



### **What are Indy Boot Camps Classes?**

A Four week indoor and outdoor high intensity Fitness Boot Camp for all fitness levels where you will have fun and get in awesome shape!

Features and Benefits of Indy Boot Camps:

LOSE WEIGHT FAST!  
TONE AND TIGHTEN YOUR BODY!  
LOSE INCHES!  
INCREASE YOUR ENERGY!  
INCREASE YOUR MUSCLE MASS!  
LOSE DRESS SIZES!  
LOWER YOUR CHOLESTEROL!  
INCREASE YOUR SELF ESTEEM!

### **The Discount!**

**YOU** get 2 **FREE** Boot Camp Classes which each class consists of 60 minutes of hard work! A \$40.00 Value! Valid for Ages 5 and up!

### **Location:**

2945 N. Lawndale Dr.  
Indianapolis, In 46224  
United States  
317-289-1219  
[www.indybootcamps.com](http://www.indybootcamps.com)  
[tod@indybootcamps.com](mailto:tod@indybootcamps.com)

### **Hours of Operation:**

Mon-Fri 5:00am-8:30pm  
Saturday 7:00am-3:00pm

\*No Expiration Date.

\*State Employees **Must** Present their state ID to take advantage of this Special Discount!

\*Offer only to State Employees, their Spouses and Children.

