# **Storing Meat and Poultry**

### In The Refrigerator:

Meat may be stored as purchased in plastic wrap for a day or two. For longer periods of time, remove from

store packaging and wrap loosely in wax paper or plastic film. Store meat and poultry products so that fluids cannot leak and contaminate other foods.

#### In The Freezer:

Wrap the meat tightly in freezer paper, plastic film, or foil. Freeze immediately.



#### **Storing Leftovers:**

Freeze or refrigerate as soon as possible—within two hours or sooner. Divide large amounts of left-overs into small, shallow containers for quicker cooling in the refrigerator.

# **Storing Canned Meat And Poultry:**

Read the label; refrigerate, if necessary. Otherwise, store in cool, dry place. Do not buy products in bulging or dented cans.



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≿ Clip and post refrigerator door. 🗻

## **STORAGE TIME**

Eating quality drops after time listed	Refrigerate at 35° F to 40° F <b>DAYS</b>	Freeze at 0° F MONTHS
FRESH MEATS Roasts (Beef and Lamb) Roasts (Pork and Veal) Steaks (Beef) Chops (Lamb) Chops (Pork) Ground and Stew Meats Variety Meats Sausage (Pork)	3 to 5 3 to 5 3 to 5 3 to 5 3 to 5 1 to 2 1 to 2 1 to 2	6 to 12 4 to 8 6 to 12 6 to 9 3 to 4 2 to 3 3 to 4 2 to 3
PROCESSED MEATS Bacon Frankfurters Ham (Whole) Ham (Half) Ham (Slices) Luncheon Meats Sausage (Smoked) Sausage (Dry and Semi-Dry)	7 7 5 3 3 to 5 7 14 to 21	1 1/2 1 to 2 1 to 2 1 to 2 Freezing Not Advised
COOKED MEATS Cooked Meats and Meat Dishes Gravy and Meat Broth	3 to 4 1 to 2	2 to 3 2 to 3
FRESH POULTRY Chicken and Turkey (Whole) Chicken (Pieces) Turkey (Pieces) Duck and Goose (Whole) Giblets	1 to 2 1 to 2 1 to 2 1 to 2 1 to 2	12 9 6 6 3
COOKED POULTRY Pieces (Covered with Broth) Pieces (Not Covered) Cooked Poultry Dishes Fried Chicken	1 to 2 1 to 2 1 to 2 1 to 2	6 1 6 4