

# ARTICLE 18. DIABETES EDUCATORS

## Rule 1. Diabetes Educators Licensure

### 844 IAC 18-1-1 Scope

Authority: IC 25-14.3-2-1; IC 25-22.5-2-7

Affected: IC 25-14.3; IC 25-22.5

Sec. 1. This rule establishes application requirements, standards for professional responsibility, standards of practice, standards for continuing education requirements, and standards for disciplinary sanctions for licensed diabetes educators. (*Medical Licensing Board of Indiana; 844 IAC 18-1-1; filed Sep 22, 2016, 9:48 a.m.: 20161019-IR-844150298FRA*)

### 844 IAC 18-1-2 Definitions

Authority: IC 25-14.3-2-1; IC 25-22.5-2-7

Affected: IC 25-1-4-0.2; IC 25-14.3; IC 25-22.5

Sec. 2. (a) The definitions in this section apply throughout this rule.

(b) "Agency" has the meaning set forth in IC 25-14.3-1-2.

(c) "Approved organization" has the meaning set forth in IC 25-1-4-0.2.

(d) "Board" has the meaning set forth in IC 25-14.3-1-3.

(e) "Licensed diabetes educator" refers to an individual licensed as a diabetes educator under IC 25-14.3 and this article. (*Medical Licensing Board of Indiana; 844 IAC 18-1-2; filed Sep 22, 2016, 9:48 a.m.: 20161019-IR-844150298FRA*)

### 844 IAC 18-1-3 Education requirements

Authority: IC 25-14.3-2-1; IC 25-22.5-2-7

Affected: IC 25-1-9; IC 25-14.3-3-3; IC 25-14.3-3-4; IC 25-22.5

Sec. 3. An applicant for a license as a diabetes educator shall provide evidence to the board showing successful completion of one (1) of the following in accordance with IC 25-14.3-3-3:

(1) The American Association of Diabetes Educators core concepts course and demonstrable experience in the care of people with diabetes under supervision. Demonstrable experience is a minimum of one thousand (1,000) hours within the four (4) years prior to filing an application. Four hundred (400) of these hours must be completed within one (1) year prior to filing an application.

(2) The credentialing program of the American Association of Diabetes Educators.

(3) The credentialing program of the National Certification Board for Diabetes Educators.

(4) An equivalent credentialing program as approved by the board. In order to qualify as an equivalent credentialing program, the program shall include a core body of knowledge and skills in the following areas in accordance with IC 25-14.3-3-4:

(A) Diabetes mellitus.

(B) Biological and social sciences.

(C) Communication.

(D) Counseling.

(E) Education.

(F) Experience in the care of individuals with diabetes.

(*Medical Licensing Board of Indiana; 844 IAC 18-1-3; filed Sep 22, 2016, 9:48 a.m.: 20161019-IR-844150298FRA*)

### 844 IAC 18-1-4 Board fees

Authority: IC 25-14.3-2-1; IC 25-22.5-2-7

Affected: IC 25-0.5-2-35; IC 25-1-2-2.1; IC 25-14.3; IC 25-22.5

Sec. 4. Every applicant for licensure as a diabetes educator shall pay to the agency the following fees:

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## DIABETES EDUCATORS

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Initial licensure fee	\$50
Biennial renewal fee	\$50
Duplicate license fee	\$10

(Medical Licensing Board of Indiana; 844 IAC 18-1-4; filed Sep 22, 2016, 9:48 a.m.: 20161019-IR-844150298FRA)

### **844 IAC 18-1-5 License renewal**

Authority: IC 25-14.3-2-1; IC 25-22.5-2-7

Affected: IC 25-0.5-2-35; IC 25-1-2-2.1; IC 25-14.3; IC 25-22.5

Sec. 5. Every licensed diabetes educator holding a license issued by the board shall renew such license with the board biennially. (Medical Licensing Board of Indiana; 844 IAC 18-1-5; filed Sep 22, 2016, 9:48 a.m.: 20161019-IR-844150298FRA)

### **844 IAC 18-1-6 Continuing education requirements**

Authority: IC 25-14.3-2-1; IC 25-22.5-2-7

Affected: IC 25-0.5-2-35; IC 25-1-2-2.1; IC 25-1-4-0.2; IC 25-14.3; IC 25-22.5

Sec. 6. (a) When renewing a license, each licensed diabetes educator shall attest to the successful annual completion of fifteen (15) hours of board approved continuing education credits.

(b) In addition to courses offered by an approved organization pursuant to IC 25-1-4-0.2, board approved continuing education courses include courses offered or approved by the following:

- (1) The American Association of Diabetes Educators.
- (2) The National Certification Board for Diabetes Educators.
- (3) Any credentialing program approved by the board pursuant to section 3(4) of this rule.

