



## Using Tele-Intervention to Deliver Early Intervention Services: What to Say to Families

- Tele-intervention is the term we use to describe sessions that happen virtually. We can use a phone or tablet or computer to connect and have a session when we can't get together in-person.
- Tele-intervention allows us to keep working on your child's goals when we can't be in the same place.
- We can do the same things we do in an in-person home visit. You'll take the lead with your child and I'll be your coach. Don't worry, we'll talk everything through together.
- First, we'll talk about what has been going on since we last talked:
  - What's new with your family
  - What strategies you tried that worked/didn't work
  - Anything new your child has learned
  - Any new questions or concerns you have and
  - We'll review your IFSP goals to make sure we are working on things that really matter to you
- Then, I will observe you and your child doing whatever you typically do. I may ask some questions or offer some suggestions here.
- Next, we will do some problem solving and planning: What has been working? What do you want to try next?
- Finally, we will talk about how the session went and review what worked well. We'll decide together on a few specific strategies to practice until next time, and we'll talk about how to stay connected until the next session



Whether we are together in the same room or working together virtually, we'll be your coach and cheerleader as you help your child learn and develop—you may be surprised by how much progress we can make!