



**Indiana**  
Department  
of  
**Health**

## **Long-term Care** **NEWSLETTER**

**LTC Newsletter 2024-08**  
**April 12, 2024**

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### **LTC Update:**

- **Free Virtual Courses for Skilled Nursing Facility Personnel**
- **CNA/QMA Testing Timeline**
- **Online Application Training and Demonstration Sessions Additional Ivy Tech CNA/QMA Testing**

### **Free Virtual Courses for Skilled Nursing Facility Personnel**

The Indiana Department of Health and the University of Indianapolis Center for Aging and Community are offering free virtual courses for skilled nursing facility personnel in subject areas relevant to the long-term care setting. The courses are:

- [Emergency and Disaster Management in Long Term Care](#) – May 14 and 28
  - Co-taught by Kara Cecil, DrPH and Bill Reckert, MSM
  - Topics covered include the four phases of emergency management, review of CMS risk assessment template and self-assessment checklist, tabletop exercises, improving your Emergency Action Plan (EAP), emergency communications, the importance of documentation, and training in a high turnover field.
  - If you have any questions, please contact Leah Jones at the University of Indianapolis Center for Aging and Community at [Jonesl001@uindy.edu](mailto:Jonesl001@uindy.edu).
- [Pressure Injury Prevention and Management in Long Term Care](#) – April 10, 17, 19, and 24
  - Taught by Jeri Ann Lundgren, RN, BSN, PHN, CWS, CWCN, CPT
  - Topics covered include utilizing QAPI to set up an effective pressure injury prevention program, risk assessment, care planning, prevention of skin breakdown, assessment, staging, topical treatment, and lower extremity ulcers.

- If you have any questions, please contact Lidia Dubicki at the University of Indianapolis Center for Aging and Community at [ldubicki@uindy.edu](mailto:ldubicki@uindy.edu).
- [Abuse and Neglect Prevention in Long Term Care](#)– May 21
  - Taught by Becky Bartle, MSN, RN, HFA
  - Topics covered include human dignity for all persons, recognizing abuse and neglect, causes of abuse and neglect of residents, training for staff that prevents stressors, abuse by other residents, abuse by visitors/family members, preventing abuse and neglect and intervening, reporting abuse and neglect and mechanisms to administratively monitor for potential abuse.
  - If you have any questions, please contact Leah Jones at the University of Indianapolis Center for Aging and Community, [Jonesl001@uindy.edu](mailto:Jonesl001@uindy.edu).

Each course offers long-term care specific examples. Courses will be offered at various times from January 2024 through May 2025. CEUs are available through the Indiana Department of Health for administrators and social workers.

For more information and to register, click on the corresponding course name above. These courses are funded through the Indiana Department of Health using Civil Money Penalty funds.

If you have any questions, please contact Leah Jones at the University of Indianapolis Center for Aging and Community at [Jonesl001@uindy.edu](mailto:Jonesl001@uindy.edu).

## **CNA/QMA Testing Timeline**

Ivy Tech Testing Services has developed this [flyer](#) as a guide and timeline to follow to ensure your students can test within two to three weeks of course completion. Please review and use this as a resource.

## **Additional Ivy Tech CNA/QMA Testing Online Application Training and Demonstration Sessions**

Ivy Tech Testing Services is holding additional online application training and demonstration sessions once a month for the next quarter. They will walk you through a demonstration of how the system works, what you will see on the screen, how you can help your students, and more.

These sessions will answer common questions with the online testing application process. All program directors, instructors, clinical supervisors and office staff are

welcome. If you think you might need to help someone submit their application for testing, this is for you! The sessions will not be aimed at students or candidates. Ivy Tech Testing Services is recording some short trainings for them, which will be available soon.

The sessions will be on the following dates:

- **Tuesday, April 16 from 2-4 p.m. EDT**
- **Wednesday, May 8 from 9-11 a.m. EDT**
- **Tuesday, June 11 from 6-8 p.m. EDT**

Registration is not required. Click [here](#) to join the Zoom meeting or use meeting ID 765 704 1963 and passcode Online.

**Questions may be emailed to [cna\\_qma\\_testing@ivytech.edu](mailto:cna_qma_testing@ivytech.edu).**