TITLE 830 INDIANA DIETITIANS CERTIFICATION BOARD

ARTICLE 1. DIETITIANS; CERTIFICATION

Rule 1. Definitions (Expired)

(Expired under IC 4-22-2.5, effective January 1, 2011.)

Rule 2. Certification; Education; Renewal; Continuing Education

830 IAC 1-2-1 Application procedures and qualifications

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5-4-1

Sec. 1. (a) An applicant for certification as a dietitian shall make application therefore in writing on forms provided by the board and shall furnish evidence satisfactory to the board that the qualifying requirements have been met as provided for in IC 25-14.5-4-1 and this title.

(b) Applicants for certification must pass an exam administered under the auspices of the commission on dietetic registration.

(c) All applicants shall have completed a supervised dietetics practice experience of not less than nine hundred (900) clock hours under the supervision of a certified dietitian or registered dietitian.

(d) No application for certification will be considered until requested supporting documents and fees have been received by the board. *(Indiana Dietitians Certification Board; 830 IAC 1-2-1; filed Aug 15, 1997, 8:40 a.m.: 21 IR 108; readopted filed Oct 31, 2003, 3:45 p.m.: 27 IR 946; readopted filed Dec 1, 2009, 9:12 a.m.: 20091223-IR-830090776RFA; readopted filed Nov 13, 2015, 11:15 a.m.: 20151209-IR-830150242RFA)*

830 IAC 1-2-2 Replacement of certificates

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5-2-5

Sec. 2. (a) All holders of certificates as a certified dietitian shall notify the board of any change of address or name in writing within fifteen (15) days of such changes.

(b) Before a replacement of a certificate or pocket card can be issued by the board by reason of a name change, notification of name changes must be received by the board along with a notarized copy of a marriage certificate, court decree evidencing such change, or Social Security card reflecting the new name. Replacements for lost, damaged, or stolen certificates or pocket cards shall be issued on written request to the board. Previously issued certificates and pocket cards shall be returned to the board. *(Indiana Dietitians Certification Board; 830 IAC 1-2-2; filed Aug 15, 1997, 8:40 a.m.: 21 IR 109; readopted filed Oct 31, 2003, 3:45 p.m.: 27 IR 946; readopted filed Dec 1, 2009, 9:12 a.m.: 20091223-IR-830090776RFA; readopted filed Nov 13, 2015, 11:15 a.m.: 20151209-IR-830150242RFA)*

830 IAC 1-2-3 Education and training

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5-3-3

Sec. 3. (a) The board shall determine whether an applicant has complied with the minimum requirements that the person has received a baccalaureate or postbaccalaureate degree granted by a U. S. regionally accredited college or university.

(b) Applicants who have obtained their education outside of the United States and its territories must have their academic degree(s) validated as equivalent to the baccalaureate or master's degree conferred by a regionally accredited college or university in the United States by the CDR.

(c) The applicant shall provide a certified copy of their transcript from the college or university where they received their degree.

(d) An applicant shall have completed nine hundred (900) clock hours of dietetic experience as outlined in IC 25-14.5-3-3

to be eligible for certification. Such supervised experience shall have been acquired through an ADA accredited or approved program for dietitians, or one that is deemed equivalent by the board. *(Indiana Dietitians Certification Board; 830 IAC 1-2-3; filed Aug 15, 1997, 8:40 a.m.: 21 IR 109; readopted filed Oct 31, 2003, 3:45 p.m.: 27 IR 946; readopted filed Dec 1, 2009, 9:12 a.m.: 20091223-IR-830090776RFA; readopted filed Nov 13, 2015, 11:15 a.m.: 20151209-IR-830150242RFA)*

830 IAC 1-2-4 Certification renewal

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5-5-1; IC 25-14.5-6

Sec. 4. (a) A certificate to practice as a certified dietitian will expire on December 31 of even-numbered years beginning in 1996.

(b) Applicants for renewal of certification shall pay a renewal fee as set out in 830 IAC 1-4-1(c).

(c) Applications for renewal shall be mailed to the last known address of the practitioner. Failure to receive the application for renewal shall not relieve the practitioner of the responsibility for renewing the certification by the renewal date.

