



Indiana State  
Department of Health

# LONG TERM CARE NEWSLETTER

**ISDH Long Term Care Newsletter**  
**Issue 2020-06**  
**March 20, 2020**

**Today's Issue:**

- Emergency Order Granting Temporary Blanket Waivers
- Temporary COVID-19 Personal Care Attendant - Eight (8) Hour Course
- Personal Protective Equipment
- CDC Updates - COVID-19

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## Emergency Order Granting Temporary Blanket Waivers

Pursuant to the “Declaration of Public Health Emergency for Coronavirus Disease 2019 Outbreak” issued by Governor Eric Holcomb on March 6, 2020 and IC4-21.5-4-1, and as authorized by IC 16-28-1-10 and the September 18, 1991 resolution of the Executive Board of the Indiana State Department of Health (ISDH), the Indiana Health Commissioner hereby ORDERS as follows:

**Tuberculosis screening for employees and nonpaid personnel of facilities:**

- [Compliance by licensed Indiana \*comprehensive care facilities\* with specified portions of 410 IAC 16.2-3.1-14 \(Personnel\) and 410 IAC 16.2-3.1-18 \(Infection Control\) is WAIVED, subject to specific terms, condition and limits.](#)
- [Compliance by licensed Indiana \*residential care facilities\* with specified portions of 410 IAC 16.2-5.1-4 \(Personnel\) and 410 IAC 16.2-5-12 \(Infection Control\) is WAIVED, subject to specific terms, condition and limits.](#)

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## Temporary COVID-19 Personal Care Attendant - Eight (8) Hour Course

The COVID-19 Personal Care Attendant (PCA) Course permits comprehensive care facilities (nursing homes) to employ a trained Personal Care Attendant to perform defined resident care procedures that do not require the skill or training required for a Certified Nurse Aide (CNA).

The PCA position is a temporary accommodation made by the State of Indiana to

address work increases and staffing shortages caused by the 2020 COVID-19 pandemic. The position and its attendant training are implementations by Indiana State Department of Health (ISDH) of the purposes and directives of Governor Eric Holcomb's March 6, 2020 "Declaration of Public Health Emergency for Coronavirus Disease 2019 Outbreak (the "Executive Order"). The PCA position will be authorized only while the Executive Order remains in effect, plus any additional time afterward the ISDH deems necessary to facilitate providers' orderly resumption of normal staffing.

Detailed information related to the COVID-19 Personal Care Attendant Course including personal requirements, training standards, and required areas of instruction / competency are available:

[Temporary COVID-19 Personal Care Attendant \(Waiver Aide\) Eight \(8\) Hour Course](#)

[COVID-19 Personal Care Attendant Simulation/Competency Check-Off](#)

Please contact Nancy Adams 317-233-7119 or [nadams1@isdh.in.gov](mailto:nadams1@isdh.in.gov) with questions.

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## Personal Protective Equipment Available

Dr. Kristina M. Box, MD, State Health Commissioner, has requested that all long term care facilities have all healthcare workers wear a face mask during their work shift. Staff should be instructed to mask up at the beginning of the shift and wear the mask until they leave. The mask does not need to be a N95 mask.

From this guidance, the ISDH Division of LTC has been informed that Indiana Local Public Health Departments (LHD) have personal protective equipment available for comprehensive care facilities and residential care facilities. Facilities should contact their local public health department for details.

[Indiana Local Public Health Departments](#)

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## CDC Updates - COVID-19

Below are Centers for Disease Control and Prevention (CDC) website that contain valuable information related to COVID-19. In addition, there is a simple registration (only email address needed) that will provide CDC updates.

[Coronavirus \(COVID-19\)](#)

What You Need to Know

Information available:

- What You Need to Know
- Resources for the Community
- COVID-19 Cases in the U.S.
- Latest Updates
- Information for Healthcare Professional
  - Healthcare Professionals

- Healthcare Facilities
- Health Departments
- Laboratories
- Get Email Updates

### [Coronavirus Disease – 2019](#)

CDC is responding to the novel coronavirus outbreak.

Information available:

- Symptoms of COVID-19
- Older Adults and COVID-19
- Protect Yourself from COVID-19
- Outbreaks
- News
- CDC Action

### [Coronavirus Disease – 2019 – COVID-19](#)

- What's New - You can also keep up with CDC updates on Coronavirus Disease 2019 Including "Strategies for Optimizing Supply of PPE", including specific for facemask, eye protection, and isolation gowns.