



# Dignity Respect and Control

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# Welcome

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# Housekeeping

Please:

- Use chat for immediate technical issues and to answer questions that may be asked throughout the presentation.
- Use Q&A button to ask questions
- Click closed captioning (cc) to see the live transcript
- Complete the evaluation that will be sent in the follow-up email (the email will also serve as confirmation you attended)

The recording will be uploaded to the FSSA YouTube Channel after the live sessions have been conducted





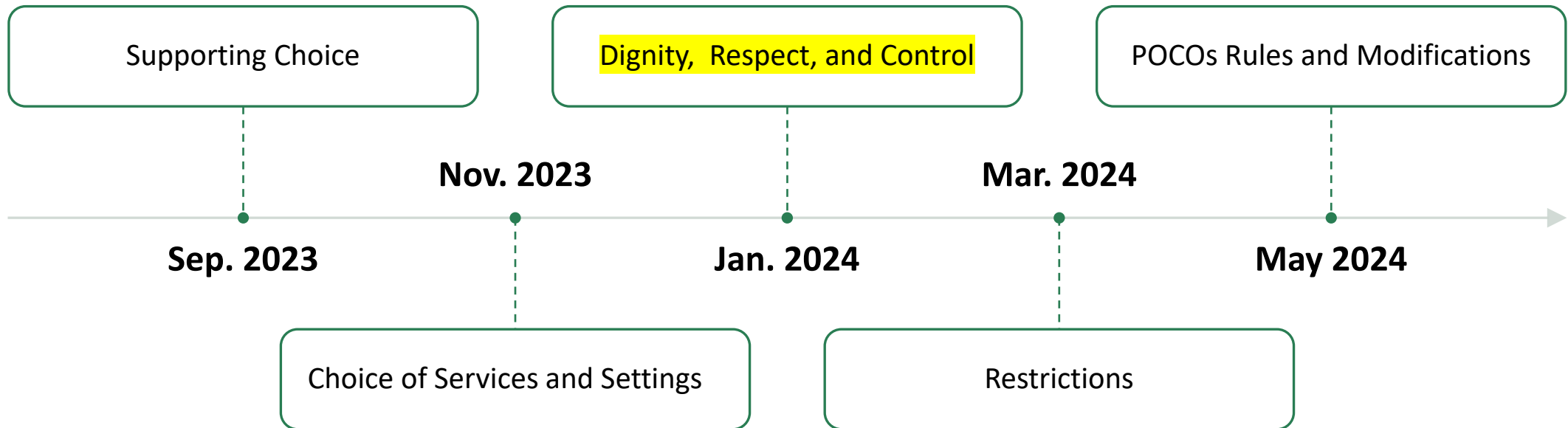
# Agenda

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- The importance of an individual's Dignity, Respect, and Control
- How honoring rights and choices promote Dignity, Respect, and Control
- How control gives us a sense of empowerment and reduces power struggles
- How free will and choice can be misinterpreted as non-compliance

# Upcoming Training Topics

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# Today's Topic

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Dignity

RESPECT

The word "RESPECT" is displayed on a corkboard. Each letter is cut out from a different colored piece of paper and is pinned to the board with a matching colored pushpin. The letters are: 'R' (orange paper, blue pin), 'E' (teal paper, red pin), 'S' (black paper, yellow pin), 'P' (white paper, green pin), 'E' (white paper, blue pin), 'C' (light blue paper, yellow pin), and 'T' (orange paper, white pin).



# Home and Community Based Settings Rule

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A setting that is TRULY home and community based:



Ensures an individual's rights of privacy, **dignity, respect**, and freedom from coercion and restraint

Optimizes individual initiative, autonomy, and independence in making life choices

“In a diverse world, the ‘Platinum rule’ replaces the ‘Golden rule’: we should treat others as they’d like to be treated, not as we’d like to be treated.”

## **Thais Compoint**

Author of “Succeed as an Inclusive Leader”

[www.declinternational.com](http://www.declinternational.com)





Respect and Lack of Respect

# Communicating with Dignity and Respect

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- **Use Preferred Names and pronouns**
- **Respect the person's Identity**
- **Refrain from using labels**
- **Explain what you are doing when you are supporting someone**
- **Ask if the person wants help and honor their decision**
- **Listen and follow through**
- **Always REMEMBER: Nothing about me without me!**

Disability Policy  
for All

Nothing About Us,  
Without Us!

