



DDRS Advisory Council

April 21, 2021

Welcome and Today's Agenda

Agenda Item	Time	Discussion Leader
Welcome and Introductions	5 minutes	Kylee Hope
First Steps Quarterly Update	25 minutes	Christina Commons
BDDS and BQIS Updates	15 minutes	Kim Opsahl Jessica Harlan York
Culture Change & Systems Transformation through the CtLC Framework – Life Domains, Experiences, and the Integrated Support Star	75 minutes	Jenny Turner
Next Meeting: May 19, 2021		

Welcome Megan!



First Steps Update

Christina Commons, Director, First Steps

First Steps: July 2020-February 2021



Number of New Referrals

16,555

Number of Evaluations

9,964

Number of New IFSPs

7,821



July 2020 - February 2021 Monthly Referrals



Monthly Evaluations



Monthly New IFSPs



% of New IFSPs by Race: February 2020 and February 2021

	2020	2021
Black or African American	12.6%	11.5%
Hispanic/Latino	9.3%	7.8%
Two or more races	8.9%	10.5%
White	69.2%	70.1%

Comparing February SFY20 and SFY21 (with Percent Change Year over Year)

Number of Children Receiving Service

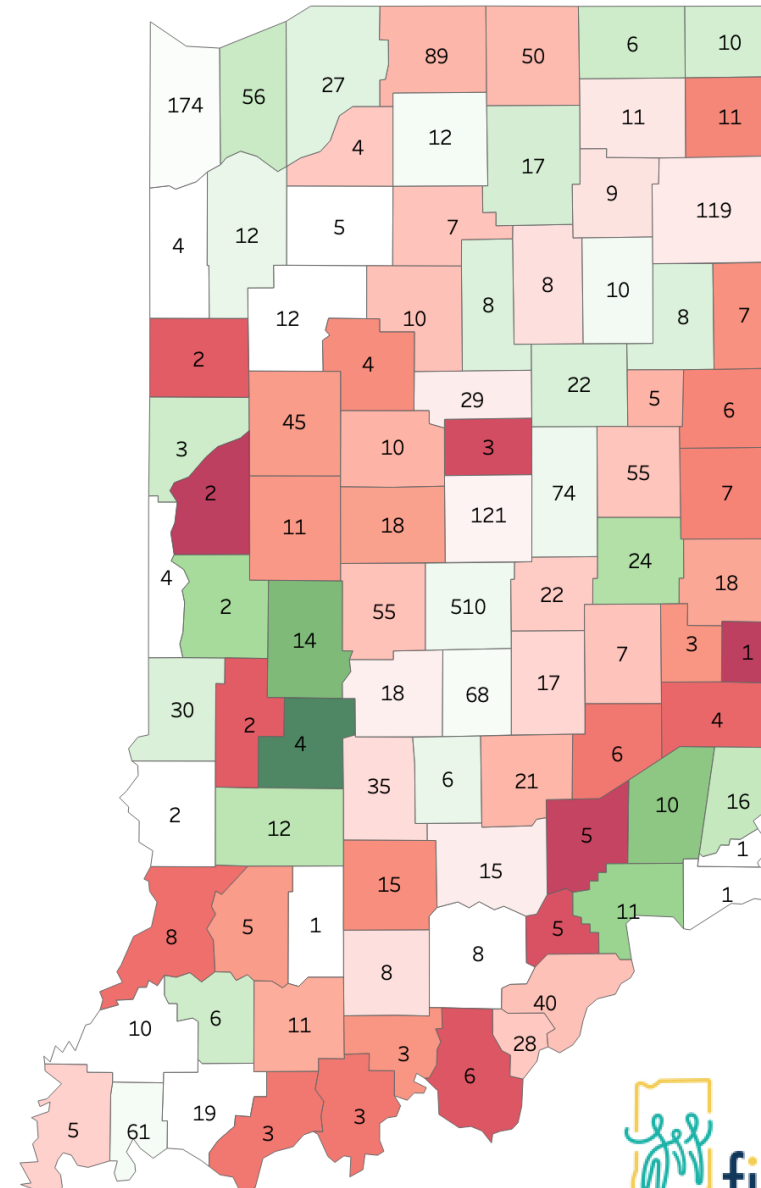
FY 2020: 10,934
FY 2021: 10,058
-8.0%

Number of Providers Billed for Services

FY 2020: 1,316
FY 2021: 1,251
-4.9%



February 2020 & February 2021 Referrals; 5.6% drop





New Service Delivery Method

- During much of 2019 the Professional Development Committee of our Interagency Coordinating Council (ICC) explored 3 evidence based coaching models to support our Federally required State Systemic Improvement Plan. Based upon the committee's research and stakeholder input, the Family Guided Routines Based Intervention model or (FGRBI) was selected for First Steps to begin exploring and planning for implementation.
- FGRBI is rooted in using coaching principles to guide families through early intervention strategies imbedded in their daily routines.
- Being remote required our personnel to develop new techniques to address child outcomes. Due to our relationship with Juliann Woods, creator of FGRBI, First Steps was able to quickly begin providing our workforce with the needed professional development to shift and deliver services virtually utilizing her core principles.
- First Steps is working with Juliann Woods and IIDC's Early Childhood Center to develop a 5-year plan to build it's FGRBI infrastructure and build coaches to support therapists as they learn this evidence-based model.



OT Doctoral Student



- OT Doctoral Student, Kaela Cousins was imbedded with our state office from January – April. Her capstone project focus was to combine family feedback with evidence-based principles to improve family engagement, cultural competence and socioeconomic awareness within the First Steps program.
 - She recruited current First Steps families to volunteer their time to participate in the virtual focus groups.
 - From the interviews and discussion Kaela used qualitative content analysis to extract several valuable themes. The families shared their experiences, suggestions and recommendations to help us develop more engaging, culturally competent and socioeconomically aware early intervention practices.
 - Kaela has created a one-hour, self-paced professional development course that integrates the family feedback with current evidence-based principles on improving family engagement, cultural competence and socioeconomic awareness.
 - The training, which aligns with the Division of Early Childhood’s recommended family practices, including promotion of active family participation and encouragement of achievement of family goals, will be posted on First Steps Learning Management System as a professional development opportunity for First Steps personnel.



