



Indiana
Department
of
Health

Long-term Care **NEWSLETTER**

LTC Newsletter 2023-26

Dec. 7, 2023

LTC Update:

- **Food Safety Alert – Cantaloupes**
- **IDOH Resource Staff for Provider Questions**

Food Safety Alert – Cantaloupes

What you should know

The Centers for Disease Control and Prevention (CDC) is investigating a *Salmonella* outbreak linked to cantaloupes. The CDC is concerned about this outbreak because the illnesses are severe and people in long-term care facilities and childcare centers have gotten sick. Residents of long-term care facilities or children attending daycare are at high risk for severe illness due to age and potential immunocompromising factors.

What you should do

- Do not eat or serve pre-cut cantaloupes (including cantaloupe chunks and fruit mixes with cantaloupes) if you don't know whether Malichita or Rudy brand cantaloupes were used
- Do not eat or serve any [recalled](#) whole or pre-cut cantaloupe products
- Wash and disinfect items and surfaces that may have touched the cantaloupe using hot soapy water or a dishwasher

What to look for

Seek medical attention if you have any of these symptoms:

- diarrhea and a fever higher than 102°F
- diarrhea for more than 3 days that is not improving
- bloody diarrhea
- so much vomiting that you cannot keep liquids down
- signs of dehydration such as reduced urination, dry mouth and throat, and feeling dizzy when standing up

This is an active investigation and new recalls continue to be announced, so please monitor the [CDC's webpage](#) for the most up to date information.

IDOH Resource Staff for Provider Questions

The Long-term Care division is pleased to announce the following addition to our staff.

- Amy Winger is filling the role of long-term care provider liaison. Questions about federal regulations and state rules can be directed to Amy at LTCRulesandRegulations@health.IN.gov.
- Ashley Hudson is our state's Resident Assessment Instrument (RAI) Coordinator. You can direct questions about the RAI or Minimum Data Set (MDS) assessments to her at 317-233-7002 or MDSQuestions@health.in.gov.