

## COMMISSION FOR HIGHER EDUCATION

Friday, May 14, 2010

### DECISION ITEM A-1:

#### Master of Arts in Art Therapy To Be Offered by Indiana University Through Its IUPUI Campus

#### Staff Recommendation

That the Commission for Higher Education approve the Master of Arts (M.A.) in Art Therapy to be offered by Indiana University through its IUPUI campus, in accordance with the background discussion in this agenda item and the *Abstract*, April 30, 2010; and

That the Commission recommend no new state funds, in accordance with the supporting document, *New Academic Degree Program Proposal Summary*, April 30, 2010.

#### Background

Graduate programs in Art Therapy prepare students to help improve the psychological, emotional, and physical health of patients of all ages, but especially those who find verbal expression difficult, including children and people with disabilities from diseases such as Alzheimer's.

The Herron School of Art and Design at IUPUI is one of twelve Indiana schools, colleges, or universities that are accredited by the National Association of Schools of Art and Design (NASAD). With the approval of the proposed master's degree, it seeks to become the thirteenth NASAD-accredited school in the nation that also has a graduate program in Art Therapy approved by the American Art Therapy Association (AATA). Currently, there is no Indiana institution – public or independent – with an AATA-approved graduate program, and there are only two programs in the Midwest (Illinois and Kansas) that have graduate programs with both NASAD and AATA approval. There are just 32 institutions nationwide that have AATA-approved graduate programs in Art Therapy.

Graduates of the proposed M.A. in Art Therapy will also be prepared to obtain national certification from the Art Therapy Credentials Board as a Registered Art Therapist (ATR). Certification as an ATR requires passing a written exam and completing a minimum of 1,000 direct client contact.

The curriculum of the IUPUI M.A. in Art Therapy is also designed to prepare graduates to become Licensed Mental Health Counselors through the State of Indiana, thereby qualifying services delivered by individuals so licensed for health insurance reimbursement. Licensed Mental Health

Counselors qualify for work at any facility that accepts health insurance for mental healthcare services, as well as other agencies or institutions that employ counselors, including schools, retirement homes, correctional facilities, rehabilitation centers, facilities serving people with disabilities, and other medical facilities. Private practice is also an employment option for licensed Art Therapists.

The U.S. Bureau of Labor Statistics reports that the field of mental health counseling is expected to grow much faster than the average for all occupations. “Under managed care systems, insurance companies increasingly are providing for reimbursement of counselors as a less costly alternative to psychiatrists and psychologists.” Locally, Riley Hospital for Children is expanding services in art therapy and has expressed support for the proposed program.

### **Supporting Documents**

- (1) *Abstract – Master of Arts in Art Therapy To Be Offered by Indiana University Through Its IUPUI Campus*, April 30, 2010.
- (2) *New Academic Degree Program Proposal Summary – M.A. in Art Therapy*, April 30, 2010.

## Abstract

Master of Arts in Art Therapy  
To Be Offered by  
Indiana University Through Its IUPUI Campus

April 30, 2010

**Objectives:** To provide graduate training in Art Therapy to qualified students; to prepare qualified students to succeed in careers as professional art therapists; to prepare students to become certified professionally as art therapists; to prepare students for becoming Licensed Mental Health Counselors; to prepare art therapists who can thrive professionally in the field of art therapy, and, in particular, to serve the growing need for trained professional art therapists in Indianapolis, Indiana, the surrounding region and the nation.

**Clientele to be Served:** Qualified students who seek graduate training in Art Therapy and are seeking careers as professional art therapists.

**Curriculum:** A total of 60 semester credit hours are required to complete the program, distributed as follows:

### Core Courses (12 credit hours)

- Lifespan Development (3)
- Individual Appraisal: Principles and Procedures (3)
- Introduction to Group Counseling (3)
- Strategies for Educational Inquiry (3)

### Art Therapy Content Coursework (25.5 credit hours)

- Introduction to Counseling Theory and Practice (3)
- The History, Theory, and Practice of Art Therapy (3)
- Art Therapy with Children and Adolescents (3; specialization course)
- Art Therapy with Families and Adults (1.5; specialization course)
- Ethical and Legal Issues in Art Therapy (1.5)
- Assessment and Evaluation in Art Therapy (1.5)
- Cultural and Social Diversity in Art Therapy and Counseling (3)
- Addictions and Art Therapy (3)
- Professional Issues Capstone (6)

### Practicum (1.5 credit hours)

- 100 hours minimum

### Internship (6 credit hours)

- 450 hours minimum

### Advanced Internship (6 credit hours)

- 450 hours minimum

### Studio Art (3 credit hours)

Studio Art (3) or  
Art History (3)

Elective (3 credit hours)

- Career Counseling or
- Choice of one:
  - Studio Art
  - Art History
  - Psychology
  - Sociology

***Employment Possibilities:*** Graduates will find work in a variety of settings (including institutional settings and private practice). Many graduates are expected to pursue becoming Licensed Mental Health Counselors in the State of Indiana, a field with a very strong projected growth in jobs over the next decade.

**NEW ACADEMIC DEGREE PROGRAM PROPOSAL SUMMARY**

April 30, 2010

**I. Prepared by Institution**

Institution/Location: Indiana University to be offered through its IUPUI campus

Program: M.A. in Art Therapy

	Year 1 FY2010	Year 2 FY2011	Year 3 FY2012	Year 4 FY2013	Year 5 FY2014
Enrollment Projections (Headcount)					
Full-Time	9	18	18	18	18
Part-Time	1	2	3	4	4
Total	10	20	21	22	22
Enrollment Projections (FTE)					
Full-Time	11	23	23	23	23
Part-Time	1	1	2	3	3
Total	22	24	25	26	26
Degree Completions Projection	0	9	9	10	10
New State Funds Requested (Actual) *	-0-	-0-	-0-	-0-	-0-
New State Funds Requested (Increases) *	-0-	-0-	-0-	-0-	-0-

**II. Prepared by CHE**

New State Funds To Be Considered For Recommendation (Actual) *	-0-	-0-	-0-	-0-	-0-
New State Funds To Be Considered For Recommendation (Increases) *	-0-	-0-	-0-	-0-	-0-

CHE Code: 09-57

Campus Code: 1813

County: Marion

Degree Level: 07

CIP Code: Federal – 512301; State – 512301

\* Excludes new state dollars that may be provided through enrollment change funding.