



HumanaVitality webinars

The State's HumanaVitality representative will be hosting several great learning opportunities that will help state employees and adult dependents understand how to register for and become more familiar with how to use HumanaVitality. These 45 minute webinar sessions will include:

- How to register
- Taking your Health Assessment
- How to earn points
- Registering an approved activity device
- How to attain Silver Status

Webinar login instructions

1. Click the link for the date of your choice
2. Click "add to calendar"
 - a. On the day of the webinar: enter your name and email address.
 - b. Enter the meeting password: wellness
 - c. Click "Join".

To join the teleconference only

Provide your phone number when you join the meeting to receive a call back. Alternatively, you can call:

Call-in toll-free number: 1-8663402757 (US)

Show global numbers: <https://www.tcconline.com/offSite/OffSiteController.jsp?cc=52521166>

Conference Code: 525 211 66

For assistance

1. Go to <https://humana.webex.com/humana/mc>
2. On the left navigation bar, click "Support".

You can contact Corey Nelson at: cnelson19@humana.com

Date: Thursday, March 12, 2015

Link to join: <https://humana.webex.com/humana/j.php?MTID=m7114e59f47ec6b1d8442b375348e43ff>

Time: 12:00 pm, Eastern Daylight Time (Indiana, GMT-04:00)

Meeting Number: 594 314 720

Meeting Password: wellness

Date: Tuesday, March 24, 2015

Link to join: <https://humana.webex.com/humana/j.php?MTID=m343b69b5aaf62d3ed9830b318e00eca3>

Time: 12:00 pm, Eastern Daylight Time (Indiana, GMT-04:00)

Meeting Number: 593 894 387

Meeting Password: wellness

Date: Thursday, April 9, 2015

Link to join: <https://humana.webex.com/humana/j.php?MTID=m52571f6be9abd32fef3473e8bc21eb09>

Time: 12:00 pm, Eastern Daylight Time (Indiana, GMT-04:00)

Meeting Number: 592 657 676

Meeting Password: wellness

Date: Tuesday, April 21, 2015

Link to join: <https://humana.webex.com/humana/j.php?MTID=meafb537b7f83432a8cadff0390c1a42d>

Time: 12:00 pm, Eastern Daylight Time (Indiana, GMT-04:00)

Meeting Number: 599 018 871

Meeting Password: wellness

Date: Thursday, May 7, 2015

Link to join: <https://humana.webex.com/humana/j.php?MTID=mbd3f8ae3d7e84b07d977bbb4510d4a22>

Time: 12:00 pm, Eastern Daylight Time (Indiana, GMT-04:00)

Meeting Number: 598 652 683

Meeting Password: wellness

Date: Tuesday, May 19, 2015

Link to join: <https://humana.webex.com/humana/j.php?MTID=mdca3b29dad55d2f25f5db5b3a98af83d>

Time: 12:00 pm, Eastern Daylight Time (Indiana, GMT-04:00)

Meeting Number: 595 568 518

Meeting Password: wellness

Date: Tuesday, June 9, 2015

Link to join: <https://humana.webex.com/humana/j.php?MTID=ma0afc263213c3b61c9db676b91d41cef>

Time: 12:00 pm, Eastern Daylight Time (Indiana, GMT-04:00)

Meeting Number: 597 047 704

Meeting Password: wellness

Date: Thursday, June 25, 2015

Link to join: <https://humana.webex.com/humana/j.php?MTID=md130c4c157c9e1fb35ea258409883bf0>

Time: 12:00 pm, Eastern Daylight Time (Indiana, GMT-04:00)

Meeting Number: 599 200 418

Meeting Password: wellness