(d) Applicants for renewal shall have completed approved continuing education during each two (2) year renewal period as outlined in section 6 of this rule. *(Indiana Dietitians Certification Board; 830 IAC 1-2-4; filed Aug 15, 1997, 8:40 a.m.: 21 IR 109; errata filed Nov 25, 1997, 3:30 p.m.: 21 IR 1350; readopted filed Oct 31, 2003, 3:45 p.m.: 27 IR 946; readopted filed Dec 1, 2009, 9:12 a.m.: 20091223-IR-830090776RFA; readopted filed Nov 13, 2015, 11:15 a.m.: 20151209-IR-830150242RFA)*

830 IAC 1-2-5 Abandoned application

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5-4

Sec. 5. An application shall be deemed abandoned by the board if, after one (1) year from the date of filing, the requirements for certification have not been completed and submitted to the board. *(Indiana Dietitians Certification Board; 830 IAC 1-2-5; filed Aug 15, 1997, 8:40 a.m.: 21 IR 109; readopted filed Oct 31, 2003, 3:45 p.m.: 27 IR 946; readopted filed Dec 1, 2009, 9:12 a.m.: 20091223-IR-830090776RFA; readopted filed Nov 13, 2015, 11:15 a.m.: 20151209-IR-830150242RFA)*

830 IAC 1-2-6 Continuing education requirements for recertification

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5-6

Sec. 6. (a) The amount of continuing education required for renewal of certificate is determined by the date on which the applicant for renewal initially received the certificate as specified as follows:

(1) An applicant for renewal who initially received certification within twelve (12) months of the expiration date is not required to complete a continuing education requirement.

(2) An applicant for renewal who initially received certification greater than twelve (12) months but less than twenty-four (24) months prior to the expiration date must provide proof of at least fifteen (15) hours of continuing education. The fifteen (15) hours of continuing education must be obtained subsequent to the date the applicant initially received certification but prior to the expiration date.

(3) An applicant for renewal who initially received certification more than twenty-four (24) months before the expiration date must provide proof of at least thirty (30) hours of continuing education during the two (2) years immediately preceding renewal.

(b) The board shall determine which activities meet the continuing education requirements and may accept those courses approved by the CDR for this purpose. Applicants will be subject to random audit and must be prepared to submit documentation of completion of approved hours if requested by the board. *(Indiana Dietitians Certification Board; 830 IAC 1-2-6; filed Aug 15, 1997, 8:40 a.m.: 21 IR 109; filed Mar 25, 1999, 4:35 p.m.: 22 IR 2529; readopted filed Jul 1, 2005, 3:00 p.m.: 28 IR 3662; readopted filed Nov 22, 2011, 12:15 p.m.: 20111221-IR-830110367RFA)*

Rule 3. Reciprocity

830 IAC 1-3-1 Reciprocity

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5-4-4

Sec. 1. (a) Reciprocity shall be provided for certified or licensed dietitians from other states provided that the standards for certification or licensure in that state are equivalent to those provided for in Indiana law and these regulations as determined by the board.

(b) The applicant shall complete the board approved application, submit the required documentation, and pay the applicable fees. *(Indiana Dietitians Certification Board; 830 IAC 1-3-1; filed Aug 15, 1997, 8:40 a.m.: 21 IR 109; readopted filed Oct 31, 2003, 3:45 p.m.: 27 IR 946; readopted filed Dec 1, 2009, 9:12 a.m.: 20091223-IR-830090776RFA; readopted filed Nov 13, 2015, 11:15 a.m.: 20151209-IR-830150242RFA)*

Rule 4. Fees

830 IAC 1-4-1 Fees

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5-4-1; IC 25-14.5-4-4; IC 25-14.5-6

Sec. 1. (a) The application fee for certification to practice as a certified dietitian is twenty dollars ($20), plus the applicant's cost of purchasing the examination, payable to the examination service.

(b) The fee for a duplicate wall certificate is ten dollars ($10).

(c) The fee for renewal of the certificate to practice is twenty dollars ($20).

(d) The penalty fee for renewal of a certificate that has been expired for not more than three (3) years is ten dollars ($10), in addition to payment of all past due renewal fees.