(Medical Licensing Board of Indiana; 844 IAC 18-1-6; filed Sep 22, 2016, 9:48 a.m.: 20161019-IR-844150298FRA)

### **844 IAC 18-1-7 Standards for professional responsibility**

Authority: IC 25-14.3-2-1; IC 25-22.5-2-7

Affected: IC 25-14.3; IC 25-22.5

Sec. 7. A licensed diabetes educator in the conduct of the licensed diabetes educator's profession shall abide by, and comply with, the following standards of professional responsibility:

- (1) A licensed diabetes educator shall provide individualized services reflecting the uniqueness and autonomy of each individual patient.
- (2) A licensed diabetes educator shall act in a manner that demonstrates honesty, integrity, and fairness.
- (3) A licensed diabetes educator shall avoid conflicts of interest that are harmful to the patient.
- (4) A licensed diabetes educator shall accept responsibility and accountability for personal competence in accordance with this section and section 9 of this rule.

(Medical Licensing Board of Indiana; 844 IAC 18-1-7; filed Sep 22, 2016, 9:48 a.m.: 20161019-IR-844150298FRA)

### **844 IAC 18-1-8 Self-management training techniques**

Authority: IC 25-14.3-2-1; IC 25-22.5-2-7

Affected: IC 25-14.3; IC 25-22.5

Sec. 8. A licensed diabetes educator in the conduct of his or her profession shall follow the tenets of the diabetes self-management training techniques. Diabetes self-management training techniques are an interactive, collaborative, ongoing process involving the individual with diabetes and the licensed diabetes educator that includes:

- (1) assessing the individual's specific educational needs;
- (2) setting goals to identify the individual's specific diabetes self-management goals;

- (3) planning the educational interventions and goals;
- (4) implementing the education plan and helping the individual achieve identified self-management goals; and
- (5) evaluating/monitoring the individual's attainment of identified self-management goals and clinical outcomes.

*(Medical Licensing Board of Indiana; 844 IAC 18-1-8; filed Sep 22, 2016, 9:48 a.m.: 20161019-IR-844150298FRA)*

**844 IAC 18-1-9 Standards of practice**

Authority: IC 25-14.3-2-1; IC 25-22.5-2-7

Affected: IC 25-14.3; IC 25-22.5

Sec. 9. A licensed diabetes educator shall abide by the following standards of practice:

- (1) Provide education and support for individuals with diabetes, individuals at risk for diabetes, and caregivers of those with diabetes.
- (2) Communicate and coordinate with other health care professionals to provide education and support for individuals with diabetes, individuals at risk for diabetes, and caregivers of those with diabetes.
- (3) Provide diabetes self-management services, including activities that assist an individual in implementing and sustaining behaviors needed to manage diabetes on an ongoing basis, and determining what resources will best assist those individuals.
- (4) Develop programs for diabetes management, which may include:
  - (A) describing the diabetes treatment process and treatment options;
  - (B) incorporating nutritional management into lifestyle;
  - (C) incorporating physical activity into lifestyle;
  - (D) using medications safely and effectively;
  - (E) monitoring blood glucose and other parameters and interpreting and using the results for self-management and decision making;
  - (F) preventing, detecting, and recommending treatment to the primary care provider for acute and chronic complications of diabetes;
  - (G) developing personal strategies to address psychosocial issues and concerns; and
  - (H) developing personal strategies to promote health and behavior change.
- (5) Develop an individualized education and support plan focused on behavior change, which shall be documented in an education or health record.
- (6) Develop a personalized follow-up plan for ongoing self-management support and communicating that follow-up plan to other health care providers as necessary.
- (7) Monitor to ensure if participants are achieving their personal diabetes self-management goals and other outcomes using the following frameworks and measurement techniques:
  - (A) physical activity;
  - (B) healthy eating;
  - (C) taking medications as prescribed;
  - (D) monitoring blood glucose;
  - (E) diabetes self-care related problem solving;
  - (F) reducing risks of acute and chronic complications of diabetes; or
  - (G) evaluation of psychosocial aspects of living with diabetes.
- (8) Evaluate the effectiveness of the education and services and engage in a systematic review of process and outcome data.
- (9) Implement established and approved diabetes-specific protocol orders from the referring person who is authorized to prescribe medication, executing interventions per protocol to meet individual needs, including, but not limited to, physician-order driven medication titration and medication adjustment (e.g., insulin, oral diabetes medications, diabetes injectables, and other diabetes-related medications as assigned by protocol), for quality, timely, and accessible diabetes care. A licensed diabetes educator may not prescribe any medications if not allowed to do so under another license.

*(Medical Licensing Board of Indiana; 844 IAC 18-1-9; filed Sep 22, 2016, 9:48 a.m.: 20161019-IR-844150298FRA)*

**844 IAC 18-1-10 Name change or change of address**

Authority: IC 25-14.3-4-2; IC 25-22.5-2-7

Affected: IC 25-14.3; IC 25-22.5

Sec. 10. (a) Each license holder shall inform the agency, in writing, of all changes in address or name within thirty (30) days of the change.

(b) A license holder's failure to receive notification of renewal due to failure to notify the agency of a change of address or name shall not:

(1) constitute an error on the part of the agency; or

(2) exonerate or otherwise excuse the license holder from renewing the license.

*(Medical Licensing Board of Indiana; 844 IAC 18-1-10; filed Sep 22, 2016, 9:48 a.m.: 20161019-IR-844150298FRA)*

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