

The Opioid Crisis: Rethinking the Frontline Approach to Pain

Indiana State Chiropractic Association

Dr. Peter Furno, Pat McGuffey, Esq., Jessaca Turner Stults

ISCA MISSION STATEMENT

The mission of the Indiana State Chiropractic Association (ISCA) is to represent the chiropractic profession and to promote its public image and contributions to quality health care on state and national levels.

The ISCA provides programs and assistance to advance the educational, ethical, licensing, legislative, and social interests of its members.

The ISCA interacts with other organizations and chiropractic associations to promote effective and cost efficient health care.

The ISCA disseminates the specialized knowledge and contributions of chiropractic treatment to the public and other health care providers.

The purpose of Chiropractic in the State of Indiana



Chiropractic as a
“puzzle-piece” in
addressing the
solution to the
opioid epidemic



BRIEF OVERVIEW

- Opioid Epidemic Status

BRIEF REVIEW OF ACUTE PAIN

- What is it?
- How does it develop?

BRIEF REVIEW OF CHRONIC PAIN

- What is it?
- How does it develop?

Changing the paradigm of treatment for pain syndromes in accordance with current scientific evidence.

Latest scientific Guidelines and recommendations for treatment of universally prevalent low back pain-
The American College of Physicians (ACP): acupuncture, and/or spinal manipulation

United Healthcare/Optum;
Research conclusions regarding
chiropractic as first-line intervention
for uncomplicated musculoskeletal
injury

University of Pittsburg Medical Center;
Policy for chronic uncomplicated
spine/musculoskeletal
treatment/management (Breaking the
barrier of Insurance resistance to
payment for the safest, most efficacious,
and cost-effective treatment); Policy
not adhered to by PCPs, per personal;
communication with Michael
Schroeder, DC. PhD (University of
Pittsburgh Rehabilitation Dept.)

Selecting the less dangerous treatment pathway; education of decision-makers, education of insurers, who continue to pay for histrionic, expensive and sometimes dangerous first-line care in lieu of more effective, conservative, less hazardous treatment pathways.

MODALITIES OF TREATMENT:

- a) ACP recommends that physicians and patients initially select non-drug therapy.
- b) Acupuncture; what is it, and how does it work?
- c) Nutrition Therapy; what is it and how does it work?
- d) Chiropractic care; what is it, and how does it work?
- e) Chiropractic care, inclusive of exercise, multidisciplinary rehabilitation, mindfulness-based stress reduction, tai chi, yoga, motor control exercise (MCE), progressive relaxation, electromyography biofeedback, low level laser therapy, operant therapy, and cognitive behavioral therapy.
- f) Combining conservative modalities to develop a treatment model.
- g) What to do when everything fails?