Watch: [www.autd.org/inbrief](http://www.autd.org/inbrief)

Follow: [tpolicyforall](https://twitter.com/tpolicyforall)

Nothing About Us Without Us

# Ways to Support People that Demonstrate Dignity and Respect when Providing Support

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- Provide personal care in a respectful manner
- Provide wellness services in a way the individual chooses
- Ensure dignity when providing personal care in public
- Support individuals to exercise choice





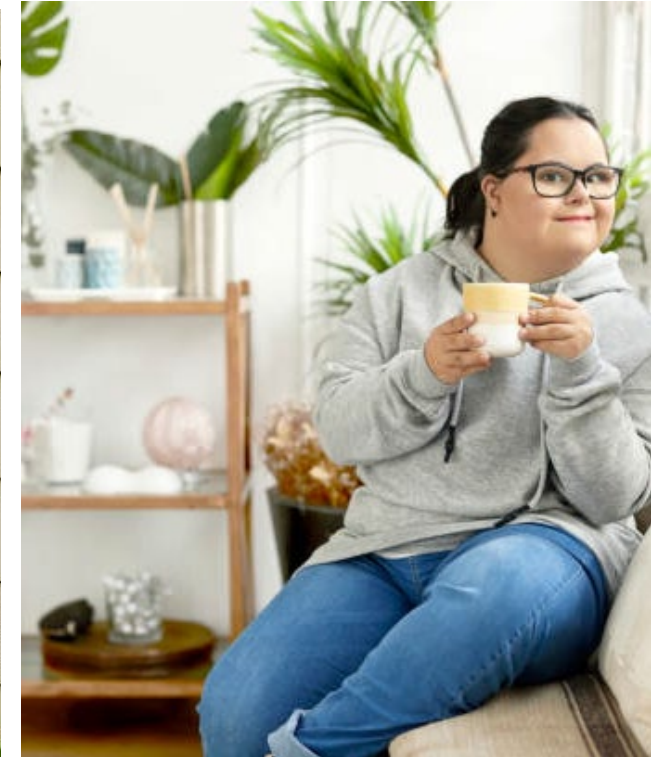
Challenges



Empowering People

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# What Empowerment Looks Like

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What  
Empowerment  

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Looks Like



What Empowerment Looks Like



Dignity of Risk and Duty to Care

# Empowerment is Control



1. Have a conversation



2. Spend time with the individual



3. Help the individual learn about options



4. Support the individual to weigh options



5. Listen



6. Honor choice







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Don't Struggle for power











**ALL people are empowered to live, love, work, learn, play and pursue their dreams.**





# We're In This Together

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If you need additional information,  
please contact us at

800-545-7763

[BDS.Help@fssa.IN.gov](mailto:BDS.Help@fssa.IN.gov)



# Stay Connected

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Sign up for the DDRS listserv:

<https://public.govdelivery.com/accounts/INFSSA/subscriber/new>

Follow the BDS FB page:

<https://www.facebook.com/Indiana-Bureau-of-Developmental-Disabilities-Services-318818311807579/>





# Additional Resources

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## BDS Quality Assurance Website

[FSSA: DDRS: BDS Quality Assurance \(in.gov\)](#)

## Charting the LifeCourse

[LifeCourse-Tools.pdf \(in.gov\)](#)

[LifeCourse Nexus – Exchange Knowledge | Build Capacity | Engage Collaboratively \(lifecoursetools.com\)](#)

## Person Centered Risk Management Training

[Welchhttps://www.in.gov/fssa/ddrs/files/Person-Centered-Risk-Management\\_FINAL\\_for-posting.pdf](https://www.in.gov/fssa/ddrs/files/Person-Centered-Risk-Management_FINAL_for-posting.pdf)ome to the MO Family to Family Stakeholders Meeting



# Additional Resources

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## Links to the Videos in the Presentation

<https://youtu.be/CqtO3cvdom8>

<https://youtu.be/71iCk8ctb3Q>

<https://www.youtube.com/watch?v=N8OT61hTekA>