(e) All application fees are nonrefundable. *(Indiana Dietitians Certification Board; 830 IAC 1-4-1; filed Aug 15, 1997, 8:40 a.m.: 21 IR 109; readopted filed Oct 31, 2003, 3:45 p.m.: 27 IR 946; readopted filed Dec 1, 2009, 9:12 a.m.: 20091223-IR-830090776RFA; readopted filed Nov 13, 2015, 11:15 a.m.: 20151209-IR-830150242RFA)*

Rule 5. Code of Ethics

830 IAC 1-5-1 Code of ethics

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5

Sec. 1. A certified dietitian, in the conduct of his or her profession, shall abide by the following code of ethics:

(1) The certified dietitian shall provide professional service with objectivity and with respect for the unique needs and values of an individual.

(A) The certified dietitian shall avoid discrimination on the basis of factors that are irrelevant to the provision of professional services, including, but not limited to, race, creed, gender, age, or handicap.

(B) The certified dietitian shall provide sufficient information to enable a client to make an informed decision.

(2) The certified dietitian shall accurately present professional qualifications and credentials. The certified dietitian shall permit the use of that certified dietitian's name for the purpose of certifying that dietetic services have been rendered only if the certified dietitian has provided or supervised those services.

(3) The certified dietitian shall remain free of conflict of interest while fulfilling the objectives and maintaining the integrity of the dietetic profession. The certified dietitian shall advance and promote the profession while maintaining professional judgment, honesty, integrity, loyalty, confidentiality, and trust to colleagues, clients, and the public.

(4) The certified dietitian shall promote or endorse products only in a manner that is true and not misleading.

(5) The certified dietitian shall assume responsibility and accountability for personal competence in practice.

(A) The certified dietitian shall establish performance criteria, compare actual performance with expected performance, document results, and take appropriate action.

(B) The certified dietitian shall develop, implement, and evaluate an individual plan for practice based on assessment of consumer needs, current knowledge, and clinical experience.

(C) The certified dietitian shall generate, interpret, and use research to enhance dietetic practice.

(D) The certified dietitian shall identify, monitor, analyze, and justify the use of resources.

(6) The certified dietitian shall maintain knowledge and skills required for continued professional competence.

(7) The certified dietitian shall engage in life-long self-development to improve knowledge and skills.

(8) The certified dietitian shall recognize the limits of the certified dietitian's qualifications and seek counsel or make referrals as appropriate.

(9) The certified dietitian shall adhere to acceptable standards for that certified dietitian's area of practice.

(10) The certified dietitian shall comply with all laws and regulations concerning the profession.

(11) The certified dietitian shall present substantiated information and interpret controversial information without personal bias, recognizing that a legitimate difference of opinion may exist.

(12) The certified dietitian shall maintain the confidentiality of information consistent with legal obligations.

(13) The certified dietitian shall conduct all practices with honesty, integrity, and fairness.

(14) The certified dietitian shall make and fulfill professional commitments in good faith.

(15) The certified dietitian shall inform the public and colleagues of services by use of factual information. The certified dietitian shall not advertise in a misleading manner.

(16) The certified dietitian shall make reasonable efforts to avoid bias in any kind of professional evaluation.

(Indiana Dietitians Certification Board; 830 IAC 1-5-1; filed Aug 15, 1997, 8:40 a.m.: 21 IR 110; errata filed Nov 25, 1997, 3:30 p.m.: 21 IR 1350; readopted filed Oct 31, 2003, 3:45 p.m.: 27 IR 946; readopted filed Dec 1, 2009, 9:12 a.m.: 20091223-IR-830090776RFA; readopted filed Nov 13, 2015, 11:15 a.m.: 20151209-IR-830150242RFA)

Rule 6. Standards of Competent Practice

830 IAC 1-6-1 Nutrition therapy services

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5-1-14

Sec. 1. The competent practice of dietetics in providing nutrition therapy services shall include:

(1) interpreting dietary data and recommending nutrient needs relative to medically prescribed diets, including:

(A) tube feedings;

(B) specialized intravenous solutions; and

(C) specialized oral feedings;

(2) identifying food prescription drug interactions; and

(3) developing and managing food service operations, the chief function of which is nutrition care and the provision of medically prescribed diets.