Child Find



- CVR Contract
 - Developing child find materials to be shared with LPCCs
 - Audience referral sources
 - Perinatal monitoring
 - Child development
 - What to do when a concern arises

*Alignment to CDC's Learn the Signs. Act Early. Campaign



EIHub was deployed March 8, 2021 and comprised of 6 modules:

- Case Management
- Service Logging
- Billing and Claiming
- Provider Enrollment and Management
- Learning Management System
- Parent Portal

As with all large IT projects there have been some bumps along the way since deployment. We are committed to this important and critical change for First Steps. We are meeting daily to make continuous quality improvements to ensure all personnel have access, data migration updates are made, speed is improved, the system is stable and reliable, and modules are enhanced to meet the needs of SPOEs, agencies, and providers.

- “I am excited to get into the current world of technology with First Steps”
- “Quick to enter visits and get signatures”
- “Easy and user friendly”
- “Improves my productivity”
- “This is going to be awesome once reports and IFSPs are pulled into the program”
- “Able to serve more families due to less paperwork”



American Rescue Plan Act

- IDEA Part C will receive ARP funds
- Funds will be included in First Steps 2021 grant from the Office of Special Education Programs
- Funds must be spent in accordance with IDEA regulations
- Funds must be utilized for one-time costs



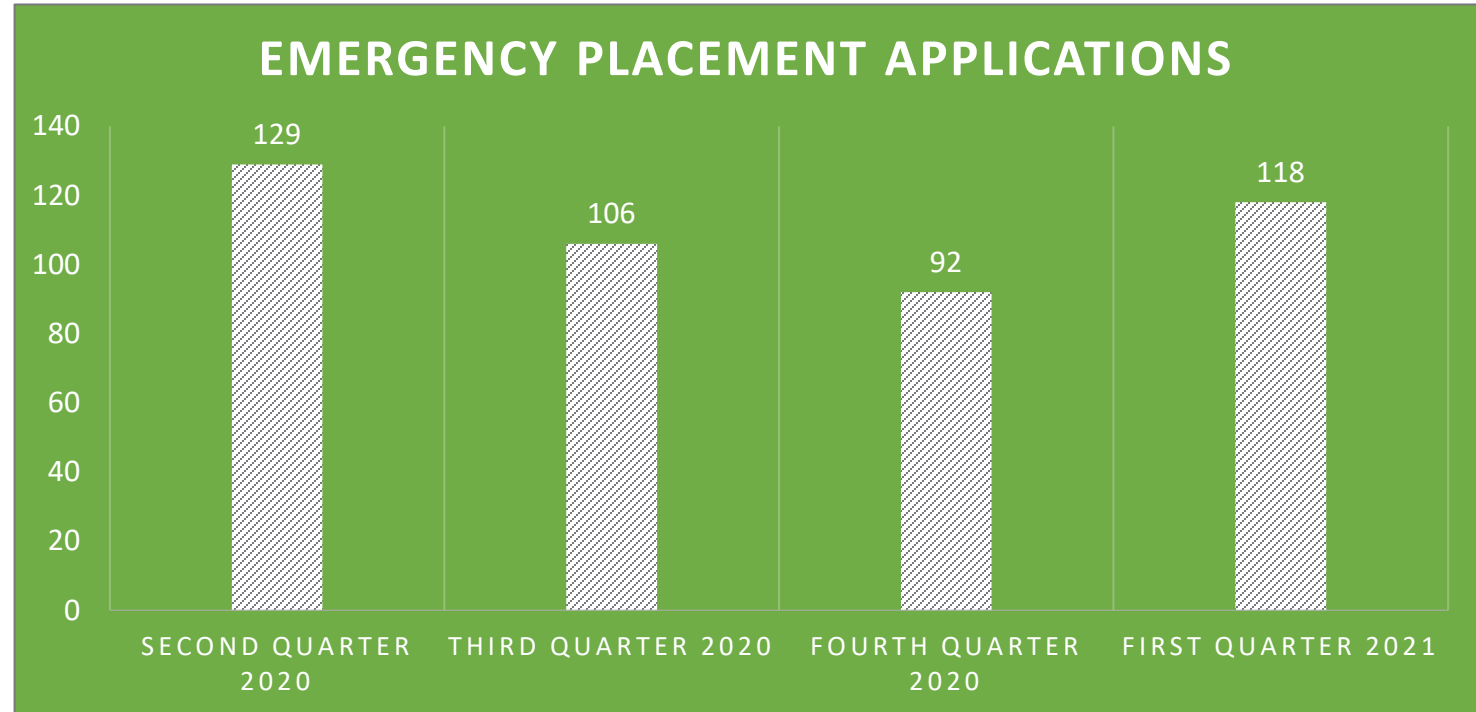
BDDS/BQIS Updates

Kim Opsahl, Associate Director, Division of Disability and Rehabilitative Services

