academy participants to discuss the policy changes that are being pursued internally and roadblocks encountered and to learn from other organizations how they may be or have been overcome.

Jason Murrey – Statewide Suicide Prevention Coordinator, has been facilitating the post academy meetings with the participating community mental health centers. The group also meets bi-monthly for a 1.5 - 2 hour meeting that allows the participants to discuss what they are doing in their organization, policy changes, barriers to policy change, and how other organizations have been able to change policy and activities that are now occurring due to their experience in the Zero Suicide Academy.

List of all Organizations that attended:

Centerstone; Deaconess Health System; Franciscan Health (Western Division); Grant Blackford Mental Health; Swanson Center; Lifespring Health Services, Inc.; Meridian Health Services; Richard L. Roudebush VA Medical Center (Indy VA Hospital); Rush Memorial Hospital; St. Joseph Hospital; WindRose Health Network

Following the 2018 academy, a partnership was developed between the Indiana Hospital Association and FSSA's Division of Mental Health and Addiction, and the two entities are co-sponsoring another Zero Suicide Academy in 2019 for IHA member hospitals.

Additional steps recommended, if any: Continue to support collaboration between and among Commission agencies and other statewide and local entities to promote suicide prevention.