(Indiana Dietitians Certification Board; 830 IAC 1-6-1; filed May 27, 2016, 11:52 a.m.: 20160622-IR-830150297FRA)

830 IAC 1-6-2 Nutrition assessments

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5-1-14

Sec. 2. The competent practice of dietetics in making a nutrition assessment shall mean the process of obtaining, verifying, and interpreting biochemical, anthropometric, physical and dietary data in order to make decisions about the nature and cause of nutrition related problems. Nutrition assessment is an ongoing, dynamic process that involves not only the initial data collection, but also reassessment and analysis of client or community needs and provides the foundation for nutrition diagnosis and nutritional

recommendation including enteral and parenteral nutrition. *(Indiana Dietitians Certification Board; 830 IAC 1-6-2; filed May 27, 2016, 11:52 a.m.: 20160622-IR-830150297FRA)*

830 IAC 1-6-3 Nutrition care process

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5-1-14

Sec. 3. The competent practice of dietetics includes engaging in a nutrition care process that includes using a systematic problem solving method that dietitians use to think critically and make decisions when providing medical nutrition therapy or addressing nutrition related problems and the provision of safe, effective, and high quality care. The nutrition care process consists of the following four (4) distinct but interrelated steps:

(1) Nutrition assessment.
(2) Nutrition diagnosis.
(3) Nutrition intervention.
(4) Nutrition monitoring.

(Indiana Dietitians Certification Board; 830 IAC 1-6-3; filed May 27, 2016, 11:52 a.m.: 20160622-IR-830150297FRA)

830 IAC 1-6-4 Nutrition care services

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5

Sec. 4. The competent practice of dietetics shall require the provision of nutrition care services that encompass:

(1) assessing the nutritional needs of individuals and groups to determine what resources and constraints exist;
(2) establishing priorities, goals, and objectives that meet nutritional needs and are consistent with available resources and constraints;
(3) providing nutrition counseling in health and disease;
(4) developing, implementing, and managing nutrition care systems; and
(5) evaluating, making changes in, and maintaining appropriate standards of quality in food and nutrition care services.

(Indiana Dietitians Certification Board; 830 IAC 1-6-4; filed May 27, 2016, 11:52 a.m.: 20160622-IR-830150297FRA)

830 IAC 1-6-5 Nutrition counseling

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5

Sec. 5. The competent practice of dietetics shall include nutrition counseling by advising and assisting groups or individuals on appropriate nutrition intake by integrating information from the nutrition assessment with information on:

(1) food and other sources of nutrients; and
(2) meal preparation;

while being cognizant of cultural background and socioeconomic status. *(Indiana Dietitians Certification Board; 830 IAC 1-6-5; filed May 27, 2016, 11:52 a.m.: 20160622-IR-830150297FRA)*

830 IAC 1-6-6 Nutrition diagnosis

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5

Sec. 6. Nutrition diagnosis means identifying and labeling nutritional problems that a licensed dietitian is responsible for treating. *(Indiana Dietitians Certification Board; 830 IAC 1-6-6; filed May 27, 2016, 11:52 a.m.: 20160622-IR-830150297FRA)*

830 IAC 1-6-7 Nutrition intervention

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5

Sec. 7. The competent practice of dietetics requires purposefully planning actions intended to positively change nutrition related behavior, risk factors, environmental conditions, or aspects of health status for:

(1) an individual;
(2) an individual's family or caregiver;
(3) target groups; or
(4) the community at large.

(Indiana Dietitians Certification Board; 830 IAC 1-6-7; filed May 27, 2016, 11:52 a.m.: 20160622-IR-830150297FRA)

830 IAC 1-6-8 Nutrition monitoring and evaluation

Authority: IC 25-14.5-2-5
Affected: IC 25-14.5

Sec. 8. The competent practice of dietetics requires identifying patient or client outcomes relevant to the nutrition diagnosis and intervention plans and goals established for the patient or client and comparing those outcomes with the previous status, intervention goals, or a reference standard to determine the progress made in achieving the desired outcomes or nutrition care and determining whether planned interventions for the patient or client should be continued or revised. *(Indiana Dietitians Certification Board; 830 IAC 1-6-8; filed May 27, 2016, 11:52 a.m.: 20160622-IR-830150297FRA)*

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