Jessica Harlan York, Director, Bureau of Quality Improvement Services



Applications for Emergency Placement - Priority Waivers*



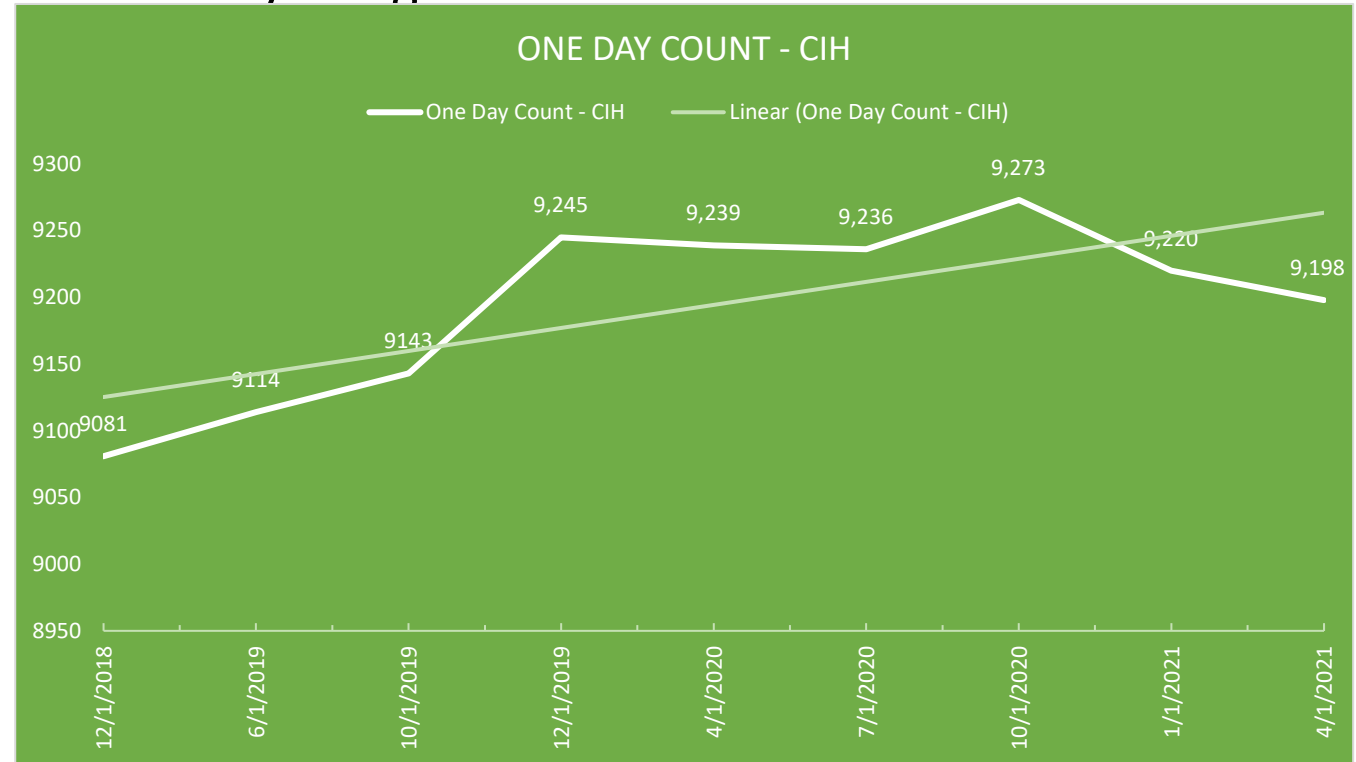
Source: BDDS DART Data System

**All counts are unduplicated*



Number of Individuals on BDDS Waivers – One-Day Count:

- Community Integration and Habilitation*:

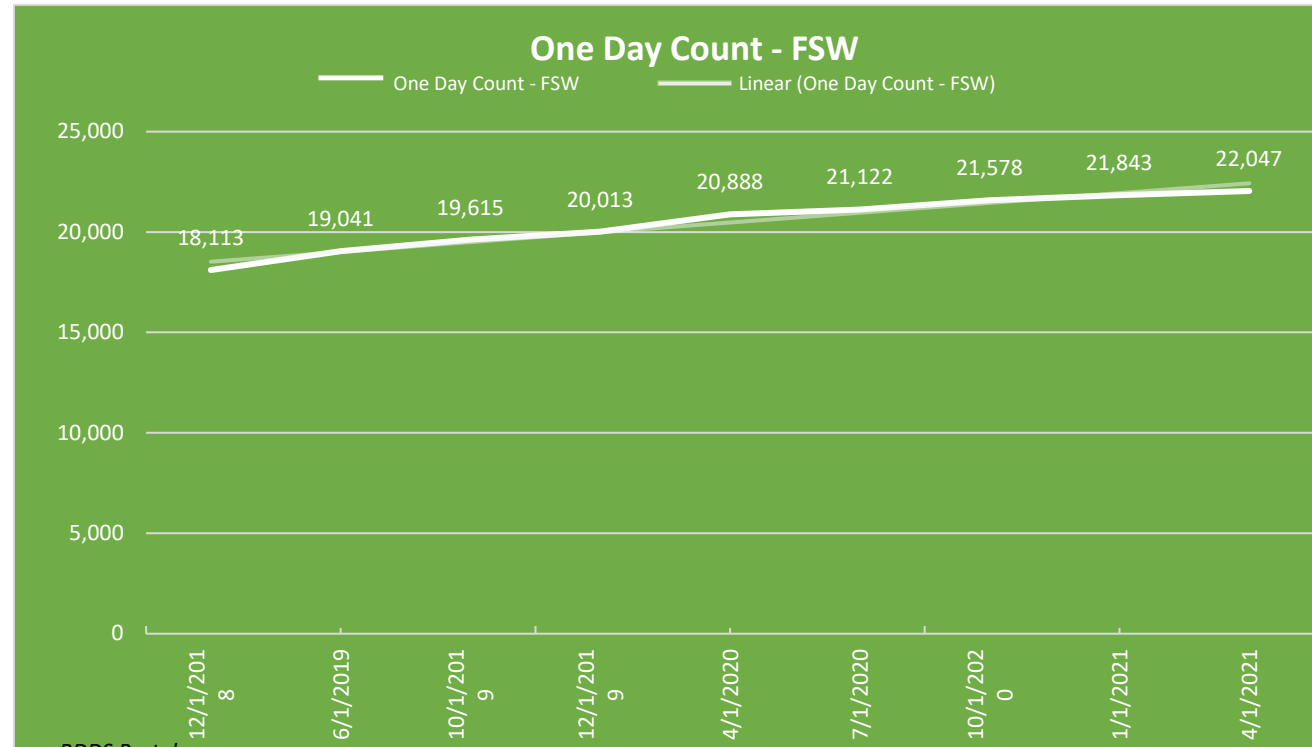


Source: BDDS Portal

**All counts are unduplicated*



- Number of Individuals on BDDS Waivers – One-Day Count:
 - Family Support Waiver*:

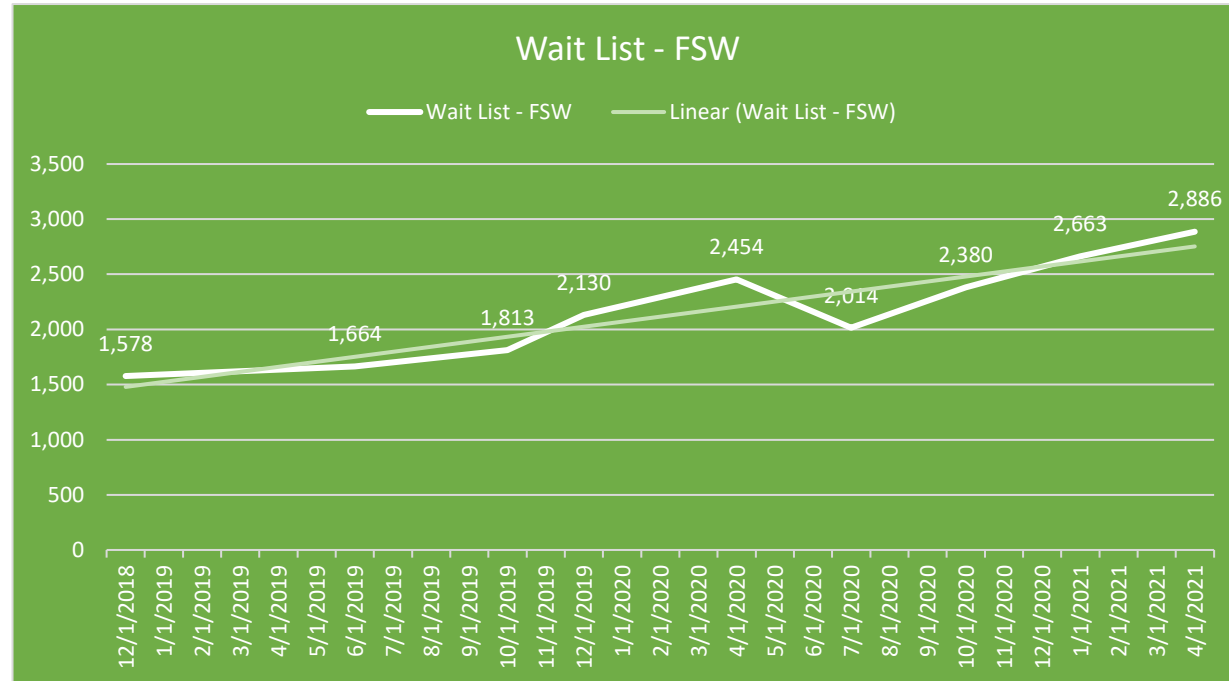


Source: BDDS Portal

**All counts are unduplicated*



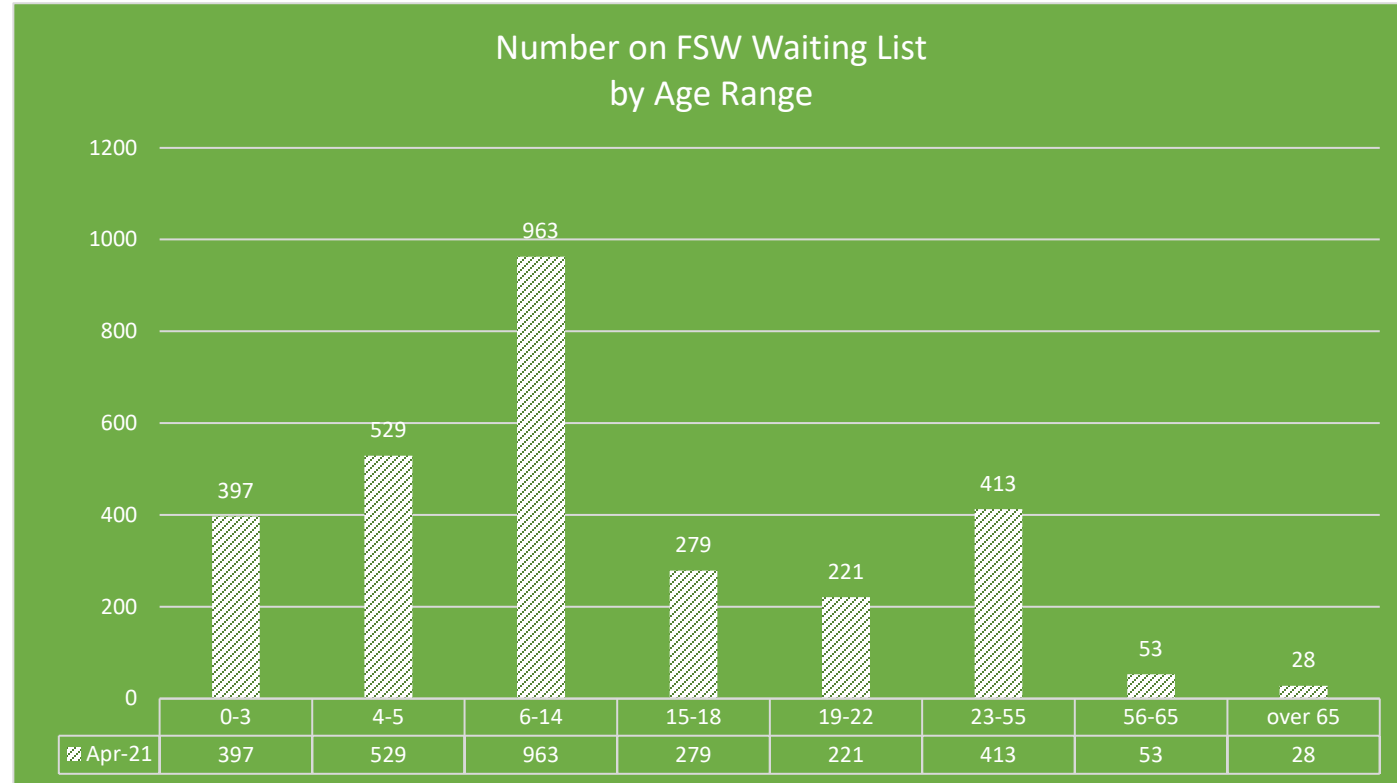
- Number of Individual on Family Supports Waiver Waiting List:



Source: BDDS DART Data System

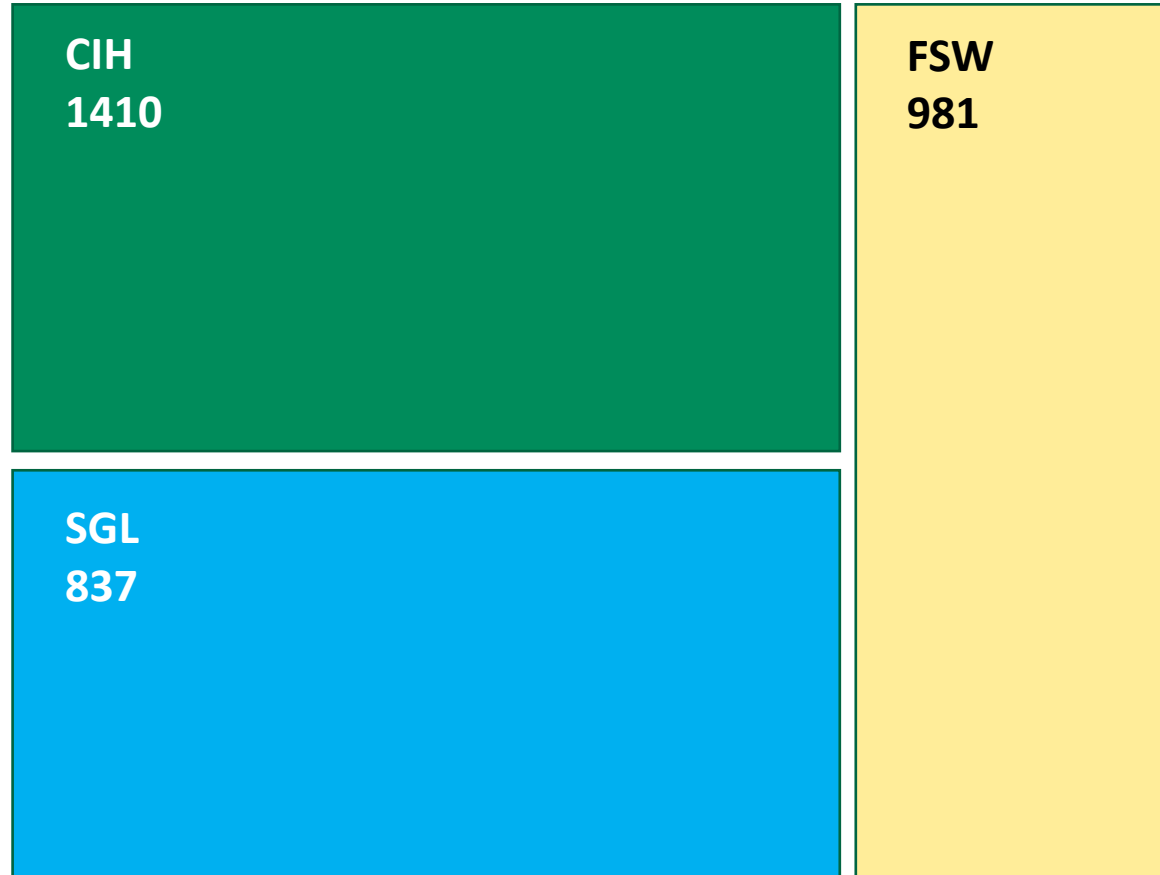


- FSW Wait List by Age Range





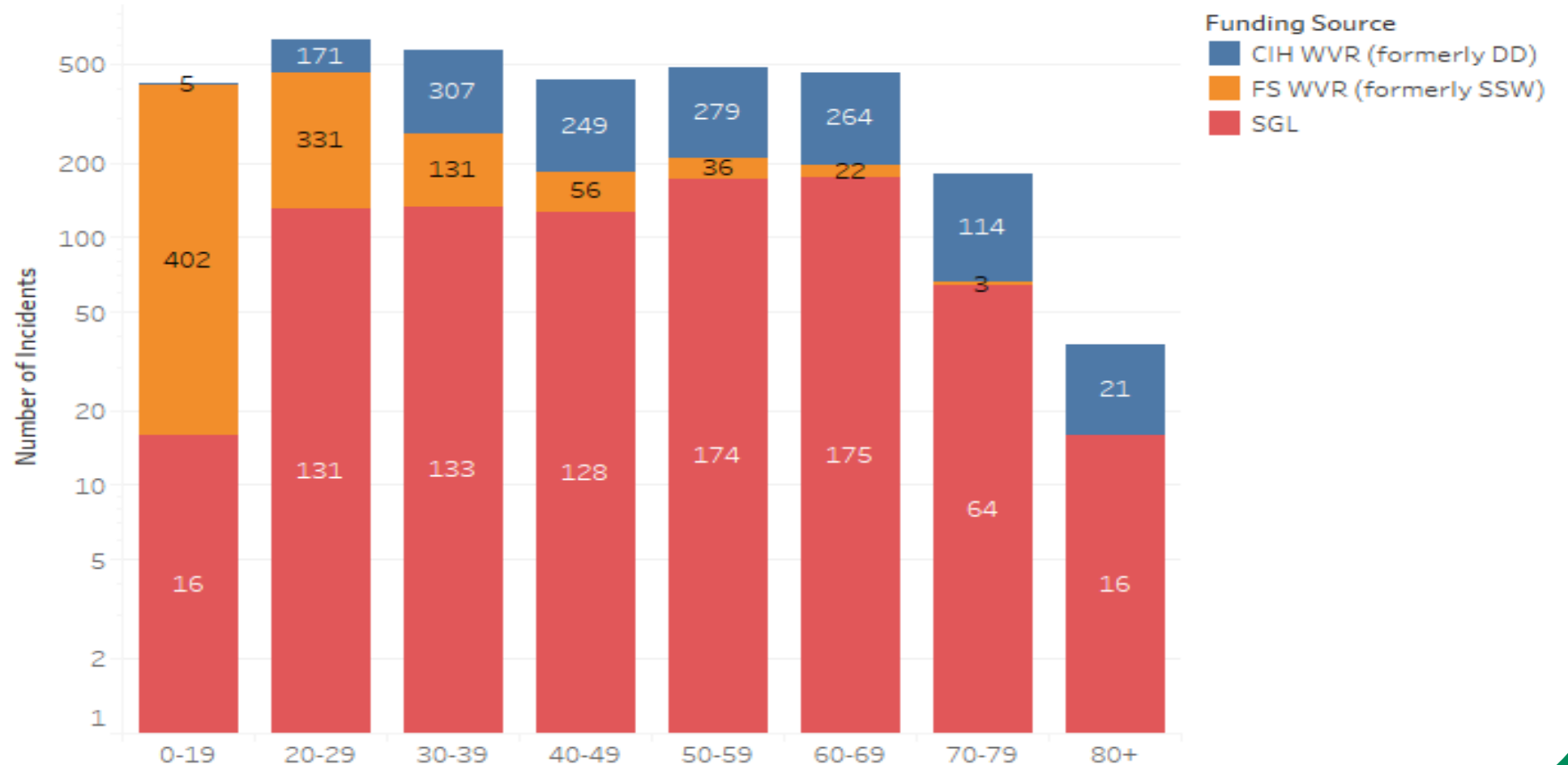
COVID-19 Data: Total Number of BDDS COVID Positive Cases



Total Cases: 3228
Total COVID-Related Deaths: 56



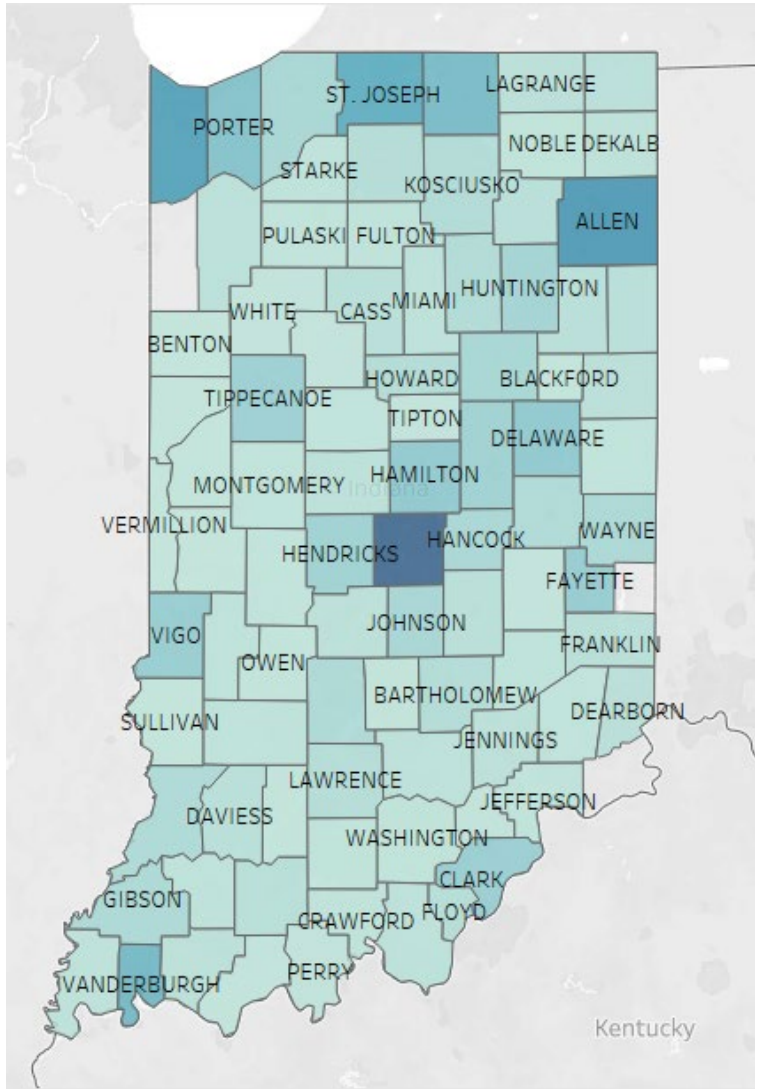
COVID-19 Data: Age Among Unique COVID Positive Cases





COVID Positive Cases by County

3228 Total Cases
Data as of 4/19/2021



Total COVID-related deaths- 56



COVID-19 Data: Total Number of Staff COVID Positive Cases

CIH
1347

SGL
599

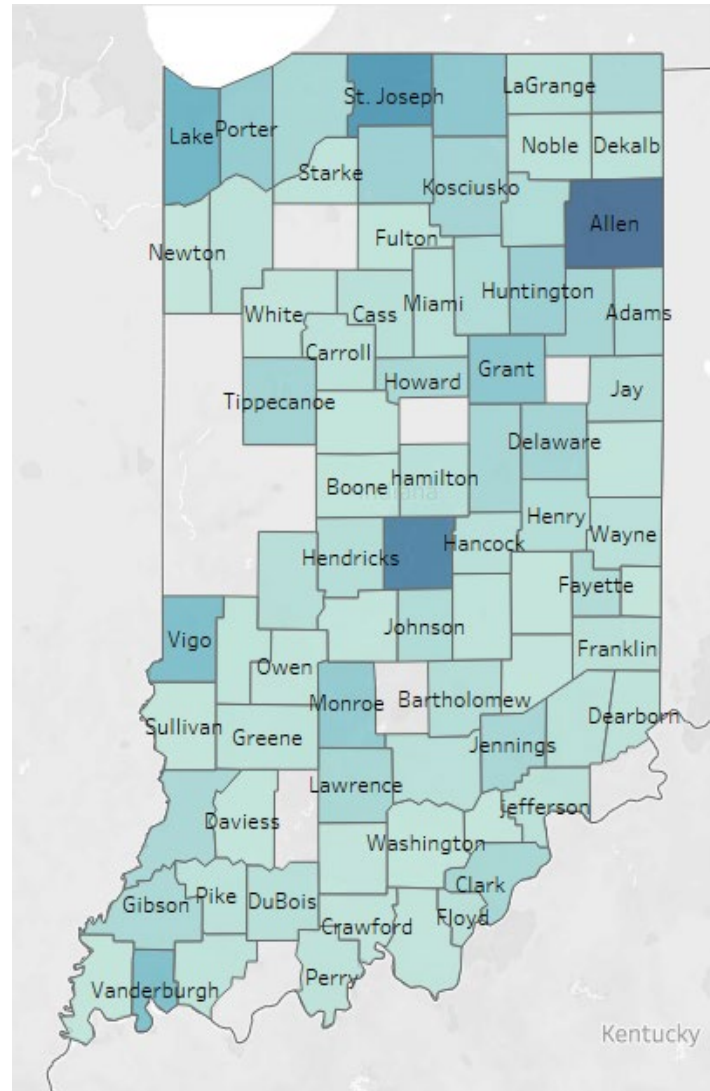
Total Cases: 1946

Total COVID-Related Deaths: 5



COVID-19 Data: Positive Staff Cases by County

1946 Total Cases
Data as of 4/19/2021



Total COVID-related deaths- 5



BDDS/BQIS Updates

- Appendix K Extension
- Provider COVID Grants
 - 92 HCBS/ICF Relief Grant Applications Received
 - 18 OBRA Day Service Sustainability Grant Applications Received
- BQIS Training Updates

“I was able to recommend the Trajectory tool to use during a team meeting this morning to review the person-centered needs of a nonspeaking individual. This tool led to a MUCH more productive meeting, improved understanding by the CM of the individualized needs of the individual, reduced frustration by the parent, increased participation and input by the individual, and hopefully a focus on better outcomes over “policies”. Thank you! This is so very needed to lead us toward a TRUE person-centered mentality for waiver services. We must presume our individuals competent and give them the supports and accommodations they deserve to participate and be heard.”



Exploring Charting the LifeCourse Integration

Indiana DDRS Advisory Council

April 21, 2021

What We Hope to Achieve Today

- Setting the Stage:
 - How this feedback is being used
- Feedback and Ideas:
 - Using the principle of Life Domains and Experiences to identify strengths and opportunities
- Principle Overview:
 - Integrated Supports and Services

A Working Definition of Choice

Choice is when anyone has **ownership and control** in their **daily life and decisions**, with **opportunity to seek information, explore and consider a variety of available possibilities**, and **request guidance, advice, and other supports**.

Choice includes the **ability to take risks, to succeed, to fail, to try again, and to change one's mind**, as well as the **assurance of respect for decisions and support to “follow through.”**

Our Brainstorming So Far...

Shared Outcomes:

- Person would identify (in conversation, PCISP, etc.) – “what makes this a good life for this person?”
 - Processes would include questions to understand the person
 - Person could articulate their passion and vision
- Trajectories (plans) are “ever changing” – they are revisited
- Goals are for all services, across environments (not one provider)

System Navigation:

- Robust discovery and exploration processes
 - Individuals and families would know their options and be able to compare

Our Brainstorming So Far...

Building Independence:

- People have skills to lead their planning
- People have relationships of their choice
- People are valued in their community
- People access an integrated array of services

Community Monitoring:

- Mistakes are seen as teaching opportunities
- People report they are happy and living their best life

HOLISTIC FOCUS ACROSS LIFE DOMAINS

People lead whole lives made up of specific, connected, and integrated life domains that are important to a good quality of life. Life domains are the different aspects and experiences of life that we all consider as we age and grow.

Focusing on Life Domains



Daily Life and Employment
(school/education, employment, volunteering, routines, life skills)



Healthy Living
(medical, behavioral, nutrition, wellness, affordable care)



Community Living
(housing, living options, home adaptations and modifications, community access, transportation)



Safety and Security
(emergencies, well-being, legal rights & issues, guardianship options & alternatives)



Social and Spirituality
(friends, relationships, leisure activities, personal networks, faith community)



Citizenship and Advocacy
(valued roles, making choices, setting goals, responsibility, leadership, peer support)

Life Domains and Sub-Domains

“Dinner Party Conversations”

Life Domain	Topics
 Daily Life & Employment	Education
	Employment
	Individual & Family Life
 Community Living	Living Options
	Accommodations and Access
	Transportation
 Safety & Security	Personal Safety
	Public Safety
	Legal and Financial
 Healthy Living	Healthcare
	Disability/Diagnosis Specific
	Fitness and Nutrition
 Social & Spirituality	Personal Relationships
	Leisure & Recreation
	Spiritual Enrichment
 Citizenship & Advocacy	Leadership
	Self/Parent Advocacy
	Supporting Families
	Civic Engagement

Life Trajectory Worksheet

Life Experiences

Past Life Experiences

Chores; boy scouts;
School
inclusion/circle of
friends;
Birthday parties;
Riding bike;
Family vacations;
Church youth group;
Debit card;
Football manager;
Homecoming king;
Volunteering
High School diploma

arrow toward things you don't want.

Special education low
expectations;
Para glued to Ben's
side; Pressure to
segregate; Medication
side effects;
Scoliosis;
Seizures;
Physical barriers;



Write current
age here
25

Life Experiences

Future Life Experiences

LIST current/ future experiences that
continue supporting your vision.

Volunteer at fire
station; Find more
volunteer ops; Workout
regularly;
Keep in touch w/
friends; Increase alone
time;
Go out with friends;
Spend daytime hours
out of the house;
Explore micro
enterprise

LIST life experiences to avoid because they
push you toward things you don't want.

Sitting at home
watching TV all day;
Rely on paid
supports;
Gain weight;
Eat unhealthy foods
or drink too much
Pepsi (caffeine);

Outcomes

LIST what you want your "good life" to look like ...


Family and friends
Girlfriend
Vacations
Concerts; WWE; Nascar
Tattoos
Money; job or my own business
Volunteer at fire station
Being Tiger football manager
Church
Healthy & fit
Good food; Pepsi
Basketball
Royals baseball
Staying active

What I DON'T Want

Poor health, heart disease, diabetes;
Poverty/no money;
Guardianship; institution/group
home; Segregation/isolation; being
lonely
Being treated differently;



Looking at Life Possibilities

Innovative	Very new or undiscovered
	Available in most places, inclusive and community-based
Traditional Options	Services that have existed for a long time



What I do During the Day

Daily Life and Employment

Innovative

- A new possibility

Community-Based

- Micro-enterprise
- College/Tech Schools
- Career
- Military
- Supported Employment
- Volunteerism
- AmeriCorps/VISTA
- Community Day/Respite Programs
- Retirement

Traditional Options

- Sheltered Workshops
- Segregated Day Programs



Where I Live

Housing Options

Innovative

- Not Yet Discovered

Community-Based

- Own home
- Shared Living Space
- Co-op
- Environmental Adaptations
- Independent Supported Living
- Aging in Place
- Technology Supports

Traditional Options

- Training Centers
- Intermediate Care
- Group Homes
- Nursing Homes



How I am Supported

Long Term Services & Supports

Innovative

- A new possibility

Community-Based

- Remote Monitoring
- Assistive Technology
- Time banks
- Human-service coops
- Self-directed Services
- Respite
- Micro-boards
- Companion Model/Shared Living

Traditional Options

- Staff hired by Provider



How I Stay Healthy

Healthy Living

Innovative

- A new possibility

Community-Based

- Gym membership
- Community Health Centers
- Health fairs
- In-home or community based therapies
- Family member or school staff implement therapy
- Unified Sports Special Olympics
- Therapeutic Horsemanship

Traditional Options

- Center-based therapies (PT, OT, Speech)
- Institutional medical care

Things to Think About as we Reflect

- How does this principle inform the definition of choice?
 - What does choice mean in the context of the life domains?
- If this were our “way of doing business” – and this principle were true in people’s lives– what would this look like in our “system?”
 - How would we know that this was happening?
 - What would be different?

Things to Think About as we Reflect

- In your day to day, personal and professional life, how do you/your organization/your colleagues support the application of this principle as it relates to choice?
- What else may need to happen “in your lane” (your personal/professional affiliations) to move us to what we want to see for people we support?

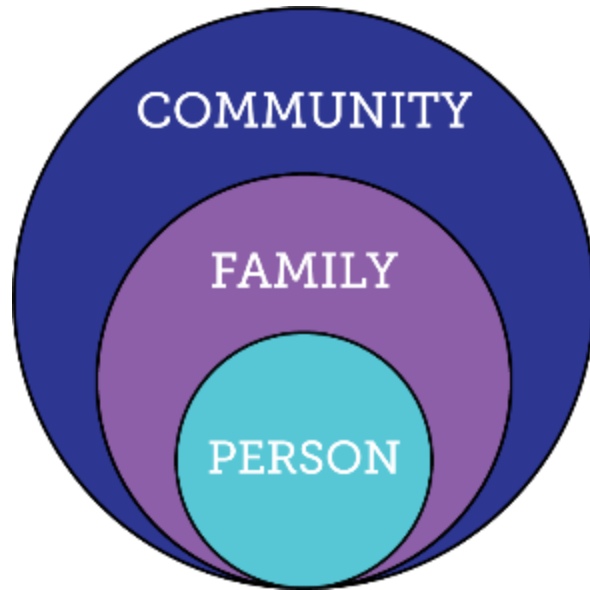
Focusing on:

Integrated Supports and Services

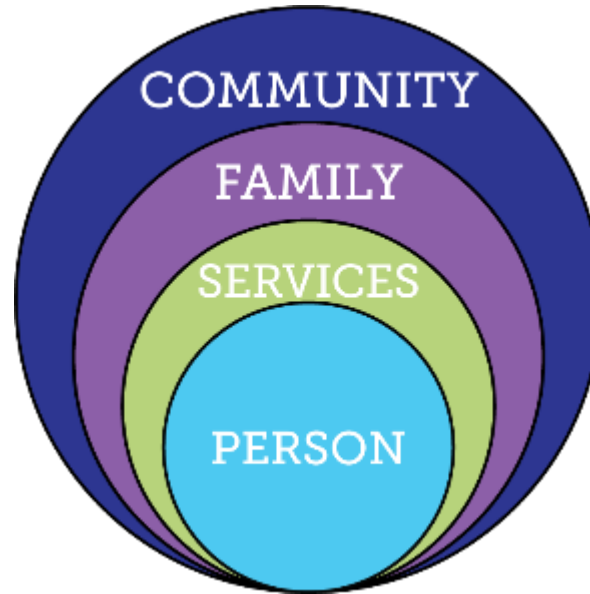
Individuals and families access an array of integrated supports to achieve their envisioned good life.



Integrating Supports and Services



Everyone exists within the context of family and community



Person in relation to Traditional Disability Services



Integrated Services and Supports within context of person, family and community

LifeCourse Integrated Supports STAR



- Generally, a good life includes friends, family, enough money, a job they like, home, faith, vacations, health, choice and freedom.
- Their good life does not include poverty, loneliness, segregation, restrictions, lack of choice, boredom, institutions.
- Focusing on only one type of support tends to lead us to things we don't want in our life.
- Alternatively, focusing on integrated supports is more likely to lead to the things that make for a good life.

Integrated Supports and Services

What are the key concepts that stick out to you – what are the most important things about this concept/principle?

Based on this principle, what do we want to see for people/in their lives?

Prepare for Our Next Session...

- How does this concept inform the definition of choice?
- If this were our “way of doing business” – and we saw those things in people’s lives – what would this look like in our “system?”
 - How would we know that this was happening?
 - What would be different?
- In your day to day, personal and professional life, how do you/your organization/your colleagues support the application of this principle as it relates to choice?
- What else may need to happen “in your lane” (your personal/professional affiliations) to move us towards what we want to see for people we support?

Next Steps

DDRS Advisory Council

- Consider the discussion questions and come prepared to share your thoughts

DDRS Leadership

- Organize and share back feedback during our next meeting

Questions, Reflections, and Next Steps



DDRS Advisory Council Next Meeting

- Next Meeting:
 - Wednesday, May 19
 - 10 am – Noon
 - Location: Zoom